



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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TOBACCO AND ITS ILL-EFFECTS AT JUHU GAON, VASHI

Date: 14th April 2023

Venue: Juhu Gaon, Vashi

Faculty: Dr. Pankaj Londhe, Dr. Agraja Patil

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH

Number of Students attended: 4

The tobacco epidemic is one of the biggest public health threats the world has ever faced, killing more than 8 million people a year, so MGM Dental College took efforts to address the ill effects of tobacco use & how it also affects the oral health to the community at Juhu gaon, Vashi with the intention of creating awareness and preventing or curbing the use of tobacco products.

Aim and objective:

1. To educate the public and create awareness about the various ill effects of tobacco on oral and systemic health.
2. To assess the oral health status of patients and counsel patients to discontinue the tobacco use.

Method:

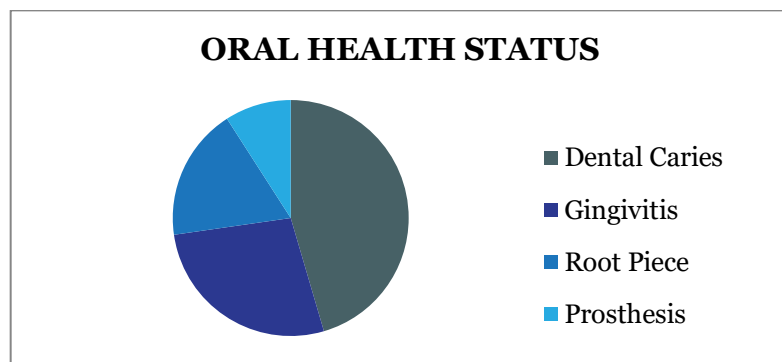
The public at Juhu gaon, Vashi were educated about the ill-effects of tobacco use. Smoking reduces the life expectancy and the quality of life is hampered. It also increases the risk of many conditions and diseases as well as of dying prematurely. Tobacco use is the one risk factor shared by 4 of the main categories of non-communicable disease. These include cardiovascular disease, cancer, chronic lung disease and diabetes. Tobacco consumption leads to various health related problems & diseases such as oral & lung cancer, chronic obstructive pulmonary disease (COPD), Heart disease, stroke and blood circulation problems, type 2 diabetes, bacterial and viral infections, gum diseases, tooth loss and tooth sensitivity, Hearing & vision loss, Fertility problems and many more. An oral health assessment was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for their oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures

were explained. Some of the patients who were currently consuming tobacco were counseled on one to one basis to quit using tobacco.

Observations: A total of 11 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	5	45%
Gingivitis	3	27%
Root piece	2	18%
Prosthesis	1	9%



Interpretation and conclusion:

1. Dental caries is the most common problem among the patients followed by gingivitis.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among the patients consuming tobacco.



INVESTIGATION BEING DONE BY
THE TEAM MEMBER



TEAM MEMBERS WHO ATTENDED
THE CAMP

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Pankaj Londhe
2	Dr. Agraja Patil
Name of Interns	
3	Ayush Indurkhya
4	Dinsha Madhyan
5	Sonal Kokane
6	Sanjana Bagade