MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)
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COMPETENCY BASED MEDICAL EDUCATION

(CBME)

(with effect from 2019-2020 Batches)

Curriculum for

Third M.B.B.S – Part II

Psychiatry

Amended upto AC- 51/2025, Dated 29/04/2025

Amended History

1. Approved as per AC-41/2021, Resolution No. 4.34.i Dated 27/08/2021.
2. Amended upto AC-42/2022, Resolution No. 3.32, Dated 26/04/2022 (Incorporated at the end of syllabus).
3. Amended upto AC- 50/2024, (Resolution No. 4.119), Dated 27/11/2024.
4. Amended upto AC- 51/2025, [Resolution No. 4.34, (Annexure-56B)]; Dated 29/04/2025.

Resolution No. 4.34.i of AC-41/2021: Resolved to approve the changes in "Syllabus & Assessment Scheme" in Medicine & Allied, from CBME batch (UG) admitted in 2019 onwards **[ANNEXURE-53A, 53B]**

SYLLABUS FOR MBBS CBME BATCH
SUB- PSYCHIATRY

DEPARTMENT OF PSYCHIATRY
CBME UG LECTURE/ TUTORIAL SCHEDULE

Topic	Competencies Addressed	Total no. of competencies	Teaching Learning Method	No. of hours allotted
PHASE 3				
Introduction to Psychiatry, Stress & its management, study skills & Positive health	PS 2.1, PS 2.2	2	Lecture	2
Learning, Memory and Emotions	PS 2.3	1	Lecture	1
Personality and Motivation	PS 2.4	1	Lecture	1
Normality V/s abnormality, Growth & Development, history, signs & symptoms, etiological factors of psychological disorders in general	PS 2.5, PS 3.1, PS 3.2, PS 3.6	4	Lecture	2
History taking and Mental Status Examination			Tutorial	1
Organic Mental Disorders – Enumerate and clinical features, General Investigations in OMD	PS 3.7, PS 3.8	2	Lecture	2
Psychopharmacology and Consultation Liaison	PS 3.10, PS 3.11	2	Lecture	2
TOTAL		**12**	**L-10; T-1**	**11**
PHASE 4				
Alcohol and Substance Abuse Disorders – Etiology, treatment, side effects of medications, specialist referral	PS 4.1, PS 4.4, PS 4.6, PS 4.7	4	Lecture	2
Schizophrenia and Psychotic disorders – Psychotic vs Non psychotic distinction, Etiology and classification, treatment, side effects of medications, specialist referral	PS 3.12, PS 5.1, PS 5.3, PS 5.5, PS 5.6	5	Lecture	2
Depression and related disorders - Etiology and classification, treatment, side effects of medications, specialist referral	PS 6.1, PS 6.4, PS 6.6, PS 6.7	4	Lecture	2
Bipolar Mood Disorder - Etiology and classification, treatment, side effects of medications, specialist referral	PS 7.1, PS 7.4, PS 7.6, PS 7.7	4	Lecture	1
Anxiety disorder - Etiology and classification, treatment, side effects of medications, specialist referral	PS 8.1, PS 8.4, PS 8.6, PS 8.7	4	Lecture	1
OCD - Etiology and classification, treatment, side effects of medications, specialist referral			Lecture	1
Stress and related disorders - Etiology and classification, treatment, side effects of	PS 9.1, PS 9.4, PS 9.6,	4	Lecture	1

medications, specialist referral	PS 9.7			
Somatoform disorders – Dissociation and conversion disorders - Etiology and classification, treatment, side effects of medications, specialist referral	PS 10.1, PS 10.4, PS 10.6, PS 10.7	4	Lecture	1
Personality Disorders - Etiology and classification, treatment, side effects of medications, specialist referral	PS 11.1, PS 11.4, PS 11.6, PS 11.7	4	Lecture	1
Psychosomatic Disorders - Etiology and classification, treatment, side effects of medications, specialist referral	PS 12.1, PS 12.4, PS 12.6, PS 12.7	4	Lecture	1
Psychosexual and Gender Identity Disorders - Etiology and classification, treatment, side effects of medications, specialist referral	PS 13.1, PS 13.4, PS 13.6, PS 13.7	4	Lecture	2
Psychiatric Disorders in Childhood and Adolescence - Etiology and classification, treatment, side effects of medications, specialist referral	PS 14.1, PS 14.3, PS 14.5, PS 14.6	4	Lecture	2
Mental Retardation (Intellectual Disability) and Specific Learning Disabilities	PS 15.1, PS 15.2, PS 15.4	3	Lecture	1
Psychiatric disorders in the Elderly – Enumerate, etiology, therapies, specialist referral	PS 16.1, PS 16.2, PS 16.3, PS 16.5	4	Lecture	1
Psychiatric Emergencies – Suicide, DSH, Drug Intoxication and Violent behaviour – Initial stabilization and management, specialist referral	PS 17.1, PS 17.2, PS 17.3	3	Tutorial	2
Therapeutics – Indications and side effects of psychopharmacology ECT, Psychosocial interventions and therapies	PS 18.1, PS 18.2, PS 18.3	3	Tutorial	2
Miscellaneous – Community Psychiatry	PS 19.1	1	Lecture	1
TOTAL		**59**	**L-20; T-4**	**24**
GRAND TOTAL		**71**	**L-30; T-5**	**35**

REF: COMPETENCY BASED UNDERGRADUATE CURRICULUM FOR THE INDIAN MEDICAL GRADUATE, MEDICAL COUNCIL OF INDIA

Sr. No	SELF DIRECTED LEARNING TOPICS	Hours
1	Scales used in Psychiatric disorders	1
2	Management in alcohol withdrawal	1
3	Non pharmacological management of Anxiety disorders	1
4	Eating disorders	1
5	Prevention of Mental retardation	1

Total Lectures + Tutorial + SDL = 40 hours

Resolution No. 4.34 of Academic Council (AC-51/2025): Resolved to approve the Syllabus in UG in the Psychiatry theory with effect from the batch admitted in Oct 24 [ANNEXURE-56A & 56B].

Annexure-56B of AC-51/2025

PSYCHIATRY (CODE: PS)

Number	COMPETENCY The student should be able to	Predominant Domain K/S/A/C	Level K/KH/SH/P	Core (Y/N)	Suggested Teaching Learning method	Suggested Assessment method	Number required to certify P
PSYCHIATRY (Topics=13, Competencies=17)							
Topic 1: Introduction to Psychiatry		**Number of competencies:03**			**Number of competencies that require certification : (NIL)**		
PS 1.1	Describe the classification of psychiatric disorders and its basis (neurotic vs psychotic; organic vs non-organic/functional)	K	KH	N	LGT/SDL	Written/ Tutorial	
PS1.2	Elicit history in patient presenting with psychiatric disorder(s)	S	SH	Y	Bedside clinic, DOAP session	Direct Observation	
PS1.3	Perform mental status examination (MSE) in patients presenting with psychiatric disorder(s)	S	SH	Y	Bedside clinic, DOAP session	Direct Observation	
Topic 2: Organic Psychiatric Disorders		**Number of competencies:01**			**Number of competencies that require certification : (NIL)**		
PS 2.1*	Describe common Organic Psychiatric Disorders with emphasis on Delirium & Dementia	K	KH	Y	LGT/Flipped classroom	Written, Tutorial	
Topic 3: Psychoactive Substance Use Disorders and other addiction disorders		**Number of competencies: 01**			**Number of competencies that require certification : (NIL)**		
PS 3.1	Describe and identify clinical presentation of abuse of alcohol, nicotine and other psychoactive substances prevalent in your area and their management.	S, K	SH, KH	Y	Bedside clinic, DOAP	Direct observation, OSCE	
Topic 4: Schizophrenia and other Psychotic disorders		**Number of competencies: 01**			**Number of competencies that require certification : (NIL)**		
PS 4.1	Diagnose and manage a case of Schizophrenia at primary care level	S,K	KH	Y	Bedside teaching	Direct observation, OSCE	
Topic 5: Depressive disorders		**Number of competencies: 02**			**Number of competencies that require certification : 1**		
PS 5.1	Diagnose and manage case of depression at primary care level	S	SH	Y	Bedside teaching, role-play, DOAP	OSCE, Checklist based Skill assessment	1

Number	COMPETENCY The student should be able to	Predominant Domain K/S/A/C	Level K/KH/SH/P	Core (Y/N)	Suggested Teaching Learning method	Suggested Assessment method	Number required to certify P
PS 5.2	Identify red flag signs of depression and refer to a specialist	S	KH/ SH	Y	Role play, Cine-education	Checklist based Skill assessment	
Topic 6: Bipolar disorders	**Number of competencies: 01**			**Nu mber of competencies that require certification : (NIL)**			
PS 6.1	Diagnose and manage an episode of Mania at primary care level	S	SH	N	Bedside teaching	Short answer, viva-voce	
Topic 7: Anxiety Disorders (including OCD)	**Number of competencies: 01**			**Number of competencies that require certification : (NIL)**			
PS 7.1	Diagnose and manage anxiety disorders at primary care level	S	SH	Y	Bedside teaching, role-play, DOAP	OSCE, Checklist based Skill assessment	
Topic 8: Stress related disorders	**Number of competencies:01**			**Number of competencies that require certification : (NIL)**			
PS8.1	Diagnose stress related disorders (Acute Stress Disorder and Adjustment Disorders) and make appropriate referral	K	SH	Y	Bedside clinic, Role play	Skill assessment	
Topic 9: Psychosexual and Gender Identity Disorders	**Number of competencies:02**			**Number of competencies that require certification : (NIL)**			
PS 9.1	Describe common psychosexual disorders	K	K	N	LGT	MCQ, Written, Viva voce	
PS9.2	Demonstrate knowledge of medico-legal, societal, ethical and humanitarian principles on dealing with LGBTQA+ community.	K	K	Y	LGT/SDL	MCQ, Written Viva voce	
Topic 10: Psychiatric Disorders in Childhood and Adolescence	**Number of competencies:01**			**Number of competencies that require certification : (NIL)**			
PS 10.1	Classify and describe disorders commonly seen in childhood and adolescence with emphasis on ADHD and Autism Spectrum Disorders	K	KH	Y	LGT	MCQ, Written Viva voce	
Topic 11: Intellectual Disability Disorder	**Number of competencies: 01**			**Number of competencies that require certification : (NIL)**			
PS11.1	Describe Intellectual Disability Disorder	K	KH	Y	LGT	MCQ, Written Viva voce	
Topic 12: Psychiatric Emergencies	**Number of Competencies: 01**			**Number of competencies that require certification : 1**			

Number	COMPETENCY The student should be able to	Predominant Domain K/S/A/C	Level K/KH/SH/P	Core (Y/N)	Suggested Teaching Learning method	Suggested Assessment method	Number required to certify P
PS12.1	Perform suicide risk assessment	S	SH	Y	Role play, bedside teaching	Skill assessment	01
Topic 13: Therapeutics	**Number of Competencies: 01**			**Number of competencies that require certification : (NIL)**			
PS 13.1	Describe the process of modified ECT and identify misconceptions associated with ECT	K	KH	Y	SGT observation & discussion, Video	Written/ Viva voce	

Annexure-25 of AC-42/2022

SCHEME OF INTERNAL ASSESSMENT FOR CBME BATCH

SUBJECT – MEDICINE& ALLIED

Total marks- 400

Theory-200

Practical-200

THEORY

PHASE	Phase II IV thsem II MBBS Two exams 50 marks each IA 1 & 2	Phase III VIthsem III MBBS Part I Allied Subjects IA-3	Phase III VIIthsem III MBBS Part I IA-4	Phase IV VIIIthsem III MBBS Part II IA-5	Phase IV IXthsem (Prelim) III MBBS Part II IA-6	TOTAL	CONVERT to 200
MARKS	100	50	50	100	200 (Two papers)	500	Marks Out of 200

PRACTICAL (EOP exams)

PHASE	Phase II IIIrdsem II MBBS	Phase III VIIth sem III MBBS Part I	Electives	Phase IV VIIIthsem III MBBS Part II	Phase IV IXth sem (Prelim) III MBBS Part II	Total	Allied Subjects	Total	Convert to 200
MARKS	50	50	50	50	200	400	125	525	Marks Out of 200

ALLIED SUBJECTS

PRACTICAL-

Dermatology-

III rd sem, (Phase II)- 15 marks

VI th(Phase III -III MBBS Part I)-25 marks

VIIIth sem(Phase IV- III MBBS Part II) – 25marks

Total = 65 marks

Respiratory Medicine-

IV th Sem (Phase II)– 20 marks

Psychiatry-

III rdsem(Phase II)- 15 marks

VII thsem (Phase III- III MBBS Part I) – 25

Total = 40 marks

Total (All allied subjects) =125 marks

Pattern of question paper for formative assessment

50 marks paper

Section A

MCQ- 10 of ½ mark each- 5 marks

Section B

LAQ- 2 of 10 marks each- 20 mark SAQ – 5 of 5 marks each- 25

Total- 50 marks

100 marks paper

Section A

MCQ- 20 of ½ mark each-10 marks

Total – 10 marks

Section B-

LAQ- 2 of 10 marks each- 20 mark

SAQ – 6 of 5 marks each- 30

Total- 50

Section C-

LAQ 1 of 1o mark-10 mark

SAQ 6 of 5 marks each- 30

Total -40

Grand total- 100 (Section A+B+C)

SUMMARY OF SCHEME OF INTERNAL ASSESSMENT FOR CBME BATCH

SUBJECT – MEDICINE & ALLIED

Total marks- 400

Theory-200

Practical-200

	IA- 1 Exam	IA-1 Exam		IA- 2 Exam	IA-2 Exam	
PHASEII	Theory (Gen Med)	Practical EOP	Total	Theory (Gen Med)	Practical EOP Allied	TOTAL
MARKS	50	50 45 (clinical skills) + 5 (Log book)	100	50	50 Dermatology-15 Psychiatry- 15 Resp Med- 20	100

	IA- 3 Exam	IA-3 Exam	Electives	Total	IA- 4 Exam	IA-4 Exam	
PHASEIII	Theory (Gen Med	Practical EOP	50		Theory (Allied)	Practical EOP Allied	TOTAL
MARKS	50	50 45 (clinical skills) + 5 (Log book)	50	150	50	50 Dermatology-25 Psychiatry- 25	100

	IA- 5 Exam	IA-5		IA- 6	IA-6	

		Exam		Exam Prelim	Exam Prelim	
PHASEIIV	Theory (Gen Med	Practical EOP + EOP Dermatology	Total	Theory Medicine & (Allied)	Practical	TOTAL
MARKS	50	50 45 (clinical skills) + 5 (Log book) + 25 = 75	125	200	200	400

Final internal assessment

THEORY

	IA-1 Phase II	IA-2 Phase II	IA-3 Phase III	IA- 4 Phase III	IA-5 Phase IV	IA-6 Phase IV (prelim)	Total	Convert Out of 200
MARKS	50	50	50	50	50	200	450	

PRACTICAL

	IA-1 Phase II EOP	IA-2 Phase II EOP (allied)	IA-3 Phase III EOP	IA- 4 Phase III EOP (Allied)	Electives	IA-5 Phase IV EOP (Med + Dermatology)	IA-6 Phase IV (prelim)	Total	Convert Out of 200
MARKS	50	50	50	50	50	75	200	525	

Resolution No. 4.119 of Academic Council (AC-50/2024): Resolved to approve revised syllabus for CBME batch UG as per recent guidelines by NMC dated 12/9/24.

(Annexure – 123 of AC- 50/2024)

PSYCHIATRY UG CURRICULUM AS PER NMC Guidelines issued on 12-09-2024

PSYCHIATRY Subject Goals: At the end of training, the learner should be able to:

a. Promote mental health and mental hygiene.
b. Identify clinical features, make diagnosis and manage common psychiatric disorders across all ages.
c. Identify and manage psychotic disorders, mainly schizophrenia.
d. Identify and manage stress related psychiatric disorders, institute preliminary treatment in disorders difficult to manage, and refer appropriately.
e. Identify alcohol/ substance abuse disorders and refer them to appropriate centers.
f. Assess the risk for suicide and refer appropriately.

INTERNAL ASSESSMENT

- General medicine: The IA of 200 marks in medicine shall be divided across phases as Phase II - 50 marks, Phase III part 1 - 50 marks, Phase III part 2 - 100 marks.
- Phase III part 2 - 100 marks is divided as Medicine - 75 marks **Psychiatry - 13** marks Dermatology- 12 marks. The final cumulative IA for Medicine is out of 200 marks for theory and practical each.

TEACHING HOURS

Subjects	Lectures	SGL	SDL	Total
General Medicine	110	185	40	335
General Surgery	90	153	30	273
Obstetrics and Gynecology	80	150	30	260
Pediatrics	20	35	10	65
Orthopedics	30	50	20	100
AETCOM	30	0	22	52
Dermatology, Venereology & Leprosy	13	17	10	40
Psychiatry	13	17	10	40
Radiodiagnosis	8	10	8	26
Anesthesiology	8	10	8	26
Clinical postings*				1201
TOTAL	**402**	**627**	**188**	**2418**

Clinical Posting Schedule

Subjects	Period of training in weeks			Total Weeks
	Phase2	Phase 3, Part 1	Phase3, Part 2	
Electives	0	4	0	4
General Medicine	8	3	13	24
General Surgery	6	5	13	24
Obstetrics & Gynaecology	6	3	13	22
Pediatrics	4	2	6	12
Community Medicine	4	4	0	8
Orthopaedics	0	2	6	8
Otorhinolaryngology	4	4	0	8
Ophthalmology	4	4	0	8
Psychiatry	0	2	4	6
Radio-diagnosis	0	0	2	2
Dermatology, Venereology & Leprosy	0	0	6	6
Anaesthesiology	0	0	2	2
Total	**36**	**33**	**65**	**134**

EVALUATION

Medicine & allied Paper-2 to have Medicine 50%, Psychiatry 25% **(25 Marks)** and Dermatology 25% questions.

No of topics 13, No of competencies is 17.

PSYCHIATRY (Topics=13, Competencies=17) for Admission Batch 2024
L-13, SGL-17, SDL- 10 (Total= 40)

PHASE 3

Competencies to be covered in phase 3: Total 5
Certifiable competencies: NIL

Sr No.	Topic	Number of competencies	Suggested T/L method	Hours to be allotted
1	Introduction to psychiatry	3 (PS 1.1, PS 1.2, PS 1.3)	Lecture SGL	1 2
2	Organic psychiatric disorders	1 (PS 2.1)	Lecture SDL	1 2
3	Psychoactive Substance Use Disorders and other addiction disorders	1 (PS 3.1)	Lecture SDL	2 2

Total hours allotted: 10 (L-4, SGL-2, SDL-4)

PHASE 4

Competencies to be covered in Phase 4: Total 12

Certifiable competencies: 2 (PS 5.1, PS 12.1)

Topic No.	Topic	Number of competencies	Suggested T/L method	Total hours allotted
4	Schizophrenia and other Psychotic disorders	1 (PS 4.1)	Lecture SGL	1 2
5	Depressive disorders	2 (PS 5.1, 5.2)	Lecture SGL	1 2
6	Bipolar disorders	1 (PS .1)	Lecture SGL	1 2
7	Anxiety Disorders (including OCD)	1 (PS 7.1)	Lecture SGL	1 2
8	Stress related disorders	1 (PS 8.1)	Lecture SDL	1 2
9	Psychosexual and Gender Identity Disorders	2 (PS 9.1, PS 9.2)	Lecture SDL	1 2
10	Psychiatric Disorders in Childhood and Adolescence	1 (PS 10.1)	Lecture SGL	1 2
11	Intellectual Disability Disorder	1 (PS 11.1)	Lecture SDL	1 2
12	Psychiatric Emergencies	1 (PS 11.1)	Lecture SGL	1 2
13	Therapeutics	1 (PS 13.1)	Lecture SGL	1 2

Total hours allotted: 30 (L-10, SGL-14, SDL-6)

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