



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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**MYTHS AND TABOO IN DENTISTRY AT SHREE NARAYAN BABA CHARITABLE TRUST
(SNBCT), PANVEL**

Date: 21/03/2024

Venue: Shree Narayan Baba Charitable Trust, Panvel

Faculty: Dr.Kashmira Kadam, Dr. Neeraj Kolge

Organizing Agency: Department Of Public Health Dentistry, NSS Unit of MGMDCH, Shree Narayan Baba Charitable Trust, Panvel

Number of Students attended: 4

India, a developing country, faces many challenges in rendering health needs to its countrymen. The influence of culture is seen in every discipline of health and medical practices, and dentistry is no exception. This study was performed to investigate the existence of myths and taboos in dentistry, to assess the variation of these myths across various demographic aspects and socio-economic status, to co-relate the existence of myths with the oral health of the subject and to impart education to the people regarding abolishing the myth as that will be a hindrance towards a healthy life in patients. An oral health education awareness camp organized by MGM Dental College focusing on the myths and taboos in Dentistry was conducted at SNBCT, PANVEL. The oral care initiative was also extended to patients with the intention of creating awareness and providing oral health care to the patients.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate patients about the importance of oral hygiene and the potential issues.

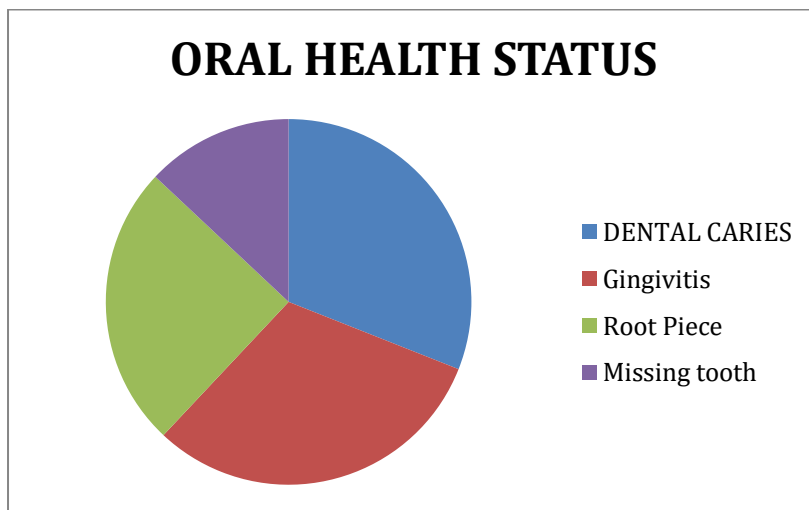
Method:

Gradually with the development of education, these taboos and beliefs are disappearing, but still they persist and are commonly encountered. The field of dentistry is no exception to these cultural beliefs. Regarding tooth and tooth ache there have been various superstitions; the popular ones are described in this study. Traditional Indian beliefs and taboos were found to correlate inversely with preventive dental health behavior in the population. The patients were assessed using a mouth mirror and probe on the dental chair. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations: A total of 16 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

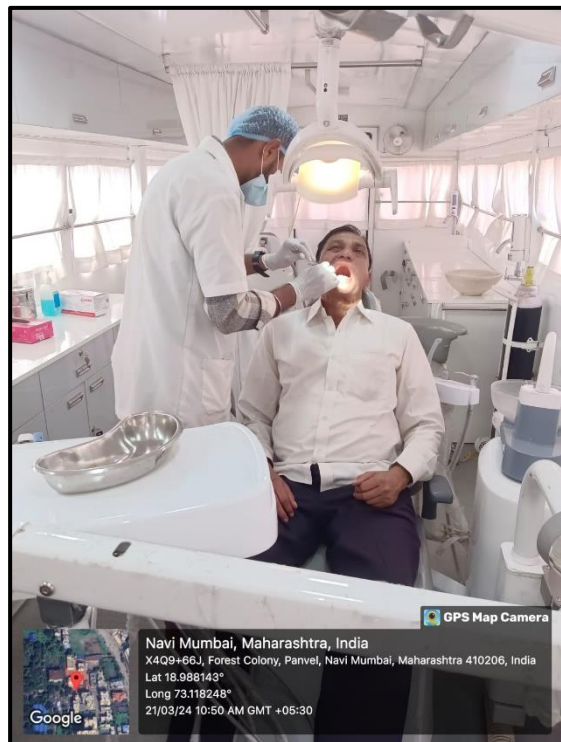
Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	5	31
Gingivitis	5	31
Root piece	4	25
Missing tooth	2	13

**Interpretation and conclusion:**

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper diet and nutrition and also the facilities available the PHC. A regular dental check-up can lead to decrease in the number of decayed teeth.

2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.



Examination of the Oral Cavity.



Oral Prophylaxis done by our team member

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Kashmira Kadam
2.	Dr. Neeraj Kolge
Name of Interns and Students	
3.	Karuna Mishra
4.	Sangeeta Sharma
5.	Shreyas Mhatre
6.	Shreegeeta Singh