



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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IMPORTANCE OF REGULAR DENTAL CHECKUP AT SUVIDHA CENTRE, PREM NAGAR, DHARAVI

Date: 12th MAY 2024 **Venue:** Suvidha Centre, Prem Nagar, Dharavi

Faculty: Dr. Deeksha , Dr. Prachiti Terni

Organizing Agency: PHD Dept, MGMDCH, PHD Dept, MGMDCH, IDA, Hindustan Unilever Ltd & United Way Mumbai

Number of Students attended: 05

A routine dental check-up is important to ensure that there are no issues with your oral health and to detect any concerns as early as possible. The best way to deal with oral health concerns is through prevention. A routine dental check-up allows you to detect potential issues before they worsen and to receive the proper preventive and restorative care. The oral care initiative was also extended to the population visiting Suvidha Centre, Naik Nagar, Dharavi with the intention of creating awareness about importance of fluoride in maintaining a proper oral health and providing oral health care to the patients.

Aim and objective:

1. To educate students about the importance of regular dental checkup.
2. To assess the oral health status of patients.
3. To educate and create awareness about oral health.

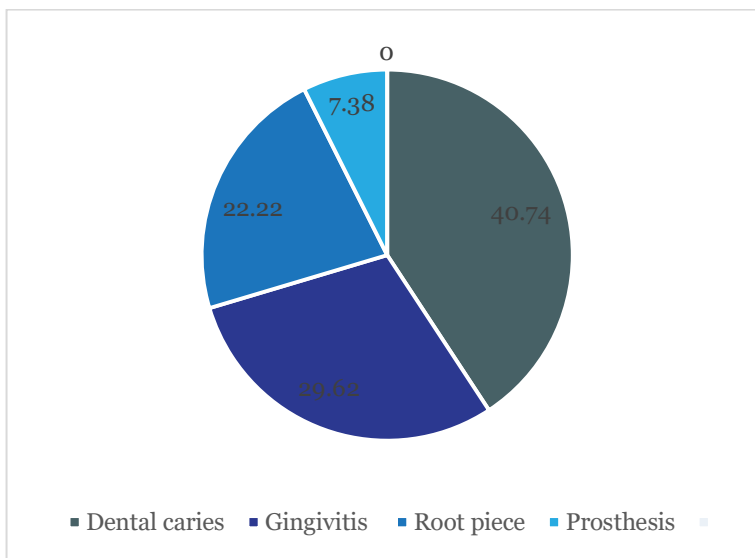
Method: A routine dental check-up helps with the prevention of a range of oral health concerns, including but not limited to periodontal disease, teeth decay, and teeth stains. Regular dental checkups act as a vital line of defense against such issues. By identifying and addressing problems in their early stages, dentists can intervene before they transform into painful toothache or discomfort. All this was explained using pictorial banner during the program.

After the awareness program, oral examination was conducted using mouth mirror and probe. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations:

1. It was observed that patients had history of visiting a dentist only during an emergency which had increased the severity of the disease. Increased in number of tooth decay, periodontal cases were observed.
2. A total of 27 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Condition	No. of individuals	Percentage %
Dental caries	11	40.74
Gingivitis	8	29.62
Root piece	6	22.22
Prosthesis	2	7.38



Interpretation and conclusion:

1. Seeing a high amount of intake of sugar in their diet, patients were advised to reduce the consumption of sugary snacks and beverages, Limit snacking between meals and consider consuming sugary foods only at mealtimes.
2. Dental caries is the most common problem among the patients followed by gingivitis.
3. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.
4. Patients visited the dentist only during an emergency. They were encouraged to take care of your oral health and visit the dentist at least once a year.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No	List of Participants
Name of faculty	
1.	Dr. Deeksha Shetty
2.	Dr. Prachiti Terani
Name of Interns	
3.	Samiksha Pawar
4.	Lucky Mahure
5.	Alfiya Shaikh
6.	Umaina Khaib
7.	Rajlaxmi jadhav