

DIAGNOSIS & CLASSIFICATION OF PSYCHOLOGICAL DISORDERS

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- Psych. Disorders are disturbances of:
COGNITION (thought) & / Or
CONATION (action) & / Or
AFFECT (Emotion, feeling) Or
Any Disequilibrium bet. these three
- Syndrome: a group of symptoms & signs that often occur together & delineate a recognizable clinical condition.
- Syndromal Classification for a large majority of Psychiatric disorders – no distinct Etiology known at present

Purpose of Classification

1. Enable Communication
2. Facilitate Comprehension
3. Aid Prediction of Prognosis

Organic v/s Functional Psychiatric Disorders

Organic

Due to a demonstrable cerebral disease i.e. change in brain anatomy along with change in brain physiology is seen



Delirium
Dementia
Amnestic Syndromes

Functional

no clearly demonstrable cerebral disease i.e. No change in brain anatomy ; only change in brain physiology is demonstrable



Schizophrenia
Anxiety disorders
Depression
Mania

Psychosis v/s Neurosis

Psychiatric Disorders

Psychosis

Severe mental illness



Schizophrenia
Schizophreniform disorder
Delusional disorder
Brief psychoses
Shared Psychoses

Neurosis

Mild to moderate mental illness



Anxiety disorders
Impulse control disorders
Eating disorders
Dissociative disorders
Somatoform disorders
Psychosomatic Disorders
Adjustment Disorders

Classifications

- Functional V/S Organic – Redundant
- **ICD- 10** (WHO-1992)
Mental & Behavioural disorders
Chapter F: F00-F99
- **DSM–IV TR** (text revision 2000) Multi Axial
 - Axis I: Primary Psych.Syndrome,V codes
 - Axis II: Personality Dis., MR – if any
 - Axis III: Associated Medical disorder/ condition
 - Axis IV: PsychoSocial Problem / Stressor, if any
+ve or –ve, IN primary support group, social, occupational, educational, housing, economical
 - Axis V : GAF (0-100) Current, highest level past year,...

DSM IV-TR...

- NOS
- If Criteria currently met – mention Severity
 - MILD
 - MODERATE
 - SEVERE
- If criteria not met
 - In Partial Remission
 - In Full Remission
 - Prior History

Disorders Usually first evident in Infancy, Childhood, Adolescence

- Mental Retardation
- Academic Skills Dis.— Learning Disorders
- Motor skills Dis.
- Communication Dis.
- Pervasive Developmental Dis. e.g.. Autism
- Attention deficit & Disruptive Beh. Dis. ADHD, Conduct
- Feeding & Eating Dis e.g. Pica, Anorexia
- Tic Disorders
- Elimination Disorders e.g. Enuresis, Encopresis
- Others- Separation Anxiety, Attachment disorders

Neurodevelopmental disorders

DSM-5

- Intellectual Disabilities
- Communication Disorders
- Autism Spectrum Disorders
- ADHD
- Specific Learning Disorders
- Motor Disorders
- Other Neurodevelopmental Disorders

Schizophrenia Spectrum & Other Psychotic Disorders

- Schizotypal (personality) Disorders
- Delusional Disorder
- Brief Psychotic Disorder
- Schizophreniform Disorder
- Schizophrenia
- Schizoaffective disorder
- Substance/medication Induced Psychotic
- Psychotic dis. Due to another Medical
- Catatonia associated with another medical
- Catatonic dis. Due to another med...
- Unspecified Catatonia
- Others

Organic Mental Disorders

Neurocognitive Disorders(DSM-5)

- Delirium
- Dementias (Major or mild neurocognitive disorders) - e.g. Alzheimer's, Vascular, HIV, Picks (FT), Huntington's, C-J
- Amnestic Disorders
- OMD due to general medical condition
Catatonia, Personality change, stress

Substance Related Disorders

➤ Substance Use Dis. (SUD)

Subst. Abuse / Dependence

Substance Induced Disorders

- Alcohol Related Dis
- Caffeine
- Cannabis
- Opioid
- Hallucinogen
- Sedative, Hypnotic, Anxiolytic, Antihist
- Poly SUD
- Amphetamine
- Nicotine
- Cocaine
- Inhalant
- Phencyclidine
- Others

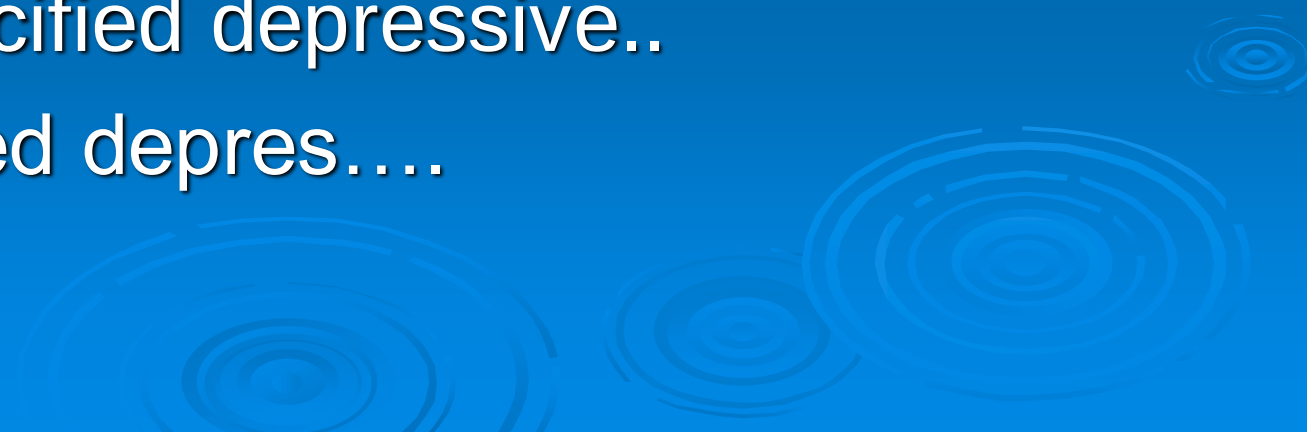
Schizophrenia & other Psychotic disorders

- Brief Psychotic Dis.
- Schizophreniform Dis.
- Schizophrenia.
- Delusional Dis.
- Schizo affective Dis.
- Shared Psychotic Dis.
- Psychotic Dis. due to Gen. medical condition
- Psychotic Dis. NOS

Bipolar & Related Disorders

- **Bipolar I Disorder**
- **Bipolar II Disorder**
- **Cyclothymic Disorder**
- **Substance induced**
- **Due to another med condition**
- **Specify current or most recent episode**

Depressive Disorders

- Disruptive Mood Dysregulation Disorder
 - MDD – Single, Recurrent
 - Persistent depressive disorder
 - Premenstrual Dysphoric Disorder
 - Depressive disorder due to another...
 - Other specified depressive..
 - Unspecified depres....
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Anxiety Disorders

- Generalized Anxiety Disorder- GAD
- Panic Disorder without Agoraphobia
- Panic Disorder with Agoraphobia
- Agoraphobia without h/o Panic
- Specific Phobia
- Social phobia
- Obsessive Compulsive Disorder
- Post Traumatic Stress Disorder
- Acute Stress Disorder
- Anxiety Dis. due to gen. medical condition

Somatoform Disorders

- Somatization Disorder
- Undifferentiated Somatoform Disorders
- Conversion Disorders
- Somatoform Pain Disorders
- Hypochondriasis
- Body Dysmorphic Disorder

Dissociative Disorders

- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Depersonalization, Derealization Syndrome



Factitious Disorders

- Factitious disorders Simulating Physical condition
- Factitious disorders Simulating Psychological condition.

Eating Disorders

- Anorexia Nervosa
- Bulimia Nervosa
- Eating disorders NOS

Sexual Disorders

- Gender Identity Disorders:
 - Transsexualism Male/ Female, primary/ secondary.
 - GI Disorder of Childhood
 - Dual- role Transvestism
 - Intersexuality: physical, hormonal, chromosomal
- Psych & Behavioral dis. Associated sexual development & maturation- Homosexuality
Obligatory, Preferred, Bisexuality,
Situational, Latent

Sexual Disorders

- **Sexual Dysfunctions**: Psych/ organic, situational/ generalized, lifelong/ acquired
 - Sexual desire disorders (hypoactive, aversion.
 - Sexual Arousal Disorder e.g. ED
 - Orgasmic Disorders
 - Sexual Pain Dis.- Dyspareunia
- **Paraphilias**: -Sadism -Masochism
 - Fetishism -Exhibitionism -Voyeurism
 - Transvestism -Frotteurism -Paedophilia
 - Zoophilia -Uro-/ Copro-/ Necro- philia

Sleep Disorders

- Dyssomnias:
 - Primary Insomnia
 - Primary Hypersomnia
 - Narcolepsy; REM, hallu, Cataplexy, sleep paralysis
 - Breathing related sleep dist
 - Circadian Rhythm sleep dist
- Parasomnias:
 - Nightmare Disorder
 - Sleep Terror Dis.
 - Sleep walking somnambulism
 - Sleep talking somniloquy
 - Bruxism
- Sleep dis related to other Mental condition

Impulse Control Disorders

- Intermittent Explosive Disorder
- Kleptomania
- Pyromania
- Pathological Gambling
- Trichotillomania
- NOS

Adjustment Disorders

- AD with Depressed mood
- AD with Anxiety
- AD with Mixed Anxiety & Depression
- AD with disturbance in Conduct
- AD with Mixed dist. In Emotion & Conduct
- AD with Academic inhibition
- AD with Occupational inhibition

Personality Disorders

- Cluster 'A'
 1. Schizoid PD
 2. Schizotypal PD
 3. Paranoid PD
- Cluster 'B'
 4. Narcissistic PD
 5. Antisocial PD
 6. Histrionic PD
 7. Borderline PD
- Cluster 'C'
 8. Avoidant PD
 9. Dependent PD
 10. Obsessive-Compulsive PD

- Psychological Factors affecting Physical Condition- Psychosomatic Disorders
- Personality Traits affecting medical condition
- Medication Induced Movement Disorders
- Relational Problem
- Abuse / Neglect Problems
- V codes: -Malingering, Non Compliance to treatment, Adult Antisocial Behavior, Occupational/ Academic Problem, Bereavement, etc.....

Thank you

