



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
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AWARENESS ABOUT DO'S AND DON'TS IN ORAL HEALTH AT RTO TALOJA

Date: 16th January 2023

Venue: RTO Taloja

Faculty: Dr. Rafeeq Nalband, Dr. Prachiti Terni

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH

Number of Students attended: 3

An oral health care checkup was organized by MGM Dental College in collaboration with the NSS unit. The health checkup was conducted at RTO Taloja for the drivers and incharges of RTO Taloja. A demonstration was done initially on the Do's and Don'ts in oral health. Proper brushing techniques were demonstrated, awareness regarding the harmful effects of deleterious habits was explained and awareness was brought amongst the people about the prevention, treatment about dental health care problems.

Aim and objective:

1. To give an insight to them regarding the Do's and Don'ts, preventive measures and treatment.
2. To assess the oral hygiene status and oral hygiene practices.

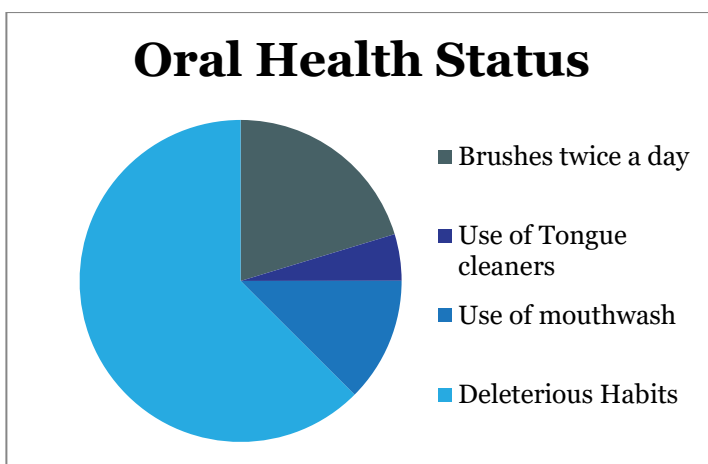
Method:

A type III examination was carried out with the use of mouth mirror and probe in day light. A demonstration on the Do's and Don'ts was done. The patients were inquired about their deleterious habits. oral hygiene practices, their oral health status was examined. The patients were then explained about their oral health care problems, its cause, effect on oral hygiene, its preventive and treatment measures.

Observations: A total of 64 patients were examined for various dental problems. Depending on the severity of oral health care problems those requiring extensive and immediate treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Brushes twice a day	13	20.3%
Use of tongue cleaners	3	4.68%
Use of mouthwash	8	12.5%
Deleterious habits	40	62.5%



Interpretation and conclusion:

- Deleterious habits were most commonly observed amongst the population. Only twenty percent population were observed to be brushing twice a day. There was minimal use of mouthwash and tongue cleaner among the population.
- Oral health education and prevention strategies and awareness about the effect of deleterious habits on oral health, its relation to oral cancer should be brought about in order to reduce the disease burden among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Rafeeq Nalband
2	Dr. Prachiti Terni
Name of Interns	
3.	Sharvari Deshmukh
4.	Sharvari Dhekane
5.	Janhavi Holkar