



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



IMPORTANCE OF MOUTHWASHES AT SBSS, PANVEL

Date: 3rd November 2022 . **Venue:** SBSS, Panvel

Faculty: Dr. Pankaj Londhe, Dr. Neeraj Kolge

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH, SBSS, Panvel

Number of Students attended: 3

MGM Dental College & Hospital educates and helps spread awareness among the community regarding regular use of mouthwash. This was extended to the people at SBSS, Panvel with the aim to create awareness about the importance of mouthwashes and its use to maintain oral hygiene. Regular use of mouthwash helps prevent periodontal diseases.

Aim and objective:

1. To prevent gingival and periodontal diseases
2. To educate them about the benefits of using mouthwash.

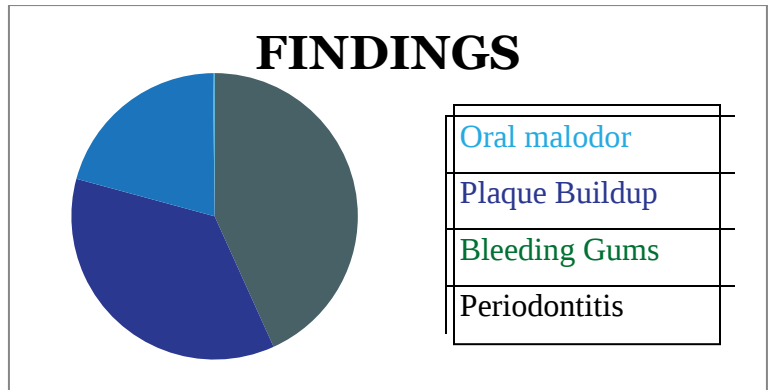
Method:

The people were assessed using a mouth mirror and probe on the dental chair. The oral health status of the people were evaluated and explained about the nature of the oral problems. Various types of mouthwashes, its direction of use and proven benefits were explained

Observations: A total of 16 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Oral malodor	12	29.85%
Plaque Buildup	10	24.85%
Bleeding Gums	6	14.28%
Periodontitis	5	12.25%



Interpretation and conclusion:

Plaque build up and oral malodor were most prevalent in the evaluated group. This was followed by bleeding gums and periodontitis. Benefits of regular use of Mouthwash its direction of use were explained. Preventive and corrective measures were undertaken to prevent further deterioration of oral health. Oral prophylaxis was done in 3 patients and oral hygiene instructions were given.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

MGM/DCU/PHD/562/22



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL
Junction of NH-4 and Sion Panvel Expressway, Sector-18, Kamothe, Navi Mumbai- 410 209
Ph.No.27436604, Fax: 91-22-27433185

CAMP NOTICE

A Free Dental Check-up and treatment camp is arranged
on 8/11/22 at SBSS, Panvel

The appointed Staff and students has to report at Public Health Dentistry Department. Vehicle will
Leave MGM Campus sharp at 9:00 am Following Staff Members are requested to attend the same

Name of the Staff

Dr. Vallabh Thakkar

Dr. Pankaj

Sign

[Signature]

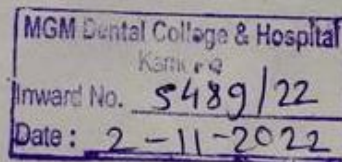
Name of the Student

Nilesh Wankhede

Gajanan Phulari

Apeksha Pashankar

[Signature]



S. S. Me
Dean

List of Attendees

Sr. No	Name of faculty
1	Dr.Vaibhav Thakkar
	Name of Interns
1	Nileesha Wankhede
2	Apeksha Pashankar
3	Gajanan Fulari