



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



**JUNK FOOD AND ORAL HEALTH AWARENESS AT RAKESH JAIN MADHYANIK VIDYA
MANDIR, SHIVKAR**

Date: 11th August 2023

Venue: Rakesh Jain Madhyanik Vidya Mandir, Shivkar

Faculty: Dr. Kashmira Kadam, Dr. Neeraj Kolge

Organizing Agency: PHD Dept MGMDCH, NSS Unit, MGMDCH; Lions Club

Number of Students attended: 6

MGM Dental College constantly takes efforts of extending the oral health care to people. The oral care initiative was also extended to patients at Rakesh Jain Madhyanik VidyaMandir, Shivkar with the intention of creating awareness about the ill-effects of junk food and providing oral health care to the students.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about oral health and dental caries
3. To educate them about the ill- effects of having unhealthy and unhygienic junk food and also providing them knowledge about the balanced diet system.

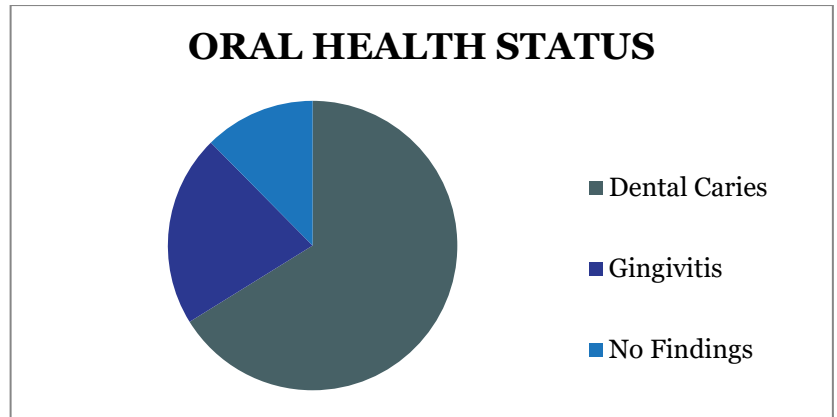
Method:

Examination was done using ice-cream sticks. Patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations: A total of 263 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	176	67%
Gingivitis	54	21%
Root piece	33	12%



Interpretation and conclusion:

Dental caries is the most common problem among the patients followed by gingivitis and is seen more in children having lot of junk food. Oral health education, Dietary counseling and prevention strategies should be implemented in order to reduce the disease burden among these patients. They should be made aware about the benefits of having healthy food like fibres, vitamin rich fruits and vegetables, proteins etc.



INVESTIGATION BEING DONE BY
THE TEAM MEMBER



TEAM MEMBERS WHO ATTENDED
THE CAMP

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Kashmira Kadam
2.	Dr. Neeraj Kolge
Name of Interns	
3	Aayush Tamhane
4	Gauri Kadam
5	Swapnali Khedkar
6	Prajakta Gotal
7	Maitreyee Thakur
8	Yogita Waghmare