

## Annual Syllabus Planning for Academic Year 2023-2024 Month Wise Syllabus Class - VII

### Subject - English

Book – 1) Honeycomb - Textbook in English (NCERT)  
 2) An Alien Hand - Supplementary Reader (NCERT)  
 3) English Grammar -

| Sr. No. | Month    | Days | Chap. No.   | Lesson Title                       | Name of the Activity   | Material Required          | Page No. |
|---------|----------|------|-------------|------------------------------------|------------------------|----------------------------|----------|
| 1       | Apr. 23  | 21   | Prose       | 1. Three Questions                 |                        |                            | 7-16     |
|         |          |      | Poem        | 1. The Squirrel                    | Ten amazing facts      | Paper, pen                 | 17       |
|         |          |      | S.R.        | 1. The Tiny Teacher                |                        |                            | 1-6      |
|         |          |      | Grammar     |                                    | Types of Sentences     | Paper, pen                 | 7-17     |
|         |          |      |             |                                    |                        |                            | 18-30    |
|         |          |      |             |                                    |                        |                            | 31-34    |
|         |          |      | Composition |                                    |                        |                            | 141-142  |
| 2       | Jun 23   | 16   | Prose       | 3. Gopal and the Hilsa Fish        |                        |                            | 36-47    |
|         |          |      | Poem        | 2. The Rebel                       | Drama                  |                            | 33-35    |
|         |          |      | Grammar     |                                    |                        |                            |          |
|         |          |      |             |                                    |                        |                            |          |
|         |          |      | Composition |                                    |                        |                            |          |
| 3       | July 23  | 24   | Poem        | 3. The Shed                        | Card Making            | A4 Size paper, sketch pens | 48-49    |
|         |          |      | S.R.        | 2. Bringing up Kari                |                        |                            | 7-14     |
|         |          |      | Grammar     |                                    |                        |                            |          |
|         |          |      |             |                                    |                        |                            |          |
|         |          |      | Composition |                                    |                        |                            |          |
| 4       | Aug. 23  | 22   | Prose       | 4. The Ashes that made Trees Bloom | Role Play              |                            | 55-68    |
|         |          |      | Poem        | Chivvy                             |                        |                            | 69-70    |
|         |          |      | S.R.        | 3. The Desert                      |                        |                            | 15-19    |
|         |          |      | Grammar     |                                    |                        |                            |          |
|         |          |      |             |                                    |                        |                            |          |
|         |          |      | Composition |                                    |                        |                            | 153-155  |
| 5       | Sept. 23 | 16   | Prose       | 5. Quality                         |                        |                            | 71-82    |
|         |          |      |             | 6. Expert Detectives               | Story Telling          |                            | 85-96    |
|         |          |      | S.R.        | 5. Golu Grows a Nose               |                        |                            | 30-35    |
|         |          |      | Grammar     |                                    |                        |                            |          |
|         |          |      | Composition |                                    |                        |                            |          |
| 6       | Oct. 23  | 21   | Prose       | 7. The Invention of Vita Wonk      |                        |                            | 99-106   |
|         |          |      | Poem        | 6. Mystery of the Talking Fan      | Poem                   | Paper, pen                 | 97-98    |
|         |          |      | Grammar     |                                    |                        |                            |          |
|         |          |      |             |                                    |                        |                            |          |
|         |          |      | S.R.        | 7. Chandni                         | Draw & Write           | A4 Size paper, Sketch pen  | 43-51    |
| 7       | Nov. 23  | 13   | S.R.        | 8. The Bear Story                  |                        |                            | 52-57    |
|         |          |      | Grammar     |                                    |                        |                            |          |
| 8       | Dec. 23  | 19   | Prose       | 8. Fire : Friend and Foe           |                        |                            | 114-122  |
|         |          |      | Poem        | 9. Garden Snake                    | PPT on types of Snakes |                            | 137-138  |
|         |          |      | Grammar     |                                    |                        |                            |          |

|    |         |    |             |                          |                         |  |         |
|----|---------|----|-------------|--------------------------|-------------------------|--|---------|
|    |         |    | Composition |                          |                         |  |         |
| 9  | Jan. 24 | 23 | Prose       | 10. The Story of Cricket | PPT on favourite sports |  | 139-151 |
|    |         |    | S.R.        | 9. A Tiger in the House  |                         |  | 58-65   |
|    |         |    | Grammar     |                          |                         |  |         |
|    |         |    |             |                          |                         |  |         |
|    |         |    | Composition |                          |                         |  |         |
| 10 | Feb. 24 | 21 | Poem        | 8. Meadow Surprises      |                         |  | 123-125 |
|    |         |    | S.R.        | 10. An Alien Hand        |                         |  | 66-74   |
|    |         |    | Grammar     |                          |                         |  |         |
|    |         |    |             |                          |                         |  |         |
|    |         |    |             |                          |                         |  |         |

## Class – VII

### Subject:- English

Book – 1) Honeycomb - Textbook in English (NCERT)  
 2) An Alien Hand - Supplementary Reader (NCERT)  
 3) English Grammar –

| Sr. No. | Term | Work sheet No. | Date                         | Day           | Chap. No                                 | Chapter Name                                                                                         | No. of Working Days           |
|---------|------|----------------|------------------------------|---------------|------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------|
| 1.      | I    | FA-1           | 14.06.2024                   | Friday        | Prose<br>Poem<br>S.R.<br>Grammar         | 1.Three Questions<br>1. The Squirrel<br>1. The Tiny Teacher                                          | April 21<br>June 10           |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 31                    |
| 2.      | I    | FA-2           | 16.07.2024                   | Tuesday       | Prose<br>Poem<br><br>S.R.<br><br>Grammar | 3. Gopal and the Hilsa Fish<br>2. The Rebel<br>3. The shed<br>2.Bringing up Kari                     | June 6<br>July 15             |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 21                    |
| 3.      | I    | SA-1           | 27.09.2024                   | Wednesd<br>ay | Prose<br>Poem<br><br>S.R.<br><br>Grammar | 4. The Ashes that made Trees Bloom<br>4.Chivvy<br>5.Quality<br>3.The Desert<br>5.Golu grows a nose   | July 09<br>Aug. 22<br>Sep. 08 |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 39                    |
| 4.      | II   | FA-3           | 19/11/2024                   | Tuesday       | Prose<br>Poem<br><br>S.R.<br><br>Grammar | 6. Expert Detectives<br>7. The Invention of Vita Wonk<br>6. Mystery of the Talking Fan<br>7. Chandni | Sep. 08<br>Oct. 21<br>Nov. 07 |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 36                    |
| 5.      | II   | FA-4           | 10.01.2025<br><br><b>(3)</b> | Friday        | Prose<br>Poem<br>S.R.<br><br>Grammar     | 8. Fire : Friend and Foe<br>9. Garden Snake<br>8. The Bear Story<br>9. A Tiger in the House          | Nov. 06<br>Dec. 19<br>Jan. 04 |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 29                    |
| 6       | II   | SA-2           | 10.03.2025                   | Monady        | Prose<br>Poem<br>S.R.<br><br>Grammar     | 10. The Story of Cricket<br>9. A Tiger in the House<br>8. Meadow Surprises<br>10. An Alien Hand      | Jan. 19<br>Feb. 21<br>Mar. 02 |
|         |      |                |                              |               |                                          |                                                                                                      | Total = 42                    |
|         |      |                |                              |               |                                          |                                                                                                      | Mar. 20                       |

**Class – VII**  
**Subject:- Science**

Books : NCERT

| Sr. No. | Month   | Days | Ch. No. | Lesson Title                                           | Name of the Activity       | Material Required                                                               | PageNo. |
|---------|---------|------|---------|--------------------------------------------------------|----------------------------|---------------------------------------------------------------------------------|---------|
| 1       | Apr. 24 | 21   | 1       | Nutrition in Plants                                    | -                          | -                                                                               | 5-10    |
|         |         |      | 2       | Nutrition in Animals                                   | -                          | -                                                                               | 11-23   |
|         |         |      | 3       | Fibre to Fabric                                        | College Making Activity    | Pieces of different fabric, A4 size paper, Glue                                 | 24-34   |
| 2       | June 24 | 16   | 4       | Heat and its Effects                                   | -                          | -                                                                               | 35-48   |
|         |         |      | 5       | Acids, Bases and Salts                                 | Magic of Turmeric          | Turmeric, alcohol, A4 size paper, soap solution, salt solution, sugar solution. | 49-57   |
| 3       | July 24 | 24   | 6       | Physical and Chemical Changes                          | -                          | -                                                                               | 85-67   |
|         |         |      | 7       | Weather, Climate and Adaptations of Animals to Climate | -                          | -                                                                               | 68-79   |
| 4       | Aug. 24 | 22   | 8       | Winds, Storms and Cyclones                             | Anemometer Making Activity | 4 Paper cups, Card board strips, staple machine.                                | 80-96   |
|         |         |      | 9       | Soil                                                   | -                          | -                                                                               | 97-107  |
| 5       | Sep. 24 | 16   | 10      | Respiration in Organisms                               | -                          | -                                                                               | 108-120 |
|         |         |      | 11      | Transportation in Animals and Plants                   | -                          | -                                                                               | 121-132 |
| 6       | Oct. 24 | 21   | 12      | Reproduction In Plants                                 | Dissection of Flower       | Hibiscus flower, A4 size paper, glue.                                           | 133-142 |
|         |         |      | 13      | Time and Motion                                        | -                          | -                                                                               | 143-159 |
| 7       | Nov. 24 | 13   | 14      | Electric Current and its Effects                       | Poster Making Activity     | A3 size paper, watercolours, crayons.                                           | 160-173 |
| 8       | Dec. 24 | 19   | 15      | Light                                                  | -                          | -                                                                               | 174-192 |
| 9       | Jan. 25 | 23   | 16      | Water (4) Precious Natural Resource                    | -                          | -                                                                               | 193-205 |
|         |         |      | 17      | Forests: Our Lifeline                                  | Collage Making Activity    | Pictures of forests, A4 size paper, glue.                                       | 206-219 |
| 10      | Feb. 25 | 21g  | 18      | Wastewater Story                                       | -                          | -                                                                               | 220-230 |
| 11      | Mar. 25 | 22   |         | Revision                                               | -                          | -                                                                               | -       |

**Class – VII**  
**Science - Science**

Books : Revised Mastering Science Integrated with Environmental Education - 3  
(Cordova)

| Sr. No. | Term | Worksheet | Date     | Day | Ch. No. | Lesson Title                                         | No. Of Days |
|---------|------|-----------|----------|-----|---------|------------------------------------------------------|-------------|
| 1       | I    | FA-1      | 19/06/24 | Wed | 1       | Nutrition in plants                                  | Apr. 21     |
|         |      |           |          |     | 2       | Nutrition In Animals                                 | June 07     |
|         |      |           |          |     | 3       | Fiber to Fabric                                      | Total 28    |
| 2       | I    | FA-2      | 20/07/24 | Mon | 4       | Heat and it's effects                                | July 09     |
|         |      |           |          |     | 5       | Acids, bases and salts                               | Aug. 14     |
|         |      |           |          |     | 6       | Physical and Chemical Changes                        | Total 23    |
| 3       | I    | SA-1      | 25/09/24 | Wed | 7       | Weather, climate and Adaptation of Animal to climate | July 10     |
|         |      |           |          |     |         | Wind, Storm and Cyclones                             | Aug. 22     |
|         |      |           |          |     | 8       | Soil including FA-1 and FA-2 Syllabus                | Sep. 12     |
|         |      |           |          |     | 9       |                                                      | Total 44    |
| 4       | II   | FA-3      | 22/11/24 | Mon | 10      | Respiration in organisms                             | Sep. 04     |
|         |      |           |          |     | 11      | Transportation in animals and plants                 | Oct. 21     |
|         |      |           |          |     | 12      | Reproduction in plants                               | Nov. 6      |
|         |      |           |          |     |         |                                                      | Total 32    |
| 5       | II   | FA-4      | 07/01/25 | Mon | 13      | Time and Motion                                      | Nov. 07     |
|         |      |           |          |     | 14      | Electric Current and its effects                     | Dec. 19     |
|         |      |           |          |     | 15      | Light                                                | Jan. 4      |
|         |      |           |          |     |         |                                                      | Total 20    |
| 6       | II   | SA-2      | 07/03/25 | Sat | 16      | Water : A precious Natural Resource                  | Jan. 19     |
|         |      |           |          |     | 17      | Forest our Lifeline                                  | Feb. 21     |
|         |      |           |          |     | 18      | Wastewater story including FA3 & FA-4                | Mar. 05     |
|         |      |           |          |     |         |                                                      | Total 45    |

**Class- VII**  
**Subject:- Science (Practical)**

Book : Activity Plus in Science Full Marks

Pvt. Ltd.

Author : Dr. Hansraj Modi

| Sr. No. | Month    | Days of Month | Prac.No. | Aim of Practical Activity                                                                       | Page No. |
|---------|----------|---------------|----------|-------------------------------------------------------------------------------------------------|----------|
| 1.      | Apr. 24  | 21            | 1.2      | To study the saprotrophic mode of nutrition in growing fungus.                                  | 09       |
|         |          |               | 3.2      | To study the characteristics of cotton, silk, wool and nylon fibres.                            | 17       |
|         |          |               | 4.2      | To show that heat travels through metals by conduction.                                         | 20       |
| 2.      | June 24  | 16            | 4.3      | To show that heat transfer in water is due to convection.                                       | 21       |
|         |          |               | 5.1      | To test the acidic or basic nature of different solutions by using red and blue litmus paper.   | 27       |
|         |          |               | 5.3      | To test the acidic or basic nature of the given solutions by using the China rose as indicator. | 29       |
| 3.      | July 24  | 24            | 5.4      | To study the effect of acid on natural and synthetic indicators.                                | 30       |
|         |          |               | 5.5      | To study the effect of base (alkali) on natural and synthetic indicators.                       | 31       |
| 4.      | Aug. 24  | 22            | 5.6      | To show the process of neutralisation.                                                          | 32       |
|         |          |               | 6.2      | To study the reaction between vinegar and baking soda.                                          | 36       |
|         |          |               | 8.2      | To show that high speed winds are accompanied by reduced air pressure                           | 46       |
| 5.      | Sept. 24 | 16            | 8.3      | To show that air expands on heating and contracts on cooling.                                   | 47       |
|         |          |               | 8.4      | To show that hot air is lighter than cold air.                                                  | 48       |
| 6.      | Oct. 24  | 21            | 9.2      | To determine the percentage of water absorbed by various soils.                                 | 53       |
|         |          |               | 9.3      | To exhibit presence of water in soil.                                                           | 55       |
| 7.      | Nov. 24  | 13            | 11.2     | To show the transportation of water through cells.                                              | 66       |
| 8.      | Dec. 24  | 19            | 12.3     | To study natural methods of vegetative propagation, as in ginger rhizome.                       | 71       |
|         |          |               | 13.1     | To determine the time period of a simple pendulum.                                              | 74       |
| 9.      | Jan. 25  | 23            | 14.3 (6) | To prepare an electromagnet                                                                     | 82       |
|         |          |               | 15.1     | To study the nature of images formed by curved reflecting surfaces                              | 86       |
|         |          |               | 15.3     | To demonstrate that sunlight is made up of seven colours.                                       | 88       |

# Annual Syllabus Planning for Academic Year 2023-2024 Month Wise Syllabus

## Class – VII

### Subject: - Social Studies

Book: Social Science NCERT – 1. Our Pasts – II  
2. Our Environment - II  
3. Social and Political Life - II

| Sr. No. | Month    | Days | Ch. No. | Lesson Title                                                                              | Name of the Activity                                                                         | Material Required                                                            | PageNo.  |
|---------|----------|------|---------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------|
| 1       | April 24 | 21   | His.    | 1. Introduction: Changes Through a Thousand Years                                         |                                                                                              |                                                                              | 1 – 15   |
|         |          |      | Geo.    | 1. Environment                                                                            |                                                                                              |                                                                              | 1 -6     |
|         |          |      | SPL.    | 1. On Equality                                                                            | Report writing on Midday Meal / Scheme                                                       | A4 Sheets, Colours & decorative materials, File, Colour pictures, Glue.      | 2 – 9    |
| 2       | June 24  | 16   | His.    | 2. Kings and Kingdoms                                                                     |                                                                                              |                                                                              | 16 – 29  |
|         |          |      | SPL.    | 2. Role of Government in Health                                                           |                                                                                              |                                                                              | 12 – 23  |
|         |          |      | Geo.    | 2. Inside Our Earth                                                                       | Layers of the Earth                                                                          | Cardboard, Colour & Decorative Materials.                                    | 7 – 11   |
| 3       | July 24  | 24   | His.    | 3. Delhi: 12 <sup>th</sup> to 15 <sup>th</sup> Century                                    |                                                                                              |                                                                              | 30 – 38  |
|         |          |      | Geo.    | 3. Our Changing Earth                                                                     |                                                                                              |                                                                              | 12 – 19  |
|         |          |      | SPL.    | 3. How the State Government Works                                                         | Flow Chart: Administrative Structure of State Government.                                    | A4 size paper / Chart paper, colours & decorative materials.                 | 24 – 34  |
| 4       | Aug 23   | 22   | His.    | 4. The Mughals 16 <sup>th</sup> to 17 <sup>th</sup> Century                               |                                                                                              |                                                                              | 39 – 48  |
|         |          |      | Geo.    | 4. Air                                                                                    |                                                                                              |                                                                              | 20 – 29  |
| 5       | Sep 23   | 16   | -       | Revisions                                                                                 | -                                                                                            | -                                                                            | -        |
| 6       | Oct 23   | 21   | His.    | 5. Tribes, Nomads & Settled Communities.                                                  | Collage Making: Tribes of India                                                              | Chart paper, Colours & Decorative Items, Colour Pictures of Indian Tribes.   | 49 – 60  |
|         |          |      | SPL.    | 6. Understanding Media                                                                    | Picture Book: Counting the number of advertisements in a newspaper                           | News Advertisements, A4 Sheets, Colours & Decorative Items, Decorative Items | 64 – 73  |
|         |          |      | Geo.    | 5. Water                                                                                  |                                                                                              |                                                                              | 30 – 38  |
| 7       | Nov 23   | 13   | His.    | 6. Devotional paths to the Divine                                                         |                                                                                              |                                                                              | 61 – 78  |
|         |          |      | Geo.    | 6. Human Environment Interactions: The Tropical & the Subtropical Regions                 | Collect handicrafts made of jute, Bamboo and Silk make a table of area which they belong to. | Handicrafts of Jute, Bamboo and Silk.                                        | 39 – 48  |
| 8       | Dec 23   | 19   | SPL.    | 7. Markets Around Us                                                                      |                                                                                              |                                                                              | 76 – 85  |
|         |          |      | Geo.    | 7. Life in Deserts                                                                        | Picture Book Activity                                                                        | Pictures of Deserts and Animals, Colours & Decorative Materials, A4 Sheets.  | 49 – 55  |
| 9       | Jan 24   | 23   | His.    | 7. The Making of Regional Cultures                                                        |                                                                                              |                                                                              | 79 – 93  |
|         |          |      | SPL.    | 8. A Shirt in the Market                                                                  |                                                                                              |                                                                              | 86 – 96  |
| 10      | Feb 24   | 21   | His.    | 8. Eighteen Century Political Formations                                                  |                                                                                              |                                                                              | 94 - 100 |
|         |          |      | SPL.    | <b>Unit Three: Gender</b><br>4. Growing up as Boys and Girls<br>5. Women Change the World |                                                                                              |                                                                              | 36 – 48  |
| 11      | Mar 24   | 22   |         |                                                                                           |                                                                                              |                                                                              |          |

# Annual Syllabus Planning for Academic Year 2023-2024 Month Wise Syllabus

## Class – VII

### Subject: - Social Science

Books: Social Science NCERT – 1. Our Pasts – II  
2. Our Environment - II  
3. Social and Political Life - II

| Sr. No. | Term | Work sheet No. | Date                | Day  | Chap.No                                 | Chapter Name                                                                                                                                                                                                            | No. of Working Days           |
|---------|------|----------------|---------------------|------|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| 1.      | I    | FA-1           | 20.06.24            | Thu. | His.<br><br>Geo.<br>SPL                 | 1. Introduction: Changes Through a Thousand Years.<br><br>1. Environment<br>1. On Equality                                                                                                                              | April 21<br>June 08           |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 29                    |
| 2.      | I    | FA-2           | 22.07.24            | Mon. | His<br><br>Geo<br><br>SPL               | 2. Kings and Kingdoms<br><br>2. Role of Government in Health<br><br>2. Inside Our Earth                                                                                                                                 | June 10<br>July 16            |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 26                    |
| 3.      | I    | SA-1           | 27.09.24            | Fri. | His<br>Geo<br>SPL<br>His<br>Geo         | 3. Delhi: 12 <sup>th</sup> to 15 <sup>th</sup> Century<br>3. Our Changing Earth<br>3. How the State Government Works<br>4. The Mughals 16 <sup>th</sup> to 17 <sup>th</sup> Century<br>4. Air<br><br>FA1 + FA2 Syllabus | July 10<br>Aug. 22<br>Sep. 11 |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 43                    |
| 4.      | II   | FA-3           | 25.11.24            | Mon. | His.<br>Geo.<br>SPL                     | 5. Tribes, Nomads & Settled Communities.<br>5. Water<br>6. Understanding Media                                                                                                                                          | Sep. 10<br>Oct. 21<br>Nov. 02 |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 33                    |
| 5.      | II   | FA-4           | 13.01.24<br><br>(8) | Mon. | His.<br>Geo.<br><br>SPL.                | 6. Devotional paths to the Divine<br>6. Human Environment Interactions: The Tropical & the Subtropical Regions.<br>7. Markets Around Us                                                                                 | Nov. 08<br>Dec. 19<br>Jan. 09 |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 36                    |
| 6       | II   | SA-2           | 10.03.24            | Mon. | Geo<br>His<br><br>SPL<br>His<br><br>SPL | 7. Life in Deserts<br>7. The Making of Regional Cultures<br>8. A Shirt in the Market<br>8. Eighteen Century Political Formations<br>4. Growing up as Boys and Girls<br>5. Women Change the World<br>FA3 + FA4 Syllabus  | Jan. 19<br>Feb. 21<br>Mar. 03 |
|         |      |                |                     |      |                                         |                                                                                                                                                                                                                         | Total = 43                    |
|         |      |                |                     |      |                                         | SA 2 to 31 <sup>st</sup> March 2024                                                                                                                                                                                     | Mar. 22                       |

**Annual Syllabus Planning for Academic Year 2024-2025, Month Wise**

**Syllabus**

**Class – VII, Term - I &**

**II**

**Subject: - Music**

| Sr.No | Month          | days      | Lesson Title                                                                                                                                                                                                     |
|-------|----------------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1     | April 2024     | 21        | Basic Alankar & Alankar 1 to 8<br>National Anthem (With Proper Pronunciation)<br>National Song (With Proper Pronunciation)<br>State Song of Maharashtra (With Proper Pronunciation)<br>Revision of Daily Prayers |
| 2     | June 2024      | 16        | Prayer: Tu Buddhi De Tu Tej De<br>Definitions: Music, Alankar, Aaroh-Avroh, Octave, Raag, Taal, Tone, Melody, Pitch, Scale                                                                                       |
| 3     | July 2024      | 24        | Pasaydaan (With Meaning)<br>Taal: Rupak                                                                                                                                                                          |
| 4     | August 2024    | 22        | Ganesh Vandana: Omkar Pradhaan Rup Ganeshache                                                                                                                                                                    |
| 5     | September 2024 | 16        | 3 D Model of My Favorite Instrument<br>Welcome Song : Shubham Swagatam                                                                                                                                           |
| 6     | October 2024   | 21        | Rayat Geet With Rhythm<br>Song: Vaishnava Janato                                                                                                                                                                 |
| 7     | November 2024  | 13        | Devotional Song: Vishnav Jan<br>Diwali Song                                                                                                                                                                      |
| 8     | December 2024  | 19<br>(9) | Bhajan : Payoji Maine Raam Ratan                                                                                                                                                                                 |
| 9     | January 2025   | 23        | Patriotic Song: Jay Bharat Jay Bharat<br>Marathi Motivational Song : Shur Aamhi Sardar                                                                                                                           |
| 10    | February 2025  | 21        | What Is Music in detail (Singing-Dance-Instrument Playing)                                                                                                                                                       |
| 11    | March 2025     | 22        | Complete Revision                                                                                                                                                                                                |

**Annual Syllabus PlanningforAcademicYear2024-2025, Month Wise Syllabus**

**Class– VII**

**Subject: -Physical Education**

| <b>Sr. No.</b> | <b>Month</b>        | <b>LessonTitle</b>       |
|----------------|---------------------|--------------------------|
| 1              | April2024           | Lazim                    |
| 2              | June2024            | Chess                    |
| 3              | July2024            | Carrom                   |
| 4              | August2024          | Football                 |
| 5              | September2024       | Langadi                  |
| 6              | October2024         | Volley Ball              |
| 7              | November2024        | March Pass & Mass PT     |
| 8              | December2024        | Sports day game practice |
| 9              | January2025<br>(10) | Langadi Skipping jump    |
| 10             | February2025        | Cricket                  |
| 11             | March<br>2025       | Passing ball game        |