



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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AWARENESS ABOUT ILL EFFECTS OF JUNK FOOD IN ORAL HEALTH AT VIKAS RATRA VIDYALAY SANTACRUZ

Date: 09th December 2023

Venue : Vikas Ratra Vidyalay Santacruz.

Faculty: Dr. Kashmira Kadam, Dr. Agraja Patil

Organizing Agency: Department Of Public Health Dentistry, NSS Unit, MGMDCH & Rotary club

Number of Students attended: 05

Junk foods, particularly those high in sugar and acid, can weaken tooth enamel over time. Enamel is the protective outer layer of our teeth that shields them from damage. When exposed to excessive sugar and acid, the minerals in enamel begin to erode, leaving teeth vulnerable and more prone to cavities. This erosion can also lead to tooth sensitivity, making consuming hot or cold foods and beverages uncomfortable. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to school students at Vikas Ratra Vidyalaya Santacruz and the teachers of the school with the intention of creating Awareness about ill effects of Junk food in oral health. Patients were explained about ill effects of junk food on oral health

Aim and objective:

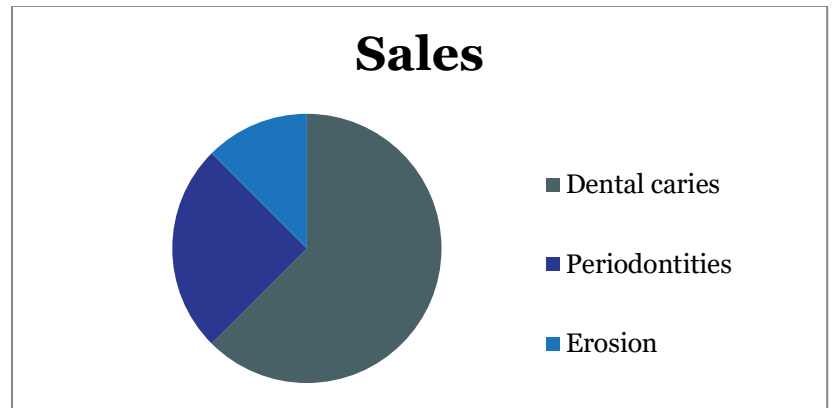
1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about ill effects of Junk food on oral health

Method:

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained. Observations: A total of 60 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	30	50
Periodontities	12	20
Erosion	6	10



Interpretation and conclusion:

The effect of junk food is a major cause of concern in school going students.

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper and prompt treatment
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient.



TEAM MEMBERS WHO ATTENDED THE CAMP

LIST OF ATTENDEES:

Sr. No	List of Participants
Name of faculty	
1	Dr. Kashmira Kadam
2.	Dr. Agraja Patil
Name of Interns& Students	
3.	Aqsa Javed
4.	Huda Usmani
5.	Rajina Shaikh
6.	Muskan Agarwal
7.	Tanushree Nagdeve