



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



AWARENESS ABOUT DIET AND DENTAL CARIES AT BELAPUR POLICE STATION

Date: 20th December 2022

Venue: Belapur Police Station

Faculty: Dr. Kashmira Kadam, Dr. Neeraj Kolge

Organising Agency; PHD Dept MGMDCH; NSS Unit, MGMDCH ,MGM Hospital And Research Centre, CBD Belapur

Number of Students attended: 2

MGM Dental College is on a continual mission of taking efforts to advance oral health care to the community. The oral care initiative was also extended to the police staff at Belapur police station with the motive to create awareness and provide oral health care to the police staff. And gave a brief guidance on how diet has an direct affect on dental caries.

Aim and objective:

1. To evaluate the oral health status of the police staff and to provide guidance for the required Dental treatment.
2. To educate them about importance of diet with respect to dental caries and create awareness about correct dietary habits related to oral health.

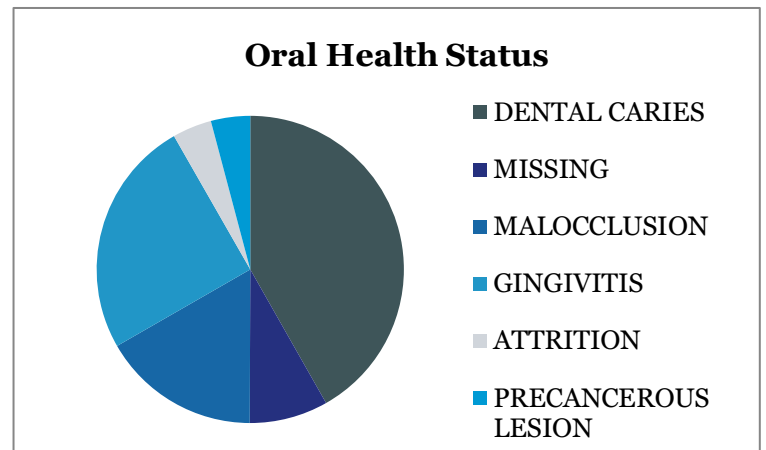
Method:

All the staff were assessed with the use of mouth mirrors and probe by using daylight and torch. They were evaluated on the basis of their oral health status and educated them about their existing dental problems and the importance of getting it corrected; and necessity to maintain healthy diet with respect to dental caries was explained to the staff members.

Observations: A total of 26 Police personnel were examined for various dental problems. Those requiring extensive treatment were referred to MGM Hospital And Research Centre,Belapur; MGMDCH, Kamothe.

ORAL HEALTH STATUS

Condition	No. of individuals	Percentage %
Dental caries	10	38.4%
Gingivitis	6	23%
Missing	2	7.6%
Malocclusion	4	15.3%
Attrition	1	3.8%
Precancerous lesion	1	3.8%



Interpretation and conclusion:

- Dental caries is the most common problem among the patients followed by gingivitis.
- Pre cancerous lesion was encountered in one patient
- Oral health education and prevention strategies should be executed so that there is a reduction of the disease occurrence among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No	Name of faculty
1	Dr. Kashmira Kadam
2	Dr. Neeraj Kolge
	Name of Interns
3	Tejaswini Nikam
4	Anjali Khedkar