



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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AWARENESS ABOUT DO'S AND DONT'S IN ORAL HEALTH, APTE VILLAGE

Date: 15/04/2023

Venue: Apta Village

Faculty: Dr. Mausami Malgaonkar, Dr. Prachiti Terni

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH

Number of Students attended: 05

Oral hygiene requires a constant commitment on a daily basis. To achieve an optimal level of oral hygiene, in the general public, an awareness program was conducted for villagers of Apta village by MGM Dental College to clear some common misconceptions and provide some tips for what should be done and also what should be avoided.

Aim and objective:

1. To educate the villagers and create awareness about the daily commitment to oral hygiene by mentioning the do's and don'ts for oral health.
2. To assess the oral health status of patients and even provide necessary Dental treatment.

Method:

Oral health is an important part of overall health, and to maintain your overall health, maintaining oral hygiene is the must. So some of the most important do's and don'ts were explained in detail which the villagers can follow to improve & maintain their oral hygiene. The explanation was done by the interns of MGM Dental College by using charts and posters which could help them better comprehend the knowledge imparted. After the awareness program an oral examination was carried out for the villagers with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures

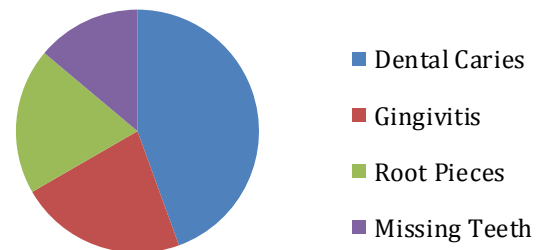
were explained. Some villagers with existing dental problems were also provided with primary dental care which was possible at the camp site.

Observations: Villagers really appreciated the information passed on to them which could help them in their daily oral hygiene routine. A total of 36 villagers were examined for various dental problems and among them 12 were provided with basic dental treatments. Those patients requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	16	44.44%
Gingivitis	8	22.22%
Root pieces	7	19.44%
Missing teeth	5	13.88%

ORAL HEALTH STATUS



Interpretation and conclusion:

- Dental caries is the most common problem among the patients followed by gingivitis. This proves that the villagers definitely need to improve on their daily oral hygiene practices.
- Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER



TEAM MEMBERS AT CAMP SITE

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Mausami Malgaonkar
2	Dr. Prachiti Terni
Name of Interns	
3.	Anuja Mhatre
4.	Sonal Kokane
5.	Yogita Waghmare
6.	Snehal Kondvilkar
7	Sanjana Bagade