



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209

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MOUTH WASH REGIME AT SUVIDHA CENTRE, PREM NAGAR DHARAVI

Date: 28th July 2024

Venue: Suvidha Centre, Prem Nagar Dharavi

Faculty: Dr. Kashmira Kadam, Dr. Neeraj Kolge

Organizing Agency: Department Of Public Health Dentistry, MGMDCH, NSS unit of MGMDCH & IDA

Number of Students attended: 6

Mouthwashes are aqueous topical medications that function by rinsing and gargling inside of the mouth. There are multiple mouthwashes available over the counter and by prescription with a wide range of active ingredients that can be used as an adjunct to aid in the multifactorial management of complex oral conditions, including halitosis, gingivitis, periodontal disease, oral mucositis and even xerostomia among others MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at Suvidha Centre, Prem Nagar Dharavi with the intention of creating awareness about maintaining proper oral hygiene and its advances along with providing oral health care to the patients. They were also educated about the use of mouthwash.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of maintaining a good oral hygiene.
3. To assess the gingival health of the individuals visiting the camp for check-up.

Method:

Students were explained about the importance of using mouthrinse. There are two main types of mouth rinse: cosmetic and therapeutic. Therapeutic mouthrinses are available both over-the-counter and by prescription, depending on the formulation. There are therapeutic mouthrinses that help reduce or control plaque, gingivitis, bad breath, and tooth decay. Children younger than the age of 6 should not use mouthrinse, unless directed by a

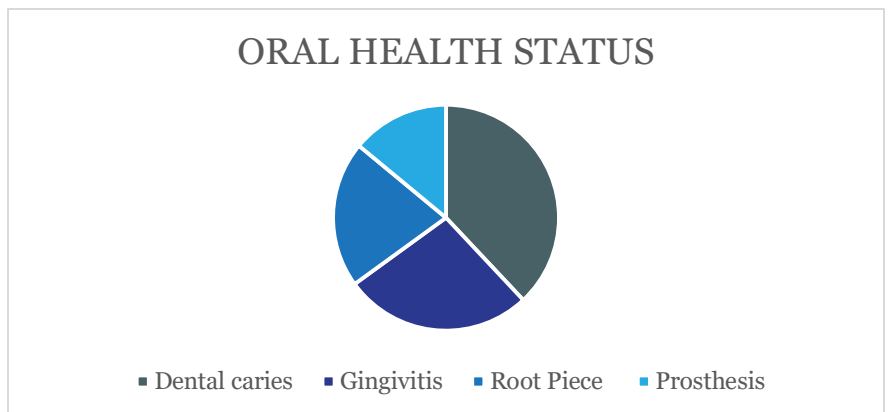
dentist, because they may swallow large amounts of the liquid inadvertently. All this was explained using pictorial banner during the program.

A type III examination was carried out with the use of Mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how to maintain good oral hygiene to lead a healthy lifestyle.

Observations: A total of 29 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

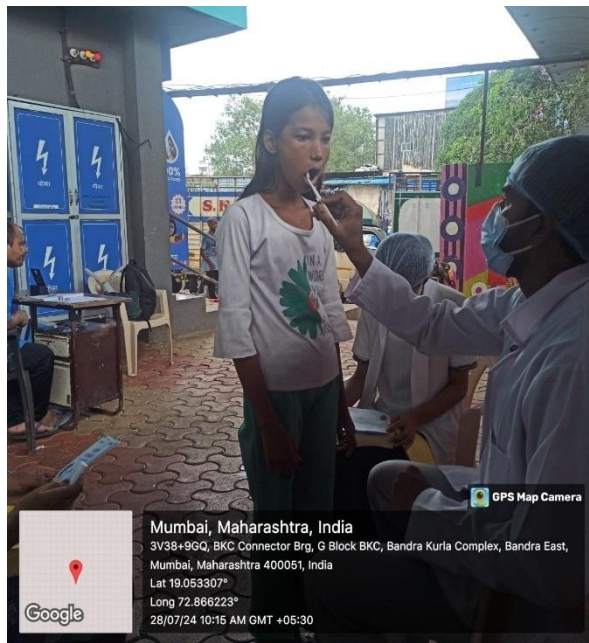
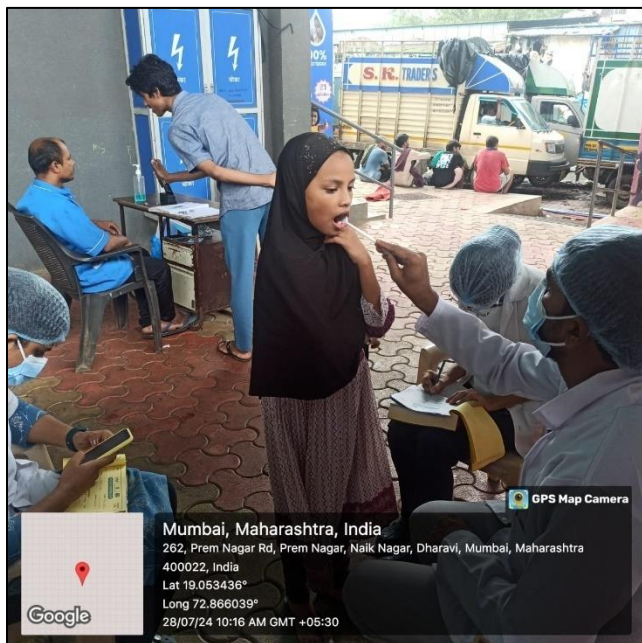
Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	11	38
Gingivitis	8	27
Root piece	6	21
Prosthesis	4	14



Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by proper utilization of dental facilities.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.
3. The various etiology of gingival swelling was explained to the patient and they were encouraged to report to a dentist in case of any oral disease.



INVESTIGATION BEING DONE BY THE TEAM MEMBERS

List of Attendees

Name of Staff	
1.	Dr. Kashmira Kadam
2.	Dr. Neeraj Kolge
Name of Interns& Students	
3.	Vaishnavi Newase
4.	Akansha Gaurav
5.	Pranav Shanti
6.	Bhavika Patil
7.	Priyal Rameshji Devare
8.	Pranali Rajendra Bagal