

CIRCULAR



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL
Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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No. MGM/DCH/OS/L20/2022

Date: 28/12/2022

Department Of Oral & Maxillofacial Surgery

CDE On Screening for TMJ & Sleep Disorders

The department of oral & maxillofacial surgery is organizing an CDE on "Screening for TMJ & Sleep Disorders". Details as follows;

Topic: Screening for TMJ & Sleep Disorders

Date: Thursday, 5th January 2023

Time: 9.00 AM – 3.30 PM

Guest Speaker: Dr. Shab Krish DDS, MS

Target Audience: UG, Intern, PG, Faculty

Venue: Dr AJP Abdul Kalam Auditorium 4th floor, MGMDCH



Dean & HOD

Dr. Srivalli Natarajan

Department Of Oral & Maxillofacial Surgery

MGM Dental College & Hospital

Kamothe, Navi Mumbai

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- Office
- All Dental Departments

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BROCHURE

**MGM's Dental College & Hospital, Navi Mumbai
Accredited with 'A' Grade by NAAC**

Department Of Oral & Maxillofacial Surgery
Presents
Professional Development Program
On

Screening for TMJ & Sleep Disorders



**TMJ & Sleep Therapy
Centre of North Texas**



Thursday 5th Jan 2023
9.00AM – 3.30 PM
Dr AJP Abdul Kalam Auditorium
4th floor, MGMDCH



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Program Schedule

Sr. No.	Time	Topic	Name of the Speaker
1.	9.00 AM to 10. AM	Introduction to TMJ Disorders	Dr. Suraj Ahuja
2.	10. AM to 11 AM	Inauguration	-
3.	11 AM to 12 Noon	Introduction to Obstructive Sleep Apnea	Dr. Srivalli Natarajan
4.	12 Noon to 1 PM	Screening of TMJ & Sleep Disorders	Dr. Shab Krish
5.	1 PM to 1.30 PM	Lunch	-
6.	1.30 PM to 2.30 PM	Non Surgical Management of Obstructive Sleep Apnea	Dr. Sunil Sidana
7.	2.30 PM to 3.30 PM	Surgical management of Obstructive Sleep Apnea	Dr. Adil Gandeivala

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Guest Speaker



Dr. Shab Krish DDS, MS

Dr. Shab Krish, the director of TMJ and Sleep Therapy Centre of North Texas, is passionate about helping people improve their quality of life. As a double specialist in both Periodontics and Endodontics, she founded Associates in Periodontics, Implantology and Endodontics and has been serving the Lewisville, Flower Mound, Denton, and surrounding North Texas Communities for over 25 years. After suffering from Temporomandibular Disorder (TMD) pain herself for many years and being unable to find a solution, Dr. Krish started to study TMD, Sleep Disordered Breathing, and Craniofacial Pain. She now has over 20,000 Continuing Education credits in the field, including board certifications with the American Academy of Craniofacial Pain, the American Academy of Dental Sleep Medicine, and the American Board of Craniofacial Dental Sleep Medicine. After learning how to relieve her own pain and improve her sleep, Dr. Krish decided to devote all her time to exclusively treating TMD, Craniofacial Pain, and sleep disorders by opening the TMJ & Sleep Therapy Centre of North Texas

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Professional Development Programme

Date: 5th January 2023, 9 AM to 3.30 PM

Occasion/ Event Title: Screening for TMJ and Sleep Disorders

Organizing Club: Department of Oral and Maxillofacial Surgery

EVENT REPORT

The Department of Oral and Maxillofacial Surgery had organized a full day Professional Development programme on Screening of temporomandibular joint and sleep disorders. The programme focussed on screening and treatment modalities of the same.

The inaugural lecture was delivered by Dr. Suraj Ahuja who enlightened the audience with the basic of TMJ disorders of the Temporomandibular Joint.

Dean and Head of Dept. Oral and Maxillofacial Surgery, Dr. Srivalli Natarajan explained in detail the anatomy, biomechanical physiology and pathology of the Airway in regards to Obstructive Sleep Apnea in the following lecture.

The guest speaker for the event was Dr. Shab Krish who is currently affiliated with East Texas university, Texas, USA, and specialises in screening and treating TMJ and associated sleep disorders. She educated the participants about the various diagnostic parameters, clinical features and treatment modalities for the sleep disorders and associated TMJ problems. She

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shared her experience of treating such patients with case series and also depicted how she was able to provide a better sleep quality and moreover a better quality of life to the patients.

Following the lecture on screening, Dr. Sunil Sidana and Dr. Adil Gandevivala described in their address to the audience the various Non-surgical and surgical treatment options for Obstructive Sleep Apnea respectively. Also covered were the treatment options involving splints, mandibular advancement devices and Positive Pressure airway devices.

Overall the sessions were well received by the audience and the student participants and a positive feedback with demand for more TMJ related lectures was received pertaining to the diagnosis and clinical management of the same.

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EVENT PICTURES



Participants at the Professional Development Programme



Guest Speaker Dr. Shab Krish delivering her lecture on Screening of TMJ and Sleep Disorders

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Dr. Shab Krish being felicitated by Dean Dr. Srivalli Natarajan



Geotagged Photographs of the Speakers with Organizing committee

Speaker and Participant Certificates

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