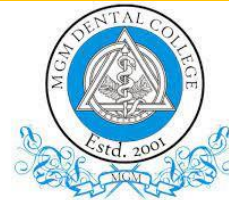




MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



AWARENESS ABOUT IMPORTANCE OF CORRECT BRUSHING TECHNIQUE

Date: 17th September 2022

Venue: Sangurli Village

Faculty: Dr. Vaibhav Thakkar

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH

Number of Students attended: 2

Faculty and interns of MGM Dental College constantly takes efforts of extending the oral health care to the community. An oral care initiative was undertaken to create awareness about importance of correct brushing technique to residents of Sangurli village with the intention of correcting any malpractices related to brushing techniques.

Aim and objective:

1. To educate the residents with different types of brushing techniques indicated in various dental conditions and create awareness about oral health.
2. To assess the oral health status of the residents and brushing methods used.

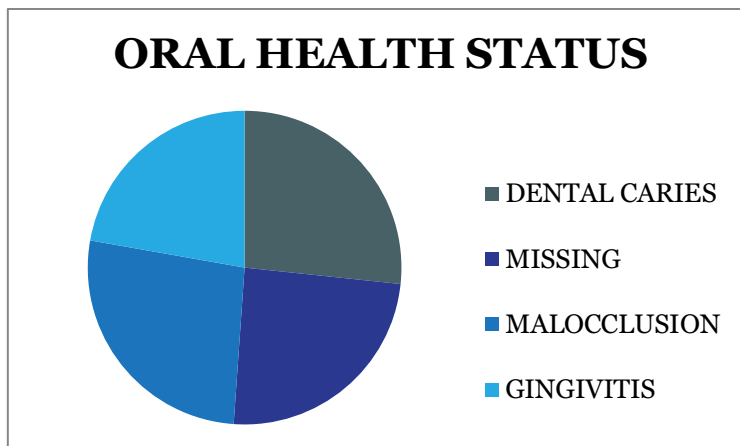
Method:

An Awareness program was conducted to educate the residents of Sangurli village with correct brushing techniques indicated in various dental conditions and a detail description of the method to be used was given. The brushing methods were also demonstrated a tooth brushing model for the better reception of the correct technique. Ill effects of incorrect brushing technique were explained to the residents present. Afterwards, an oral examination was carried out for all the residents of Sangurli village with the use of mouth mirror and probe in day light. All the patients were also enquired for their brushing technique which they currently practice. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained and also corrections required in their brushing techniques were also explained.

Observations: A total of 70 residents attended the awareness program and were later examined for their various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

ORAL HEALTH STATUS

Condition	No. of individuals	Percentage %
Dental caries	12	26.66%
Gingivitis	10	22.22%
Missing	11	24.44%
Malocclusion	12	26.66%



Interpretation and conclusion:

1. Dental caries is the most common problem among the patients followed by gingivitis.
2. Oral health education about correct brushing techniques and prevention strategies should be implemented regularly in order to reduce the disease burden among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No	Name of faculty
1	Dr. Vaibhav Thakkar
	Name of Interns
2	Rahini Iyer
3	Khadija Kudrati