



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



**AWARENESS ON ROLE OF DIET AND NUTRITION IN ORAL HEALTH AT ZP SCHOOL,
TALOJA**

Date: 20th January 2023

Venue: ZP School, Taloja

Faculty: Dr. Rafeeq Nalband, Dr. Prachiti Terni

Organizing Agency: PHD Dept MGMDCH, MGM NSS UNIT

Number of Students attended: 5

MGM Dental College constantly takes efforts of extending the oral health care to the school students. An initiative was taken to create an awareness about the role of diet and nutrition in oral health among the students at the Zilla Parishad School, Taloja.

Aim and objective:

1. To create awareness about the role of diet and nutrition in the oral health
2. To educate them about the effect of unhealthy food and dental diseases

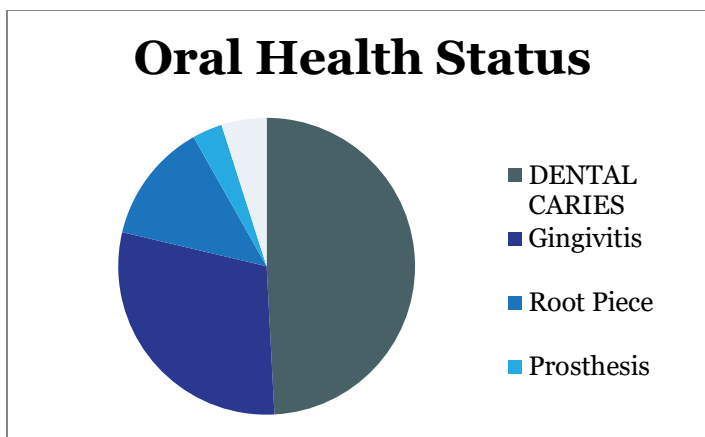
Method:

All the students gathered in a classroom where they were explained about the benefits of eating healthy food and how this dietary modification would help to maintain good oral hygiene. Also they were told about the different foods that help to keep their teeth strong. Along with the awareness programme, a type III examination was carried out with the use of mouth mirror and probe where all the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations: A total of 265 students were educated and examined for different oral disease. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	150	56.6%
Gingivitis	90	34%
Root piece	40	15.1%
Malocclusion	10	3.77%
Normal	15	5.66%

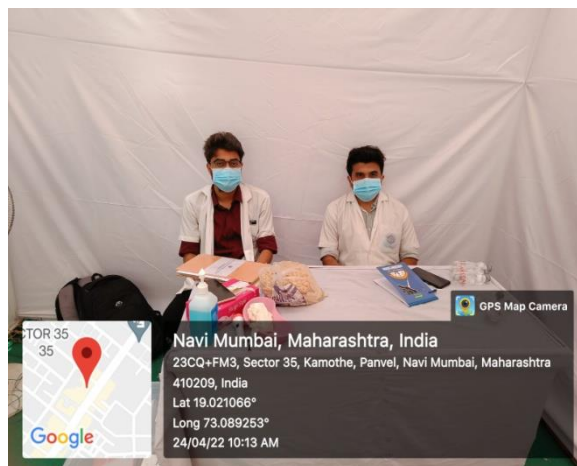


Interpretation and conclusion:

- On examining the patients, it was seen that Dental caries is the most common problem among the patients. Thus the students were made aware about the
- Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER



TEAM MEMBERS WHO ATTENDED THE CAMP

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Rafeeq Nalband
2	Dr. Prachiti Terni
Name of Interns	
3	Dhara Dattani
4	Rhea D'cunha
5	Amrita Agrawal
6	Aditi Dube
7	Janhavi Holkar