



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A⁺⁺" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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MYTHS AND TABOOS IN DENTISTRY ADHUTRAO MANE RATRA VIDYALAY, ANDHERI

Date: 9th December 2023

Venue: Adhutrao Mane Ratra Vidyalay, Andheri

Faculty: Dr. Mausami Malgaonkar, Dr. Prachiti Terni

Organizing Agency: Department Of Public Health Dentistry, NSS Unit, MGMDCH & Rotary club

Number of Students attended: 5

India, a developing country, faces many challenges in rendering health needs to its countrymen. The influence of culture is seen in every discipline of health and medical practices, and dentistry is no exception. MGM Dental College keeps organizing oral health checkup and treatment camps to enhance the dental health in our community. Such an initiative was taken in association with Rotary Club of Mumbai North Island to students of Adhutrao Mane Ratra Vidyalay, Andheri to create awareness about myths and taboos in dentistry.

Aim and objective:

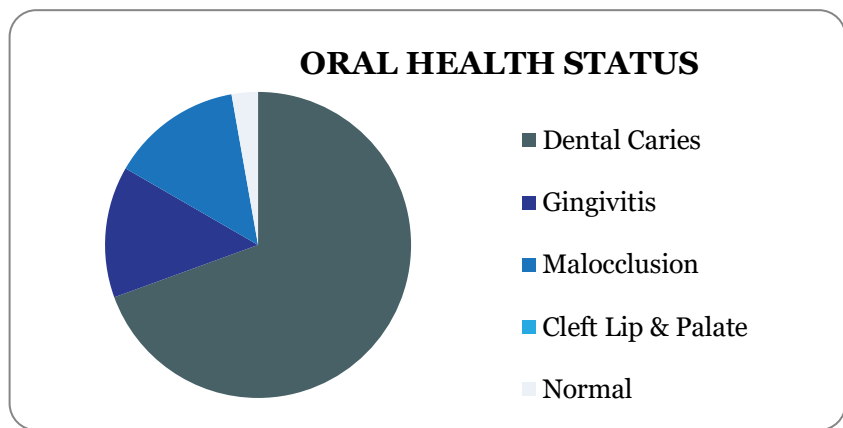
1. To create awareness amongst the students about myths and taboos in dentistry.
2. To assess the oral health status of patients and to provide necessary Dental treatment.

Method:

Awareness regarding myths and taboos in dentistry was done. Students were taught about the role of carbohydrates and sugar in increasing the pH levels of the oral cavity and how it enhances the caries activity in the oral cavity. A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained. Tooth Brushing technique was explained. Mouth Scaling and fluoride application was done. Students were made aware about the role of sugar in dental caries.

Observations: A total of 77 patients were examined for various dental problems. Students were detected with dental caries, gingivitis, malocclusion. The students when educated showed that their negligence about oral health even after knowing harmful effects of sugar. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Condition	No. of individuals	Percentage %
Dental caries	50	65
Gingivitis	10	13
Malocclusion	10	13
Cleft Lip & Palate	0	0
No Findings	2	2



Interpretation and conclusion:

1. Students even after being aware about the harmful effects of sugar were seen neglecting oral hygiene. Students must be made aware about the harmful effects of sugar and its role in enhancing dental caries and also effective oral hygiene methods were taught.
2. Dental caries is the most common problem among the patients followed by gingivitis.



Educating Students About The Role Of Sugar In Dental Caries



Investigation Being Done by the Team Member

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Mausami Malgaonkar
2.	Dr. Prachiti Terni
Name of Interns	
3.	Pooja Mhatre
4.	Komal Kumbhar
5.	Anshika
6.	Sakshi More
7.	Medha Raghavan