



Yes I Can Foundation

Yes I Can - Action for Change

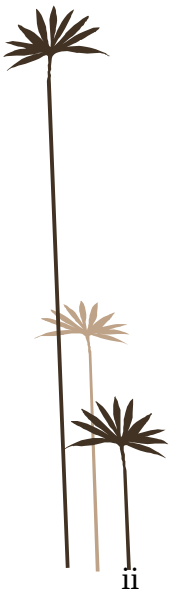


2021-2022

**ANNUAL
HIGHLIGHTS**

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Who We are

We believe in 'Creating a difference' with active efforts and by applying creative thinking and uniqueness to solve the challenges faced by underprivileged in this society

History

Founded in November 2017 as a not for profit organization with the perspective of 'Making a Difference' by encouraging volunteers from various professions to volunteer for a cause



To create a difference by development of innovative projects/undertaking activities in social sector by involving all the stakeholders. We believe in 'Creating a difference' with active efforts and by applying creative thinking and uniqueness to solve the challenges faced by underprivileged in this society. Yes I Can Foundation attempts to

implement projects/activities through the creative ideas of volunteers with unique approach which makes this foundation different from all other existing agencies.



Mind corner

Message from our founder

It's a great pleasure for me and the entire team of Yes I Can Foundation to present annual highlights for year 2021-22 to all our stakeholders.

With major learning's during the pandemic with the first wave of COVID-19, organization continued to focus on COVID relief work as a primary focus for our beneficiaries. This majorly includes our transgender students and students with visual impairment. You will read this more in our COVID relief activities section of this report.

Foundation also initiated efforts to build up the capacities of other non for profits as well as professionals and students from different academic specializations. Several certificate programs were introduced such as Basic counselling, Play therapy in practice, Mental Health programs, Smartphone photography for NGOs during pandemic, Smartphone film making, Budgeting and proposal writing. We are happy to see the response from our stakeholders for these programs and thankful to them.

As a next step with continuation of ongoing projects, foundation is also working closely with individual beneficiaries to ensure that they earn their livelihood opportunities. Aim of foundation is to mobilize more volunteers for the projects to achieve the sustainability.

Once again I thank on behalf of Yes I Can team and all our supporters and partners for your constant encouragement for us.

Neha. Khare
Founder- Yes I Can



Founder Ms. Neha Khare - with Award-
Most Influential Person Award 2021

Projects Undertaken By Yes I Can Foundation in 2021-2022

Yes I can foundation focuses on the following areas

- Education
- Skills Development
- Mental health
- Capacity Building

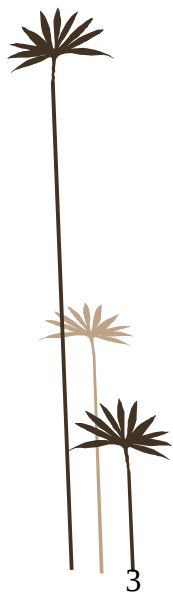
The following are the Key Highlighted Projects that we undertake.

Skill Building and Empowerment Programs

In this Year Yes I can foundation was able to conduct the following skill Building Projects. They are as follows

1. Project Saksham

This project aims at training girls and boys and enabling them to look after senior citizen patients and earn their livelihood. This project is being implemented with the partner organizations such as SNEHA, ASMITA and CSSC. So far more than 500 students are benefited by this project. Even during lock down online sessions were conducted for students. Yes I Can Foundation is thankful to Regional Resource Training centre (RRTC) Centre of Study of Social Change (CSSC) as it empowers participants with the government approved certificates.





Students with Senior Citizen Patients



Students receiving Certificates

2. Project of Ek Ehesaas

Through this project specially abled children and youth are guided to showcase their abilities and during lockdown two major programs undertaken by the organization through virtual mode are

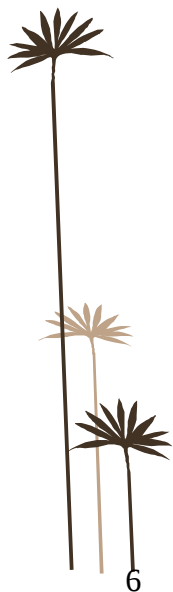
- a. Life skills coaching to specially abled youth and children
- b. Digital literacy education to specially abled youth and children



Student Showcasing her artwork

3. Project Make Me their Santa

The organisation was able to conduct the project Make Me Their Santa this year too. In this project the members of the organisation try to bring a smile on the faces of the students and senior citizens who are associated with Yes I Can. We helped them in fulfilling their wish for a gift that is essential for them. Make me their Santa is celebrated every year around Christmas with the students and senior citizens of Yes I Can.



Project Related to Education

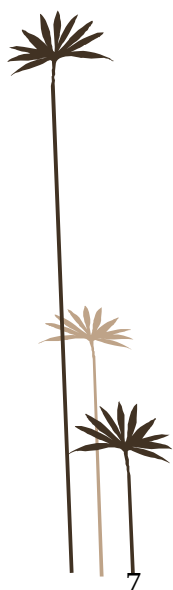
Yes I Can foundation Conducts Several Regular Online Courses for our differently abled students. These Programs are conducted by the volunteers of our organisation. The programs are as follows

1. Hello Who is This Speaking

This is a project that aims at developing the English-speaking skills of underprivileged students. We provide students on the phone interaction with our volunteers in English, which will enable them to improve their English Speaking and Listening skills. The students are also given weekly assignments and they are awarded marks according to their performance.

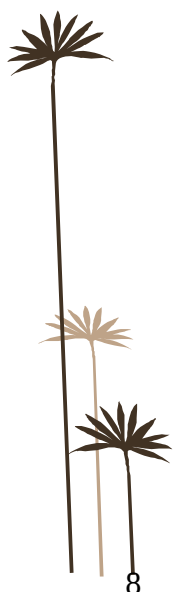
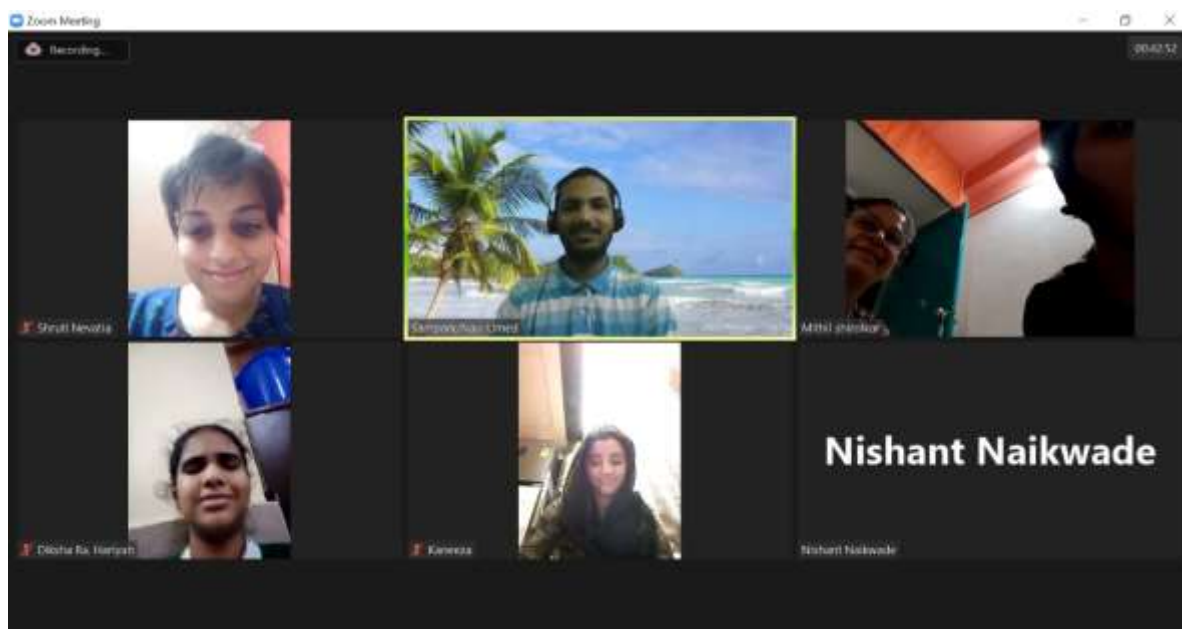


Student speaking with foundation's Volunteer



2. Vocabulary Boot Camp

This year the Organisation was able to conduct a 14 Week Vocabulary Boot Camp for the differently abled students, this program helped the students to learn and use new English words in everyday life. The program ended for this term with a vocabulary Olympiad where all the stakeholders of the organization participated, and Certificates were distributed for the winner and Participants



3. Communication Skills and English Development

Communication skills classes are conducted on every Sunday for the participants. This program helps students to become good communicators of the message both verbally and non-verbally. This gives insights for students about different aspects of communication and helps them to develop the interpersonal skills that are required for effective communication.

The organisation also conducts English development classes for the students on every Friday which enables them to develop their English grammar and conversation. Participants are regularly assessed and monitored on their progress.



Students in the communication class

4. Life Skills Training

The organisation conducts life skill training for the students on every Saturday which enables them to attain the life skills and improve in it so that they may be able to face the challenges and problems in a realistic way.



Students in life skills session on topic Child Rights

Project Related to Mental Health

1. Project Ashirwad

This project looks at mental and physical health wellbeing of senior citizens in old age homes. It included regular counselling, activities and volunteering programs.

The organisation runs two programs under the project Ashirwad. One is the Old Age home that we have in at Mumbai and the other is the Whats app Memory Club.

The Old Age home is functioning well even in this Covid Crisis time and as Even in the midst of this Covid Crisis we were able to keep moving the old age home by sustaining the hope and positivity through online interactions and programs for the elderly.

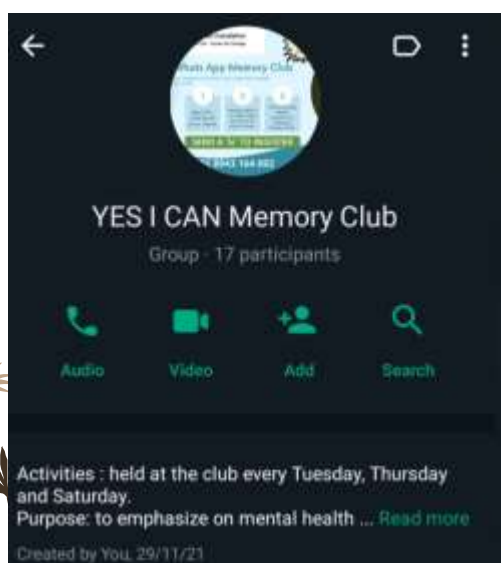


An old age home resident celebrating her birthday during COVID pandemic with Yes I Can team members

a. WhatsApp Memory Club

Unique project by Yes I Can Foundation to boost mental health of senior citizens. This aims at providing care and mental stimulation through different activities and Brain Games through. Our team conducts technological and social awareness classes for the senior citizens through virtual mode. Currently two memory clubs are in function by the foundation.

The members in the Memory Club are also given special sessions like Technology Class, which helps them to handle modern technology without fear. We also provide sessions like origami sessions that refreshes mind and promotes the development of fine motor movements and Eye hand coordination.

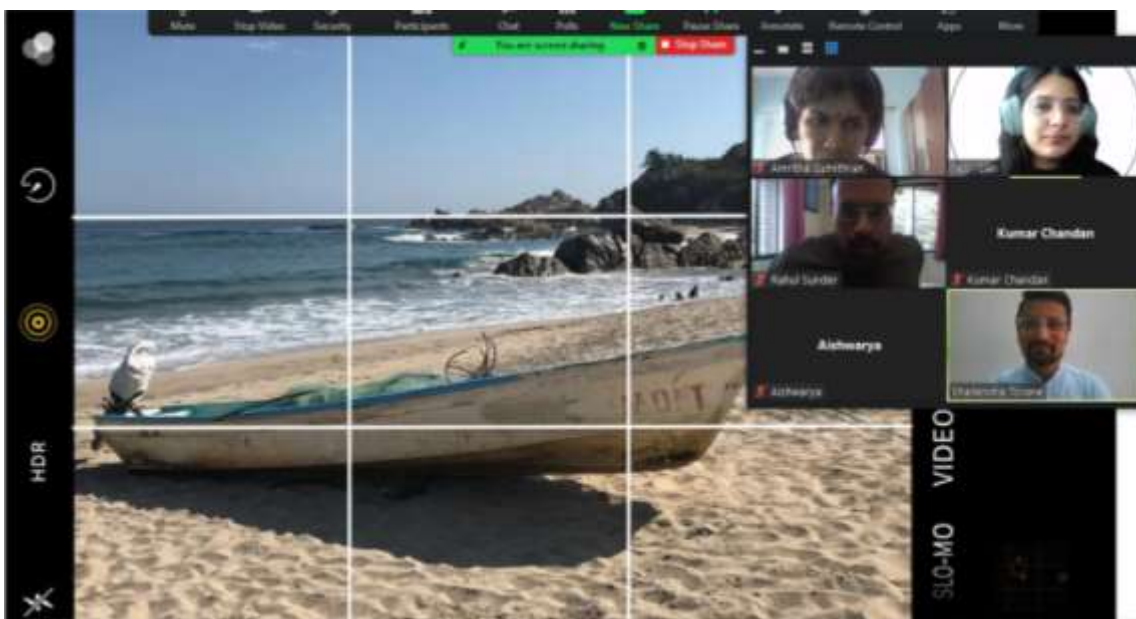


WhatsApp memory club during the club activities session.

Capacity Building Projects

1. Smart Phone Photography Workshop

This year we were able to conduct a Smart Phone photography workshop for our stakeholders. This was a unique workshop to learn skills capturing quality pictures using smartphone. The Workshop was useful for professionals in the social sector, students and for anyone who wish to develop skills for smartphone photograph

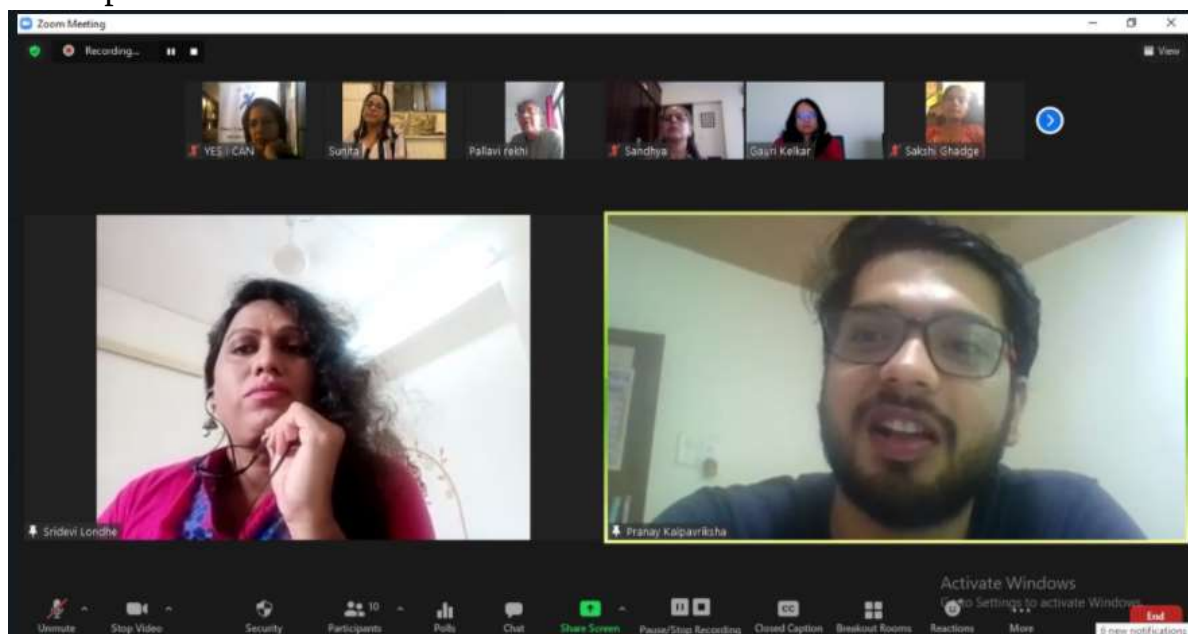


2. Counselling Courses

Yes I Can Foundation conducts certificate course in counselling for all the professionals. The course is suitable for under and Post graduate students, working professionals. This is also suitable for professional social workers who intent to apply counselling skills in their projects, students who like to study psychology as a subject , Parents who like to know more on relationship managements , teachers and professionals from different fields who wish to apply Counselling to succeed in their goals.

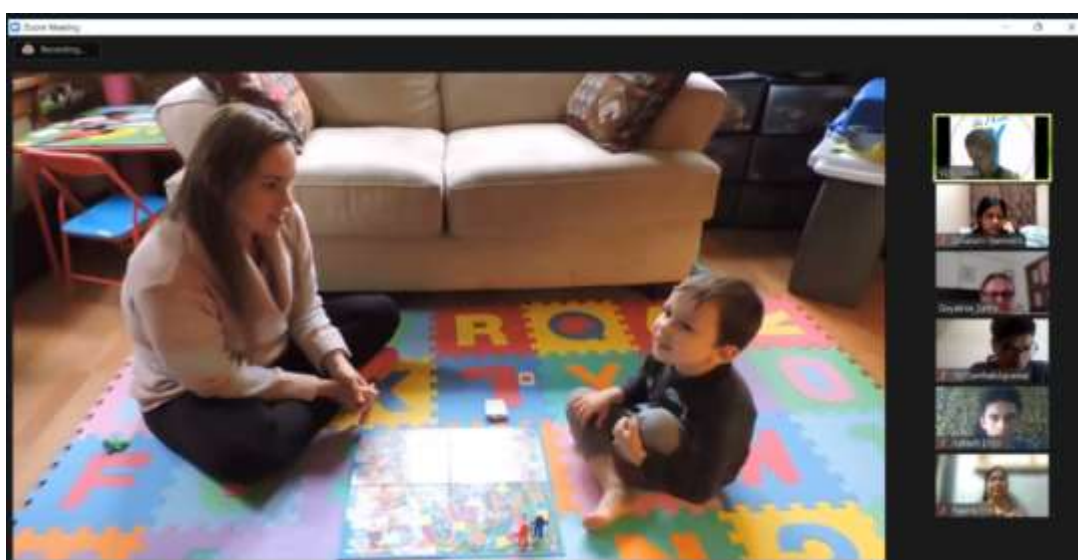
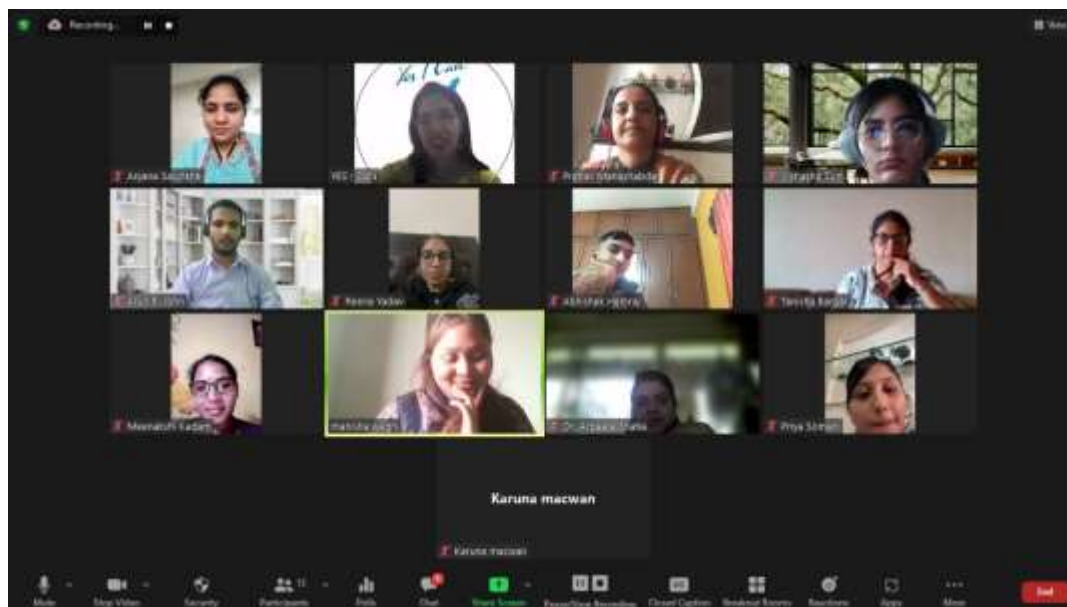
Major take always are

- Meaning of counselling
- Stages of counselling process
- Techniques for effective counselling
- Grief counselling
- Counselling different age groups. So far more than 25 students and professionals are benefitted from this



3. Play Therapy Workshop

This Year the organisation was able to conduct the Play Therapy Workshop on 27th of November 2021. This workshop gave insights for the participants about the play therapy and its efficiency and how to use it for the children to understand the behaviour of the children. The participants were awarded with the certificates from the organisation.



Our Achievements and Awards



Our Founder Ms. Neha Khare received an award for most influential person 2021 in Mumbai - at J. W Marriott. This event hosted by Rabia Patel and attended by many celebrity guests actively involved in social sector. We are proud of this achievement

Book by Author Sunita Shetye is published and inaugurated during this event. Book name is 'Be your own Motivator' and in this book story of our founder Ms. Neha Khare is published. The kindle version of this book is available at Amazon



Scan This QR to get the Kindle Version/ Hard Copy

First Trans Teacher

Ms. Sridevi, the first trans teacher a graduate from Mumbai university. She is associated with the Yes I Can Foundation for the geriatric training. She is the first trainer in geriatrics with Yes I can foundation. Also she is a performer and a makeup artist. The organisation always gives her opportunity to showcase her talents and skills. Recently, foundation has supported her for her higher education. the following article came in a leading newspaper in appreciation to her efforts in adopting online methods to take the class during the covid times

Transgender teaches using online medium

Faisal Tandel

faisal.tandel@india.com

ULHASNAGAR: Santosh Prakash Londe, alias Sridevi, the 37-year-old transgender who became the first to earn a Bachelor of Arts degree from University of Mumbai under the transgender category, has proved that a good education can overcome all obstacles.

After losing the job of teaching the underprivileged students with an NGO during the lockdown, Sridevi approached a school in Ulhasnagar for a job. The school interviewed and appointed her to teach Hindi and Marathi for Classes 7 and 8. She is the first transgender to teach in this school in Ulhasnagar.

Sridevi conducts online classes for the school from her

house in Prabhadevi, Mumbai, for the hindhi Education society school of Ulhasnagar.

In December 2020, Vanaya Foundation had organised an education enrolment programme for the transgender. Sridevi was called as the guest to encourage the community and promote education among them. Sridevi was herself jobless and requested the foundation to provide her a job.

"Sridevi requested for an online teaching job and accordingly we offered her one in our school. Our main aim was to educate and bring forward the transgender community that is lagging in the field," added Rikha Thakur, corporator and founder of Vanaya Foundation.

Sridevi thanked the foundation for giving the job. "Most schools do not employ me due



Sridevi (left), who lost job during the lockdown, teaches students in Ulhasnagar through online.

to the transgender tag. My goal is teaching and am qualified to do the same. Let alone a job, getting a flat or a room in any society is another task. But we manage and have to fight till death

and have to prove that we are also like common people and want to live a life like they do," added Sridevi.

She wants to open a class related to art for transgender in

the future as most of them are interested in make-up, photography and other jobs.

Being the eldest of siblings, Sridevi had many responsibilities since childhood. She said, "My father was an alcoholic. It was common for me and my family to be taunted or bullied by the neighbours and society at large. I decided that the only way to fight this criticism is through education. I kept studying and did my graduation."

Sridevi started taking tuitions at her house to pay for her education. She took tuition during the day and studied at night.

"I first started teaching for the primary section in St. Thomas Mura Thoma school in Malad. Before the lockdown, I was teaching a subject with an NGO in Emmanuel Foundation, Malad (W)."

Cloth donation drive for the transgenders

Yes I can foundation organised cloth distribution drive for the transgenders in the Mumbai City. We got the support form 'Inner Wheel Club Deonar' Mumbai. Because of this support we were able to distribute cloths for more than 50 transgenders in the community and Inner wheel club of Deonar has appreciated us and also mentioned about this in the news letter published by them.

We thank the Inner Wheel Club of Deonar for all the appreciation



Extract form the news letter of Inner wheel Clunb Deonar

Rahul 'ON AIR'

Rahul was very regular with the foundation during the lockdown, especially for the sessions of life skills, communication, and computers. He is a student with autism, he is supported by his parents too. due to his efforts and confidence, he was able chair the program that was conducted by the forum for autism(*Forum For Autism [FFA] is a public trust formed in 2001, registered as a Pubilc Trust and society as a parent body to empathize with each other, understand their concerns and anxiety, fight the common cause. The primary aim of FFA) . and he did a fantastic job and he received appreciation form all. we really wish him best of luck for all his future.*

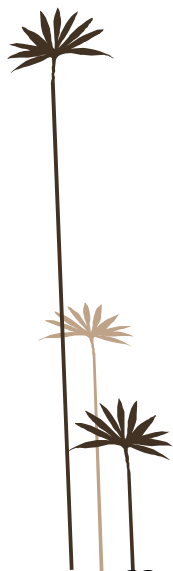


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Our two students namely Siddhi and Pratham (visually challenged) got featured in the newsletter for their struggles and achievements. Siddhi achieved 80% in her SSC and Pratham is professional singer today.



We are happy to share that our transgender students after training of restaurant English and soft skills got their jobs in cafe and we wish best luck to them.



Grandfather of England

While I was at the Blind School in Pune, I was introduced to an organization called "Yes I Can Foundation" by the teachers there.

Yes I Can is an NGO that works to educate children in need, as well as provide a suitable platform.

In the same Yes I Can I got to learn Skill Development, English speaking and many more basics. Through the same group, my skill came to the fore. I love mimicry,

I also enjoyed participating in many online events through that group.

Through Yes I Can I was introduced to an organization called "Maya Care Foundation".

The organization is based in Pune and is now operating in many places in every state and country.



This organization helps elderly people, whether it's for their bank work, to get a plane ticket, to bring some groceries, to provide them with a medical emergency or to chat with them. But more work is being done by volunteers here.

So I got a job that involved talking to an old man.

An English grandfather, his wife died of dementia 2 years ago and he was left alone. His family is large but his wife's trauma was huge. He lives alone in England. He is 87 years old. They felt very lonely at that time because of their close association.

When I found out that I wanted to talk to him, I knew his brief background, so I thought it was okay to talk for half an hour, and since he had spent most of his life in India, he knew Marathi and spoke very well. After the first 7-8 days of simple chats about them and me, I got into the habit of talking to them and talking to them on a daily basis was a great pleasure.

In the crisis in Corona, everyone was remembering their home somewhere, their people were very appreciative of India and they also remembered it.

He was giving me daily updates from England and I from India. When I found out that my grandfather was a pilot at one time, I was still excited to hear that he had travelled to many countries. One of their experiences is captured by me today.

He is also an amazing painter who has painted very beautiful water colour paintings. When they sent it to me on whatsapp, I was shocked to see the Sun Temple of Konark, some Indian buildings and many old temples. I had come to Lonar then and when I told them that Lonar also has such an old temple, there is a lake. They promised me that I would come. I really wanted him to come, but on the one hand, I did not think that the time would come.

And finally the day came which I never thought of .. They sent me a message that I was coming to India and I was very happy. Their planning started 15 days ago and grandfather and his son Arup came to India. From England to Nagpur and from Nagpur to Lonar.

They were accommodated, they were given home-cooked food - Maharashtrian food which is rarely found there.

When they came to our house, they were surprised and appreciative of many things, fresh atmosphere, lemon tree outside, curry tree, spinach, fenugreek, tomato, custard apple trees, cotton trees, old house, school. 200 and we were surprised to hear that.

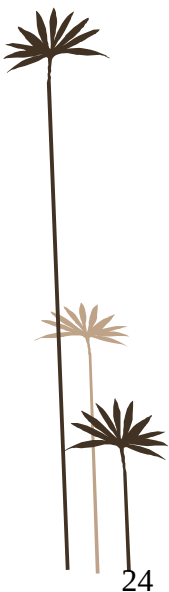
When it was my birthday on 26th February, it was England time.

They gave me an iPhone when they arrived and I couldn't believe it. I have never received such a big gift.

Speaking from a distance of 7 to 8000 kilometres, I never thought that this distance would be reduced so quickly and we would actually meet.

These 2 days will definitely be remembered for a lifetime!

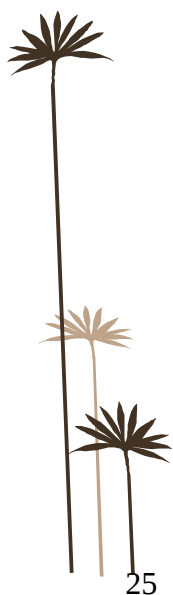
- Chaitanya



My Yes, I can Stories

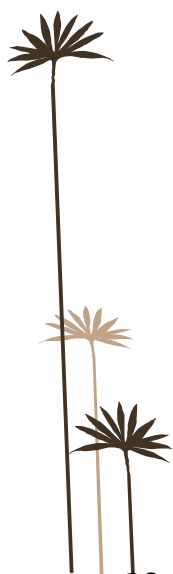
Awantika Pokharkar – a connection with earlier times

Awantika Pokharkar, an enthusiastic member of our WhatsApp Memory Club shares with us her experience. The club that we specially curated for senior citizens to make them feel less isolated during the pandemic seems to have achieved its purpose. She mentions that the tasks given to the members have made her hold a pen and paper and draw something after what seems like forever. The activities are a means through which senior citizens can device some time for themselves, even if it is mere 10 minutes. Furthermore, the club has helped her fight the feeling of being alone as it has introduced the members to people with similar interests all across Maharashtra. She enjoys chatting with her new friends. “The OPDs held every Sunday are the highlight of this club” mentions Awantikaji, referring to our facility most loved by all the members of the club.



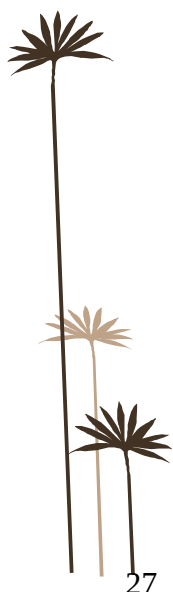
Towards a new direction

Chaitanya has been associated with Yes I Can Foundation since February 2020, like many others he joined us to deal better with the disruption that the Pandemic brought in our lives. His favourite part about the Foundation is the wide variety of classes that we conduct. The teachers who explain things patiently and in such a manner that builds interest is something that he looks forward to every week. He can feel the difference in himself before and after joining the classes, he feels more confident and positive and ready to take on the world. He tells us “My skills and capabilities got a direction due to Yes! I Can Foundation.”



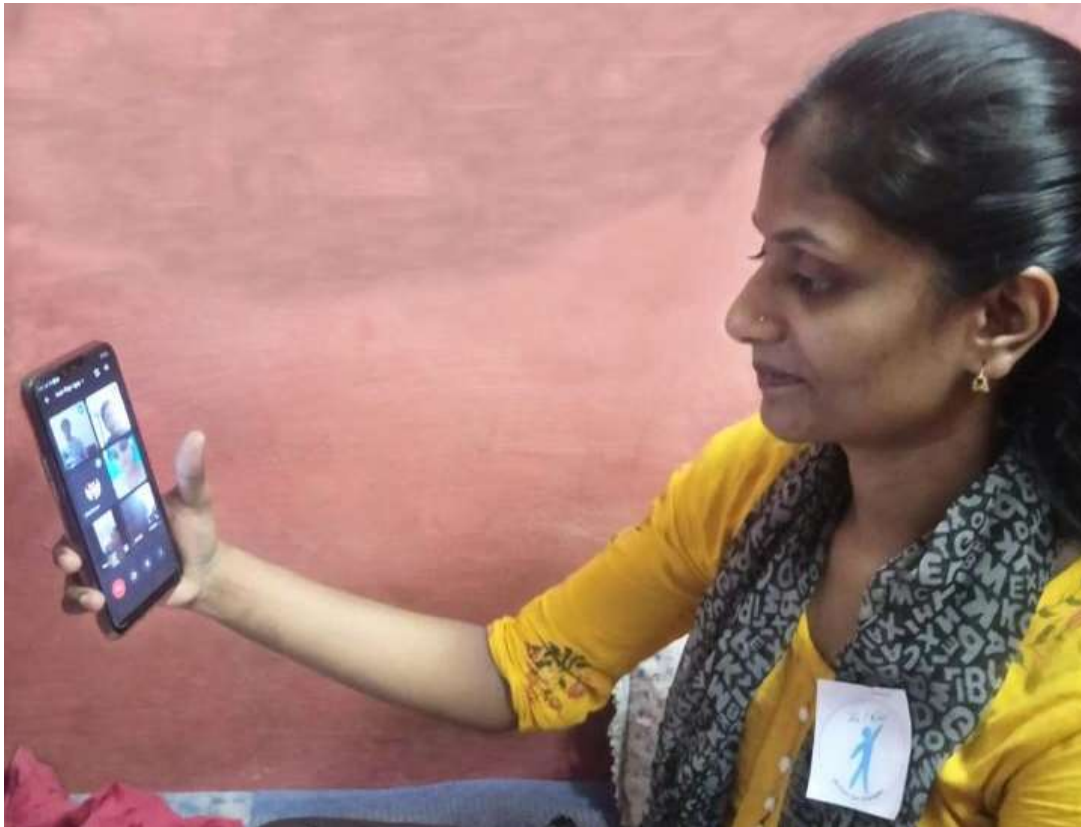
Mr. Jeevan Bhavsar – active even after retirement

Mr. Bhavsar lives an active post retirement life taking part in various activities. One such of his activities is being a diligent participant of our WhatsApp Memory Club. Mr. Bhavsar engages in all tasks enthusiastically and also shares the anecdotes with his family. Even though it has only been a few months since the conception of the group, he considers every member of the group as his extended family and shares an emotional as well as intellectual bond with them. He mentions that the intellectual stimulation that he receives from this group is something that other groups fail to provide. He is especially fond of the weekly OPD taken Dr. Parag, who he says answers all questions with patience and humbleness. He is so impressed with the group that he mentions “I have urged many of my friends to join group and reap the benefits of this beautiful initiative”



Pratiksha

Pratiksha, a masters student of management, was interning with us for 3 months. The flexibility provided by the internship facilitated her to manage her college as well. She describes this experience as something that gave her an exposure to different people and points of view. The internship provided her with an opportunity to connect with people from various walks of life and this what she loves the most. She was a part of the team that handled the WhatsApp Memory Club and her experience with the elderly was nothing but pleasant. She even conducted a few sessions for the geriatric skills class. The time spent with the differently abled taught her a positive outlook towards life. “Their optimism is just contagious” she quotes.



Intern student during online field work with Yes I Can

Diksha Gets Her Wings To Fly

Diksha Hariyan, our 14 year old student, is connected with us since June 2020. She was introduced to our Foundation through an online event and has been an active participant in all our activities ever since. Her most memorable moment with us was when she won the online MasterChef competition. She made effective use of the braille stickers made especially for the kitchen, provided to her by us, during this competition. Being visually impaired, this feat instilled a new confidence in her. She started to believe that there are things that she can do without being dependent on others. Her mother adds that activities with the Foundation, such as like skills classes, English communication classes, and various competitions have given her a purpose in life, that she had lost during the start of the pandemic.

Being a trained classical singer, Diksha enthusiastically sings or plays an instrument for several events of the Foundation. She hopes to build upon this talent of hers and make a future in it.



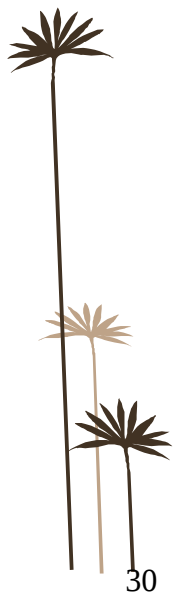
Diksha ready to perform in
our Independence Day



Diksha making oats banana pancakes
for the Master Chef competition, held
by YIC Foundation.

A step towards realising Kunal's dreams

Kunal joined the Foundation in March 2020 at the start of the Pandemic. When the everyone was confined to their houses, Kunal found solace in attending various events and classes conducted by the Foundation. The counselling conducted for special kids and their parents helped him deal with the sudden and extreme change the COVID 19 brought about. Kunal has been religiously attending all classes that help by keeping him busy. He mentions that the English class has done him good by increasing his confidence and facilitating ease of conversation. Kunal's mother talks about how keeping track of all the classes and promptly joining the online sessions has taught him time management. Kunal states that his passion is singing and is inspired by Mahesh Kale to pursuit it as his profession. He thus accepts every opportunity he gets to sing in the events held by the Foundation. Singing in front of several people gives him a different type of satisfaction, instilling courage in himself to follow his dreams.



Sarita Tirumala – Making students believe that they can!

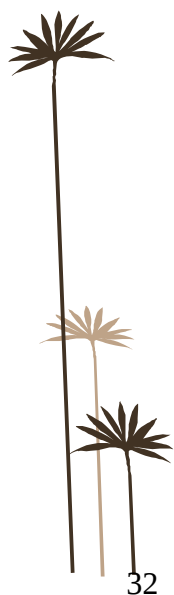
Sarita Tirumalahas been a part of the foundation since its conception days. Working with us since 2014, she has taken part in numerous initiatives of the organisation. Her activities include teaching English at schools to make the children at par with the most urban youth. She was also an active member of the Daan Utsavs. Sarita has been to old age homes and even mentored under privileged children to help them get a step closer to their dreams. She didn't let COVID affect her will to contribute to the society. She engaged herself with online classes and mentoring over the phone. She firmly believes that each drop counts. Especially working with disabled students, she shares that the ability to create gives them the confidence that they can work despite the restrictions of their disability. She mentions that through her encouragement, "The students start believing, "Yes! Even I can"



Sarita volunteering for project Eyes for you as a writer for our blind student.

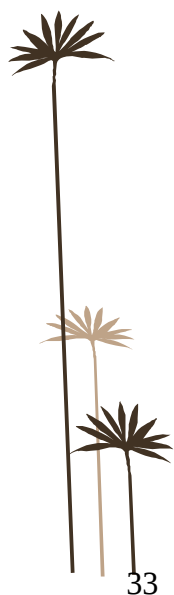
Sarita Nevatia– Helping her daughter find purpose

Sarita Nevatia, the mother of Shruti Nevatia, shares her heartfelt gratitude towards the foundation. Shruti became a part of Yes I Can Foundation in December 2020 and since then her growth has been extremely evident. Mrs. Nevatia was all praises about the organisation's administration especially since Shruti could benefit from all the activities of the Mumbai based foundation, even though she lives in Kolkata. Shruti's mother has seen changes in Shruti like never before. An extremely shy student who fears to take part in conversations due to her slight speech impairment now actively and willingly participates in various competitions. She has taken a liking towards cooking and baking owing to the cooking competition that Yes I Can had conducted. What Mrs. Nevatia is especially fond of is how every three months a new intern brings something new to the table. This helps the students' socialize and understand different people. "We are very grateful for the confidence and independence Shruti has gained, she has realized her worth and has found a purpose," states an overjoyed mother.



Zinnat – A step towards connectivity

Zinnat got to know about the Yes I Can Foundation through one of her school friends who was already a part of the organisation. After learning about its activities, Zinnat lost no further time and became a member in April 2021. She shares with us the range of benefits she has reaped through our activities. She puts to use most of the life skills she learns through the sessions that are conducted once every week. These classes have helped her enhance her life. Her favourite event with the foundation was the session about self-defence for women and the session about jobs suitable for the visually challenged. Especially the latter, that instilled some sort of hope in her heart. Zinnat takes full advantage of the English classes as well to improve her language by leaps and bounds. “Earlier I could only pick out some English words when others spoke. However, thanks to these classes I can now understand the entire content!”



Siddhi – A journey towards social skills

Since Siddhi has joined our organization in August 2020, she has seen major changes in herself. Her journey with us started primarily with counselling, our efforts to help a small portion of disabled population to cope with the changes brought by the Pandemic. Siddhi also avails the benefits of the English skills and Life skills classes by never missing even one of them. This she says has been extremely helpful for her to increase her social skills. She has volunteered to give speeches in the events of the foundation and gained insightful experience. The Foundation has gifted her with a phone, specially equipped for the visually challenged and she says, “The phone has facilitated an easier encounter with the pandemic”



COVID relief work by Yes I Can Foundation

“The world is going through a period of crisis, but whether we look at it as a crisis or as an opportunity to reshape our thinking, depends on us. At Yes I Can we decided to use this period as a lesson on how to live life with a concern for all of humankind.”

Following covid relief projects were undertaken by the foundation during FY 21-22

Accessible technology

As we all know that coping with online education for children was not an easy task during COVID19. And specially for our blind students, it was more difficult to attend online sessions from their schools and colleges.

Foundation provided accessible technology to more then 50 blind students during COVID19 so they can attend their online lectures without compromise.



Vegetable distribution

For project Ashirwad vegetable distribution was organized to ensure that senior citizens nutrition needs are met on time during the uncertainty of pandemic

Cloth Donation drives

Yes I Can team organized cloth donation drives in Mumbai and Navi Mumbai to meet the needs of transgenders and orphanage girls from our project sites.

More than 100 beneficiaries were reached through these drives. Yes I Can team thanks Inner Wheel Club members for all the support for this drive

Grocery and medical kits distribution drive for transgender population

Considering transgenders as the most neglected part in our society specially during the pandemic situation, the organization decided to take extra steps to reach out to them. Grocery kits were organized and distributed to **old transgenders and those who are disabled**. More than 30 transgenders were benefited by this drive .Yes I Can team thanks Inner Wheel Club members for all the support for this drive



How to Connect to Us

Email ID: neha.yesicanfoundation@gmail.com
Website: www.yesicanfoundation.com
Instagram: https://www.instagram.com/yes_i_can_foundation/
Facebook: www.facebook.com/Yes-I-Can-Foundation
Twitter: www.twitter.com/Actionforchang5
Mobile Number: +91 8108559656

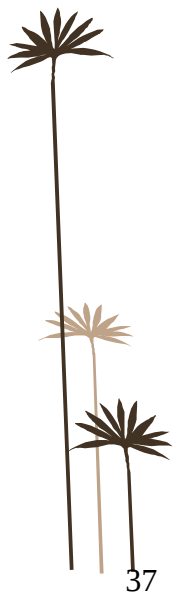
What is in for you

If you are a working professional- You can volunteer and contribute your skills at our projects

If you are a student- Participate in our customized internship programs to learn community work and earn certificate

If you are non for profit - indulge your team with our various capacity building services to scale up your organization

If you are company or individual donor - You can contribute for a cause of your choice for the ongoing project activities.



Special programs undertaken at Yes I Can Foundation

Independence Day Celebration

Foundation celebrated Independence Day with virtual flag hosting and also students performed on patriotic theme. Chief Guest for this program was Admiral Rao, she shared his experiences about Navy and challenges.

Foundation's Anniversary Celebrations

Foundation celebrated its 5th anniversary by organizing the competition for students on the theme 'My dream in Life'. Students were encouraged to express this theme through write ups/ through original song/ composition or drawing. More than 30 students were part of this competition.

Cook to connect competition

Post lock down foundation organized its first onsite event in partnership with Drishti foundation. Competition Cook to Connect was organized to empower visually challenged students in cooking skills. More than 30 students participated in the competition. Students were gifted with Brielle Kitchen Stickers sets to lead them independently work in their kitchens.

Creativity sessions by Yes I Can Team

During second lockdown to boost capacity of the students creativity sessions were organized by Yes I Can team members. These sessions includes art and craft , drawing and colouring sessions.

Summer camp

Virtual summer camp was organized by the foundation that included virtual world tour for students, workshop on best out of waste, storytelling session and quiz on theme My India.

Social inclusion

Yes I Can Foundation with Diageo Company organized a social inclusion event where our transgender student was invited to interact with office employees. This program aimed at overcoming biases and helping employees in creating an inclusive society by accepting

diversity. Our transgender student also visited project Ashirwad – in the old age home to greet senior citizens to overcome biases.

Yoga challenge

On the occasion of yoga Day month – June 2021, Yoga challenge competition was organized by the foundation where every week yoga pose was shared and students were encouraged to perform the same. At the end winners of this challenge were felicitated by health expert.

Ganpati Festival celebrations

Foundation celebrated Ganpati festival with students where students were encouraged to make eco-friendly Ganpati and more awareness about environmentally friendly Ganpati Celebration.

Training programs

As a part of Foundation's capacity building wing, various training programs were organized during the year FY 21-22 they are

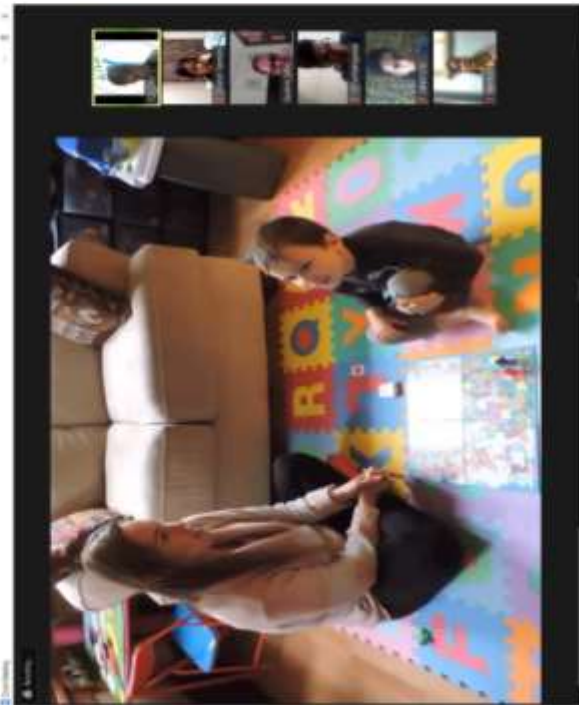
- ✚ **Smartphone film making workshop-** participants were trained in making a short film using Smartphone

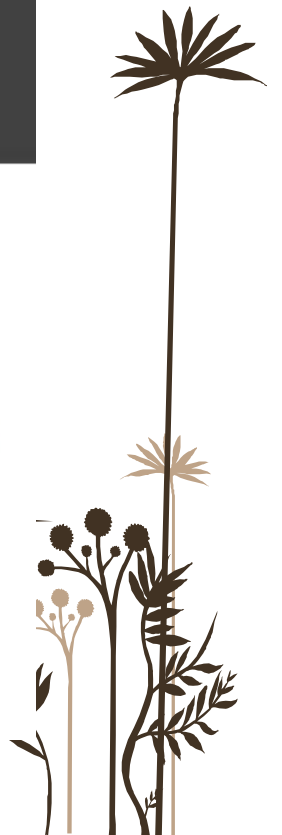
Films made by participants are available on the You Tube channel of the foundation

- ✚ **Smartphone photography workshop-** Participants were trained in capturing quality pictures using Smartphone.
- ✚ **Mental health and BhagvatGeeta-** Workshop focuses on how to use teachings of Bhagvat Geeta to boost mental health
- ✚ **Counselling techniques** – 3 batches of certificate course in basic counselling was organized by the foundation.
- ✚ **Geriatric caregiving skills**– 4 batches of geriatric care giving skills were organized by the foundation to empower participants to take care of senior citizens from physical and mental health perspective.
- ✚ **Play therapy workshop-** Participants were oriented with play therapy techniques and utilization in practical aspects.

More than 50 participants participated in these certificate training workshops

Yes I Can Special Events







ANNUAL HIGHLIGHTS 2021-2022



**Yes I Can
-
They Did It**