



**MAHATMA GANDHI MISSION'S DENTAL
COLLEGE & HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



**AWARENESS ABOUT ORAL HYGIENE METHODS AT SHRI NARAYAN BABA CHARITABLE
TRUST**

Date: 29/02/2024

Venue: SHRI NARAYAN BABA CHARITABLE TRUST PANVEL

Faculty: Dr. Kashmira Kadam, Dr. Agraja Patil

Organizing Agency: Department Of Public Health Dentistry,, NSS Unit of MGMDCH, Shri Narayan
Baba Charitable Trust, Panvel

Number of Students attended: 04

Good oral hygiene is an indicator for good body health, poor oral hygiene not only affect the oral cavity but also a risk factor for initiation of many systemic diseases. Presence of dental plaque is an indicator of poor oral hygiene and if not treated properly can change into dental calculus which will further deteriorate the situation. Environmental factors such as culture, socioeconomic status, life style and diet pattern have a great influence on maintaining good oral hygiene . MGM Dental College & Hospital conducts dental camp for educating and promoting good oral health care among patients. This was extended to population of Shri Narayan Baba Charitable Trust with the aim to create awareness about Oral Hygiene Methods. It is used for the management of dental caries and periodontal disease specially in underserved communities.

Aim and objective:

1. To assess the oral health status of the population
2. To create awareness about the Oral Hygiene Methods.
3. To provide basic dental care for their existing dental problems.

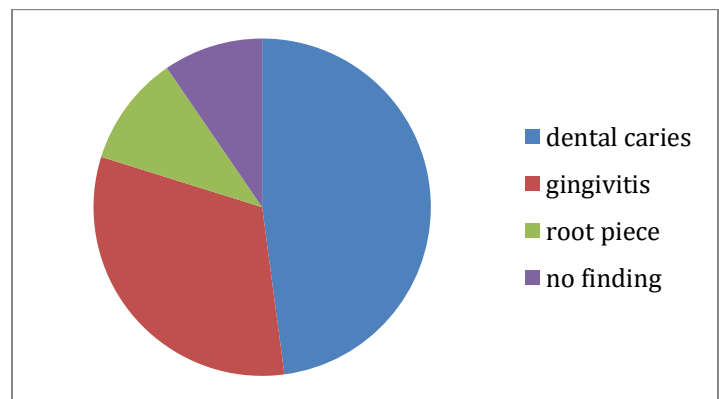
Method:

The patients were assessed using a mouth mirror and probe on the dental chair. The oral health statuses of the students were evaluated and they were explained about the do's and don'ts in oral health. Their parents were explained about dental caries, treatment options. Correct brushing technique was demonstrated using model the steps are as follows hold your tooth brush at 45 degree angle then move it gently up and down and in circular motion, similarly brush inside lingual surfaces of every tooth. Patients are advice to brush your tongue daily using tongue cleaner. Various preventive measures were carried out such as scaling and fluoride application. Students having extensive dental problems were referred to MGM Dental College & Hospital for further treatment.

Observations: A total of 15 students were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

	No. of individuals	Percentage %
Dental caries	7	76
Gingivitis	4	51
Root piece	2	17
No finding	2	15



Interpretation and conclusion:

- Knowledge of students and their parents regarding nutrition was good.
- Dental caries and gingivitis were most prevalent in the evaluated group. Preventive and corrective measures were undertaken to prevent further deterioration of oral health.
- Treatment: As a part of preventive treatment measures, Oral prophylaxis and restorations was provided to the patients at SNBCT, Panvel.



ORAL CAVITY SCREENING DONE BY
THE DENTAL TEAM

List of Attendees

Sr. No	Name of faculty
1	Dr. Kashmira Kadam
2	Dr. Agraja Patil
	Name of Interns& Students
3	Fatema bharmal
4	Shital chate
5	Sunny Rohida
6	Prashant Bhasge