



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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AWARENESS OF SWELLING ON GINGIVA AT WAVANJE PHC

Date: 5th June 2024

Venue: Wavanje PHC

Faculty: Dr. Swati Singh. Dr. Neeraj Kolge

Organizing Agency: PHD Dept, MGMDCH

Number of Students attended: 02

The Dental Health Awareness Camp was organized with the aim of educating the community about gingival swelling, its causes, and prevention. Swollen gums, or gingival swelling, are often early indicators of more serious dental issues that, if left untreated, can lead to severe oral health problems. This camp sought to raise awareness and provide practical knowledge on maintaining healthy gums. MGM Dental College constantly takes efforts of extending the oral health care to the community.

Aim and objective:

1. To raise awareness and empower individuals to take proactive measures in maintaining healthy gums, reducing the risk of serious dental conditions.
2. To educate participants on the causes, symptoms, and prevention of gingival swelling, emphasizing the importance of oral hygiene and regular dental check-ups.

Method:

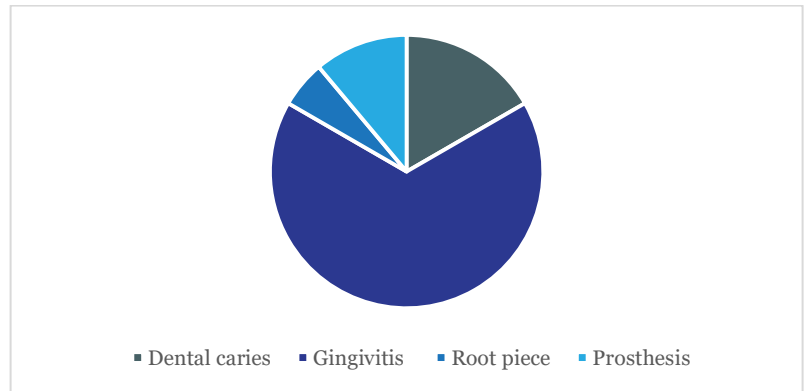
The camp included educational sessions by dental experts, free gum health check-ups, and interactive Q&A discussions. Participants received brochures on gum care and prevention of gingival swelling. This approach combined hands-on examinations with informative resources to effectively raise awareness and encourage proactive oral health management. This was explained using pictorial banner during the program.

After the awareness program, oral examination was conducted using ice-cream sticks for the children. All the students were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations:

1. It was observed that students had a high history of Redness or darkening of the gums Tenderness or pain when touching the gums Bleeding, especially when brushing or flossing Bad breath or a bad taste in the mouthfuls between the teeth and gums Recedinggums Loose teeth explaining the how it can cause various dental problems.
2. A totalof18patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Condition	No. of individuals	Percentage %
Dental caries	03	16.6
Gingivitis	12	66.6
Root piece	01	5.5
Prosthesis	02	11.1



Interpretation and conclusion:

1. The camp revealed a significant gap in public awareness regarding the causes and risks associated with gingival swelling. Many participants were unaware that swollen gums could be an early sign of serious dental issues like gingivitis and periodontitis. The high turnout and active participation indicated a strong community interest in improving oral health knowledge.
2. The Dental Health Awareness Camp successfully educated participants about the importance of recognizing and addressing gingival swelling early. By providing both information and free check-ups, the camp empowered individuals to take proactive steps toward better gum health. Continued educational efforts are recommended to further enhance public understanding and encourage regular dental care.



Treatment done by team members at camp site

List of Attendees

Sr. No	List of Participants
Name of faculty	
1.	Dr. Swati Singh
2.	Dr. Niraj Kolge
Name of Interns	
3.	Gajanan khalge
4.	Sneha Joshi