



MGM DENTAL COLLEGE AND HOSPITAL

Navi Mumbai

Accredited 'A' Grade by NAAC



ABOUT THE COVER

INCREDIBLE INDIA

We are a nation diversified in a million ways. We cannot only boast in our rich history, our varied culture and our undying traditions but also our progressive future, our military prowess and eternal environmental beauty.

The cover page, a work of art created by Miss Ojaswee Nakhawa (intern), has endeavoured to depict how the many glorious aspects of our country have harmoniously blended to give us our great **Incredible India**'.



Ojaswee Nakhawa



MGM Dental College and Hospital

Navi Mumbai 410209

Accredited 'A' Grade by NAAC

VISION

Creating dental health professionals embodied with the light of knowledge and spirit of compassion.

MISSION

Equipping future dentists with comprehensive skill sets and expertise.

Raising the standards of dental health education by providing extra-mural education under the mentorship of leading academicians.

Addressing patients concerns empathetically and adopting patient-centric treatment approaches.

Encouraging research in newer areas of dental sciences and teaching methodology for the benefit of the population at large.

Enhancing awareness of moral and ethical values among dental health professionals with a commitment towards community dental care.

Laying the foundations for future leaders in the field.

OBJECTIVE

To establish a centre of excellence in dental education, training, health care and research permeated with scientific culture, compassion for the sick and an assurance to serve the under-served.

THE LOCAL GOVERNING COUNCIL



Shri Kamal Kishore Kadam
M. Tech IIT (BOMBAY)
Chairperson



Dr Sudhir N Kadam
FRCP
Director



Dr P M Jadhav
FRCP
Secretary Nominee



Dr N N Kadam
Management Nominee



Dr Vanitha U Shenoy
Principal Member of Institution



Dr Jyoti Nadgere
Elected Teacher of Institution



Dr Shrivalli Natarajan
Elected Teacher of Institution

DIRECTOR'S MESSAGE



Dr Sudhir Kadam
Medical Director
MGMIHS

It's with much joy, that I congratulate the MGM Dental college for launching their annual magazine 'AMALGAM 2019'. With the theme this year as 'Incredible India', they have only proved that greatness must first be sought within rather than beyond. We are part of a fast-growing democracy and we need to identify with the needs of our nation just as we must with its glories. At MGM, we educate our youth not only to progress in academics, but also encourage them to explore within themselves unique talents in the fields of arts, sports and

various other skills wherein they can develop empathy and integrity of character that are essential for life.

As part of the management, working with the dedicated faculty and students of the MGM Dental college is fulfilling, for we work toward excellence, with collaboration of intention, effort and intelligence.

I wish each member of the MGMDCH family good success and also encourage you all to walk in the same spirit of excitement into the year ahead!

RESEARCH DIRECTOR'S MESSAGE



Dr Sabita M Ram

Research Director
MGMIHS
Former Dean (Feb 2011 -Dec 2018)

My journey in the MGM Dental College & Hospital as the Dean has been incredibly fulfilling and rewarding. The college has developed holistically giving equal importance to academics and extra-curricular activities. The MGM family has grown with so many students graduating; this makes me feel very proud. The love of the alumni for their alma mater gives me great satisfaction, especially when they visit the institute and see its progress. Our students have done extremely well and have spread globally. It's a feeling of accomplishment which is rewarding.

I always told them, from their introduction in the first year until their graduation, that they should treasure the place they spent the most vital part of their lives– the place which shapes their career, where they make friends, where some even meet their life partners, where they laugh and cry and gain confidence to step out in life. I must say, you all have emerged winners, doing well in your profession, crediting your institute and your teachers.

Each year we have different themes for the college fest and this year, the theme being 'Incredible India' was well-thought of, as our country with its diverse culture, garb and cuisines could be showcased in events and performances through songs, decor, debates and quizzes highlighting our nation's heritage and richness.

MGM dental college was like my own home with a big family that I enjoyed for 8 years. I will cherish the memories made with students, faculty, and also the inspections and the NAAC assessments! We were the first affiliated college of the MUHS to achieve the honour with the highest CGPA in the category. This feather in our cap needs to be appreciated and maintained.

The Management of the college has always supported and encouraged us in all our endeavours. Dr Sudhir Kadam Sir has been a source of inspiration as we evolved and his constant motivation helped us rise to challenges.

The faculty members were ever-enthusiastic about new ventures I suggested such as the installation of the National Service Scheme (NSS) Unit which has run now for 3 years; also the introduction of the Ex-Servicemen Health Scheme for the retired Armed Forces employees has helped us contribute to the soldiers who served our Nation.

I have encouraged you all to be original and think out of the box. The college magazine was introduced to bring out the hidden talents in our students, capture these events and display their uniqueness.

So continue the trends and keep the MGM Flag always flying high in its glory.

I will miss the students who kept the spark in me alive with their positivity and ideas.

I wish you all the best and God's Blessings and a fare-well too.

FROM THE DEAN'S DESK



Dr Vanitha U Shenoy
Dean
MGMDCH

Five years have passed by along with curricular and extracurricular activities, both of which have played major roles in your all-round development. You, MGDMDCH and Incredible India as the Theme for the year, are the flags you all should carry far and wide.

Explore "Dentistry and India" together. Wishing you all the best for a bright and successful life and career.

THE MAGAZINE EDITORIAL TEAM



Dr Vanitha U Shenoy
Dean

Dr Jyoti Nadgere
Staff In-Charge

Dr Janani Iyer
Chief Editor

Dr Shatakshi Shrivastava
Regional Language In-Charge

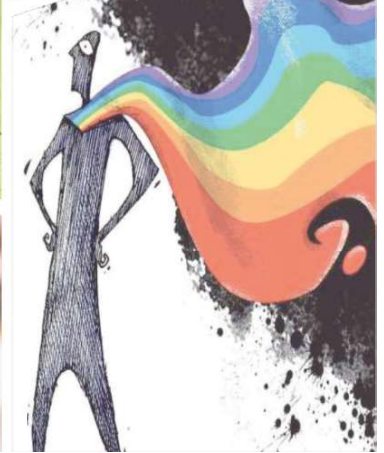
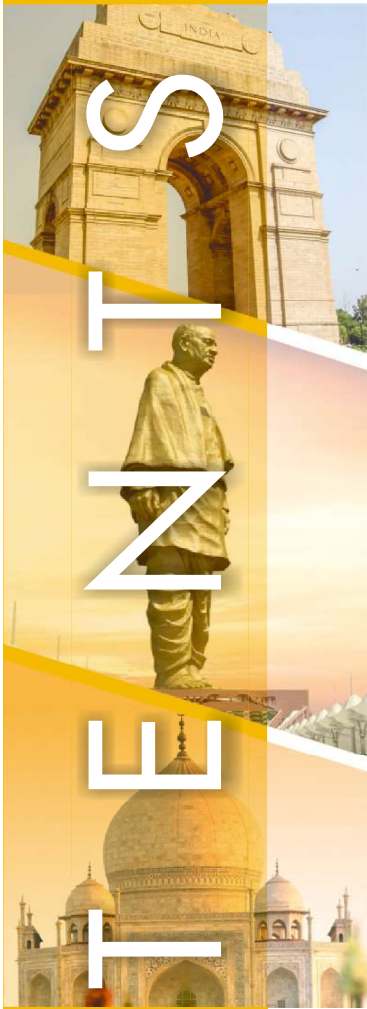
Dr Prachiti Terni
Regional Language In-Charge

Tabitha Dias
Editor

Binny Dogra
Editor

The Editorial team

Mariya Chowdhary
Shailee Shah
Shirin Dhankot
Trisha Ghosh
Shivani Bharadwaj
Arwa Soni



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THE EDITOR'S NOTE



Tabitha J E Dias

Growing up, my father often repeated his favourite quote to me, "Ask not what your country can do for you – ask what you can do for your country." These words spoken by the then President of the United States of America, John F Kennedy, in his inaugural address in 1961, are words to live by.

Our world has seen changes since its very foundation, but more so in the past few decades, owing to the massive progress in the field of technology and easy access to information. In these changing times, Charles Darwin's theory of natural selection– the survival of the fittest– has kept the human race on its toes to move in profitable directions, sometimes only looking at material profits, oblivious to emotional, intellectual and physical growth, creating an illusion of stability, which will, one day, vaporize. It is but a question of time.

As mortal human beings we need these–Faith, Hope and Love–to survive as well as thrive. As health professionals, we have the power to ignite the same within the souls of the ones we have been called to care for. Our hands can establish only as much as we choose to imagine. Life always lets you choose.

As you read this, may you be reminded of the privilege you've been endowed with to sense, to understand, and to empathise. Remember your worth, and you will be empowered to uplift those around you. Our skills and resources must be used to heal, plant and build. The world needs more of minds with such ambition to get to work.

The annual college magazine, aMaIGaM, over the years, has endeavoured to help students stay in touch with their creative selves, serving as a memoir of happy moments in a place and time where routine would diminish the same. The student editorial team is fortunate to be a part of this and we are grateful to the management, our dean, both current and former, and our committee in-charges for having encouraged us through the whole process.

At this point of our careers, I am certain, that we all have learned what we could only realize that the future holds more lessons for which we must be open, humble and bold.

I sign off with the words of the great man I opened with – "If not us, who? If not now, when?"

THE EDITOR'S NOTE



Binny Sanju Dogra

As I write this, like Joey said, "It is the end of an era", something that can never be replaced, and it also marks the start of new people joining our family tree expanding the warmth of its shade.

Every memory tale begins with "I remember it like yesterday" and I do, when we were told about this annual magazine. I remember my first article in the magazine when I joined, how I had gone to meet our Ex Dean, Dr Sabita Ram regarding my poem, how it made my heart flutter and how she encouraged me to submit the same.

It was my first printed poem and how implausible it is being a part of the editorial committee of this very magazine!

As the editor of the magazine, I remember the quote "Knowing is not enough; we must apply. Wishing is not enough; we must do." By Johann Wolfgang Von Goethe, I have come across various programming and editing tools which have made me realise there is a complete horizon to it.

For a forever dream to write and publish, this was definitely an upskill experience.

A noteworthy mention to our Dean Dr Vanitha Shenoy who has helped us throughout our journey

Amalgam is like a treasury of every individual, a way to reminisce all our beautiful moments, the essential purpose of it is to engage, inspire and amuse all of its readers— the faculty, students, parents, alumni and all who are a part of our MGM institute. It sketches our history, achievements, programs and aims.

aMalGaM is an album of memories of every moment spent that makes us what we are today; especially our acclaimed 'MaGnuM Fest', the most celebrated and brilliant occasion! The bonds that got stronger, our stories – all friendly and convivial are delineated here for all of you to relive it.

We hope that it reminds you of all those moments that made you twinkle and to all interns I quote, "**Your time in a cocoon is over and now you are ready to fly and fly high.**"

MEET THE CORE COMMITTEE



Dr Vanitha U Shenoy, Dean, MGDCH, with Miss Shaili Mehta, General Secretary
Scientific Secretaries: Mr Mayank Date and Miss Chinmayee Kulkarni
Cultural Secretaries: Miss Pratibha Shastri and Mister Adnan Chhatriwala
Sports Secretaries: Mister Akhil Nair, Miss Simran Chaudhari, Miss Mugdha Francis and Mr
Nimish Situt
Intern representatives: Miss Manali Kadam and Mr Projesh Mukherjee
Treasures: Mr Rishabhkumar Jain, Miss Anjali Zaveri, Mr Akshay Warade and Miss Rashi Jain
Creatives In-Charge: Miss Lavanya Katkam
Magazine Editors: Miss Tabitha Dias and Miss Binny Dogra
Yearbook In-Charges: Miss Purna Jain and Miss Mariya Chowdhary
Pixel Group Heads: Miss Shweta Deolekar and Mr Aabhash Agarwal
NSS Student In-Charges: Miss Isha Gore, Miss Ruchi Doshi and Miss Shreya Chavan
BLS In-Charge: Miss Sumayya Shaikh and Miss Anjali Verma
Hospitality Heads: Miss Sanskruti Madam and Miss Aishwarya Naik
PR Heads: Mr Miheer Patankar, Miss Shailee Shah, Miss Neha Khandare and Miss Hinal Patil

THE GENERAL SECRETARY'S MESSAGE



Shaili Mehta

"Allow your passion to become your purpose, it will one day become your profession."

This message is from the kid within me who always desired to become a Dentist, loved the field of Dentistry and was, is and always will be passionate about it. I feel blessed to continue the family heredity succession of the title 'GENERAL SECRETARY' right from my grandfather, uncles to my sister. I would like to thank the magazine committee for giving me the opportunity to share my experience and journey as the General Secretary of MGMDCH.

The Student council is a blend of expertise and experience of the teachers and enthusiasm of the students who successfully organized MaGnuM 2019. My tenure as the General Secretary in Student Council 2018- 2019 has taught me qualities like leadership, team work, time management, tenacity, staying calm in stressful situations, maintaining dignity and yet staying humble.

We are blessed to have guidance, love and support from two dynamic Deans, the former Dean, Dr. Sabita Ram ma'am, and the current, Dr. Vanitha Shenoy ma'am. I would like to thank Dr. Jyoti Nadgere ma'am, Dr. Ashiwini Padhye ma'am and Dr. Bharat Gupta sir who worked in liaison between teachers and students.

Sincere gratitude on behalf of all interns to teachers who have transformed yesterday's confused teenagers into today's confident doctors.

The journey of serving as the GS, would not have been this smooth without the constant mentoring, support and motivation by Dr. Jayeeta Verma ma'am who always believed in me.

I would like to express my heartfelt gratitude towards my fellow interns, juniors and seniors. Thanks to all students of MGMDCH for your faith in me and trusting my decisions.

For all the juniors, make most of the opportunities offered by this esteemed institution. You all are here for a reason, justify it. Keep the MGM flag waving high. Make your presence felt in a positive way, always stay confident and never lose your charm. You are in the best profession with so many unexplored paths. **LOVE THE FIELD OF DENTISTRY AND THIS FIELD WILL NOT DISAPPOINT.**

ANNUAL REPORTS

SCIENTIFIC COMMITTEE

CULTURAL COMMITTEE

SPORTS COMMITTEE

THE LITERARY CLUB

THE NATIONAL SERVICE SCHEME

SCIENTIFIC SECRETARIES SPEAK



Chinmayee Kulkarni | Mayank Date

"Some people can read war and peace and come away thinking it's a simple adventure story. Others can read the ingredients on a chewing gum wrapper and unlock the secrets of the universe"- Lex Luthor

This iconic line from the Superman comics might seem curiously funny at first but on a deeper examination it reveals the most basic wisdom of humanity. The ability of man to look beyond the ordinary in an attempt to unravel the fabric of nature. To imagine, create and to explore.

Firstly, I would like to express my deepest gratitude to each and every one of you (students and staff, alike) who has helped me fulfil my responsibilities as Scientific Secretary. It has been an amazing journey that has taught me a great deal and it gives me great pride to see how much we have achieved in the past year.

If I were to dispense any advice to my juniors, it would be this: You will be the ones to carry the torch in the coming years. It is up to you to uphold the legacy of our college. Your undergraduate years are going to present so many opportunities that will not only teach you things beyond the classroom but also make you better people in the process. I urge you to not let them slip by. If you haven't presented at a conference, never spoken in public, never made something new; it's never too late to start. We are fortunate to have an excellent staff who's ever ready to guide and inspire us.

So just go for it! You'll be amazed at how big a difference small things can make.

THE SCIENTIFIC REPORT

“The Important thing, is to never stop questioning” –Albert Einstein

In the spirit of this idea, we, the students of MGM Dental College have always considered the pursuit of scientific education to be of vital importance. As always this year was filled with some of the most innovative scientific activities and stellar scientific achievements.

The academic year of 2018-19 began in September 2018 and opened with fascinating events that propelled the minds of our students and piqued their curiosity.

The first scientific event of the year was the MINEC Implantology course on the 10th of September by Dr. Ajay Kakkar. It was an enlightening and engaging workshop on basics and hands on of implant placement, followed by a Basics in Endodontics workshop on the 15th September by the renowned endodontist Dr. Anish Naware. Throughout the year the Interns also participated in Basic Life Support training.



Hands on workshop with Dr Ajay Kakkar



ISDR Conference

The first conference that MGM participated in was the prestigious international platform of ISDR 2018 held at Nair Dental college from 27th – 30th September 2018. The students of MGM presented several papers and posters and won many prizes for the same.

October came with the annual World Dental Show. The first round for the All India poster competition was also held at WDS 2018 and many students from MGM Dental College were selected for the finals. The year of 2018 ended with a hands on workshop on basic Suturing techniques conducted for the interns on 7th December 2018.

The New Year brought new excitement. The students of 3rd and final year along with Interns travelled to Indore to attend IDC 2019 where once again, we proved our intellectual prowess by securing many prizes in paper presentations. Also it is a matter of great pride to report that both, the First and Second prizes for the All India Poster Competition went to our students: Shaili Mehta and Afreen Merchant.

The hype of the hour was the annual college fest, Magnum 2019. On 30th of January we hosted the annual scientific event of the college. 'Jigyasa 2019' saw entries from more than 150 students from over 7 dental colleges in the state for paper and poster presentation along with a guest lecture by Dr. Deepak Muchhala.



Guest Speaker Dr Deepak Muchhala



Table Clinics at MGM

We hope that the students of MGM continue to do excellent work in scientific and academic spheres just as it always has, for years to come. We are indeed proud to have been a part of this institution.



Scientific Committee

LIST OF WINNERS AT VARIOUS SCIENTIFIC EVENTS



Indian Society for Dental Research, Nair Dental College
September 2018

EVENT	1 st	2 nd	3 rd
Paper Presentation	Shaili Mehta Pranjal Daundkar	Qasim Mansoorian Vishal Karmani	Shruti Thakkar
Poster Presentation	Shaili Mehta Afreem Merchant Sagarika Fernandez Chinmayee Kulkarni	Qasim Mansoorian Mayank Date Manjusha Hindalekar Varun Keskar Lavanya Katkam Isha Gore Krunika Govekar	Ruchi Doshi Rishabhkumar Jain Mugdha Francis Vishal Karmani Binny Dogra
Table Clinics		Wendy Lobo And Simran Chaudhari	

World Dental Show
October 2019

EVENT	ACHIEVERS
All India Poster Competition (Round 1)	Interns Shruti Thakkar Shaili Mehta Simran Chaudhari Sanika Waikar
	Final Year Afreen Merchant Samika Purao Shruti Pardesai
	3rd Year Poonjee Gupta
	1st Year Riya Sheth

Indian Dental Conference, Indore
January 2019

EVENT	1 st	2 nd
Paper Presentation	Shaili Mehta Mayank Date Shruti Thakkar	
All India Poster Competition (Final)	Shaili Mehta	Afreen Merchant

Yerala Medical Trust Dental College
January 2019

EVENT	1 st	2 nd
Paper Presentation	Shaili Mehta Qasim Mansoorian	
Paper Presentation	Vishal Karmani And Afreen Merchant	Qasim Mansoorian

CULTURAL SECRETARIES' COMMENT



Adnan Chhatriwala



Pratibha Shastri

“Be strong because things will get better,
It may be stormy now, but it never rains forever”.

Becoming interns was one of the happiest moments of our lives. But the icing on the cake was becoming cultural secretaries. With enthusiasm at its peak, little did we know about the challenges that we were going to face in the coming months. All we had was the zeal to make our events unique and remarkable by breaking the monotone and incorporating fresh ideas. It was a stressful job as it made us embrace extended discussions, thorough planning, sleepless nights, reaching to conclusions amongst divergent ideas, constant anxiety with a smile. There were times when we cried, felt the hope degrading, as the situations did not favour us but, remember, great things never came from comfort zones.

We learnt to function in crisis with a calm mind. Being a part of student council made us believe in the fact “you are capable of more than you know”. Our journey wouldn't have been successful without the everlasting support of our beloved Dean, Dr. Vanitha Shenoy, Ex- Dean, Dr. Sabita Ram, cultural in-charges Dr. Bharat Gupta, Dr. Rafeeq Nalband, Dr. Sarika Shetty, Dr. Suyog Pradhan, the entire student council and all the students of our MGM. It was a privilege being able to dedicate our time to this promising post and will be one of the best decisions of our lives by far. As we conclude, we want you to bear in mind, at all times, that, “If you want something you never had, you have to do something you've never done”.

THE CULTURAL REPORT

MaGnuM 2019

On 29th January 2019, all roads led to MGM Dental College. The excitement amongst our students was palpable. "Why?" you ask. Obviously it was MaGnuM 2019! The air was full of excitement, eagerness, charisma and JOSH as it was that time of the year – the time during which students got a break from their hectic and exhausting academic schedule and got a chance to showcase their talents– may it be singing, dancing, stand-up or whatever–each which would be appreciated and valued.

The theme this year was Incredible India and it began with respectable deeds by which students gave back to the nation in their own little way.

Day 1: Inauguration, 29th January 2019

TREE PLANTATION

A small contribution of MGM to encourage life, growth, peace and nature. 30 sapplings were put up altogether with full participation from students to teachers. A special thanks to team NSS for taking this initiative



BLOOD DONATION

A Noble gesture is always welcome and MGM was ready to bleed for a cause. Around 50 individuals including faculty, interns, students and non-teaching staff participated to do their bit.

FORMAL INAUGURATION

This event began with the unveiling of our trophy by our Dean and with her declaring the fest

Each year was allotted names to represent the glories of India.

Amongst the whistles and hoorays, cheer and confetti showers, MaGnuM 2019 was launched.





First years- Valliant Virat



Second years- Dabang Dilli



Third years- Bengal Tigers



Final years- Heavenly Himalayas



Interns- Blockbuster Bachchan

Pgs- Glorious Gandhi
Teaching staff- Sensational Sachin
Non-teaching staff- Gigantic Ganga.

Day 2: Scientific day, 30th January 2019

Organized by our Scientific Committee, 'Jigyasa 2019' saw entries from more than 150 students from over 7 dental colleges in the state for paper and poster presentations along with a guest lecture by Dr. Deepak Muchhala.



Day 3: Ethnic day, 31st January 2019

MaGnuM 2019 celebrated Ethnic Day in full pomp and splendour. The whole campus seemed to be charged with a traditional atmosphere as a Mini-India was created with students and teachers in their dazzling, exquisite and authentic Indian apparels. It was a pleasant break from the monotony with a good many events scheduled:

MEHENDI:

Event organizers: Samruddhi Sawant and Gulnaz Shaikh

The Cultural committee organized its first event Mehendi Competition on Monday, 31st Jan 2019. 25 students participated in the event. It was heart-warming to see a high standard of entries.

Irrespective of the exposure and experience, the participants adorned their hands with mehendi designs with such finesse. The tracings were so intricate that the judges were impressed.



FACE PAINTING

Event organisers: Wendy Lobo and Riddhi Jain

The Lecture Hall came alive with lots of colour and life as we witnessed the FACE PAINTING competition on 31st of Jan 2019, where the student artists painted their models unleashing their hidden potential. Instantly the models were metamorphosed into beautiful imaginary beings and animated faces depicting a SOCIAL MESSAGE. They came out with their artistic best and creative ideas, creating an aura of excitement and festivity in the campus.



NAIL ART AND HAIR STYLING

Event organisers: Saraswati Vaviya and Sanika Waikar

This year, Magnum 2019 had their first-ever Nail Art Competition. Each contestant was challenged to create a set of 5 nail tips provided by our organizers, that would celebrate 'the creativity and beauty of colour'.

Who says your nails can't look as luxe as your jewellery?

Our hairstylists reflected the good old classics including French rolls, braids, roses and barrel-curls. Ornaments and hairpieces were provided by our Committee.

The participants showcased the next level of ingenuity and creativity within an hour! Took our imagination up, up, up and away!



Soap carving:

Event organisers: Sumayya Shaikh and Krutika Kadav

Amateur sculptors turned bars of soap into miniature masterpieces based on the theme 'INCREDIBLE INDIA'.



Day 4: Bling day, 1st February 2019

The event would be incomplete without some glitz and glam and so we had Day 3 assigned as Bling Day where everyone walked the college corridors wearing shimmery clothes looking dazzling as ever.

Many, in their sequenced attires, participated in the various events of the day.

RANGOLI

Event organisers: Prajakta Mandlik, Madhavi Shinde and Prachi Patil

With the given theme of Incredible India, the participants worked with creativity and colour, drawing designs so beautiful to the eyes!



QUIZ

Event organisers: Shruti Somanathan, Shruti Thakkar and Namrata Kothapalli

This event kept the minds of all participants on the go, as it was not so easy to crack our Quizmaster, Dr Vineet Kini's questions, but it was very informative to hear and also fun to see our students and staff rack their brains!

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MAD ADS- WHERE CREATIVITY MEETS MADNESS

Event organisers: Miheer Patankar, Sharvaree Sawant and Aishwarya Naik

This was a perfect platform to showcase the knack to advertise and win hearts. The students of MGM showed their madness and creativity by venturing into the field of marketing and sales!

The teams were given out of the box topics. The live advertisement had excellent input of humour along with commercial and social messages. Each team presented a unique piece of performance with gusto. From advertising the kidney trays to whipping their ways into selling the BLS mannequins, the winning legends of mad ads proved that there's never a genius without a tincture of madness.

PAINTING

Event organisers: Rutuja Ghogrey, Shivani Bharadwaj and Manjusha Hindalekar

An overwhelming response was observed as the theme for the competition revolved around 'Incredible India'. The Picassos of MGM created magical expressions with their imagination and aesthetic exploration. Everyone was spell bound to see the budding artists equipped with colours and brushes merging colours animatedly, mesmerizing the audience!



PIC-A-BOO

Event organisers: Mariya Chowdhary, Surbhi Banthia and Tabitha Dias

Recognising picture clues to word scrambles and anagrams through the tricky lanes of snakes and ladders, the game of 'PICtionary+taBOO' painted the room with fun and laughter.

TREASURE HUNT- "KOHINOOR KI KHOJ"

Event Organisers: Mariya Chowdhary, Surbhi Banthia, Simran Talreja and Arwa Soni.

There was a lot of euphoria and exuberance as the contestants ran from pillar to post to find their next clue. Each clue was in the form of a riddle and the contestants thoroughly savoured decoding the hints with evident display of tremendous team work and coordination among the members. In the end, it was a treat to watch the winners find the "treasure" with huge smiles on their faces!

Day 6- Traditional day, 4th February 2019

Event Organisers: Adnan Chhatrivala and Pratibha Shastri

Each year this event is an amalgamation of wonderful moments and performances, where every member of every department, gears up to compete to win the most lucrative title of 'The Best Department'. The theme of the day was 'Eras of Independent India', beginning from the time of Independence 1947 to 2018.

Designations temporarily set aside, our lovely staff, despite their hectic schedule, along with interns and students, participated so enthusiastically to remind us of the reason this event is the most anticipated, our entire fest!



Day 7- Masquerade/Prop Day, 5th February 2019

PERSONALITY CONTEST

Event Organisers: Shailee Shah and Projesh Mukherjee

'Beauty captures the eye; Personality captures the heart'

The Personality Contest is expected to be one of the most engaging events at MGM, wherein the newcomers compete to earn the ultimate accolade of being the 'Mr. and Ms. MGM'.

Participants went through 3 rounds in this event with Creativity and Confidence at the zenith. It was an enjoyable ice-breaker and well thought-out, with our judges posing questions and conjuring situations where the contestants had to prove their right to the title!



Day 8- Heaven vs Hell day, 6th February 2019

Antakshari- An event which needs no introduction.

Event organisers: Prerana Jain and Shirin Dhankot

With various entertaining and intriguing rounds involving extensive use of audio and visual clues, the event brought a great deal of jubilation and bliss to the masses. There was active participation from the audience and the crowd enjoyed times of increasing tension, eureka moments and melodious voices.



MASTER CHEF:

Event organisers: Simran Talreja and Aishwarya Patil

The cooking event witnessed the maximum number of participants.

The 'Blindfold Taste Challenge' came as a surprise to the students, in which they excelled.

There's something about watching home cooks get out of their comfort zone and cook some mouth-watering dishes. The contestants developed recipe ideas for three courses with a 'FUSION KITCHEN' theme, to be produced from local ingredients in less than an hour. It was a really tight call, as the judges were genuinely blown away by the talent demonstrated by the mastery of the contestants.



Day 9- Monopattern Day, 7th February 2019

LITERARY EVENT

Event Organisers: The Literary Club, with Tabitha Dias and Binny Dogra

Our literary community is growing and expanding further. The event proudly served as a platform for the voices of our generation to be found, heard, shared and celebrated.

Our participants focussed on inspiring the next generation of voices and thinkers sharing a range of ideas, experiences, and findings that provoked passionate responses.

FUNFAIR

Event Organisers: Hinal Patil, Neha Khandare, Binny Dogra and Adnan Chhatrivala

Food stalls and games were so wonderfully put together, encouraging salesmanship, and qualities of responsibility and management in the minds of the participants. The day, as every year, ended with the lecture hall turning into a lively and jumpy dance floor, as if in preparation for the DJ night!



Arts and culture form the core of people's being and the essence of their existence. Our fest is not just a celebration of art but a celebration of our hearts. It was a celebration of togetherness, of the involvement of our staff and students, a platform shared by all the members of the dental family to bond and have the time of their lives over a period of 10 days. Our first event of the evening was the singing competition which was hosted by Adnan and Pratibha. The winners were our very own PGs - "Dilo ke baadshah" Dr Floyd Fernandes and the beautiful Dr Swapnagandha Kate.



Next up we had our solo dance competition, hosted by Surbhi Banthia and Simran Talreja, where Sanika Karmarkar and Swarni Modak were titled winners. Magnum saw its first-ever duet-dance competition hosted by Prerana Jain and Shailee Shah whose winners were Rucha Attarde and Sakshi Mugdiya. Our group dance which was hosted by our General Secretary, Shaili Mehta and Shruti Somanathan, was won by the best team of Magnum 2019, the organizing batch of the fest,



This was followed by the awards ceremony which felicitated the winners among the specific categories.

AWARD CEREMONY



Best professor



Best Reader



Best Lecturer



Best Tutor



Best Student of the year



Best Nss volunteer

We took the opportunity to felicitate Dr. Sabita Ram, former dean MGDCH with the Lifetime Achievement Award, in recognition for all her contribution in making MGDCH the institution it today stands to be.



The cherry on the cake was our staff fashion show which was headed by Dr Ashvini Padhye. A mesmerizing, entertaining performance by all our staff members which won the heart of our students. Members of the staff brought out their best and bold sides in colour!



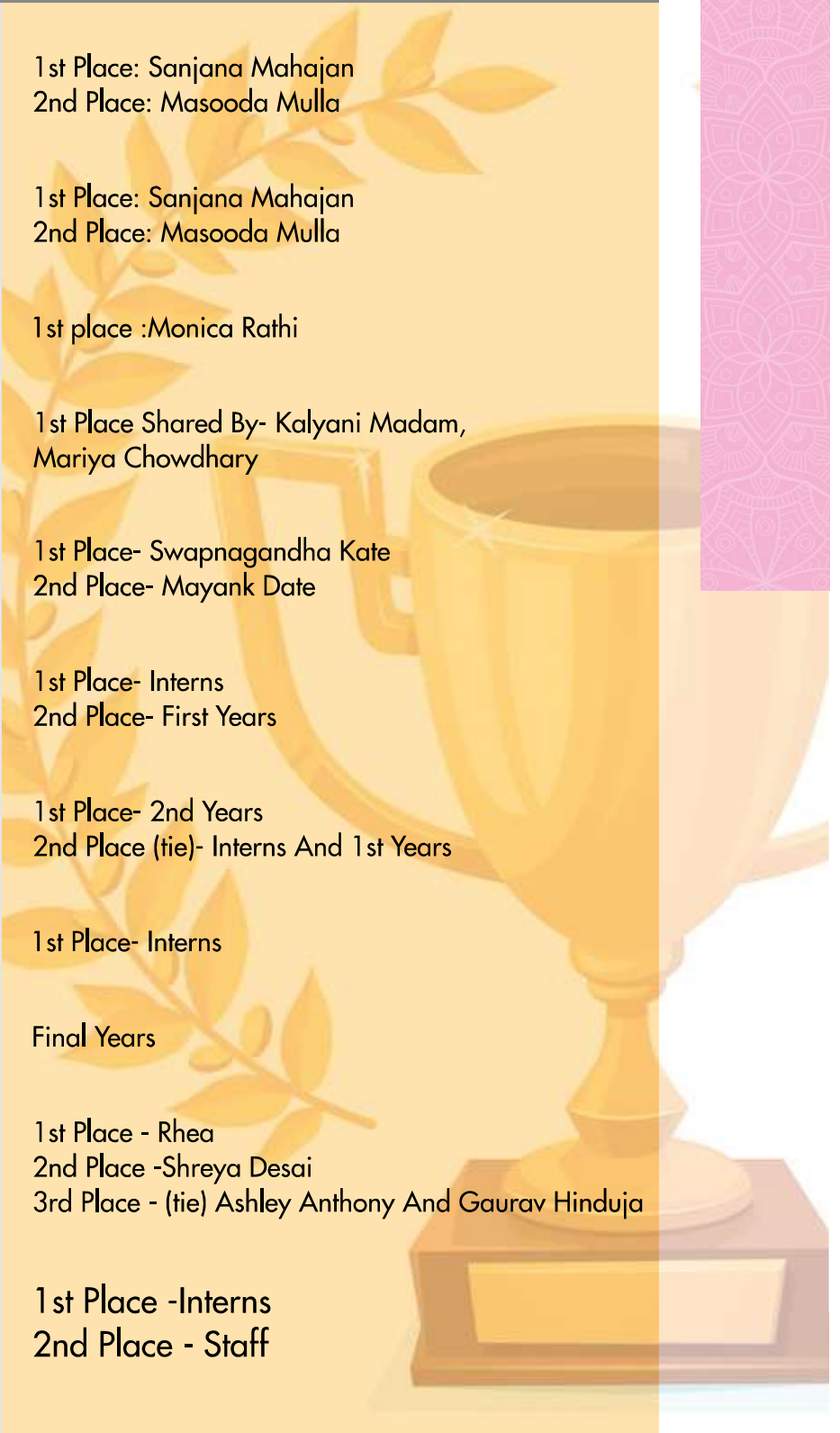
Last but not the least we had our student fashion show headed by Rhea Patel based on the theme of 7 deadly sins namely pride, greed, envy, sloth, gluttony, wrath and lust. Their manner of style in glamorous outfits made walking the ramp look like cake-walk!



To end it all we had the entirety of the MGM family dance to the beats played by Galastico Entertainment. The feet moved until the music stopped, but the memories have still lived on.

WINNERS AT THE MAGNUM 2019 CULTURAL EVENTS

EVENTS	WINNERS
MEHENDI	1st Place: Sanjana Mahajan 2nd Place: Masooda Mulla
FACE PAINTING	1st Place: Sanjana Mahajan 2nd Place: Masooda Mulla
NAIL ART	1st place :Monica Rathi
HAIRSTYLING	1st Place Shared By- Kalyani Madam, Mariya Chowdhary
SOAP CARVING	1st Place- Swapnagandha Kate 2nd Place- Mayank Date
RANGOLI	1st Place- Interns 2nd Place- First Years
QUIZ	1st Place- 2nd Years 2nd Place (tie)- Interns And 1st Years
MAD ADS	1st Place- Interns
PIC-A-BOO	Final Years
PAINTING	1st Place - Rhea 2nd Place -Shreya Desai 3rd Place - (tie) Ashley Anthony And Gaurav Hinduja
TREASURE HUNT	1st Place -Interns 2nd Place - Staff



ANTAKSHARI

1st place- staff
2nd final years

MASTER CHEF

1st Vaibhavi Chaurasia, Kiran Patro, Sagarika Fernandes
2nd Neha khandare, Riddhi Jain, Wendy lobo
3rd (tie) Birjees Niyazi, Chaitanya Pinge, Siddhi Pansare
Sona Pathak, Rutuja Wagh, Siddhi Patil

PERSONALITY CONTEST

Shantanu Ladhe and Sonal Kokane

LITERARY EVENT

English section
1st place -Karishma Jadhav
2nd place-Ifrac khan

Marathi section
1st place-Sanjeevani Raje
2nd place-Avinash Ratnaparkhi

Hindi section
1st place-Chandani Bhanushali
2nd place-Sanket Kulkarni

Story Telling
Sanika Karmarkar

EXTERNAL NIGHT- SINGING

1st place- Dr Floyd Fernandes
2nd place- Dr Swapnagandha kate

SOLO DANCE

(Tie) Swarni Modak and Sanika Karmarkar

DUET DANCE

Sakshi Mugdiya and Ruchi Attarde

GROUP DANCE

Interns

FASHION SHOW

Best costume - Rhea Patel
Best walk - Prerana Jain
Fresh face - Anmol Mundra

THE SPORTS SECRETARY'S PEP-TALK

Walking into the halls on the very first day of our orientation programme and knowing close to nothing of what our posts desired and demanded from us, we signed up and were delegated as the Sports Secretaries for the year-



Akhil Nair | Simran Chaudhari | Mugdha Francis | Nimish Situt

'TeamWork makes the Dream Work!' that was the mantra followed and it successfully helped us achieve our goals for the year. Right from managing the required equipments to organizing the matches keeping everyone's schedules in mind along with taking into consideration the needs and requests of everyone around, there were many hurdles crossed.

A striking feature of this year was the overwhelming and spirited participation of the staff and the alumni in all the games. There were so many exhilarating and exciting matches which kept our interest till the very last minute, awaiting their results with bated breath.

The adrenaline rush could be seen on every participant's face along with the crowd. The impressive success that "Ranniti" was, would not at all have been possible without the help of the esteemed Staff In-charges, our Core Committee and of course all the enthusiastic participants.

A special mention to the endless support of our very loving and caring Dean, Dr. Vanitha Shenoy and our Sports In-charges Dr. Laresh Mistry & Dr. Sujeet Khiste.

It has been an absolute pleasure serving as your sports secretaries for this year, an experience we will forever treasure and cherish.

THE SPORTS REPORT

MaGnuM Sports Event: RANNITI 2019

On, 7th January, 2019; as the smell of the grass triggered our olfactory senses, as the referee's whistle echoed in our ears and all hands rose to clap, the Magnum 2019 Sports Competition, "RANNITI", made a memorable start.

What followed till 2nd February, 2019 was a mixed bag of sporting events comprising Indoor games: Badminton (singles & doubles), Table Tennis (singles & doubles), Carom (singles & doubles), Chess. Outdoor games: Volleyball, Cricket, Box Cricket, Football, Throw ball, Kho - Kho. The teams were divided into Teaching Staff, Undergraduate student body (divided Year wise), Postgraduate students and the Non-Teaching Staff.

A striking feature of this season was the energetic participation of several staff members in all events. Not only was it a wonderful opportunity for sports lovers to take some time off dentistry, indulge in what they enjoy and showcase their passion for games, but also a delight for the rest who made an enthusiastic audience, cheering the competitors whole heartedly. The Match Highlights included, the 1st year girls, Siddhi and Neha proved their grit and surprised everyone by winning the (Women's)Badminton doubles finals beating all other champions of previous years.

Mr. Dhurandar from the proud team of the non-teaching staff heroically triumphed in the (Men's)Table Tennis Singles Finals against all odds. The (Boys)Chess finals proved to be a blockbuster match with the underdog from II year, Krishna besting the favourite Dr. Akash from the team PGs, surprising many.

The (Girls)Football matches require a special mention, as all teams were competing with a singular ignorance of rules leading to a comedy of sorts, with the matches almost always decided by penalty shootouts. Tactical masterclass was taken by the staff team when winning the (Boys)Football finals, their position based strategy helped them defend their well-earned 3-0 lead against the counterattack of the II year students.

Another surprising victory was of the non-teaching staff against the IV year team in the (Boys)Overarm Cricket finals, controlled batting styles, various googlies by the spin bowlers, fast bowlers who never ran out of steam and strong performances in fielding kept everyone entertained. There were many intense, nail biting matches that made everyone rush to the grounds to cheer for their teams with great excitement. Overall, it was a plethora of fun, competition and team spirit, all of which made 'Ranniti 2019' a grand success.

These events would not have seen the light of day without the constant support of our Dean, Dr. Vanitha Shenoy, the encouraging guidance of our Staff Sports Incharges, Dr. Laresh Mistry and Dr. Sujeet Kishte and the determination of our Student Sports secretaries Akhil Nair, Nimish Situt, Simran Chaudhari & Mugdha Francis.



RANNITI 2019 WINNERS

INDOOR GAMES

Indoor Games	Boys	Girls
Chess	Krishna Vador(2nd Year BDS)	Sakshi Mugdiya (2nd Year BDS)
Carrom (singles)	Pritav Vajifaker (PG)	Shruti Manze (2nd Year BDS)
Carrom (doubles)	Pritav Vajifaker & Kamran Momin(PG)	Shruti Manze & Birjees Niyazi (2nd Year BDS)
Badminton (singles)	Shubham Bijagare (1st Year BDS)	Indu UK (3rd Year BDS)
Badminton (doubles)	Bhuvanesh Bhusari & Abhishek Israni (4th Year BDS)	Siddhi Chavan & Swarali Tarwadge (1st Year BDS)
Table Tennis (singles)	Dhurandar (non-teaching staff)	Pradnya Ingrulkar (4th Year BDS)
Table Tennis (doubles)	Dr. Laresh Mistry & Dr. Sujeet Kishte	—

OUTDOOR GAMES

Outdoor Games	Boys	Girls
Football	Teaching Faculty	Interns
Throwball	—	2nd Year BDS
Box cricket	Teaching Faculty	Interns
Cricket	Non-teaching staff	—
Volleyball	Teaching Faculty	—
Kho Kho	—	2nd year



INTERCOLLEGIATE EVENTS 2018- 2019

MGM OLYMPICS AURANGABAD 2018



It is great privilege to inform you that the students of MGM Dental College And Hospital, Navi Mumbai, participated in the 4th MGM Olympics held during 29th October 2018 to 1st November 2018 at the MGM Sports Stadium, Aurangabad representing the Navi Mumbai zone along with MGM Medical College, MGM College of Engineering and Technology, MGM College of Nursing and Physiotherapy and MGM Law College, Navi Mumbai.



The following events had been conducted at the Olympics:

29th October 2018: The students were accompanied by Dr. Sudarshan Kadam for the practice of the march past to be performed during the inauguration ceremony on the following day. This was followed by a meeting of the sports coordinators of the respective colleges, where information regarding the rules and regulations, timings and heads of the events was provided and the draws were taken.

30th October 2018: Students performed march past along with the students of other colleges at the inauguration ceremony. This was followed by commencement of the sports events including Throwball(Girls), Volleyball(Boys), Kho-Kho(Boys), Kabaddi and Basketball.

31st October 2018: Students participated in Football(Boys), Kho-Kho (Girls) and various athletic and cultural events.

1st November 2018: Final round for the athletic events was conducted during the first half of the day which was followed by conclusion of the 4th MGM Olympics at the Prize Distribution and Valedictory Ceremony.

The event was smooth and successful, owing to the great hospitality provided by the event managers at MGM Campus, Aurangabad.

Total Number of Participants: 44 students accompanied by 1 staff.

Prizes won at the Athletic Events:

Gold:

1. Simran Chaudhari :400m Running (Girls)
2. Priyanka Vairat: 50m Swimming - Freestyle (Girls)
3. Priyanka Vairat: 50m Swimming - Backstroke (Girls)
4. Priyanka Vairat: 50m Swimming - Butterfly (Girls)

Silver:

1. Apurv Kinkar: 100m Running (Boys)
2. Keyur Pramanick: Weight lifting (Boys)
3. Throwball (Girls)
4. Kho-Kho (Girls)
5. 4x50m Swimming Relay (Girls)

Bronze:

1. Dhruvi Panchal: 200m Running (Girls)
2. 4x100m Running Relay (Girls)

Prizes won at the Cultural Events:

Sumanyu Kulkarni and Atharva Joshi: 1st prize winners at the Quiz

We hope to continue this streak of success and create our own benchmark for years to come.



INSTITUTE OF CHEMICAL TECHNOLOGY SPORTS SAGA 2019

Institute of chemical technology Sports Saga which was held at ICT Matunga on 15th-16th March 2019. Various sports events were conducted in a span of two days. Our students participated in a myriad of exciting sports events (both indoor and outdoor) like Chess, Badminton and Table tennis. The girls proudly represented our college participating in the team events like Throwball and Basketball reaching till the Semi Finals.

IDA CRICKET TOURNAMENT 2019

It is a great privilege to inform you that students and staff from MGM dental college and hospital, Navi Mumbai participated in the IDA intercollegiate cricket tournament on the 13th and 14th of February held at the Oval ground, Churchgate.

On the first day the semi-final was scheduled against Government Dental College, Mumbai. MGM Dental college won the first match and qualified for the finals.

On 14th February, the final was scheduled against Yerala Dental College, Kharghar. We finished the tournament as runners-up.

The event was smooth and successful owing to the great hospitality provided by the event managers.

Team from MGM DENTAL COLLEGE AND HOSPITAL, that participated in the tournament



Akhil Nair (captain) | Akshay Warade | Vedant Sonawane | Apurv Kinkar
Adnan Chhatrivala | Sagar Theng | Dr. Huzaifa Ezzy | Dr. Pritav Vajifaker
Dr. Laresh Mistry | Dr. Aditya Shinde | Dr. Sujeet Khiste | Dr. Bharat Gupta
Dr. Amol Mhatre | Dr. Vaibhav Thakkar

Prizes won in the IDA Intercollege Cricket Tournament

1. Best Bowler : Dr. Sujeet Khiste
2. Best Fielder : Sagar Theng
3. Man of the match : Dr. Aditya Shinde
4. Man of the Series : Dr. Aditya Shinde
5. Runner ups trophy : MGM Dental College and Hospital



THE LITERARY CLUB – WORDPRESS 2.0 AND THE LAUNCH OF ALFAAZ'19

'WordPress 2.0', MGMDCH's budding Literary club's very own event, was unprecedented, stimulating and engaging. The annual event, which celebrates literary art, this year, saw students whole-heartedly participate in poetry recitation and story-telling with original content that evidently warmed hearts.



The program began with a formal welcome to the audience followed by a brief history of the club. The highlight of the event was the release of ALFAAZ'19, a collection of poetical works by the students of MGMDCH. The book primarily focuses on the values instilled by Mahatma Gandhi, as the former dean, Dr Sabita M Ram, encouraged the club to write poetry to commemorate his 150th birth anniversary. Besides those, ALFAAZ'19 holds within its pages a variety of genres that are bound to resonate with the engrossed reader's thoughts. The book is on its course to be properly published.



Following the book launch were the competitions. Aishwarya Dhumale, the founder and head of the literary club, along with her team, left no stone unturned in making the event a grand success. The Chief guest, Dr Inamdar, HOD of the Department of Physiology, MGM Hospital, had witty and humorous inputs to offer which increased the audience's excitement manifold. It was truly a day celebrating the literary arts– on paper and out loud!



One would be inclined to say that the modern world has no place for literature, no time to flip and feel the warmth within a book, and no urgent need to find leisure in words. But we need to understand this– literature will live even when the human race will cease to survive; it holds history and ideas for the future in the present. We cannot separate our lives from the impact of words, so putting it to good use and accentuating it with the richness of cultural diversity from around the globe must be looked at as a skill to be learned.

Tabitha Dias (Intern, member of the Literary Club)

NATIONAL SERVICE SCHEME REPORT

We, the NSS team of MGDCH, stand by the motto NOT ME BUT YOU, and strive to uphold the need for selfless service.

We as a team carried out the following events during year 2018-19 with the help of our students:



SURGICAL STRIKE DAY – 2nd October 2018

This was celebrated in the presence of ex- army men who sensitised us about the innumerable scarifies the army makes in protecting the Indian border.

SWACHH BHARAT CAMPAIGN – 1st October 2018

“Hum sab ka ek hi nara, saaf suthara ho desh hamara”



On the occasion of 150th birth anniversary of the Father of our nation, a Swachh Bharat campaign was organised to clean the service road outside MGM university.

Students, teaching and non-teaching staff joined hands to help clean the area.

GOLDEN JUBILEE WEEK OF THE WESTERN NAVY COMMAND- 6th October 2018

“Either I will come back after hoisting the tricolour or I will come back wrapped in it, but I will be back for sure” - Indian Navy.

NSS team arranged a guided tour to the naval warships.

Students were given a first-hand exposure to high-end technology available on board front line warships of the Indian Navy.



FIRE-FIGHTING MOCK DRILL –8th OCTOBER 2018



“The safety of people shall be the highest law.”

ORAL CANCER AWARENESS



- In partnership with the IDA, the NSS unit held a street play in order to spread oral cancer awareness. It began with an inauguration followed by the street play in front of Siddivinayak temple, Dadar.

NSS RESIDENTIAL CAMP AT SHANTIVAN, NERE –January 2019

ORAL HEALTH AWARENESS - Door to overall health
NSS unit of Mgm had arranged a residential camp at Shantivan, Nere.

During the camp various activities were organised at the village to arouse quality of social service among the volunteering students. Volunteers educated people about oral health by visiting their homes at Vakadi village. Students, themselves, also received a demonstration by Mr. Aniket Dumbare and his team of rich martial arts history.





TURN YOUR SPOIL INTO SOIL- Volunteers helped prepare a compost pit on the request of the residents.

FIGHT CANCER- JOIN THE WALK – 20th January 2019

6th annual walkathon was organised by MGM New Bombay hospital, Vashi to spread cancer awareness, the MGMDCH, Kamothe family whole-heartedly participated in this event, making it a big success.



BLOOD DONATION CAMP –29th January 2019



NSS unit organised a blood donation camp in collaboration with MGM Hospital blood bank staff. The event was a grand success with the collection of 52 bags of blood. The event was arranged not only for blood collection but also to spread the importance of donating blood amongst all the young adults of the college.

TREE PLANTATION DRIVE –29th January 2019

Rejuvenation of nature becomes duty of every citizen.

Inaugurated by our Dean, the tree plantation drive was carried out in MGM campus nursery and a sapling each was given to each year and department to plant. The event was a great success with the participation of the whole MGMDCH family. 25 saplings were planted.



POSHAN PAKHWADA - A FORTNITE OF NUTRITION- 19th March 2019

NSS unit celebrated Poshan Pakhwada by disseminating knowledge about the importance of adequate nutrition to lead a healthy and disease free life.



9. KERALA FLOODS RELIEF –20th August 2019

MGM NSS unit organised a collection centre for relief and rescue material for Kerala flood victims, in collaboration with MilJul Foundation and Relief Army Kochi. The materials were airlifted to Kochin Naval Base.



MGM'S HALL OF FAME



Shaili Mehta, Intern
 Awarded Merit certificate by INDIAN ORAL MEDICINE AND RADIOLOGY SOCIETY for highest marks in OMDR
 1st rank in ALL INDIA POSTER COMPETITION with cash prize.
 Winner at IDA inter-college quiz competition-
 Awarded 1 month clinical internship at IDA head quarters, Mumbai.
 Selected for MUHS state level research conference held on 4th Jan, 2018 at MUHS, Nashik.
 Cover photo of IDA student digest magazine (Oct- 2018)
 Winner- IDA profile of the month



Karishma Jadhav secured 3rd rank in the state in the MUHS 2nd year BDS exam



Khushi Mehta secured 5th rank in the state in her MUHS 1st year BDS exam



Wendy Lobo -Nominated for BiteIn Best UG category 2018
 Projesh Mukherjee- Winner of BiteIn student of the year 2018 award



Afreen Merchant and Vishal Karmani of Final Year BDS received awards at the Infinity Awards Ceremony at YMT Dental college, Navi Mumbai



Rishabhkumar Jain, Intern, state topper in Oral Pathology was felicitated by the MUHS

NOTEWORTHY ADMIRATION - DR SABITA RAM

She is the first lady to ever have been the President of the Indian Prosthodontic Society, and has been the Chairperson of the Women's Wing of the Indian Dental Association. With numerous scientific publications to her name and the recipient of the Sushruta Award among many others, she has built herself a reputation that goes before her, and hence, here at the MGMDCH family Dr Sabita M Ram has rightfully claimed the title of 'The Dynamic Dean'.

Dr Ram has grown to fame shaping behind her a history that one can learn from and be inspired. Her career from attaining her bachelor's degree at Government Dental College, Nagpur to now being an academican with over 30 years of experience has instilled in her such integrity of character and a creative vision that makes her approachable in a manner that not many who stand at such an eminent position as herself could claim to be. As the dean since 2011, she has elevated the institution's name through consistent effort making us the best Dental College in the region with an 'A' Grade Accrediation by the NAAC committee. Her work in the Army Dental Cops, where she was among the 3 women of a batch of 73 dentists, has filled her with great zeal for India, and she has created many oppourtunities for us students as well to contribute to the nation's progress.



As students, newly admitted into the dental faculty, one would naturally be overcome by trepidation and doubt, yet, Dr Ram with her ever-so passionate spirit and a spark in her eyes encouraged students to walk in confidence. Her lectures and teachings did not just follow the curriculum, they moulded us into better individuals and reminded us what a doctor ought to be.

Speaking on a personal note, what I admire most about Dr Ram is her sense of dignity— I have to admit, Dr Ram's got style! Elegant sarees, punctuality, healthy living and empathic service— she stressed on the importance of a smart appearance just as much as she did good human values. Her availability, her readiness to appreciate her subordinates, her method of finding solutions and her exceptional ability in getting tasks delegated and done have made her a favourite among many and respected by all.

As students grown under the shadow of her care, we truly wish her the best in life, and will endeavour to be as she is. If wisdom comes with age, so does the time to reap the reward of every good deed and Dr Sabita Ram certainly has a great harvest.



Tabitha Dias

ALUMNI ACHIEVEMENTS

- Dr Rachna Darak – MDS in orthodontics at D Y Patil, Pune
- Dr Prathamesh Fulsundar – MDS in Prosthodontics at Bharati Vidyapeeth, Pune
- Dr Maymol Francis – MDS in Prosthodontics at Royal Dental College, Kerala
- Dr Sapna Somani – MDS in Oral and Maxillofacial Surgery at SRM Katt, Chennai
- Dr Shweta Thakkar– MDS in Prosthodontics at KM Shah, Baroda
- Dr Lynette Fernandes– MDS in Periodontics at GDC, Mumbai
- Dr Ratan Upadhyay – MDS in Prosthodontics at Teerthankar Mahaveer University
- Dr Sanjana Dharadhar – MDS in Periodontology at D Y Patil, Mumbai
- Dr Sanchit Mujumdar – MDS in Endodontics at D Y Patil, Pune
- Dr Tanvi Malankar – MDS in Oral and Maxillofacial Surgery at D Y Patil, Pune
- Dr Mrinmayee Thakur – MDS in Prosthodontics at Terna Dental College, Navi Mumbai
- Dr Sheetal Jadhav – MDS in Prosthodontics at Terna Denal College, Navi Mumbai
- Dr Kamaksha Mhatre – MDS in Prosthodontics at YMT Dental College, Navi Mumbai
- Dr Vinayak Kamble – MDS in Oral and Maxillofacial Surgery at ACPM, Dhule
- Dr Harshini Patel – MDS in Oral and Maxillofacial Surgery at KLE V K Institute of Dental Sciences
- Dr Priyanka Lekhwani – MDS in Paediatric and Preventive Dentistry at Mahatma Gandhi Dental
College, Jaipur
- Dr Shruti Bhamare – MDS in Paediatric and Preventive Dentistry at MIDSR Dental College, Latur
- Dr Prerana Gaitonde – Masters in Public Health in Epidemiology and Biostatistics at Boston
University, USA
- Dr Sayali Dhamne – Masters in Public Health in healthcare management at Boston University, USA
- Dr Visalakshi Shivaraman – MSc in Craniofacial Sciences with Diploma in Prosthodontics at
University of British Columbia

THE YEAR'S OTHER EXCITING EVENTS



Interns Orientation – Soft Skills Workshop By Falcon Eduventures September 2018



Interns Orientation – LifeFirst Tobacco Cessation Course September 2018



Teachers' Day Celebration September 2018



Navratri Celebration October 2018



Ethiskill's Suturing Workshop By Dr Mandar Gadgil
December 2018



CDE Lecture & Demo By Dr Masashi Miyazaki
October 2018



Bioethics Lecture by Dr Siddharth Dubashi May 2019



International Women's Day Celebration March 2019



Intellectual Property Rights Lecture By Dr Vaibhav Kumar June 2019



International Yoga Day June 2019



TREASURE TROVE OF PROSE AND POETRY

- Poetry and Literature
- Creative committee
- Shutterbug
 - View it through the Lens
- When Dentists go Picasso
- Brain Buzz

दम

Agay jana hai

तू दिखा अपना दम
खुद को क्यों समझ रहा तू कम
रास्ते होगए सारे बंद
ये सिर्फ है तेरा भ्रम

Agay jana hai
Manzilo ka rookh modkar nahi
saath lekar...
Apno ko chodkar nahi
haath thambkar...

कोई नहीं तुझसे सहमत
फिर भी कर तू मेहनत
बढ़ा अपनी क्षमता
किस्मत के भरोसे तू रह मत

Badhtey chaley jana hai
Kisika Dil todkar nahi
Dil jodkar...

सूरज को देख
उसकी किरणों को देख
सूरज के तेज को देख
उसकी शक्ति को तू देख

Fasla mitana hai
Raaste bichadkar nahi
milakar...
Rishta joodna hai
Halathon se harkar nahi
Apno se bahe thambkar

हा होगयी गलती
अब मत खा पलटी
जिंदगी की इन राहों में
मत भुलाना अपनी दोस्ती

Agay jana zaroor hai
Par apno ko bhula kar nahi
Apno ko dil mai yaad rakh kar...

एक बात याद रख
अपने प्यार को तू पाले
दिमाग को ठंडा रख
अपनी जिंदगी तू जीले

Saloni R Bandekar
1st Year BDS

जिंदगी के आखिरी पल में
smile ना हो कम
जाते जाते सबसे कहना
मैंने दिखा दिया अपना दम

Sanket Sanjay Kulkarni
2nd Year BDS

Udaan

Parindo ki tarah hum they,
Azma lete kabhi..
Parindo ki tarah hum they,
Azma lete kabhi....

Udaan ucchi thi humari,
Dekh lete kabhi.

Mauka dete bas ek baar
Mauka dete bas ek baar..
Icchayein puri kar lete tabhi.
Parindo ki tarah hum they,
Azma lete kabhi....

Pratibandhon ki bediyaan tod dete jabhi
Pratibandhon ki bediyaan tod dete jabhi
Khudke sapno ki Udaan bhar lete tabhi..
Parindo ki tarah hum they,
Azma lete kabhi!

Rukhna humey na ata tha,
Rukhna humey na ata tha...
Par Roknaa tum tabhi
Sari dewaaro ko tod kar
Sapno ki Udaan bhar lete abhi...
Parindo ki tarah hum they ,
Azma lete kabhi

Saloni R Bandekar
1st Year BDS

1) स्वच्छता :-
अस्वच्छतेचा फरशा आता पाडू,
हातात घेऊन झाडू,
रोगराई लागा डू,
स्वच्छतेचा नविन पायंडा घालू.

2) दंत :-
जर खराब झाले तुमचे दंत,
मनाला होईल खंत,
दातांची काळजी घ्या,
असे सांगून गेले संत,
नाही तर खाण्या -पिण्या वाचून,
होईल जीवनाचा अंत.

3) सौंदर्य :-
रुप तुझे देखणे,
हसू गाली फुलने,
दात रुपी मोत्यांच्या माळेणे,
अधिकच तुझे सौंदर्य खुलणे.

4) MGM :-
MGM मध्ये भेटले दोस्त,
दोस्तांन सोबत वेळ गेला मस्त,
दोस्तांनी डब्बे केले फस्त,
दोस्त झालेत आता व्यस्त.

Surabhi Salve
Intern

असली हकीकत

Smart phones और stupid लोगो की ये दुनिया
Likes के दीवाने ये निकाले दुसरो की कमिया
Smart phone दे दिया उसे use करना कौन सिखाये
ये दिन रात timepass करे इन्हें अब कौन बचाये
Smart लोग करते इसका smart इस्तेमाल
Enjoyment के साथ करते मेहनत पूरे करते अपने ख्वाब और कमा लेते माल
Internet की पावर है तेरे पास
तू बढा अपना हुनर और बनजा खास
चिर डाल अपने डर को
पा ले अपने लक्ष्य को
अगर कोई बोले कि तुझसे ना हो पायेगा
सीधा बोल डाल उसको कि अपना time आएगा
ये love song नही बेदा असली हकीकत है
आगे कात भी पढ़ना अगर खुद से आँखे मिलाने का तुझमे दम है
Snaps भेजते वही रास्ता वही खाना वही lift वही fan कभी time कभी blank
कहते है maintain करनी है streak
खुद को समझते ये freak
असलियत जान लो बन गए हो तुम weak
College से आना फिर सोना
फिर movies web-series और खाना पीना
Chatting करते दिन रात
Charger हमेशा phone के साथ
उठ जा बाहर निकल दुनिया तू घूम
असली लोगो सेतू मिल उनसे बातें तू कर
मत होना digitally गूम
Social media अब बन चुका झूट फैलाने का सबसे तेज रास्ता
सच्चाई और logic से इसका ना कोई वास्ता
Politics हो या Entertainment Industry सबने किया इसका इस्तेमाल
फैलाया झूट और कमाया बहोत सारा माल
शेर कभी घास नही खाता
सूर्योदय कभी पश्चिम में नही होता
और WhatsApp पर आया हर एक msg सच नही होता

Sanket Sanjay Kulkarni
2nd Year BDS

DIFFERENCE

It is in
How you see and what you show,
to others
How you express and what you expect,
from others
What you want and what you give,
to others
How you DREAM and what you LIVE,
In reality
So, to live a happy life,
Measure and reduce that Difference.

Ratnaparkhe Avinash
1st Year BDS

A Word On Women

When she was born, some faces had smiles some were dull,
She was lovely plated with humanity, she, was a girl.
She arrived at this world, every mother was sent to prison,
Society wanted a boy and she, was a topic of comparison.
Running all around, she wipes everyone's eyes,
Even after a bunch of talent, society wants reason, why she wants to rise.
As bright as sun, world without her has no price,
Enlightens the world and in return, is given a long list to sacrifice.
She defines peace, she defines joy,
Wants to be the reason of smile, instead is played with like a toy.
She feels the pain, her eyes have tonnes of tears,
Wraps it with her smile, coz to lose others' happiness is one of her fears.
She dreams a lot, her wishes are hidden,
Becomes a mother & protects every child, but, her safety is forbidden.
She suffers a lot, but doesn't make anyone realise her importance,
If she leaves, the world will move but, without any sense.
She is neither sun or moon, nor air or fire,
But without her existence, life will only remain a desire.

Arpita Biswas
2nd Year BDS

Why me?

To,
All the masses,
Who have used this question atleast once in
their life,
Aren't you aware of the deadliest stories of
people's life ?

Where did this question start,
And what is the answer to this question
which is so common?

Let's try to seek the answer through some
examples,
Let's try to find the solution to this bothering
trample.

Shall we ask,
A girl from Chennai, born in an era where
girls life was taken for granted;
And was only meant to please others,
Amongst which she managed to dream in a
direction which was a little slanted;
And marked the journey from a student of
BSc,
to being a CEO of Pepsi.

Shall we ask,
A man from Mumbai, who was a petrol
pump attendant,
Living in a one room *chawl*;
Who turned down all his difficulties and
defendants,
And went on to become the richest man of
Indian victorious wall.

Shall we ask,
A girl from Karnal, Haryana with
imagination
Who liked to draw pictures of airplanes on
drawing page;
Went on to work with NASA on mission,
And became the first Indian women to go to
space.

Shall we ask,
A son of a famous poet from Allahabad,
Who chose acting as his career;
Experienced time in the mid-30s which was
bad,
Including deadly injury, stardom decline and
political failure to add,
Who managed to make a roaring comeback
to become an ever shining star,
And to become longest working millennial or
as we say *shehenshah* of the industry's
empire.

Or
Shall we ask,
A tea selling boy from Gujarat,
Who with his perseverance became the
longest standing chief minister of Gujarat;
From being the most influential leader
gaining place in people's heart,
To being the Prime Minister of India and
giving youth a motivational kick start.

I wonder if these people would have asked
'why me'
What would their life have turned to be;
As their hardships were no less than our
life's flee,
But they chose to say 'try me' instead of 'why
me'

At the end I would like to say,
If you still have to ask why me by the way,
When you are feeling really blue;
When the world has turned against you,
And you don't know what to do.

Then also,
When the world seems right and true,
When the rain had left the gentle dew;
When you feel happy being you,
Please ask yourself 'why me?' then too.

Maitry Shah
4th Year BDS

Red

It's red
The colour of his eye
It's blurred
With the tear of his cries
It's full of smoke
Because the fire is yet burning
Was it freedom
If we are still hurting

He fought gallantly
Then why do we see the world he made
get shattered silently
He praised non-violence
We preach fraudulence

He walked miles for his brothers
He left luxury to help people in misery
Today we take our first class tickets with
pride, pride that he did not get
Pride that he owned
Honour that now stands torn

It's time we realise that Sabarmati needs
his hero
In you, in me, to help each other grow
The world he dreamt in his last breath
The world that's lost in all the wrath
The world we promise every year when
we hoist the flag high
Let the air of freedom rise high again in
the sky.

Binny Dogra
Intern

In our Hearts & Our deeds...

Mahatma Gandhi, in our hearts & our deeds
A Great personality to be gloried...

A person with simple attire,
A persona to admire,
Simple was his life, unimaginable were his
dreams
To bring equality was his esteem

With principle of peace, no war, no weapon
The British Empire, he ceased

His truth force of the Salt march
Challenged the British Charge
He just did not prevail in currency and money
He is the Hero, curator of Harmony

Never spoke a word of Evil against anyone
He is mother India's true Son

His habits and values we should inculcate
They will make us polite and compassionate
He always practiced what he preached
Non-violence and togetherness
Are the mottoes we must teach

To free India was his mission
But only pacifism and amity were his vision

Though the era and time have changed
But will his efforts go in vain?
Humanity and Unity were his roots
I pay him the highest gratitude

Gandhiji, In our hearts & our deeds
A Great personality to be gloried...

Gaurav S. Hinduja
1st Year BDS



ROYAL RAJASTHAN

Architecturally alluring Rajasthan weaves magic on its visitors. Rajasthan has no parallel in this world as far as its heritage and culture are concerned.



Lake Pichola

On our arrival at our destination city, Udaipur I felt very captivated at the sight of The White City. Firstly, we visited Maharana Pratap Memorial, which comprised a life-sized bronze statue of the Rajput hero balanced on his loyal and favourite horse, Chetak.

We had a pleasant evening at City Palace, a palace complex situated in Udaipur on the banks of Lake Pichola. It is built by great king Maharana Udai Singh of Sisodia Rajput family. We had an enjoyable experience of light and sound show that evening. We listened to the soothing baritone of narrator Shriji Arvind Singh. He talked about Mewar dynasty, story of Chittorgarh, Rani Padmini and about the sacrifice of Panna Dhai before Udaipur was found in 1500s.

Next day started by taking blessings of Lord Brahma. It was great pleasure for us to visit the only Brahma Temple in India, situated in a small, mellow town, Pushkar. The elegant beauty of Pushkar lake, melodious music played on Sarangi absolutely touched my heart, which I've never experienced before.

After refreshing a bit, we entered into the sights of Jaipur. It was fascinating for me to know why it is called Pink City! All the buildings across the street are painted in terracotta pink which represents hospitality.

We were overwhelmed to know how the human spirit fought against all odds to erect such enormous structures in the barren land. The magnificent structure of 9-storey tower, Vijay Stambha (Victory tower) at Chittorgarh built by Maharana Kumbha to commemorate his triumph of kingdom over the trespasser Mohammed Khilji, was one of them.



Vijay Stambha | Amer Fort

Then, we had a thrilling elephant ride through roads of Amer Fort. The fort is built by Raja Man Singh and is a truly marvellous example of Rajput architecture with fairy-tale terraces and ramparts that are reflected in beautiful Maota Lake below. The walls and ceilings of its royal halls are inlaid with intricate ivory, mirror and glass mosaics and hung with exquisite wall paintings.

Another major attraction in Jaipur is the Birla Temple dedicated to Lord Vishnu and Goddess Lakshmi.

I was mesmerized by the iconic beauty of Birla Mandir, a highly revered place of worship. Images of Socrates, Zarathustra, Christ, Buddha and Confucius manifest the secular nature of the temple.

On the walk through the streets of Jaipur, we saw the unique structure, Hawa Mahal (Palace of Winds). It is believed, that it was constructed to allow purdah-clad women to witness sights of city through Jharokhas.



Hawa Mahal



Puppet Show

The art of Puppet show is imbibed in their blood and they don't see this as the only source of living. It is purely divine to them.

The simplicity and way of life of common folks makes an everlasting impression on your mind. Rajasthan is truly unbelievable!

Padharo Mhare Desh!

Snehal Bergal
3rd Year BDS



STRIKING A WORK-LIFE BALANCE

With Dr Meet Shah

The longer I practice dentistry, the more I realize how fortunate I am to be a dentist. I attribute much of who I am as a person to the life lessons I've learned through being a dentist. Dentistry is so multidimensional that it has forced me to learn and grow outside my comfort zone. I know in my heart that I'm a much better person because of the challenges that are inherent in this profession.

Unfortunately, stress goes hand-in-hand with the challenges as we push ourselves beyond our boundaries and learn from new perspectives. We can manage our stress if we're centered enough to seek effective solutions. Personally, I've found that there must be a proper balance in life in order to be centered.

Pursue your passion - There are a lot of people who, for years, try to find out what they are passionate about in life. If you are one of the lucky ones who have a good idea of what drives you and makes you happy, then you must do everything in your capacity to make sure that you pursue it. Do not let anybody come in the way of you and your passion.



Since the very early days into dentistry I realized, life is full of details. I started appreciating details in each and every aspect of my life, and the very way I could do that was by clicking photographs. Using my cell phone camera as the tool I started clicking pictures of all the things around me. By then photography had become my passion. Hence I decided to buy an entry level DSLR to nourish my skills and figure out whether I could actually take photography to a new level.

Seeing me carry my camera to every other place I went, would raise another set of questions- Why do you do? What do you do? How do you make time for this? Why don't you focus on dentistry? The first thing that photography did all those years ago was give me a hobby for my weekends. Creativity is a major part of my life. I enjoy making beautiful images, from the time I go out with my camera through to processing the images in Photoshop. It's a good feeling when those images are used to illustrate my ideas too.

Soon I started using my camera for documenting my dental cases and keeping patient records. I became a self-critic to my own work, hence improving my dentistry drastically. I've ended up in unique and interesting situations which have always resulted in some incredible life experiences. I have certainly made decisions based on what I wanted to photograph. Climb up that hill? Sure. Go down that alley? Why not? This does not mean I only take pictures of exotic places and objects. The lens has been pointed at plenty of mundane objects around my house. Anything can be beautiful in the right context and photography has certainly taught me to look at things differently. I have won laurels at various photography competitions and got featured in several magazines for my wildlife photography.

Each picture has a story and I am the story teller...

As days passed I found myself another passion growing inside me. The passion for organizing and managing large scale events, right from planning to execution. It all started with managing our very own MAGNUM 2015 and it gave a kick start to my passion. Since then, I have been managing MAGNUM since last 4 years and it gets bigger and better every year. To my own surprise, I was featured in the event magazine of Navi Mumbai for MAGNUM 2017. "GALASTICO ENTERTAINMENT" that's what my small time event management is called.

GALASTICO
entertainment



The crucial aspect of following your passion is by managing time. Countless people have turned their passion into a full time pursuit because they got started before and after work. You might think that it takes a specific type of person to be able to pull that off, but the truth is anyone can if they dedicate the time to doing it. By holding ourselves to a greater standard of setting an intention, making it known, and giving ourselves grace when things don't go as we planned, we set ourselves up for a more meaningful life, balanced or otherwise.

**A Dentist, A Wildlife Photographer
& An Event Manager**

Dr Meet Shah.

Happiness

Today, while walking on the streets of "Aapli Mumbai" a family pulled my attention. This family may be from a slum. A father, mother and their four little children, who all were selling balloons.

They all were wearing clothes shining with dirt and soil and pressed with the heat of sun and blooming with the smell of sweat. Maybe they don't have clean clothes to wear and enough food to eat; these four siblings may not go to school, maybe they have a small cottage to hide their heads. Maybe this picture looks like



it is explaining and expressing a lot about poverty in India and shows you four children who are the "future slum dogs" according to the dictionary. But I saw their power to fight against any condition, their faith in themselves, their struggle with the hunger and thirst, their hard work. One special thing is that the four little siblings didn't have any kind of fear nor tension, no hunger, no thirst – because they know that their parents are with them in any situation. So, I think this family has a huge locker in their small cottage to store all their happiness and satisfaction which they always wear on their faces. And today I captured this happiness, worth billions, on my camera.

Avinash Ratnaparkhe
1st Year

Incredible India

Once a tourist was almost done visiting every Indian State. When he was at the end of his journey, he expressed his dissatisfaction to his guide. He mentioned that India is booming in terms of population and negative popularity. Cleanliness is hardly maintained. The biggest slum in Asia is Dharavi which is situated in India. There is so much of chaos in the name of culture and raucous in the name of festivals. Modernization as a term exists only in books here and cannot be witnessed in culture and infrastructure. Indian cuisine is all about spices, hard to please the palate. It is a land with a turmoil-filled past, colonized by the Europeans and the people here still take pride in their past and retell the stories of the empires and kingdoms that no more exist. The diverse traditions are mysterious to understand. People are obsessed with cricket. Every boy on every street has an opinion about himself that he is a 'great cricketer'. There is mass production of engineers and

doctors who don't have enough employment properties and the overrated Bollywood culture is garish.

The tourist went on and on defaming India. To this the guide replied, "Sir, you have been travelling India only for a month. The diversity and incredibility of India can't be known in a month since India's history, tradition, culture, cuisine, geography is mammoth.

"It may be a land with a turmoil-filled past but it still remains the most amazing country to visit because we don't bury ourselves in the name of modernization. There is no dearth of infrastructural buildings and ancient architecture. We preserve them in our pride...right from the Taj Mahal to the Qutub Minar ...the Ajanta Ellora Caves to the Konark Temple, the Sanchi Stupa, the Red Fort and what not."

The tourist immediately asked, "And the Victoria Memorial that the British built, not the Indians."

The guide mentioned, "Sir, whoever built it, we decided to keep it as a memorial, as a souvenir. Or we could have demolished it long back with the demolition of British Empire in India.

"We retell the stories of our great heroes and keep them alive. Though our culture is diverse and mysterious, it is still fascinating. Across the country, the many cultural and linguistic communities maintain practices that have come to shape our respective traditions are not entombed to death but are, in fact, carried forward as legacies for the generations of the world to know.

"With our rich history accentuating the colossal kingdoms and trade networks there is an irrefutable prolific art and culture of both traditional and contemporary work. Dharavi, though a slum, it still has people working there locally and catering to the demands of international brands which means we have the best skilled craftsmen here.

"Our festivals may seem raucous to you but in true sense they explain the enthusiasm we are filled with! The oneness that binds, the intimate gathering of friends and family and the celebrations are our happiness!

"The physiography of India speaks for itself. The Himalayas in the north and the Nilgiris to our South, the Eastern and the Western Ghats, the Arabian Sea and the Bay of Bengal and much more make India blessed with Incredible natural wonders.

"And cricket is not an obsession but a powerhouse though it never originated here! From serene landscapes and dramatic coastlines to the urban buzz of our dynamic citizens, from multiple delicious cuisines to legendary stories, we are a country booming with scientists, engineers, doctors who are highly preferred by every nation; India has the most impressive examples.

"With these views to wake up to India offers more than just a glimpse of what you just saw in a month."

Finally, the tourist had to agree that India certainly is... Incredible!

Gaurav S. Hinduja
1st Year BDS

Improvement of oral health in India

The Leadership role of IAPHD

“LEADERSHIP IS THE CAPACITY TO TRANSLATE VISION INTO REALITY”-WARREN BENNIS

Oral health is a key indicator of overall health, well-being and quality of life. Affordable and sustainable oral health care for all irrespective of the social determinants such as economic, psychosocial, educational status, work conditions and geographic variations is the vision for further advancement of oral health care system in India.

The multidisciplinary approach of Public health dentistry broadens the horizons for newer advents in oral health care. India being the second most populous country in the world has a population of around 1.35 billion, 2018 and around 70% of the population resides in the rural parts of the country. IAPHD should play a pivotal role in implementation, evaluation and management of oral health care measures. Anticipatory measures will help overcome the barriers such as misdistribution of dental professionals in rural and urban areas, lack of auxiliaries and insufficient dental workforce.

LEADERSHIP ROLES OF IAPHD PERTAINS TO,

Community	Research and Development
Dental professional	Students
Dental auxiliaries	

SETBACKS IN THE ORAL HEALTH CARE SYSTEM,

- Absence of a national oral health policy.
- Misdistribution of dental professionals in urban and rural areas.
- Insufficient dental workforce.
- Lack of auxiliaries.
- Uneven specialist training.
- Limited or no endowments for oral health care.

Above impediments can be overcome if government, private, non-governmental organizations jointly overcome the disparities in the oral health care system through innovative and preventive strategies.

IAPHD should set a foot forward in the fields of

- Education
- Administration and management
- Policy Making
- Community practice
- Research

Here I have enlisted a few things which will help bring our vision into reality.

-Importance should be given to the community as a whole. Oral health policy in India formulated way back is a bleak picture even today. There is a need to come up with policies like UNIFIED HEALTH SYSTEM, Brazil 1998, SOCIAL HEALTH INSURANCE like Taiwan and Germany.

-WHO's oral health programme applies the philosophy "THINK GLOBALLY, ACT LOCALLY". Along with ongoing continuing dental education programme and faculty training IAPHD should also start faculty and student exchange programmes in the field of public health dentistry which will enable us to gauge and study the working and administration of various health policies globally.

-National oral health assessment survey which was last done in 2002 needs to be done on a five yearly basis to evaluate the oral health status nationally.

-Collaboration of private dentists with community centres, appointment of dentists in public health care centres and mandatory community service for graduates will help resolve the current misdistribution of dental professionals in urban and rural areas.

-Strengthening the manpower is of utmost importance in order to serve our widespread population. Lack of dental auxiliaries is a challenge that needs to be overcome. IAPHD should come up with more colleges for training and proper certification courses for auxiliaries. Also a centrally based recruitment forum for dentists as well as dental auxiliaries along with administration and management personals will not only generate employment but also create a strong work force.

- Integration of oral health promotion with general health. For example, training the Anganwadi workers about infant oral health care and parent counselling can help reduce incidences such as nursing bottle caries or early childhood caries.

-Focus on vulnerable target groups such as young and the elderly population. Establishment of National level school dental health programme along with the training and lectures about oral hygiene measures and its importance should be given to community school teachers to ensure our steps towards CARIES FREE YOUNG INDIA.

-According to the Census 2011, elderly population in India is 8.6% of total population of which 71% resides in rural areas. As oral health is the determinant of quality of life, impetus should be given to this particular target group with specialised care. Diploma, certificate courses and curative treatments in Geriatric dentistry should be introduced to help cater to the needs of elderly. State level oral health policies should be formulated for the elderly like the Karnataka oral health policy implemented March 2014 which provides free dentures for elderly below poverty line.

-In the light of newly formulated National Health Insurance scheme "Ayushyaman Bharat" there is little or no mention of coverage for dental expenses. IAPHD should take a pioneer step in putting

-Financial specification needs to be taken into consideration before any public health measure comes into play. IAPHD should come up with endowment ideas for implementation of various measures. For example, approaching the company social responsibility units, hosting fundraisers with government and non-governmental organization support.

-Today knowledge is power. It controls access to opportunities and advancement. IAPHD should come up with a platform which encourages new research and affordable innovations for oral health care. For example, chewable toothpaste tablets, also the recent shifting trends towards Ayurveda to incorporate ayurvedic medicine into dentistry should be encouraged.

-Recent cost inflation in maintenance of oral health is leading to neglected oral health in rural population. Locally produced and reasonably priced oral health care materials need to be manufactured. IAPHD should collaborate with local community leaders and come up with small manufacturing units.

- Patient counselling is a major element of public health dentistry. Inclusion of Psychology as a subject in the curriculum will help budding dentists to deal with challenges they face with certain patients.

-Along with IAPHD's ongoing programmes a community feedback portal needs to be formulated.

-IAPHD should set up counselling centres in educational institutions regarding ill effects of tobacco. To free our younger generation from claws of tobacco addiction. Along with our tobacco cessation programme set up of rehabilitation centres is of utmost importance to ensure patient's adjustment to change and to lead socially and economically productive life.

A distinctive quality of a leader is to recognize a problem before it becomes an emergency. Addressing above issues and making necessary changes will not only strengthen our oral health care system but also lead us to our vision. Our country, where a large population still remains oblivious of basic oral health care measures "Focus on people's health irrespective of their economic status" has to be our motto for further advancement or health care system. With our continuous efforts, disease prevention and promotion and sustainable oral health care for all will no longer be a far-fetched dream.

Aishwarya Dhumale
4th Year BDS

CREATIVE COMMITTEE



Decorations create the environment for the event; they convey the theme to the audience. The Creative Committee was instrumental in communicating the theme 'INCREDIBLE INDIA' to the students. The committee comprised of a bunch of interns along with creative juniors, under the guidance of the immensely innovative and artistic Dr Ankita Deshmukh. We were entrusted with the duty of transforming the institute into a festive paradise.

A whole month went into planning. The glass panels at the entrance we're decorated with 'welcome' in different languages of India and the centre we had our MaGnuM logo. The walls of the college displayed interesting facts about the nation. The centerpiece was a collage of various famous personalities, places, food, etc of India. The setup of mosaic of 'INCREDIBLE INDIA' was a huge task!

The month before fest was a grand experience and the memories will stay with us forever. I thank my team members and especially juniors who have been extremely supportive, participative and gave their valuable inputs and gave their active, helping me through this.

Lavanya Katkam
Intern

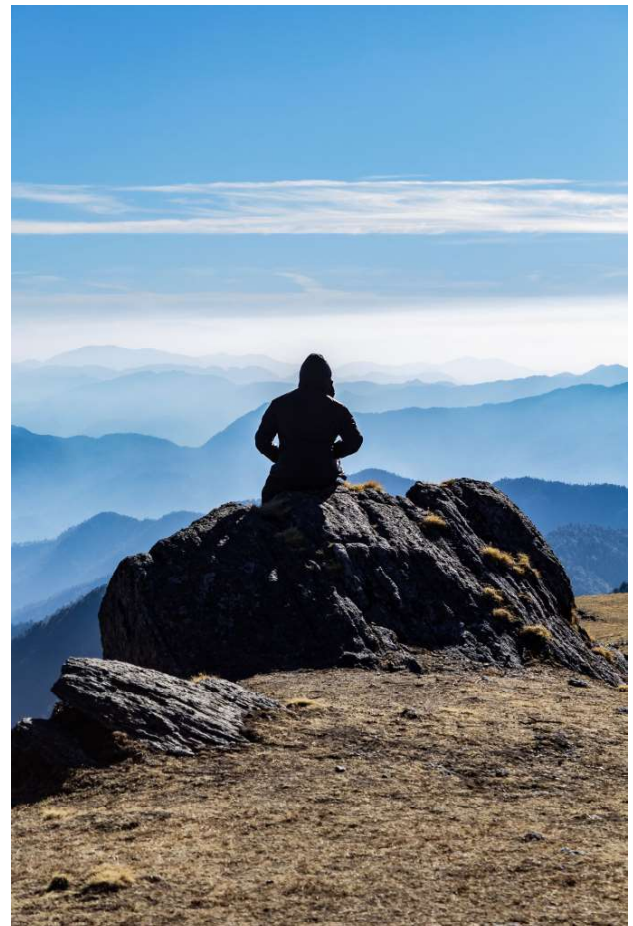
Through the Lens



“Who knows, a cloud may even have a golden lining.”
Nachiket Amrutkar 1st year BDS



“Mumbai in all its glory”
Dr Pritav Vajifker, PG (Orthodontics)



Dr Pankaj Londhe, PG (Periodontology)



"Travel far enough, you meet yourself."
AfsheenHamlani, Final year BDS



Sanket Kulkarni, 1st year BDS



Avinash Ratnaparkhe, 2nd year BDS



Shaili Mehta, Intern

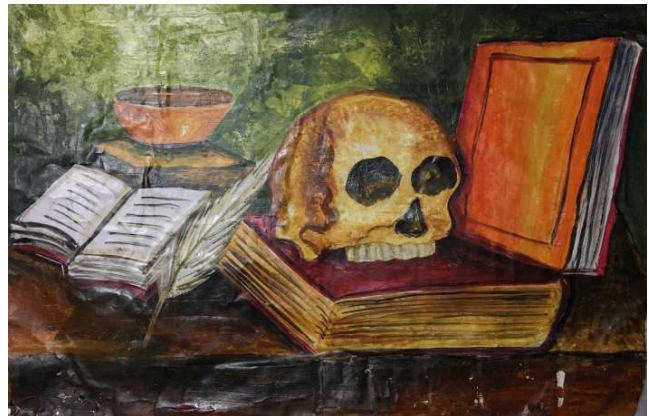
WHEN DENTISTS GO PICASSO



Ashly Antony, 2nd year BDS

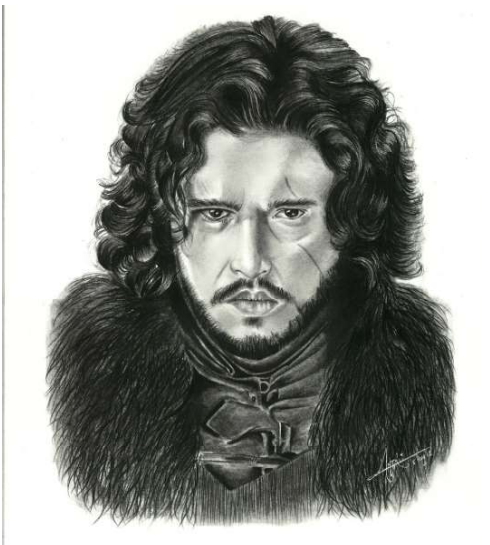


"Mr James Bond, you're not the only fish in the pond."

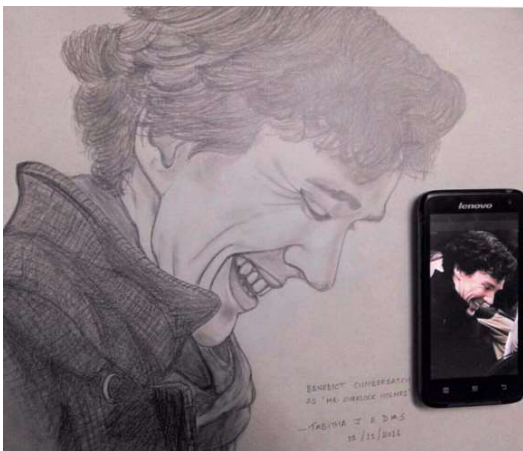


"Bite the Book."

Chanchal Dharia, 1st year BDS



Anjali Zaveri, Intern



Tabitha J E Dias, Intern

THE FUN ZONE

What do you call dental radiographs?

Tooth-pics!

What do you call grizzlies without teeth?

Gummy-bears!

What do mice use to floss their teeth?

String cheese!

What does the tooth fairy give sharks when they lose their teeth?

Thou-sand dollars

Where do killer whales go to set braces?

The orca-dontist!

What happened to the sheep that forgot to brush its teeth?

It got ba-aa-aa-ad teeth!

What is a drill sergeant?

An army dentist!

Why did the queen visit the dentist?

To crown her teeth!

Why did the Oreo go to the dentist?

Because it lost its filling!

What do you call George Washington's false teeth?

Presi-dentures!

What did the dentist see at the North pole?

A Molar bear!

What did the dentist say to the golfer?

You've got a hole in one!

What did the dentist say to the computer?

This won't hurt a byte!

What does the dentist of the year win?

A little plaque!

These things don't get sticky though used with paste, they're used twice a day, and give the mouth a minty taste. What are they?

Toothbrushes!

Why do dentists like potatoes?

Because they are so filling!

What did the tooth say to the departing dentist?

Fill me in, when you get back!

After having his teeth cleaned, the Werewolf was hungry. What did he eat?

The dentist!

What has teeth but no mouth?

A saw!

What does a dentist call the astronaut's cavity?

A black-hole!

What did the dentist say to the Judge in court?

You can't handle the tooth!

How do you fix a broken tooth?

With toothpaste! (LOL)

Most frightening words in the world?

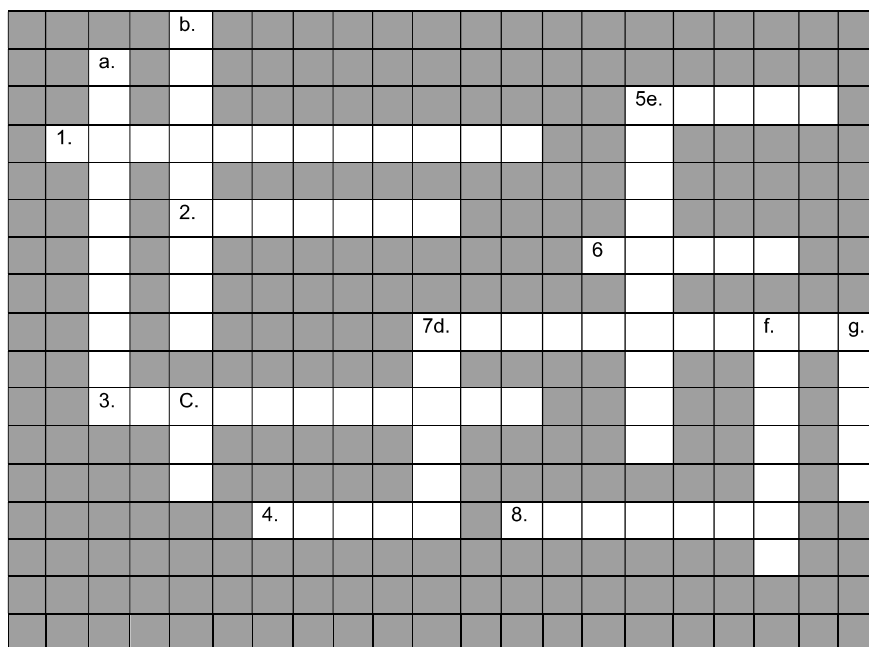
"The dentist will see you now."

Did you know?

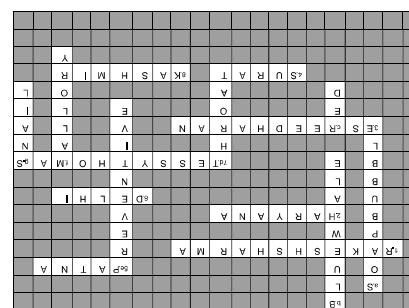
In medieval Germany the only way to get rid of a tooth-ache was to kiss a donkey.
An elephant's molar measures 1-foot across and weighs 9 pounds.
Sharks lose their teeth every week and some can have as many as 20,000 teeth in a lifetime.
Giraffes have 32 teeth, same as humans.
Shark teeth are coated with fluoride, which prevents them from ever getting cavities.

Shirin Dhankot

CROSSWORD PUZZLE



1. First Indian to reach moon in the year 1984 is _____
 2. Which state in India is the first to add value added tax _____
 3. Who is known as the metro man in India _____
 4. Diamond city of India _____
 5. Which is the city that was previously known as Pataliputra _____
 6. India's first all women post office is located at _____
 7. Missile woman of India _____
 8. India's longest tunnel connects Udhampur (Jammu) to _____
-
- a. Radiographically ameloblastoma has _____ appearance
 - b. Which mammal has no teeth _____
 - c. Masson trichome stains muscle _____ in colour
 - d. Minnows have teeth in their _____
 - e. Orthodontic treatment that stops problems from occurring _____
 - f. Stain used for keratin is _____
 - g. Which smallest animal has most no of teeth _____



Binny Dogra

PAPARAZZI



1st Year BDS



2nd Year BDS



3rd Year BDS



4th Year BDS



INTERNS



MUHS 2018 - BATCH TOPPERS

1st Year BDS

CLASS TOPPERS	
Summer Batch	Winter Batch
1st - Khushi Mehta	1st - Madhuri Yadav
2nd - Ayesha Khan	2nd - Pallavi Kalbande
3rd - Pranjali Naik	3rd - Ankur Nikumbh

2nd Year BDS

CLASS TOPPERS	
Summer Batch	Winter Batch
1st - Karishma Jadhav	1st- Gauri Potdar
2nd - Uzma Memon	2nd- Riya Jain
3rd - Vaidehi Kesaria	3rd- Rutuja Kadam

SUBJECT TOPPERS	
Summer Batch	Winter Batch
<u>Physiology and Biochemistry</u>	
Khushi Mehta	Pallavi Kalbande
<u>Anatomy</u>	
Khushi Mehta	Madhuri Yadav
<u>Dental Anatomy and Dental Histology</u>	
Ayesha Khan	Madhuri Yadav

SUBJECT TOPPERS	
Summer Batch	Winter Batch
<u>General Pathology & Microbiology</u>	
Karishma Jadhav	Riya Jain
<u>Dental Materials</u>	
Karishma Jadhav	Gauri Potdar
<u>Pharmacology</u>	
Karishma Jadhav	Gauri Potdar
<u>Preclinical- Prosthodontics</u>	
Uzma Memon & Vaibhavi Chaurasia	Gauri Potdar
<u>Preclinical- Conservative Dentistry</u>	
Charlotte Saldanha	Gauri Potdar

3rd Year BDS

CLASS TOPPERS	
Summer Batch	Winter Batch
1st - Ashly George	1st - Maiqlin Fernandes
2nd - Harshada Nerkar	2nd - Sakshi Madaye
3rd - Amruta Naik	3rd - Pradnya Ingrulkar

SUBJECT TOPPERS	
Summer Batch	Winter Batch
<u>General Medicine</u>	
Qasim Mansoorian	Maiqlin Fernandes
<u>General Surgery</u>	
Ashly George	Maiqlin Fernandes
<u>Oral Pathology</u>	
Ashly George	Sakshi Madaye & Maiqlin Fernandes

Final Year BDS

CLASS TOPPERS

Summer Batch

1st - Rishabhkumar Jain
2nd - Shaili Mehta
3rd - Wendy lobo

Winter Batch

1st - Tanveer Khan
2nd - Noor Shaikh
3rd - Priyanka Jade &
Manali Gandhi

SUBJECT TOPPERS

Summer Batch

Winter Batch

Public Health Dentistry

Rishabhkumar Jain

Noor Shaikh

Oral Medicine and Radiology

Shaili Mehta

Tanveer Khan

Periodontology

Rishabhkumar Jain

Noor Shaikh

Orthodontics

Manali Kadam

Tanveer Khan

Prosthodontics

Shaili Mehta &
Rishabhkumar Jain

Tanveer Khan

Conservative Dentistry and Endodontics

Rishabhkumar Jain

Priyanka Jade &
Tanveer Khan

Oral Surgery

Shaili Mehta

Noor Shaikh

Pedodontics

Shaili Mehta

Priyanka Jade



POST-GRADUATES



DEPARTMENT OF ORAL MEDICINE AND RADIOLOGY



DEPARTMENT OF PUBLIC HEALTH DENTISTRY



DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS



DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY



DEPARTMENT OF PROSTHODONTICS



DEPARTMENT OF ORTHODONTICS



DEPARTMENT OF ORAL PATHOLOGY AND MICROBIOLOGY



DEPARTMENT OF PERIODONTOLOGY



DEPARTMENT OF PEDIATRIC AND PREVENTIVE DENTISTRY



LIBRARY COMMITTEE



ADMINISTRATIVE STAFF



NON-TEACHING STAFF



HOUSEKEEPING STAFF





MGM DENTAL COLLEGE AND HOSPITAL

Navi Mumbai



DENTAL SATELLITE CENTRES

1. MGM HOSPITAL, KALAMBOLI
2. VASUDEV BALVANT PHADKE SMRUTI MANDIR, SHIRDONE
3. SEAL ASHRAM
4. PRIMARY HEALTH CENTRE, AJIVALI
5. RURAL HOSPITAL, KASHELE
6. MGM SCHOOL, NERUL

MGM DEEMED UNIVERSITY OF HEALTH SCIENCES AND CONSTITUENT COLLEGES

MGM's College of Engineering and Technology
MGM's Institute of Management Studies and Research
MGM's Dental college and hospital
MGM's College of Physiotherapy
MGM's college of Media Sciences
MGM's Institute of Research
MGM's New Bombay Hospital, Vashi
MGM's Hospital, CBD
MGM's Hospital, Kamothe
MGM's Hospital, Kalamboli
MGM's Infotech and Research Centre
MGM's Pre-primary School(English and Marathi)
MGM's Primary and Secondary School(English and Marathi)
MGM's Junior College Sciences
MGM's Junior College of Vocational Courses
MGM's Florence Nightingale Inst. Of Nursing Education
MGM's College of Law

AURANGABAD

MGM's Jawaharlal Nehru Engineering College
MGM's Institute of Management
MGM's Mother Teresa College of Nursing
MGM's Mother Teresa Institute of Nursing Education
MGM's College of Journalism and Media Sciences
MGM's Medical Centre and Research Institute
MGM's College of Fine Arts
MGM's Dr. D Y Pathrikar College Of Comp.Sc and Tech
MGM's Hospital and Research Centre
MGM's College of Agriculture Biotechnology
MGM's Dept of Biotechnology and Bioinformatics
MGM's Institute of Hotel Management and Catering Tech

MGM's Institute of Indian and Foreign Languages and Comm
MGM's College of Physiotherapy
MGM's Hospital, Ajabnagar
MGM's Sangeet Academy, Mahagani
MGM's Institute of Naturopathy and Yoga
MGM's Institute of Vocational Courses
MGM's Horticulture
MGM's Health Care Management
MGM's Junior College of Education(Eng. And Mar.)
MGM's Sanskar Vidyalaya (Pri. and sec. Mar.)
MGM's Clover Dale School(Pri. And Sec. Mar.)
MGM's First Steps School(Pre-primary Eng.)
MGM's Sanskar Vidyalaya (Pre-primary Mar.)
MGM's school of Biomedical Sciences

NANDED

MGM's College of Engineering
MGM's College of Fine Arts
MGM's College of Computer Sciences
MGM's College of Journalism and Media Sciences
MGM's College of Astronomy and Space Tech.
MGM's College of Library and Information Sciences

PARBHANI

MGM's College of computer Science

NOIDA

MGM's College of Engineering and Technology