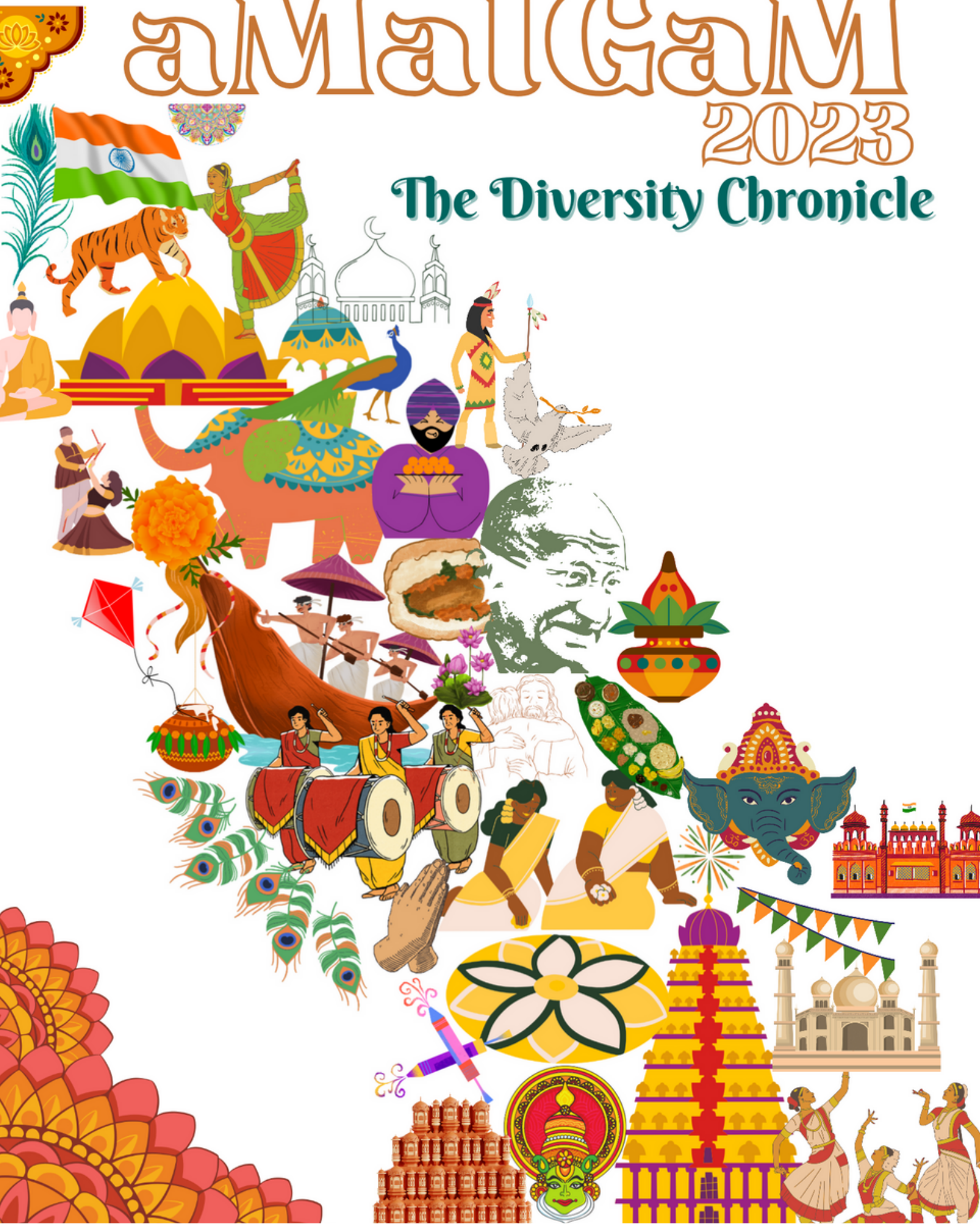




ABOUT THE COVER

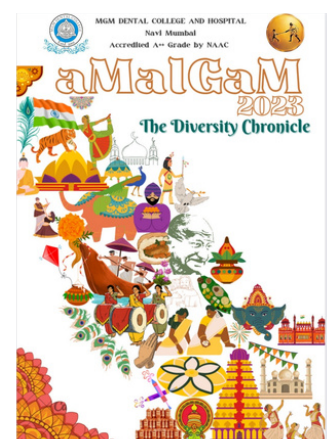


Subudhi Dyade
Cover Designer

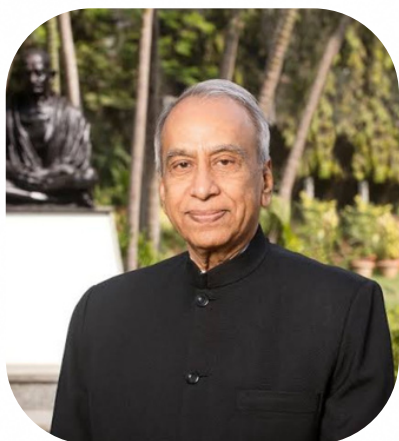
The theme of the aMalGaM magazine is "The Diversity Chronicle", tried to send message that Indian Culture is the Heritage of social norms and technologies that originated in or associated with the ethno linguistically diverse India.

The Diversity term applies to India by India's Languages, religions, dance, music, architecture and food differs from place to place within the country.

Cultural diversity is about appreciating that society is made up of many different groups with different interests, skills and talents. The cultural diversity of India is what makes India unique and beautiful.



THE LOCAL GOVERNING COUNCIL



Mr. Kamal Kishor Kadam
Chairman



Dr. P.M.Jadhav
Management Nominee



Dr. Sudhirchandra Kadam
Secretary's Nominee



Dr. Nitin Kadam
Management Nominee



Dr. Rita Khadkikar
Management Nominee



Dr. Srivalli Natarajan
Principal Member Secretary



Dr. Jyoti Nadgere
Elected Teacher of Institution



Dr. Ravindranath V.K.
Elected Teacher of Institution



Dr. Jigna Pathak
Elected Teacher of Institution



MGM DENTAL COLLEGE AND HOSPITAL



VISION

"Creating dental health professionals embodied with the light of knowledge and spirit of compassion.

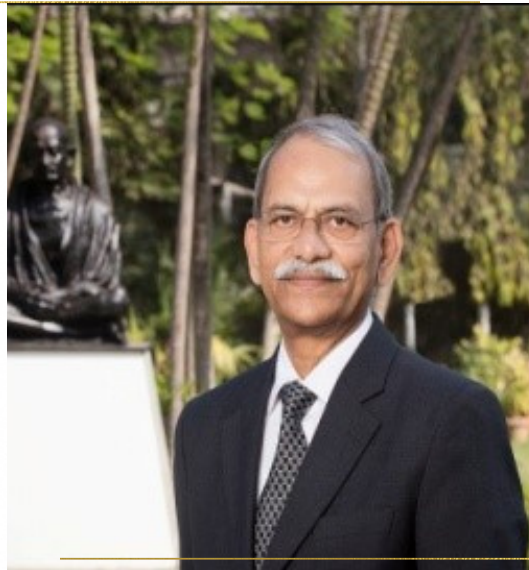
MISSION

- Equipping future dentists with comprehensive skill sets and expertise.
- Raising the standards of dental health education by imparting extra mural education under the mentorship of leading academicians.
- Addressing patient concerns empathetically and adopting patient-centric treatment approaches.
- Encouraging research in newer areas of dental science and teaching methodology for the benefit of the population at large.
- Enhancing awareness of moral and ethical values among dental health professional with a commitment towards community dental care.
- Laying foundations for future leaders in the field.

OBJECTIVE

To establish (domicilate) a center of excellence in dental education, training, health

DIRECTOR'S MESSAGE



Education is the compass that guides us through the uncharted waters of life, and with knowledge as our North Star, we navigate towards a brighter tomorrow."

I firmly believe in the transformative power of education. This quote encapsulates the essence of our mission at MGM Dental College and Hospital. Education is not merely a means to acquire information; it is the compass that provides direction and purpose to our journey through life.

I would like to take a moment to acknowledge and celebrate the remarkable achievements of our institution and its exceptional students. MGM Dental College has consistently stood as a beacon of excellence, not only in academics but also in extracurricular activities.

This year, with the inauguration of the Gandhi Center, we have taken significant strides in promoting Gandhian philosophy and values among our students. This initiative aligns with our commitment to nurturing not only skilled dental professionals but also compassionate individuals who understand the importance of ethics and social responsibility.

The year has been marked by several major events, such as the NAAC accreditation, the vibrant MUHS cultural event, Spandan, and the inspiring Gandhi Daur celebration. These events have been a testament to the enthusiasm, dedication, and spirit that our students bring to every endeavor.

I want to extend my heartfelt congratulations to the entire team behind "Amalgam 2023," our annual magazine. Your hard work and creativity have produced a publication that truly reflects the essence of our college and the talent that resides within its walls.

As we move forward, I encourage all of you to keep your spirits high and continue the great work that has become synonymous with MGM Dental College. Together, we can achieve even greater heights and make a lasting impact on the field of dentistry and society as a whole.

Thank you for your unwavering commitment and dedication.

Warm regards,
Dr. Sudhir Kadam

DEAN'S MESSAGE



Dear Esteemed Readers,

I am delighted to share the tremendous enthusiasm that has permeated our college throughout the year 2023. It is truly heartwarming to witness the perfect balance struck between academics and extracurricular activities by our students.

From the vibrant world of sports to the mesmerizing melodies of music and singing, the graceful movements of dance to the inspiring world of literature, all our committees have displayed unwavering enthusiasm and dedication in organizing and participating in various events. The grand spectacles of Spandan, the cultural extravaganza of MUHS Cultural Event, the momentous NAAC accreditation, and the inspiring Gandhi Daur – all of these were monumental achievements that unfolded in this very year.

Furthermore, I am elated to announce that MGM DENTAL college has been honored with the Best College Award from MUHS, a testament to our collective excellence.

I urge each and every one of our students to continue pursuing their dreams with the same passion and dedication that has made this year so exceptional. Your commitment to both your academic pursuits and your extracurricular interests is truly inspiring, and I have no doubt that you will achieve great success in the future.

Lastly, I extend my heartfelt gratitude to the magazine committee for their unwavering enthusiasm in bringing out this annual magazine. Your dedication in documenting the journey of our college is truly commendable.

Let us continue to strive for excellence and make MGM DENTAL college a shining beacon of success.

Warm regards,
Dr. Srivalli Natarajan
Dean, MGM DENTAL College

DEAN



Dr. Srivalli Natarajan

CWC STAFF INCHARGE



Dr. Vaibhav Thakkar



Dr. Sarika Shetty



Dr. Bharat Gupta



CORE COMMITTEE



Centre:

Member Secretary : Meghna Salian

Joint Member Secretary: Karina Borate

Bottom row (Left to Right)	Middle first Row (Left to Right)	Middle Second Row (Left to Right)	Top Row (Left to Right)
Scientific Head: Nachiket Amrutkar, Ashita Reddy, Rhea D'cunha Cultural Heads: Adiba Syed, Shubham Bhavane Co heads: Yash Mhadgut, Pranita Janawalekar Treasurers: Anmol Mundhra, Sahil Jain, Dinsha Madhyan Sports Heads: Prasad Thakare, Swarali Tarwadge, Siddhi Chavan, Shubham Bijagare	Literary Heads: Ifrah Khan, Saloni Bandeekar, Sharvari Deshmukh Research Head: Sona Pathak NSS Heads: Vishwajit Patil, Tanvi Pimpale IQAC Head: Gargi Birje Management Head: Gauri Pawar, Karishma Sarwan, Sonal Kokane	Decoration and Art Heads: Nishita Kadu, Maitreyee Bhosale, Sneha Tidke, Ruchita Sukhadia Field Visit Head: Shristi Singh Hospitality Heads: Shantanu Narkhede, Madhavi Patil Public Relation Heads: Dhara Dattani, Vaishnavi Sankhe, Janhavi Holkar	Magazine Head: Subudhi Dyade PTA Head: Maitri Saiya Music Head: Mrunal Sawant BLS Heads: Amrita Agrawal, Mrunali Pimparwar Intern Representative: Vishal Patil, Arya Shah Pixel Heads: Akanksha Deshmukh, Shreya Desai, Kanishka Sinha

EDITOR'S MESSAGE



Magazine Head: Subudhi Dyade



Meghna Salian



Ifrah Khan



Sharvari Deshmukh

'Don't wish for it, Work for it..'

I take honour in presenting to all MGMites our Home Magazine - aMalGaM 2023

"Diversity means understanding that each individual is unique, and recognizing our individual differences. These can be along the dimensions of race, ethnicity, gender, socio-economic status, age, physical abilities, religious beliefs, political beliefs."

These words beautifully encapsulate the essence of diversity and the rich tapestry of human experiences that make up our society.

Embracing diversity means not just acknowledging our differences but celebrating them as a source of strength and unity.

"The following pages of the magazine present a stark and vivid portrayal of the spirit of the future of our society. It forges a bridge of hope and joy between the real world and the world of dreams. It is not merely a chronicle of the college events and programs, but a mirror of the ideas and reflection of the myriad minds. It is a celebration of the uniqueness of each individual compiled into one magazine."

This passage beautifully describes the purpose of the magazine. It serves as a testament to the creativity, ideas, and achievements of our college community. It is a reflection of the vibrant and diverse minds that come together to create a brighter future.

"In the year 2023, our college has seen numerous events, and we are fortunate to have been a part of those events. From the Spandan event to achieving an NAAC A++ grade, it has been a victorious journey for MGM."

Indeed, this year has been filled with achievements and milestones that have propelled our college to greater heights. These accomplishments are a testament to the dedication and hard work of our college community.

"I am proud to be a part of MGM that has a balance of both academics and extracurricular activities."

This balance is crucial in shaping well-rounded individuals who not only excel in their academic pursuits but also contribute meaningfully to society through their extracurricular engagements.

"My heartfelt thanks to our dynamic dean, Dr. Srivalli Natarajan, for believing in me and for making me push my limits."

"All thanks to Magazine Staff Incharge Dr. Sarika Shetty, Dr. Vaibhay Thakkar, and Dr. Bharat Gupta for their constant support. This journey wouldn't have been possible without the enigmatic force of the CWC Committee, especially the GS, Literary, Cultural, and Pixel committees."

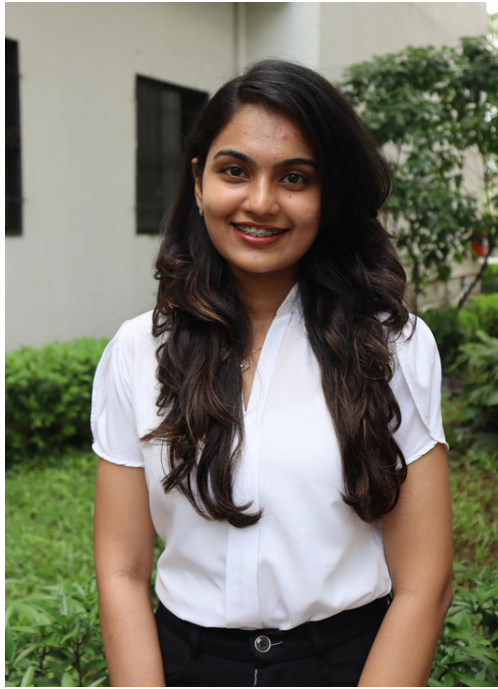
Acknowledging the contributions of those who work tirelessly behind the scenes is essential. It's through their dedication that projects like this magazine come to life.

"All of these stupendous victories are possible all because of this force."

Indeed, it's the collective effort of dedicated individuals that leads to success.

"On behalf of the entire editorial team, I invite you to read and immerse yourself in unfolding art and be exulted."

MEMBER SECRETARY'S MESSAGE



Member Secretary: Meghna Salian

Here, in this moment, reflecting on the path that led me to the esteemed role of Member Secretary for MGMDCH during the Academic Year 2022-23, I'm filled with profound gratitude. This title is not merely an honor; it's a testament to the growth and transformation I've experienced.

I want to extend my heartfelt gratitude to our Dean, Dr. Srivalli Natarajan, for granting me this remarkable opportunity. MGM has been a nurturing soil where I have grown from a shy, reserved individual into someone responsible, confident, and committed to personal development.

My journey, like many of yours, has been a voyage of self-discovery and growth. It's in the countless hours of hard work and collaboration that I've learned the true essence of leadership. I've realized that it's not about being perfect; it's about embracing our imperfections and showing others that greatness can be achieved despite them.

I would like to express my sincere appreciation to our College Working Committee Incharges: Dr. Bharat Gupta, Dr. Sarika Shetty, and Dr. Vaibhav Thakkar for their unwavering support and guidance on this remarkable journey. I would also like to extend my heartfelt gratitude to the incredible CWC that has stood by my side. Every task that has been accomplished is a result of our collective effort, dedication and the support of the entire College Working Committee.

Let us celebrate our achievements, learn from our experiences, and navigate our path towards greater heights. Thank you all for your trust, support, and dedication to our shared mission. It has been an honor to work alongside you.

JOINT MEMBER SECRETARY MESSAGE



Joint Member Secretary: Karina Borate

This journey has been nothing short of a dream turned into reality. Being elected as Joint Member Secretary of Batch 2018-2023 fills my heart with immense gratitude and joy. I owe this achievement to my dear batchmates who saw potential in me and wholeheartedly supported me throughout our internship at MGM.

From the relentless hustle to elevate our performance from A to A++ in NAAC, to the unforgettable memories of the Spandan event and countless others, every moment was a testament to our growth – not just professionally and culturally, but also as individuals with stronger moral values.

These experiences have left an indelible mark on my heart, reminding me that dreams can come true, and true success is often born from the support and belief of those around us.

This five-year journey has etched an irreplaceable place in our hearts. None of this would have been possible without the unwavering support of our dynamic and motherly Dean, Dr. Srivalli Natarajan ma'am and our very own CWC Incharges- Dr. Bharat Gupta sir, Dr. Vaibhav Thakkar sir, Dr. Sarika Shetty ma'am and beloved staff members, non-teaching staff also consistently guided us and went above and beyond to ensure our happiness and bright future.

But what truly made this journey extraordinary was the camaraderie within our Batch of 2018. I am incredibly fortunate to have shared every moment together, and these memories will forever hold a special place in my heart.

MILESTONES OF 2023

The inauguration of the Sedation Center at the Department of Pediatric Dentistry at MGM Dental College and Hospital was graced by esteemed guests, including Dr. S.N. Kadam, (Medical Director of MGMIHS), and Dean Dr. Srivalli Natarajan and Heads of Departments of MGMDCH



On the occasion of celebrating the historic achievement of securing a NAAC A++ grade, MGMDCH had the honor of hosting distinguished guests. Among them were Shree Kamal Kishor Kadam ji, the Chairman of MGM Trust, Dr. S.N. Kadam, the Medical Director, and Dr. Shashank Dalvi, the Vice Chancellor of MGMIHS. A special felicitation was extended to Dean Dr. Srivalli Natarajan, whose invaluable guidance led us to this remarkable accomplishment

Sejal Mane, a talented student of MGM Dental College and Hospital, delivered a captivating dance performance at Spandan 2023, the prestigious cultural event of MUHS, hosted by our college. It was an honor for MGMDCH to have the privilege of organizing this event.



MILESTONES OF 2023

During the Gandhi Daur program, held in memory of Mahatma Gandhi, we were privileged to have Shree Tushar Gandhiji, the great-grandson of Mahatma Gandhi, as our esteemed guest. Mr. Kamal Kishor Kadam, the Chairman of MGM Trust, expressed gratitude and appreciation by presenting Shree Tushar Gandhiji with a token of our esteem—a portrait of Mahatma Gandhi, beautifully painted by Dr. Ankita Deshmukh, a lecturer in the Department of Periodontology.



The 'Eklavya Sports Club' inauguration signifying the institutes commitment to fostering a spirit of sportsmanship, encouraging the students to embark on the journey of Athletic excellence .

The inauguration of the Department of Conservative and Endodontic, graced by Dr. S.N. Kadam, was a moment of pride.

This momentous occasion marked the beginning of a new chapter in our institution's commitment to excellence in dental care and education.



MILESTONES OF 2023



MGMDCH's recognition with the Excellent College Award by MUHS is a testament to our dedication to excellence in healthcare and education. It reflected on the ongoing commitment of the college to providing top-notch medical and dental education while fostering a nurturing and innovative environment for the students.



The Department of Oral and Maxillofacial Surgery (OMFS) conducted a dental camp for cleft lip and palate patients, exemplifying their commitment to providing specialized dental care and support. Their expertise and compassion shine through in their efforts to make a positive impact on the lives of these individuals also promoting awareness for cleft lip and palate care.

HIGHLIGHTS 2023

EVENTS

Christmas celebration
at Seal Ashram



Road Map to NEET
MDS.



Photography Workshop

Mission 16 ; complete solution
from post endodontic treatment
to crown placement.



Orientation towards NEET MDS

Oral Health Observatory Project



HIGHLIGHTS 2023

EVENTS

Orientation program
of first BDS

TMJ and sleep
disorder Screening

Becoming a dentist in
Canada

CBCT Value Added Course

White Coat Ceremony

Electoral Literacy



HIGHLIGHTS 2023

EVENTS

Self defense Workshop



Symbiotic peace and Non violence Workshop



Prescription Writing Lecture.



My story - Mr.Vikram Vora
(CEO of Sabka Dentist)

National Oral Pathology Day
celebration- Field visit to
MEDPRIME TECHNOLOGIES



HIGHLIGHTS 2023

EVENTS

Industry academic collaboration lecture with Ansel

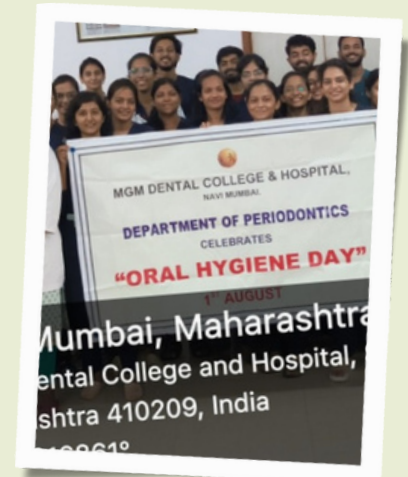


Organ donation drive



Clinical case scenarios in OMFS

Oral hygiene week celebration by Department Of Periodontology



Laser Applications in Dental Practice: Dr. Sana Farista

Field visit to Pillai college of Engineering, New Panvel



HIGHLIGHTS 2023

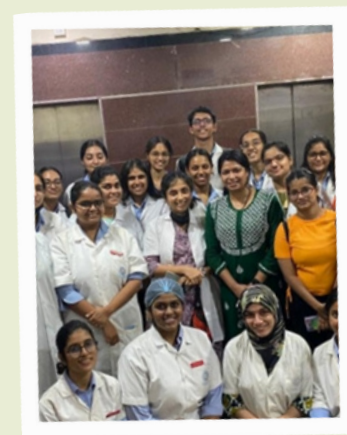
EVENTS

Anti Ragging Week

Lecture & Demonstration
on MSG Index

Fixed dental prosthesis, tooth
preparation, final impression
& provisionalisation

Forensic Odontology



HIGHLIGHTS 2023

EVENTS

Ganpati making workshop

Multidisciplinary approach in clinical geriatric dentistry

ICPA Health products, Industry Academia collaboration

Angel investment funding opportunity



HIGHLIGHTS

2023

EVENTS

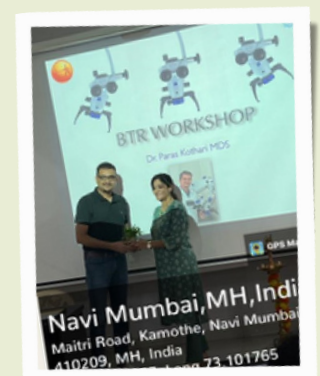
Inaugural Ceremony; Department of Conservative Dentistry & Endodontics



Orientation to class II composite restoration with hands on workshop



Lecture and hands on workshop on separated instrument retrieval



HIGHLIGHTS 2023

EVENTS

● Marathi Rajya Bhasha
Diwas

● Women's day
Celebration by NSS

● Womens day Debate
competition by Kalam

● Visit of Foreign Delegates-
Dr.Graciela (Temple University)

● Workshop on Professional Ethics



HIGHLIGHTS 2023

EVENTS

Research Methodology Workshop

Old age home visit by Kalam

11th National Workshop on TMJ Disorder.

MOU with Temple University Philadelphia

Hands on workshop on basic suturing Technique by OMFS Dept.



HIGHLIGHTS 2023

EVENTS

International Yoga Day
Celebration



Conscious Sedation Lecture



Emergency Drug CDE

Basic Life Support Training



Incubation Opportunities



HIGHLIGHTS 2023

EVENTS

MUHS Foundation Day



Implants Handson Workshop by Dr. Ashwini Padhye



Lecture on Osteopathy in cranial field and TNT



**National Public Health Day
Dentistry Celebration**



HIGHLIGHTS 2023

EVENTS

Field Visit to Venus Safety



Tata Memorial Centre Cancer Workshop



FDP on Research methodology



HIGHLIGHTS 2023

EVENTS

Teachers' Day Dedication



Practice Management and Finances



Conflict Resolution Workshop



HIGHLIGHTS 2023

EVENTS

New Interns Orientation

IKS Health Field Visit

Cleft Lip & Cleft Palate Workshop



Cleft Lip and Cleft Palate Mega Follow up Camp

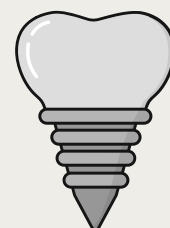


Implant Hands On Workshop



An 'Implant Hands-on workshop' was organised on 19th June 2023, for all Interns in Preclinical Prosthodontics Lab, by the department of Prosthodontics, staff In-charges were Dr. Mangesh Jadhav, and Dr. Pankaj Londhe under the guidance of Dr. Ashwini Padhye Ma'am, a Periodontist & Implantologist. A series of lectures had been conducted all year round by Dr. Ashwini Ma'am over the Basics of Implantology, various clinical scenarios and over the armamentarium required for Implant placement procedures.

This workshop indeed was remarkably helpful to put into practice what was taught & read theoretically. We would like to extend our gratitude towards our Dean, Dr. Srivalli Natarajan Ma'am & Dr. Ashwini Padhye Ma'am for providing us this opportunity to learn and enhance our understanding over the topic and to familiarize ourselves with its particulars & mechanics.



NSS Heads



NSS Heads: Vishwajit Patil
Tanvi Pimpale

It gives us great pleasure to express our gratitude as NSS Interns Representatives of the College Working Committee, 2023.

We want to acknowledge and give our warmest thanks to our dynamic Dean, Dr. Srivalli Natarajan Ma'am, for giving us this opportunity to contribute to the society. We would like to express our gratitude to our staff in charge, Dr. Vaibhav Thakkar Sir and Dr. Agraja Patil Ma'am, Dr. Prachiti Terni Ma'am and Dr. Neeraj Kolge Sir, our mentors and our beloved NSS Volunteers for the constant support and make a spectacle out of every event.

"NOT ME, BUT YOU"

This institute has not just given us the platform to serve the needy but also to develop a sense of social and civic responsibility. All the activities of the NSS Unit like Tree plantations, Cleanliness drive, old age home visits have pushed us one step towards the community we work in. We shall never forget the priceless experiences gained throughout this year.

Our message to all our dearest MGM'ites is, "No matter where life takes you, never forget where you came from." We can together, make the society a better place to live in by the smallest of our actions.

NSS - REPORT 2023



" The best way to find yourself is to lose yourself in the service of others."



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Vangani, Nere,, Panvel Matheran Rd, Wangani
Tarf Waje, Maharashtra 410206, India
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Long 73.183967°
22/12/22 02:54 PM GMT +05:30

Christmas is celebrated as a festival full of love and joy. All NSS Volunteers and Interns spent this year's Christmas in a little different way by celebrating it at SEAL ASHRAM, NERE on 22/12/2022 where we donated books, toys and clothes to the residents. Art Activities and Cultural Performances were also organized.

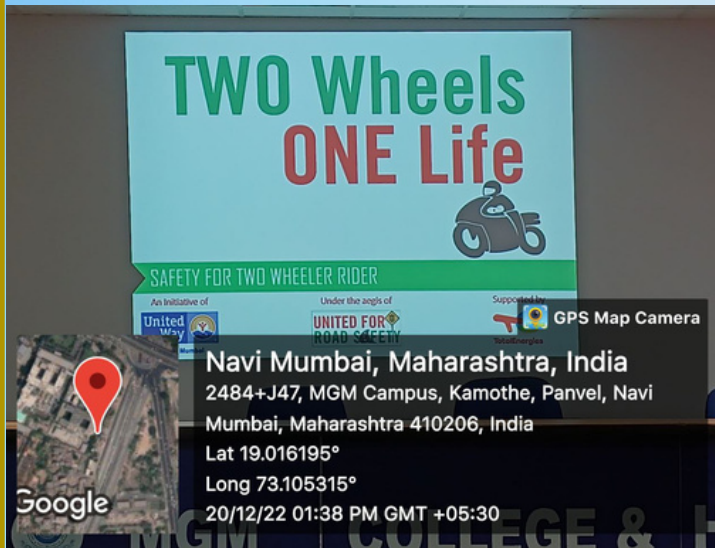


Wangani Tarf Waje, Maharashtra, India
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United for Road safety



"If you follow safety rules, you won't have to face the tragic tales."



On 20th December, NSS unit of MGM dental college and the United way Mumbai collectively conducted road safety awareness programme for the students of MGM college along with live demonstration of use of safety equipments while driving.



NSS unit of MGM Dental College organised seminar on awareness regarding organ donation by Dr. Nilam Gadda

NSS Residential Camp

7days NSS Residential Camp at Shantivan Ashram,Nere was organized in the month of feb in which 25 volunteers, 7interns and 5 faculty members actively participated



Free Dental health checkup Camp and Awareness about oral health was conducted. Along with that sharmadan,lecture on ancient weapons,old age home visit,Cultural performances and Trek was also organized

WORLD NO TOBACCO DAY

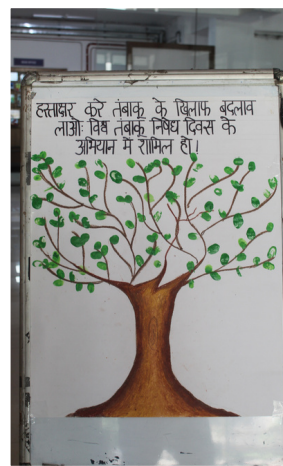
"Let us have an environment free from the smoke so that our coming generations can breathe free."



On 31st May, Department of Public health dentistry in association with NSS unit conducted rally to spread awareness about World No Tobacco Day at MGM Hospital Belapur

Skit performance on harmful effect of Tobacco was conducted at MGM hospital





Signature and Thumb Impression Campaign Of pledging against the use of tobacco at MGM Dental College, Kamothe



EACH ONE PLANT ONE
Under This initiative NSS Unit Of MGM dental college planted 50 Saplings



NSS Unit of MGM Dental College & Hospital, Kamothe, Navi Mumbai in association with Sangurli Gram Panchayat is organised a program on occasion of Meri Maati Mera Desh under Azaadi Ka Amrit Mahotsav Campaign of Government of India. Cleanliness drive was conducted and cloth bag were distributed

SCIENTIFIC SECRETARYS' MESSAGE



Scientific Head: Nachiket Amrutkar
Ashita Reddy

It is a proud moment for us to pen down these few words as the Scientific heads of the College Working Council (CWC) 2022-2023 of MGMDCH. We are thankful to the Management, our Dean, Dr. Srivalli Natrajan, and our institution for giving us this opportunity to take up this responsibility, organizing and encouraging our peers into participating in various scientific activities.

Our college has always encouraged and nudged us toward research and innovation. This past year has been a testament to the boundless potential that resides within each of us, waiting to be awakened through the nurturing environment provided by our institution.

In the annals of history, it has been the audacious dreamers, the ones who dared to challenge the status quo, who have left an indelible mark in our world. Steve Jobs once said, "The ones who are crazy enough to think they can change the world, are the ones that do."

These words remind us that it's often the so-called 'crazy' ideas, the ambitious goals, and the relentless determination that have propelled humanity forward. It's those who see the world not as it is, but as it could be, that rewrite the narrative of human achievement.

Thus we would always encourage our juniors to take part and actively participate in all events be it scientific or cultural as it is in these moments that we come to realize our own strengths and weaknesses, our inherent abilities and ultimately ourselves.

We would like to thank our Incharges Dr. Chinmay Rao Sir and Dr. Divya Naik Ma'am for their constant support and guidance throughout the year.

So now it gives us immense pleasure to pass on this baton to the next batch and bid farewell to this great Institution.

THE SCIENTIFIC REPORT

"Education is one thing no one can take away from you." —Elin Nordegren

If there's one thing that's certain in life is that everything is constantly changing. You may suffer losses when it comes to loved ones, finances, belongings, and the like. But, the thing that you can never lose is your education..This is one motto that our college has always stood by and thus every year a varied number of scientific events are organized for students and faculty alike. This year has been no different. We present to you the scientific report for the year 2022-2023

Our scientific year commenced with a lecture series in Association with the alumni committee on Career Guidance and the varied options available post completion of one's BDS degree.

The first lecture was on 'What Next after BDS?' which was conducted by Dr. Chinmay Rao. Chinmay Sir introduced us a to wide range of career options which we could pursure after Internship. He explained in detail all the career option in both Clinical and Non clinical branches. This lecture gave all the interns a greater insight about the career options available to them and gave a direction to their thought process. Who wouldn't want to go abroad for futher studies right? Many of the interns had the same wish but did not have the exact information about how to proceed.,and so the next lecture in this programme was more oriented toward pursuing a career abroad and we got the perfect guest speaker to guide us. Dr Pallavi was an alumni of our institution who went on to practise Clinical Dentistry in Canada. She gave an overview about her journey to Canada as a clinician. Later she explained in detail about the process of examination and all the legal formalities that one need to follow. She also explained about the recent changes that took place in exam procedure. This lecture was surely a great insight for the interns that wished to pursue a career aborad



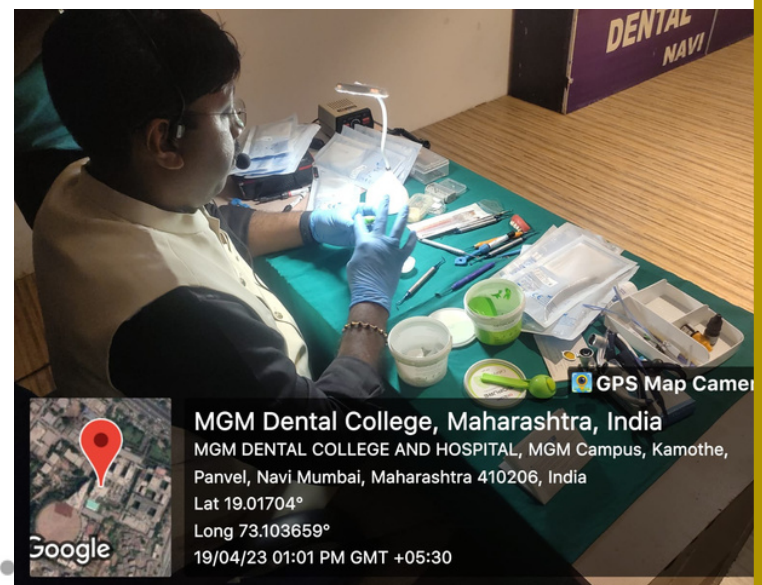
Augmented Reality and Virtual Reality are the terms which are getting popular in the world of technology nowadays. This technology is now being introduced in Medical and Dental fields too slowly. An industry Collaboration was done with "who are prominent in making devices which use these technologies. This event was organized only for staff members. A lecture was conducted which explained in detail about this technology, AR and VR goggles were provided for the participants so they could experience these technologies first hand. This lecture surely made all the participants aware that there was a lot of explore.



"Lateral Thinking is the DELIBERATE breaking of the shackles that inhibit creative and original thinking," And especially in the medical profession this tool is of significant importance and keeping this in mind we had organized a session for the Interns batch that forced them to think laterally and out of the box. This program was done in collaboration with the Oral and Maxillofacial Surgery Department. This clinical case-based discussion program included discussing and solving various interesting cases and coming to conclusions on the diagnosis and treatment plans. Who knew dental diagnosis could be such fun?



The Department of Conservative Dentistry and Endodontics had organized a lecture on Anterior Composites followed by a Hands-on workshop on 19 April 2023. The guest speaker was a prominent clinician in this field- Dr. Pradeep Shetty. He taught about anterior composites right from basics. Later after the lecture, he gave a live demonstration on anterior composites while explaining the procedure in detail. This truly was a very informative lecture about esthetics.



To keep up with the times and equip ourselves with the latest advancements in our field is a mandate for every clinician. The Department of Conservative Dentistry and Endodontics had thus organized a 2-day hands-on workshop on rotary endodontics. This workshop was taken by Dr Ajit Shaligram, a renowned expert in this field. Throughout the 2 days, various lectures, demonstrations, and hands-on experience with rotary instruments were taught to the participants. Overall it was a fruitful and knowledgeable experience for all.



It is important that every student not only equips themselves with clinical excellence but also a profound understanding of the intricacies of running a dental practice efficiently. This a lecture on Practice Management and Finances in Dentistry was organized and Dr Sujith Pardeshi was invited as the guest speaker for the same. Critical aspects of clinical proficiency and financial acumen needed to thrive in the field of dentistry were discussed. The ground reality of what it takes to run a successful practice is what the students learnt in this session. Overall it was a very inspiring as well as aspiring experience for all



In conclusion, the constant efforts taken by our staff and the enthusiastic participation by students is what made this scientific year a success and it reflects our unwavering commitment to the pursuit of knowledge and innovation.



EKLAVYA Sports Club



*"Every Champion
Was Once A
Contender Who
Refused To Give Up"*

ROCKY BALBOA

HEADS- PRASAD THAKARE
SIDDHI CHAVAN
SWARALI TARWADGE
SHUBHAM BIJAGARE

SPORTS SECRETARY'S MESSAGE



Sports Heads: Prasad Thakare, Swarali Tarwadge
Co Heads: Shubham Bijagare, Siddhi Chavhan

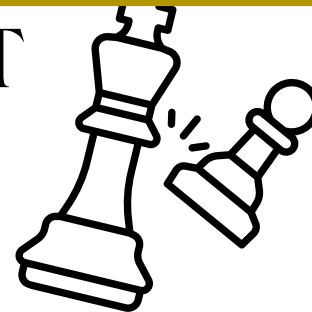
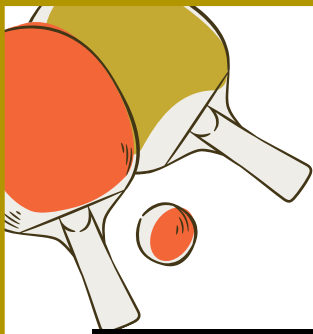
We as heads of Eklavya sports committee want to emphasize that our commitment to providing opportunities and encouragement for each and every event remains unwavering. We believe in the potential of every student at MGM Dental College and Hospital and look forward to a year filled with enthusiasm, camaraderie, and remarkable achievements.

With the collective efforts of our dedicated athletes and the unwavering support of the entire college community, we are confident that we will reach new heights in sports and bring honor to our institution. We also thank our passionate Dean, Dr. Srivalli Natarajan and our supportive Staff in charges- Dr. Sujeet Khiste and Dr. Aditya Shinde for encouraging us through out the year!

Stay motivated, stay active, and remember that sports are not just about competition but also about personal growth and teamwork. Let's make this a year to remember!

THE SPORT'S REPORT

EKLAVYA



MGM Dental College and Hospital's EKLAVYA Sports Club had organized an indoor sports event

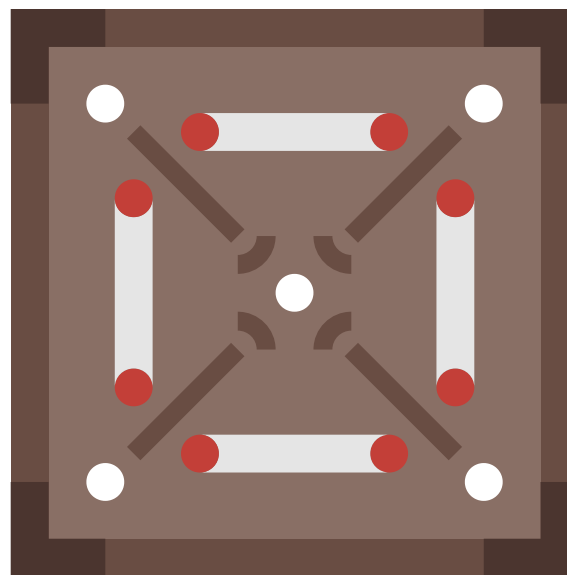
ABOUT THE EVENT

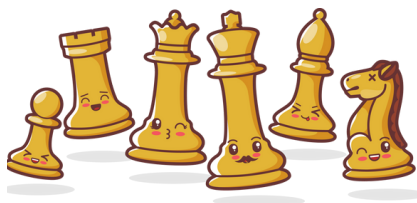
The intercollegiate tournaments of Table tennis, Carrom and Chess were included in the event which took place on 20th and 21 April 2023 in MGM Dental College and Hospital was organised by Dr Sujit Khiste and Dr Aditya Shinde and interns Swarali, Prasad, Siddhi and Shubham

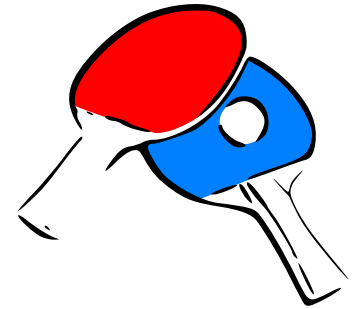
PARTICIPATION

1, 2, 3, final year students, interns and PG students of MGMDCH. Students and interns from other colleges such as DY Patil dental college, BVP dental college, MGM college of physiotherapy and MGM college of Engineering etc.









WINNER

Table tennis

Winner (girls) - Dr. Shreya Dalvi

Runner up - Sanika Rathi

Winner (boys) - Varad Katkamwar

Runner up - Sahil Jain

Doubles

Winner - Sanika Rathi & Varad Katkamwar

Runner up - Sahil Jain & Ayush Indurkhya

Carrom-Singles

Winner - Swapnil Chavan

Runner up - Omkar Chavan

Doubles

Winner - Swapnil Chavan & Shubham Divekar

Runner up - Aachal Rathi & Ved Deshpande

Chess

Winner - Prithvi Bohra

Runner up - Aryan Satikunvar

Guests present-

Dr. Jigna Pathak

Dr. Bharat Gupta



CULTURAL SECRETARY'S MESSAGE



Cultural Heads: Adiba Syed, Shubham Bhavane
Co Heads: Yash Mhadgut, Pranita Janawalekar

**The strength of the team is each individual member.
The strength of each member is the team.
- Phil Jackson**

A rollercoaster of all nighters, lifelong friendships and discovering who you truly are. It all began with internship on 6th October 2022, a blank canvas waiting to be painted with unforgettable experiences and endless possibilities.

The incredible journey started with a bang of enthusiasm and excitement when we, Adiba Syed and Shubham Bhavane and our co-cultural secretaries, Pranita Janawalekar and Yash Mhadgut were appointed as the working cultural team for 2022 - 2023. This year indeed was the most culturally happening year for MGM. If this year has taught anything to us, it is, embracing the chaos and making it count.

We got to explore and surpass our limits of being spontaneous, working under pressure and performing efficiently and getting things done with minimal preparations. A lot of new cultural events happened this year - MUHS Spandan, NAAC, Tushar Gandhi's visit to MGM for Gandhi Daur, etc. All of it was possible due to the effortless contributions by our beloved MGMites who were always ready extemporaneously with their active participation.

A special thankyou to our guiding lights,our CWC incharges - **Dr. Bharat Gupta,Dr. Sarika Shetty,Dr.Vaibhav Thakkar and Cultural staff Incharge Dr. Rashmi Hosalkar** and our biggest mentor,**Dr. Srivalli Natarajan**,who empowered us,motivated us and saw more talent and ability within us than we saw in ourselves.

Those endless after hours CWC meetings that we held,discussing the schematic schedule of each and event,writing scripts,getting participation from people who have never performed on stage,dancing to songs we have never heard of,all of it has made this year the most memorable one.

We just want to express our heartfelt grattitude to all of MGM for making this year incredibly special.Your enthusiasm and active participation have truly made our cultural events shine.Lets hold on to the amazing memories we have created and continue to support and celebrate our diverse talents.

Here's to a grand year,filled with laughter,emotions,creativity,passion and unforgettable memories.It was fun creating magic together with everyone.

May our artistic spirits continue to soar for years to come!



THE CULTURAL REPORT

FRESHERS 2023

As the fresh minds entered the college premises, ready to embark upon their college journey with new friendships, adventure and growth, the juniors were given a glorious welcome party on 16th March 2023, keeping in mind the guidelines of anti ragging and code of conduct committees.

We gave the fresh batch a questionnaire to which they had to give quick witted answers, played some games and asked the students to introduce themselves in creative ways. Based on the games and overall performance of everyone, Mr Freshers and Miss Freshers were declared and crowned.

It provided a great platform to break the ice between the juniors and seniors.



NAAC 2023

When the future of MGM was being decided, entire college including teaching staff, non-teaching staff and the students had come together to show the inspectors what our college has to offer on 11th March 2023.

With the help of our respected dean Dr. Srivalli Natarajan and under the guidance of our super supportive staff in-charges of the cultural event of NAAC 2023 - Dr. Jayeeta Verma, Dr. Sarika Shetty and Dr. Manisha Bhonsle, we rocked the inspection with our stellar achievements, top notch academics and amazing extracurricular cultural activities, leaving a lasting impression on the inspectors.

We did a musical performance on some of the best songs depicting India's secular diversity which was performed by our very own students. A skit was also presented on the life of Mohandas Karamchand Gandhi and his contribution to India's freedom fight. A dance performance was also displayed on stage by our students based on the theme - 'Future India through the eyes of the youth'. It was a successful effort by the students as we were awarded by NAAC with '**A++ grade**'.





SPANDAN 2023

This year was a pioneering year for MGM, as we were then the first batch of MGM to witness an event at MUHS level on 26th and 27th April 2023. Spandan is a popular youth festival by MUHS, this year the famous cultural program of Maharashtra University of Health Sciences was held in association with our very own MGM Dental College and Hospital and we were the privileged batch to be a part of the organising team of such a huge event. The celebration was more grand since the 2nd runner up trophy for solo dance was brought home by our very own college student - Sejal Mane from 3rd year.

The Inauguration was done with great enthusiasm in the main Auditorium of MGMIHS which was graced by the Honorable Pro Vice Chancellor of MUHS - Dr Milind Nikumbh, Student Welfare Director - Dr Manoj Kumar More, Dr. Akshata Prabhu, CEO - The International Glamour project (Actor, model and mentor), famous Indian film producer of movies like 'Shwaas' - Mr. Arun Nalavade and Indian choreographer Mr. Umesh Jadhav.

The event was successfully organised and involved group and solo folk dance performances by students of colleges all across Maharashtra. All dance performances came with a twist, accompanied by live music and singing by their fellow accompanists. The dances beautifully depicted the Rich Indian Culture, the participants beautifully portrayed the culture in their moves, costumes, singing and instruments.

Valedictory function was held on Day 2 and it was dignified by dignitaries like - Mr. Vijay Patkar (Marathi film and Bollywood actor), Mr. Santosh Bhingarde, Mr. Sandeep Naware (film director in Bollywood), Ms. Farah Khan (Senior News Anchor), Dr. Manoj Kumar More and Dr. Swapnil Torane.





INTERNAL EVENTS

As we bid adieu to MGM, on 21st and 22nd September 2023, Interns of Batch 2018 organised a semi-fest event as a last farewell event.

With the active participation of the staff members and students from first to final year we successfully held Funfair competition, Dedication day, Antakshari, Debate Competition and MGM's very own Talent Show.

The events were headed by the cultural heads - Adiba Syed, Shubham Bhavane, Pranita Janawalekar and Yash Mhadgut, the musical heads - Mrunal Sawant and Swarali Tarwadge, the scientific committee - Nachiket Amrutkar, Ashita Reddy and Rhea Dcunha, Treasurers - Anmol Mundhra, Sahil Jain and Dinsha Madhyan and our Member Secretaries - Meghna Salian and Karina Borate.



Dedication day
Theme : Monochrome

Debate
Competition



Funfair day
Theme : Monochrome





Antakshari



Prize distribution



Solo dance
(Talent Hunt)



Group dance
(Talent Hunt)



Duet dance
(Talent Hunt)



Shayari/Poetry
Alfaaz by Kalaam
(Talent Hunt)

WINNER

Event	Prize	Winner
Singing solo	1st	Swarali Tarwadge
	2nd	Mahendra Sanap
	3rd	Mrunal Sawant
Singing Duet	1st	Mrunal & Swarali
	2nd	Sae & Shravani
Dance solo	1st	Kavita Jain
	2nd	Sejal Mane
	3rd	Rajlaxmi Jadhav
Dance duet	1st	Adiba & Pranita
	2nd	Geeta ,Sourabh, Sanya
	3rd	Riya, Jagruti, Ruchita, Ishita
Funfair	1st	Nikshita, Tejal, Nidhi
	2nd	Komal, Arushi, Adishree, Rajvi
	3rd	Sanika, Rushika, Satviki, Subuddhi,Vaishnavi
		Nirmita, Aashna, Anushka, Dhruvi, Medha
Debate	1st	Vishal, Maitri, Zainab, Kaustubh
Antakshari	1st	Ruchita, Arushi, Nandini, Anshu,Shreya, Astha
Open Mic Alfaaz	Winners	Ifrah Khan , Suryank Udasi
Fresh talents		Gauri Khaire - Flute Saket Game - Guitar

NAAC CELEBRATION THE GALA DINNER



CELEBRATION of the success with accreditation of NAAC A++ with Highest CGPA 3.7 was organised on 29th March.2023 inviting & felicitating all the respective dignitaries Ex dean ma'am. Dr. Sabita Ram, all the HODs. Trustees, College Staff members, Teaching and Non teaching staff. Students and Interns.





Event started with a mesmerizing dance performance Ganesh Vandana, followed by group dances of students, interns and the teaching faculty. In accordance, Singing performance by Musical Strings made our hearts rejoice.





MGM CLUBS

 KALAM



 MUSICAL STRINGS



 ARTVILLE



KALAM

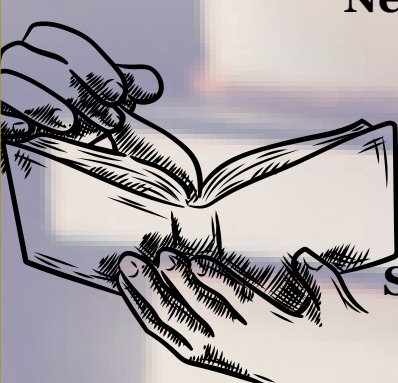
The Literary committee

Let us cherish this gift we share,
In words and voice, we show we care.
Through poetry and stories we create,
A world where emotions and dreams relate.



In a world where voices freely soar,
Thoughts shared, a mighty roar.
Some inspire, some tales unfold,
Through poems and essays, stories untold.

Debates ignite with fervent flames,
Slogans echo with powerful names.
Years cherished, timeless they become,
In pages where legacies are won.



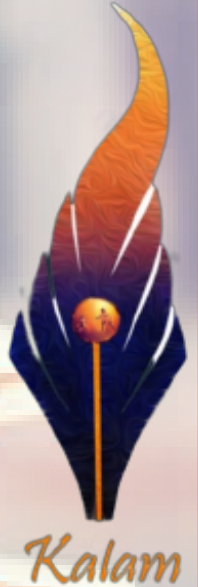
Newsletters capture each event's grace,
Gandhi's center, a sacred place.
With ideals that forever stand,
In the heart of this peaceful land.



So let our words, like ink on a page,
In this world, our wisdom engage.
Preserve the wisdom, let it shine,
In the legacy of words, divine.



Heads of Literary committee
Ifrah Khan
Saloni Bandekar
Sharvari Deshmukh



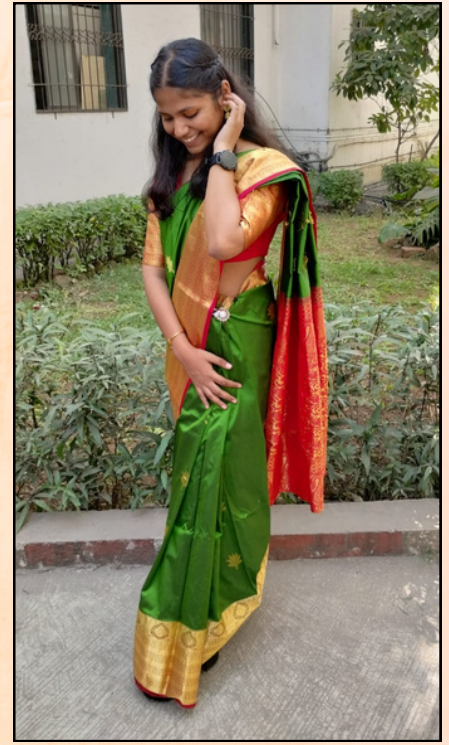
LITERARY HEADS MESSAGE



Saloni Bandekar



Ifrah Khan



Sharvari Deshmukh

"Teamwork and leadership are what make a difference. Ideas are nothing if implemented by the right minds and the right direction."

- Ifrah Khan

In our journey with the Kalam Club, we've witnessed firsthand the magic that happens when individuals come together, driven by a common purpose. It's the synergy of teamwork and the guidance of strong leadership that transform mere ideas into impactful actions.

The Kalam Club has been instrumental in shaping our college's extracurricular activities, and the heart of this transformation lies in the collaborative spirit of our members. Each month, we come together to create newsletters that reflect our shared passion for literature and creativity. It's in these collective efforts that we find the true essence of empowerment and Progress.



We wanted to take a moment to express our deepest gratitude to all of you, especially Dean Dr. Srivalli Natarajan Ma'am and Kalam Incharge Dr. Sarika Shetty Ma'am, for your unwavering support, guidance, and as constant companions throughout this remarkable journey.

Our Literary Committee had the privilege of organizing a series of events that enriched our college experience. From Republic Day celebrations to thought-provoking debates on Women's Day, from the heartwarming Old Age Home visits to promoting physical and mental well-being on Yoga Day, each event has left a lasting impression on us.

One of the highlights was the initiation of the Gandhi Daur and the establishment of the Gandhi Centre, where we proudly celebrated Mahatma Gandhi's ideologies. These events encouraged our fellow students to embrace his timeless principles. The debate competition, "Ek Patra Bapu Ke Naam" (A Letter to Gandhiji), and the Peace March were moments of reflection and inspiration.

Our college fest was a vibrant showcase of talent, especially during the open mic sessions for poetry and shayari, where words ignited the stage with passion and creativity.

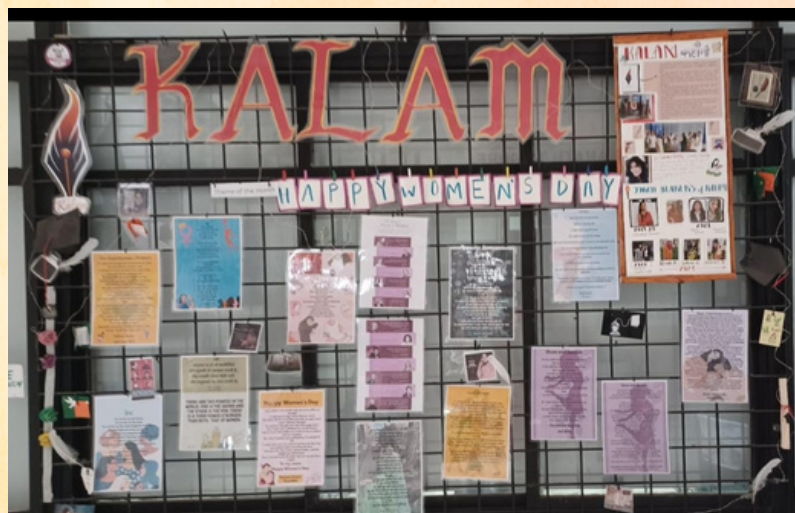
The Kalam Wall, with its ever-changing themes, has been a platform for our fellow students to share their thoughts and ideas. It's a testament to the power of words to influence and inspire.

As the Literary Heads of 2023, we want to convey our heartfelt appreciation for the Kalam Club and its members, which has been our constant source of inspiration and encouragement. Your support has not only allowed us to express ourselves but has also empowered us to create meaningful change through words.

Kalam Wall



Month of January -Republic Day



Month of March-Womens Day



Month of September-Teachers Day

Women's Day Debate Competition



On March 15, 2023, in commemoration of International Women's Day, a spirited debate competition was held at MGMDCH addressing the critical issue of women's empowerment. The event aimed to provide a platform for participants to express their thoughts and perspectives on this essential topic. It showcased the power of informed and passionate voices in advocating for a more inclusive and equitable world.



KALAM

INTERNATIONAL YOGA DAY



Kalam: The Literary Club of MGM DCH had organized a Yoga Workshop, which included a Lecture and a Live Demonstration conducted by Mr. Subhash Prakash Karapu a Yoga Expert and teacher with an experience of 12 years in the field of Yoga and Meditation. The session was a relaxing and rejuvenating one under the guidance of Mr. Subhash Karapu sir.



Yoga is the journey of the self, through the self, to the self.



The Yoga Workshop left a lasting impact on the participants, providing them with valuable tools for stress relief, mindfulness, and holistic well-being. Mr. Subhash Karapu's teachings resonated deeply, encouraging a sense of balance and tranquility in the midst of busy academic lives.

Visit to old age home



**The Older They Get,
The Golder They Become.**

Senior citizens have always been the backbone of the society. Their words of wisdom, experience and unique perspective has always guided us. They know the value of loving and encouraging words. Most importantly, they share those words freely. Wrinkles should merely indicate where smiles have been.

To encourage our elderly and young kids to always keep smiling and shining brightly to guide us with their golden spirit we Kalam-the Literary Committee of MGM Dental College and Hospital

had organised a dental health checkup for the senior citizens at Girija Foundations- NGO in Nere.



Nurturing Hearts & Smiles



Kalam the literary club of MGMDCH had organized a visit to Girija foundation an Old age home in Nere, Panvel. They conducted a free dental health checkup of the elderly and the children, interacted with them and advised them regarding oral hygiene maintenance. Heartwarming poems and letters written by the students were also read out to them. This visit exemplified the spirit of altruism and community engagement. This event proved to be an event where words and deeds came together & created smiles that touched the heart.



Anti - Ragging

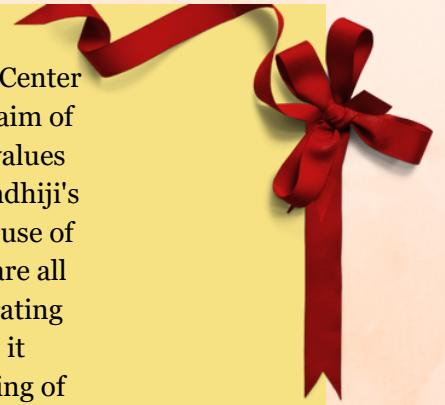


Antiragging programme was held in MGM Dental college and Hospital in view to celebrate Antiragging week 2023 supported by UGC which is from 12th to 18th August 2023. The celebration commemorated with introduction of the event and its importance followed by display of important documentaries issued by UGC. Post then an antiragging seminar was held where the protocols, SOPs and importance of anti-ragging activities was given by Dr. Anjali followed by Dean Dr Srivali Natarajan, throwing light on curbing the ragging activities in all ways and show casting its ill effects.

Inception Of MGM Gandhi Study Centre



The establishment of the MGM Gandhi Study Center was a commendable initiative taken with the aim of creating awareness and instilling Gandhian values and principles among students. Mahatma Gandhiji's emphasis on simple living, high thinking, the use of the charkha, reading books, and meditation are all integral to his philosophy of life. By incorporating these elements into the center's activities, it provides students with a holistic understanding of his teachings and encourages them to apply these principles, especially in their interactions with patients. It's a great way to promote values of compassion, selflessness, and service



A man is but the product of his thoughts.
What he thinks, he becomes



Gandhi Daur

On the occasion of Gandhi Jayanti ; MGM Gandhi Study centre had organised “Gandhi Daur” as a tribute to the heartfelt ideologies and principles of Mahatma Gandhiji with the theme of "Gandhi Today" Gandhiji's contribution to freedom is well known but his ideologies have enlightened India as well as the world even today after so many years- " Simple living and high thinking" and his objective to transform the individual & society can be applied today in the 21st century -the era of common man.In todays world when the world is grappled with so many problems it is imperative to strive and inculcate some of the Gandhian values and philosophies in various facets of our life. Gandhi Daur served as a commemoration of Mahatma Gandhijis timeless legacy and his teachings that continue to resonate with this world .



GANDHI DAUR - VISIT OF Shree TUSHAR GANDHIJI



GANDHI DAUR



On 8th September 2023 , on the occasion of Gandhi Daur programme, lighting of the ceremonial lamp was done at MGM Gandhi Study centre as a heartfelt tribute & symbolizing the illumination of Gandhian principles in our lives. The event was graced by distinguished guests, including Shree Tushar Gandhiji, Shree Kamal Kishor Kadam (Chairman of MGM Trust), and Dr. S.N. Kadam (Medical Director, MGMIHS).



Shree Kamal Kishor Kadam, the Chairman of MGM Trust, shared his insights into Gandhi's life and teachings, emphasizing their relevance in today's world.

Tushar Gandhi, the great-grandson of Mahatma Gandhi, shared his profound views on the relevance of his ancestor's teachings in the modern era. He highlighted the need for continued commitment to nonviolence, truth, and social justice



GANDHI DAUR

Charkha -The symbol of self-sufficiency and freedom



Charkha- the symbol of self sufficiency and freedom, the device that spurred our Independence movement and ignited the spirit of all Indians. In remembrance of Gandhiji's ideology of self sufficiency Kalam-The literary committee had organised a workshop on the use of Charkha. Mr. Jalandhar and Ms. Richa Deokar guided the teaching and non-teaching faculty on the use of charkha. It was a unique experience for all the participants.



GANDHI DAUR

Conflict resolution workshop



MGMDCH took an initiative to conduct a Conflict Resolution Workshop on the occasion of Gandhi Daur with the objective of orienting the participants with the context , conditions and constituents of peace through an all inclusive peace methodology by Dr. John Chelladurai (Dean, Interdisciplinary studies; Professor and HOD , Department of Gandhian studies, Mahatma Gandhi University, Sambhaji Nagar).



GANDHI DAUR

Conflict resolution workshop



The workshop provided the participants with a deep understanding of the historical and contemporary contexts in which conflicts arise and incorporated Gandhian principles of non-violence, truth, and reconciliation into the conflict resolution methods. The workshop also included activities and interesting games that played a crucial role in nurturing a culture of peace, empathy, and dialogue in the participants which are essential for addressing conflicts and building a more harmonious society.

GANDHI DAUR

Meditation



On the occasion of Gandhi Daur, a meditation event was organized by MGMDCH to raise awareness about mental health and inner peace. We were honored to have had Mr. Shalin Bhagat, a Certified Pranic Healer (CPH) and Authorized Instructor by the World Pranic Healing India (WPHI), grace us with his presence and conduct a session on Meditation on Twin Hearts.

The event took place on September 14, 2023, starting at 9:00 am. As an added bonus, participants had the opportunity to experience the healing powers of forgiveness.



GANDHI DAUR

Peace March



On the occasion of International Peace Day, a Peace March was conducted on 21st September 2023 to emphasize the importance of Peace and non-violence.



GANDHI DAUR

Ek Patra Bapu ke Naam



MGM DENTAL COLLEGE &
HOSPITAL, NAVI MUMBAI



Accredited by NAAC with A++ grade

EK PATRA BAPU KE NAAM

On the Eve of Gandhi Jayanti -Kalam, the literary committee of MGM Dental College has organised Gandhi Daur. The theme of Gandhi Daur is "Gandhi Today". In remembrance of the noble principles and ideologies of Mahatma Gandhiji we have organised an event "Ek Patra Bapu ke naam" - a letter dedicated to Bapu. We request all the students, teaching and non-teaching staff to participate in this event and write a letter to Gandhiji commemorating his immortal legacy and role in shaping today's India.



प्रति,
आदरणीय बापूजी

"फरिश्ते से मुलाकात नहीं बस बात करना चाहा है।

ये खत नहीं सैतालीस का यह नए वक्त की काया है।

एकता की बस मूरत है अनेकता वाले राहों में।

चेहरा तेरा पैसों पे पर तेरी सोच नहीं इस भारत में।"

बापूजी ये कविता आपको समर्पित करते हुए मैं ऐसी आशा करता हूँ की आपके विचारों की किरणोंसे हमारे मन का तमस दूर हो और आपके दिखाए हुए सत्य और अहिंसा के राह पर सब चलने लगे

आपका अनुयायी
ओम दलवी



GANDHI DAUR

Interactive session by Dr. M.P. Mathai



An interactive session on "Individual views on social political economic environmental issues" was conducted by MGM Gandhi Study centre on 30th September 2023. Dr.M.P. Mathai graced us with his presence as the guest speaker for the session. The session broadened the students perspectives and enlightened them with the relevance of Gandhian morals and principles to the various facets of todays problems.



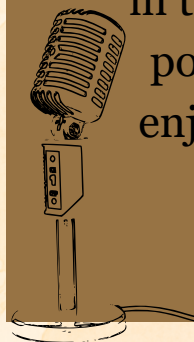
Open Mic



"दोस्ती की राहों में खुशियों की बहार हो,
दोस्तों के साथ हर पल प्यार हो,
राहों में हों जो बीचदन की बाधा,
वो दोस्ती का हर रिश्ता साफ़ हो।"

Shayari is the soul's music, where
words dance to the rhythm of
emotions.

Kalam organized an open mic show
for MGM DCH students on 22nd
September 2023 at the APJ Abdul
Kalam auditorium. The event was a
resounding success as students
passionately shared their thoughts
in the form of shayaris and beautiful
poetries. The audience thoroughly
enjoyed every moment of the show.



LITERARY

 Poems

 Essays

 Shayari



Poems

✧ Satrangi Sa Suraj ✧

Ajj ki subah
Kal ki chamkan hai

Kal ka roshan savera
Ajj se he toh bana hai..

Kal ke aye no jawan
Ajj ke bharat ki shaan hai
Ye hai hamara hindustan
Dr C.V Raman se iski pehchaaan hai..

Kirne toh suraj deta
Par roshni inhone dikhlayii

Kaise satrangi se rangonki
Ajj hai inhone pehchaan karayii

Tum kya jaaano
Ajj ke liye inhone kitni lagan hai lagayi ...

"Prakash ki prakeernan" sikhla kar
Naye yug ko alag andaaz ki baatein kar
Satrangan ke savere se pehchaan karayii

Isey samjhna kaafi aasan tha
Pr sochoo
Kaise sujhi hogi inhe ye baat
Jo ajj bhi hazam na huyi humey ...

Socho kaise naap tol kar
Ki hogi inhone shuruwaat
Jiska jawab mila hoga uss raat..

Kal ki sochkar dekha jaye
Toh hoga kuch na ajj
Kal mai kya he rakha hai
Bas rakha hai toh
Uss Adbhut avtaar ka prayas..

Isliye
Socha jaye toh ajj ki socho
Prayatna kar sikhte raho..
Shayad issise tumhara kal banjaye.

_ Saloni R Bandekar
Intern



Trapped : the final call.

Painless sorrow ; shoutless scream .
 All together ; dragging our souls silently.
 Tell me ; tell me where should I start?
 This war inside of me ..where should I bombard?
 Outbursts of news; deaths toll apart.
 Tears that shed by fears of tommorow.
 How often do you feel this hollow?
 Heart that aches ; remorse and breaks
 Because this is Life; there are no retakes.
 In between your falls and four walls;
 You feel; you are trapped!
 Nothing TO-DO ; no adventure calls
 My friend ;don't fall into this illusion.. 🧠
 Don't you see the reality?!
 My friend ; you are SAVED from a great befall.
 This ongoing is an EPIDEMIC;
 It doesn't see our names; our fames.
 It sees no religion ; stop that communal agitation.
 If you are home ; you are safe .
 If you chose home ; you are brave.
 If you stay home ;you aren't a slave.
 You are life saviour
 Giving halt to their grave.
 Social distancing and Quarantine aren't just hashtags for your gram.
 They are a phenomenon; an effective measure .
 More important than your worldly pleasure.
 A step towards reducing the impact, flattening the curve.
 And YOU are not trapped ; you are the IMPACT.

IFRAH KHAN

POEMS

LOCKDOWN*

गुज़र जायेगा, गुज़र जायेगा।

आंख मे आंसू, और हाथ खाली,
दिल की अवाज कौन सुन पायेगा,

गुज़र जायेगा, गुज़र जायेगा।

अच्चो के साथ बुरा कर के,
खुदा के सामने अच्छा कैसे हो जायेंगा?

गुज़र जायेगा, गुज़र जायेगा।

देश का बुरा हाल, देश ने खुद किया है,
फिर कहते है की वक़्त का क्या है गुजरता है गुज़र
जायेंगा,
गरीब की माँ, माँ की आह, भुका पेट,
नंगा पाओ,
क्या इन्सान इतने जल्दी भुल जायेंगा।

गुज़र जायेगा, गुज़र जायेगा।

हाल देश का और बुरा हो जायेगा,
जब येह *लॉक-डाउन* खुल जायेगा,
परेशान सब इन्सान, कहेंगे !
येह दिन याद बहुत आयेगा।

गुज़र जायेगा, गुज़र जायेगा।

-Huda Usmani

**I was alone in the world, only you as my
pillar of strength
So tall and strong, I never did see a dent
You didn't flinch to sacrifice yourself, you
gave your name without a thought
Sometimes I thought you were too tough,
but I didn't hear your soft heart cry, so full
of love
I guess that's how pillars are meant to be, to
hold us and our mistakes
But I don't possess your perfections, I'm
afraid I'll fail
I realise that even you weren't perfect, but
the way you smiled made everything the
best
I see you now, the cracks and porosities, and
the weight you still do bear
So it's my turn to be the pillar and you my
precious weight
To my mom.
Happy Women's Day
-Rayyan Ansari**

**Title: World Tobacco day
Started at a tender age
Wanted to fit in this world
Wished for your peers to accept you
The pressure, might've been little
But your will, not strong enough
Why do you suffer?
Couldn't eat without it
Couldn't drink without it
Why do you suffer?
Lungs filled with smoke
Didn't know who to blame
Why do you suffer?
Three decades now
No space in your lungs
You talk less but cough more
Why do you suffer?
Lost all your money to cure yourself
Pushed your family to the limit
Dreamt of a clear breath, a painless
laugh
Catching that glimpse of hope
Why did I suffer so much? Not anymore!
I will change
I will succeed
Because the peers I have now
Won't leave me until I'm happy
So take that help and quit your habit
because we will never quit on you.**

-Rayyan Ansari (Final year)

बारिश

सोचता हूँ की,

अगर एक है आसमान

मेरा और तुम्हारा

तो बारिश भी एक ही होगी।

आज बरस रही है मेरे शहर में,

कल तुम्हारे शहर में भी बरसाती होगी।

और इन बारिश की बूंदों से मिलकर

कल एक नदी बन जाती होगी।

तो क्यों ना छोड़ दूँ इस बारिश में बनाकर कश्ती एक कागज की, जिसपर मेरी और तुम्हारी

प्रेम कविता लिखी होगी।

शायद पहुँच जायेंगी तुम तक

वो कश्ती उस नदी में बहकर,

जो नदी निकलकर मेरे शहर से तुम्हारे शहर तक जाती होगी।

तो फिर भी कोई गम नहीं,

अगर ना भी पहुँची तो कश्ती तुम तक क्योंकि जब जब बारिश होती होगी

तुम्हें याद मेरी ही आती होगी।

- अविनाश

Shayari

Usko kya janamdeen mubarak karu,
Jisne khud hume janam diya hai.
Kabhi kabhi bhool jaate hai hum,
Ki ye zindagi ko humne unhi se karz liya hai

Chehre pe muskurahat,
Zubaan ko narm rakho,
Ek behen tumhare bhi ghar pe hai,
Kuch toh sharm rakho.

Chaandni ke thandak me,
Suraj dusri taraf jalta hai,
Tu yu kabhi bhi muskan mat de,
Ye dil badi mushkil se sambhalta hai.

Dubne wale ki mayyat pe,
Lakhon rone wale hai.
Phut phut kar jo ro rahe hai wohi dubone wale hai.
Kis kis ko tum bhul gaye ho gaur karo badakasho,
Sheesh mahal ke rehne wale patthar dhone wale hai.

Sone ka ye waqt nahi hai jaag bhi jaao bekhagro,
Varna hum toh tumse zyaada chain se sone wale hai.

O'Musafir meri baat sunn toh lo,
Khud pe bhi thoda yakeen kar toh lo,
Yun hi nahi milti manzil aasani se,
Pehle uski chaahat me jal toh lo.



-Shardool Jagtap(Final year)

POEMS

LOCKDOWN*

गुज़र जायेगा, गुज़र जायेगा।

आंख मे आंसू, और हाथ खाली,
दिल की अवाज कौन सुन पायेगा,

गुज़र जायेगा, गुज़र जायेगा।

अच्चो के साथ बुरा कर के,
खुदा के सामने अच्छा कैसे हो जायेंगा?

गुज़र जायेगा, गुज़र जायेगा।

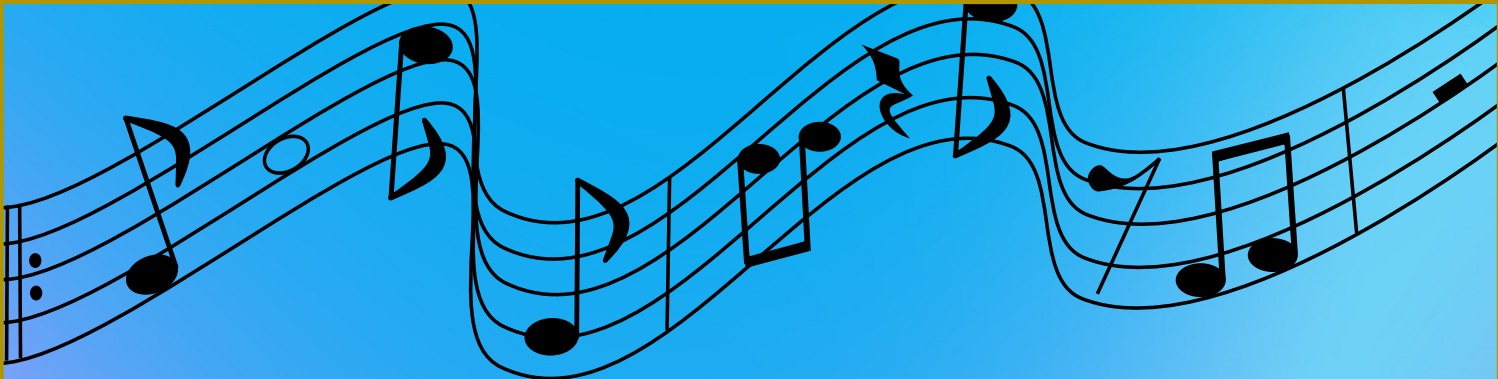
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जायेंगा,
गरीब की माँ, माँ की आह, भुका पेट,
नंगा पाओ,
क्या इन्सान इतने जल्दी भुल जायेंगा।

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गुज़र जायेगा, गुज़र जायेगा।

-Huda Usmani



MUSICAL STRINGS

The Music Club of
MGMDCH



Music Head
Mrunal Sawant



Music Head's Message



Music Head: Mrunal Sawant

Can you imagine your life without music? I certainly can not. It is rightly said that music is the essence of life.

I being a music enthusiast feel very much fortunate as I got the opportunity to head the music club of MGM, 'Musical Strings '. With the constant support of our incharge Dr. Manisha Bhosale ma'am and our very own Dean ma'am we got to conduct many musical programs along with the weekly soulful prayers in the morning which helped us in stress relief. My internship was filled with the amazing events and unforgettable jamming sessions.

My message to all our MGM'ites would be, "Music touches us emotionally, where words alone can't , so don't forget to cherish that magic



Vande Bharat by musical strings



Vande Bharat was organised by The Musical Strings-The musical committee of MGM Dental college. Patriotic songs were sung by the students and interns in the morning assembly on 23rd, 24th and 25th January to celebrate Republic day.

Patriotic songs were performed by interns and students. Residents were also encouraged to actively participate in singing and enjoying the cultural program.



Musical strings presents

Musical Escape

Some find music in everything Some find everything in music

On 21st May a Open mic event was organised by Musical Strings on the occasion of WORLD MUSIC DAY

The primary purpose of World Music Day is to promote the universal language of music and its power to bring people together. It aims to celebrate and appreciate all forms of music, regardless of genre or cultural origin.

With The Musical String Incharge Dr. Manisha Bhosle and intern incharge Mrunal Sawant the event was a big success. Along with the students and interns, faculty members also participated and enjoyed the magic of music.

Musical Escape

Open mic event



Vaishnav jan to

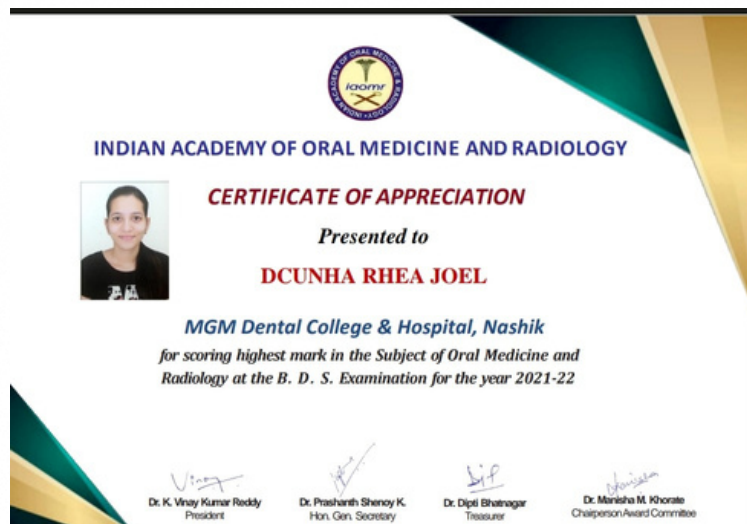
To mark the celebration of Gandhi Jayanti ,MGM Dental College and Hospital observed rendition of Gandhiji's most favourite Bhajan 'Vaishnav Jan To' everyday at the morning assembly at 8.45 am for the entire month of September 2023 by the MUSICAL STRINGS.



Achievement



Rhea D'cunha Of MGM Dental College And Hospital won the Pierre Faucherd Academy Senior Student Award in the year 2023 and Scoring Heighest mark in Subject of Oral Medicine and Radiology of BDS examination in year 2021-22



MGM'S HALL OF FAME



IFRAH KHAN

Intern Topped the Final BDS examination
2022-2023 MGM Dental College and
Hospital.

Feautured in IDA Student Digest
Magazine for her academic and
Extracurricular Activities during her BDS
Journey

MUHS SILVER JUBILEE ANNIVERSARY PROGRAMME



MGM Dental College and Hospital received THE BEST COLLEGE AWARD from the minister of state for health and family welfare Dr. Bharati Thai Pawar and Hon. v.c. Lieutenant General Dr. Madhuri Kanitkar in the presence of all the previous vice chancellors of MUHS, chairman of the UG board of NMC Dr. Aruna vanikar.



Special Mention



Arpita Mungase II BDS MGM Dental College And Hospital has been received the Special Scholarship Award by MUHS on the occasion of their Silver Jubilee year celebration. She received a certificate and scholarship worth Rs. 25,000/- at Silver Jubilee ceremony MUHS, Nashik on 9th June.



UNIVERSITY TOPPER

FELICITATING ACHIEVERS OF THE YEAR 2022-23

FIRST YEAR

1. Muskan Sayed
2. Maanika Kuriakkotte
3. Aashna Jain

SECOND YEAR

1. Nidhi Hatiskar
2. Shailvi Bang
3. Khadija Javed, Preeti Chiluka

THIRD YEAR

1. Anamika Chauhan
2. Bhavesh Patil
3. Rutuja Salvi

FINAL YEAR

1. Shivang Ojha
2. Rajina Shaikh
3. Kavita Jain

Sr No.	Subject	Topper
	FINAL YEAR	
1	Community Dentistry	Avinash Chatriya
2	Periodontics	Kavita Jain
3	Orthodontics	Kavita Jain
4	OMDR	Rajina Shaikh
5	Oral Surgery	Shivang Ojha
6	Cons And Endo	Ruhi Naik
7	Prosthodontics	Rajina Shaikh
8	Pedodontics	Shivang Ojha
	THIRD YEAR	
1	General Medicine	Anamika Chauhan
2	General Surgery	Bharti jat
3	Oral Pathology	Anamika Chauhan
	SECOND YEAR	
1	General Pathology and Microbiology	Nidhi Hatiskar
2	Pharmacology	Khadija Javed
3	Dental Material	Shailvi Bang,Preeti Chiluka
	FIRST YEAR	
1	Anatomy	Aashna Jain
2	Physiology and Biochemistry	Maanika Kuriakkotte
3	DADH	Sohaib Sardar

Achievement section



Rhea D'cunha Intern of MGM Dental College And Hospital held 2nd place in Paper Presentation in DENTCON organized by PDWA



Amrita Agarwal Intern of MGM Dental College And Hospital held 2nd place at Poster Presentation

Achievement section



Ifrah khan
Intern

2ND Prize at paper presentation
at BVP Dental college Scientific Fest



Amrita Agarwal Intern of MGM Dental College And Hospital held 2nd place at
Paper Presentation



PICXELLENC

Pixel Committee



Pixel Head- Akanksha Deshmukh



Pixel Co-Head- Shreya Desai



Pixel Co-Head- Kanishka Sinha

PHOTOGRAPHY COMPETITION And EXHIBITION



Pixel Committee, the Pixel Club of MGM DENTAL COLLEGE AND HOSPITAL had organized a Photography competition and Exhibition on the occasion of WORLD PHOTOGRAPHY DAY on 19th August 2023. The aim of the event was to encourage students towards photography and give opportunity to showcase their talent through the exhibition. Dr. Pankaj Londhe was the in-charge. Event was organized by Interns Akanksha Deshmukh, Kaustubh Raut & Shubham Bijagare.

We were blessed with valuable presence of our staff Dr. Vaibhav Thakkar, Dr. Vineet Kini
Dr. Jigna Pathak.

Winner's

First Prize- Ved Deshpande (3rd year)

Second Prize- Akanksha Deshmukh (Intern)

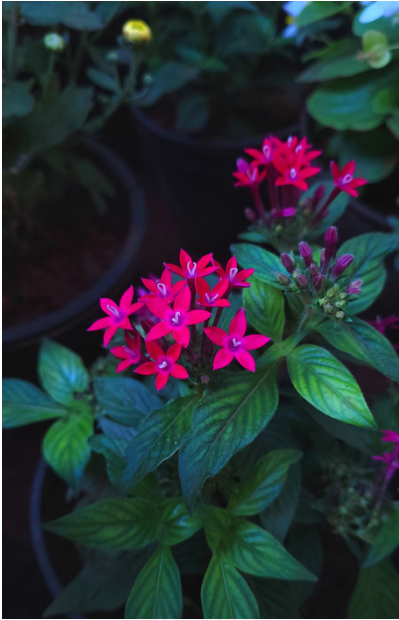
Third Prize- Dr. Bhoomi Parmar



-Kaustubh Raut(Intern)



Dr .Boomi Parmar (staff)



- Avinash Ratnaparkhe (Final year)



- Dr. Pankaj Londhe (Staff)



- Dr. Vaibhav Thakkar (Staff)



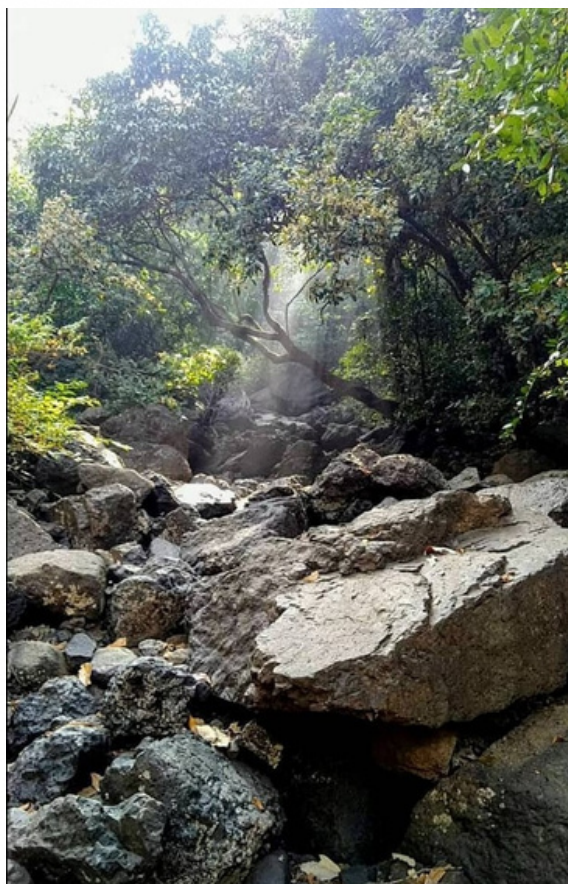
Akanksha Deshmukh (Intern)



- Snehal Pawar(Third year)



-Khushi Chapherkar(second year)



-Gauri Pawar(Intern)



-Gurleen Kaur Batra(Intern)



Rhea D'cuhna (Intern)



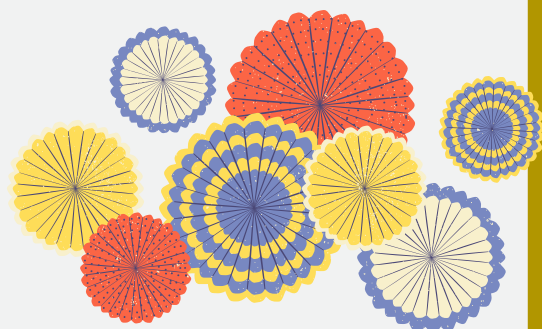
Subudhi Dyade (Intern)



Shreya Desai(Intern)



Siddhita Dhotre (Intern)



We would like to extend our gratitude as the creative committee of CWC 2023.

With the never ending support and motivation of our dynamic Dean maam, Dr. Srivalli Natarajan, the enthusiasm of faculty and students of mgmdch and zealous initiative of the creative team incharge, Dr. Ankita Deshmukh, a lot of exciting art events and workshops were conducted this year - Origami workshop, eco-friendly shadu ganpati making workshop etc to name a few.

KALAKSHETRA art studio was also inaugurated this year and the creative committee helped jazz up the college during NAAC and SPANDAN 2023.

Heads of the Committee

Nishita Kadu

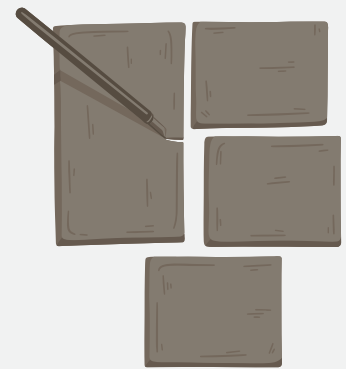
Maitreyee Bhosale

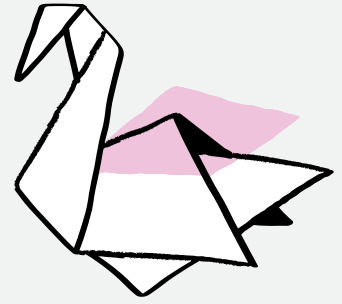
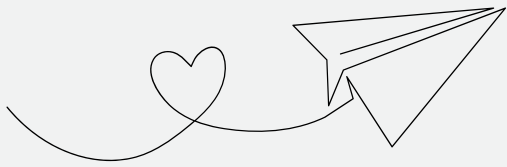
Sneha Tidke

Ruchita Sukhadia

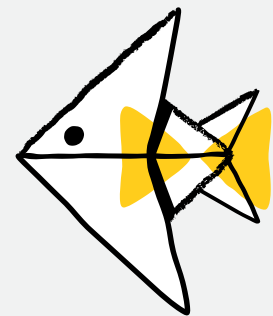
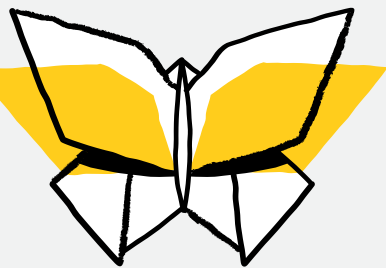
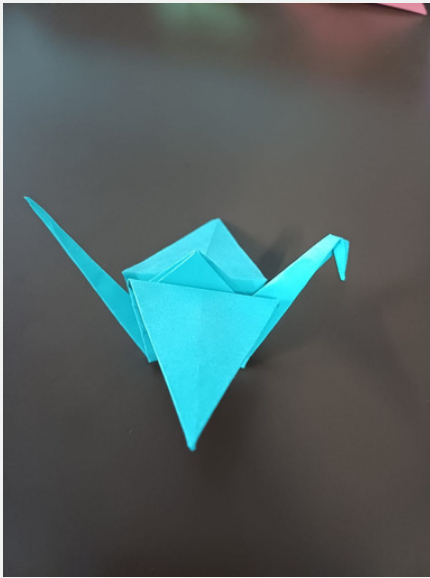


Eco-friendly Shadu ganapati making workshop





ORIGAMI WORKSHOP

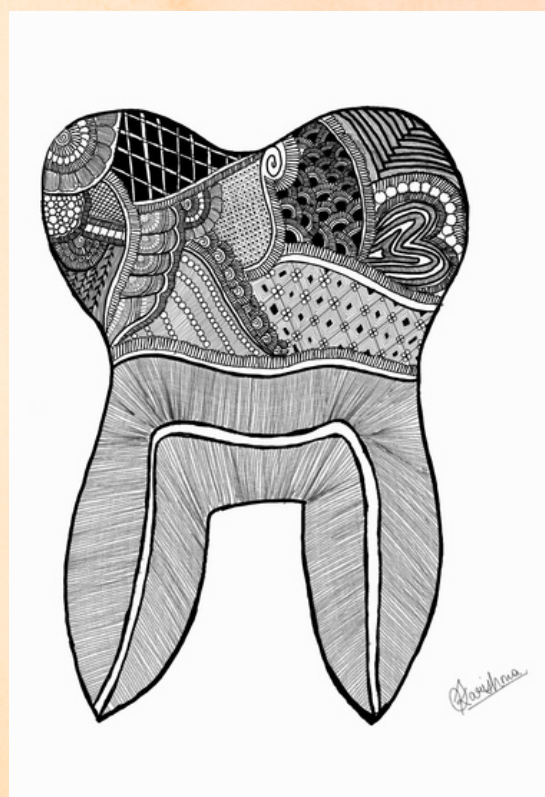




- Pooja Kushwaha(Final year)



-Arushi Godbole



-Karishma Shaikh(First year)



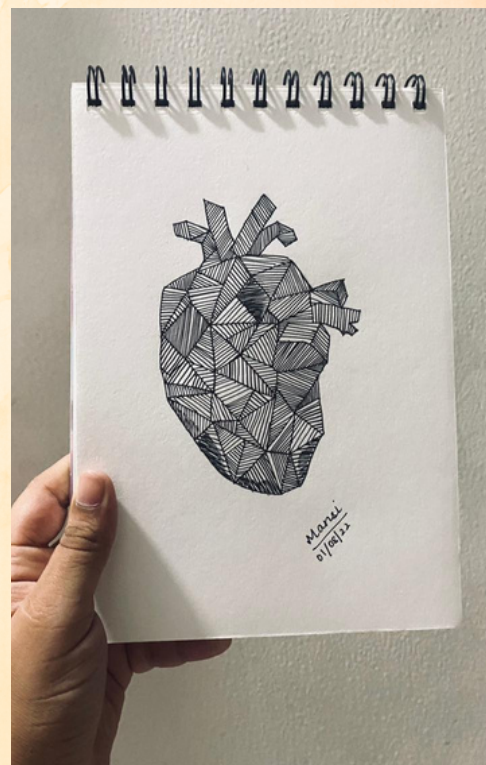
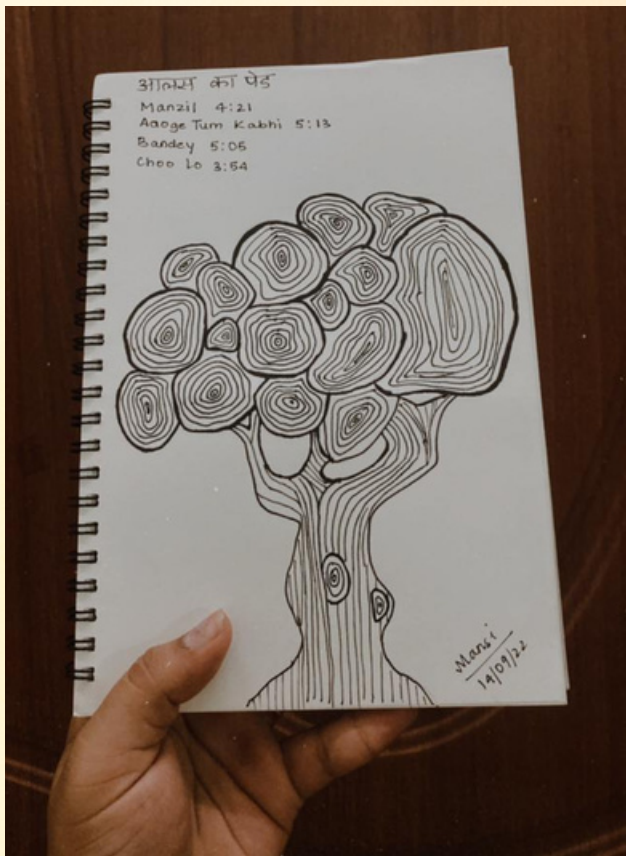
- Anushka Rawal(Second year)



-Sakshi Khedekar(intern)



-Ruchita Sukhadia (Intern)



- Mansi Yetkar(Final year)

PAINTINGS



-Vaishnavi Dudhbhate (Intern)



-By Shailvi Bang(III year)



- Avinash Ratnaparkhe (Final year)



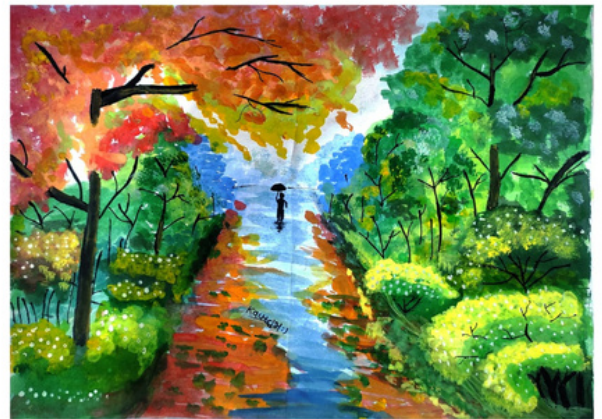
- Rushika Kakade(Intern)



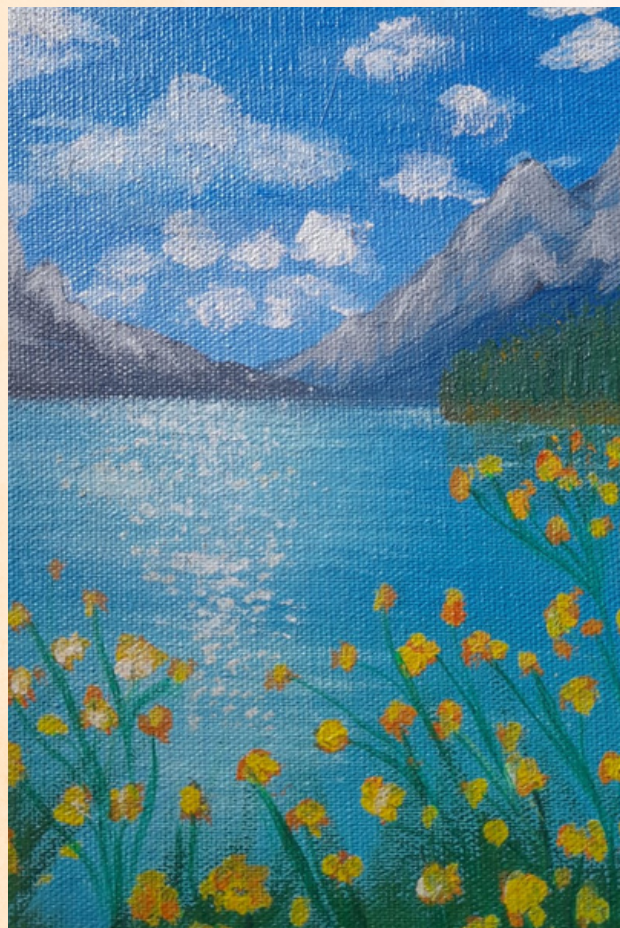
Maitreyee Bhosale (Intern)



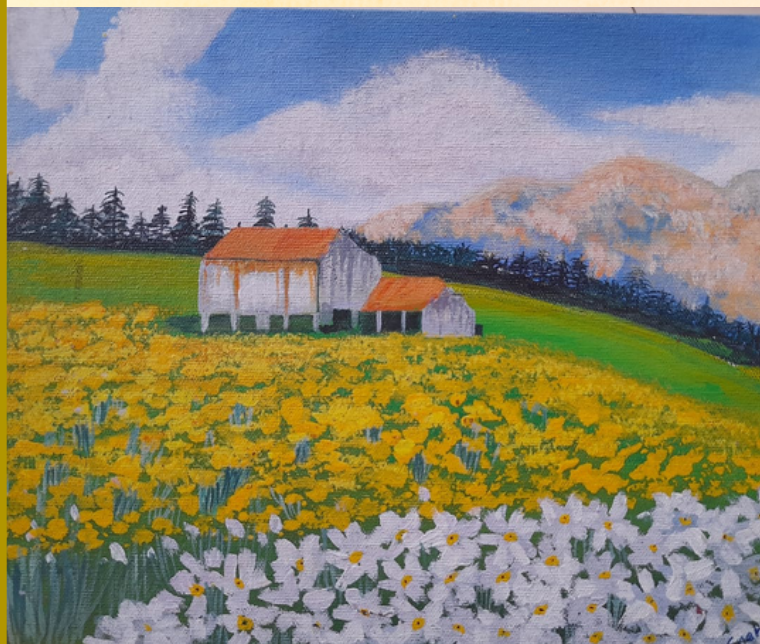
-Sakshi Khedekar (intern)



-Kaustubh Raut (Intern)



Sneha Tidke (Intern)



SKETCHES



- Anushka Gaikwad (Intern)



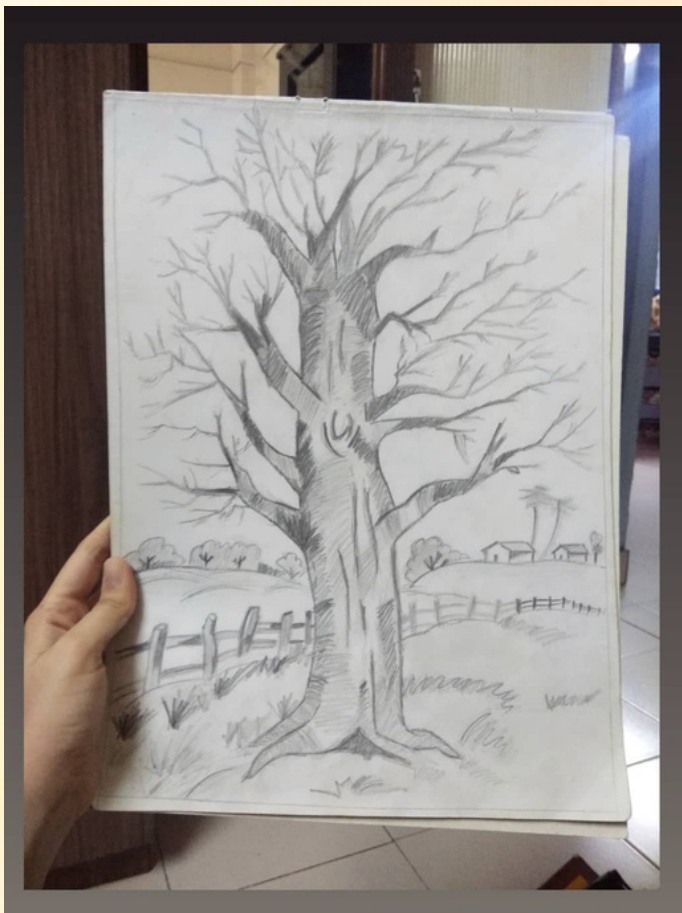
- Vaishnavi Dudhbhate (Intern)



- Srushti Jadhwar(Final year)



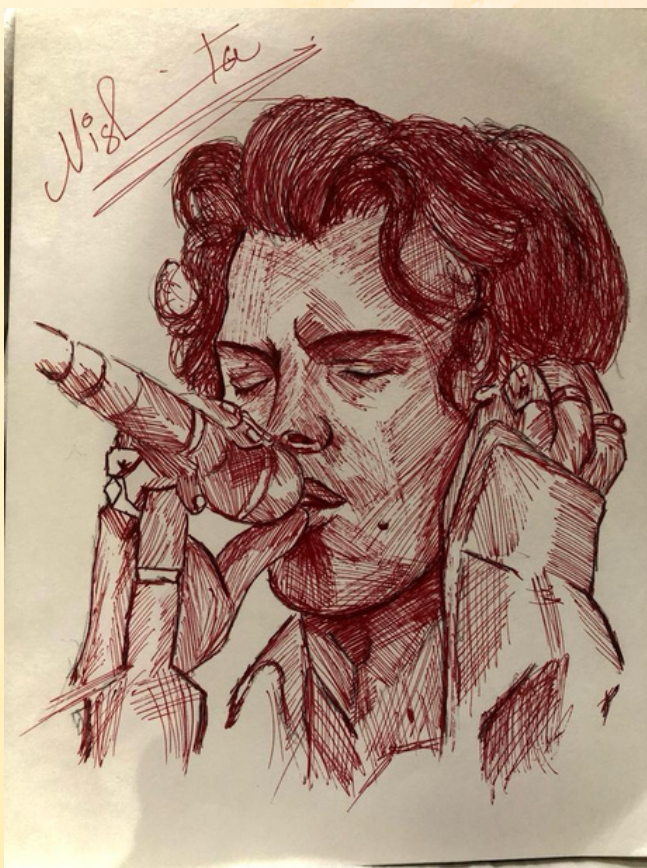
- Akanksha Dhondage(first year)



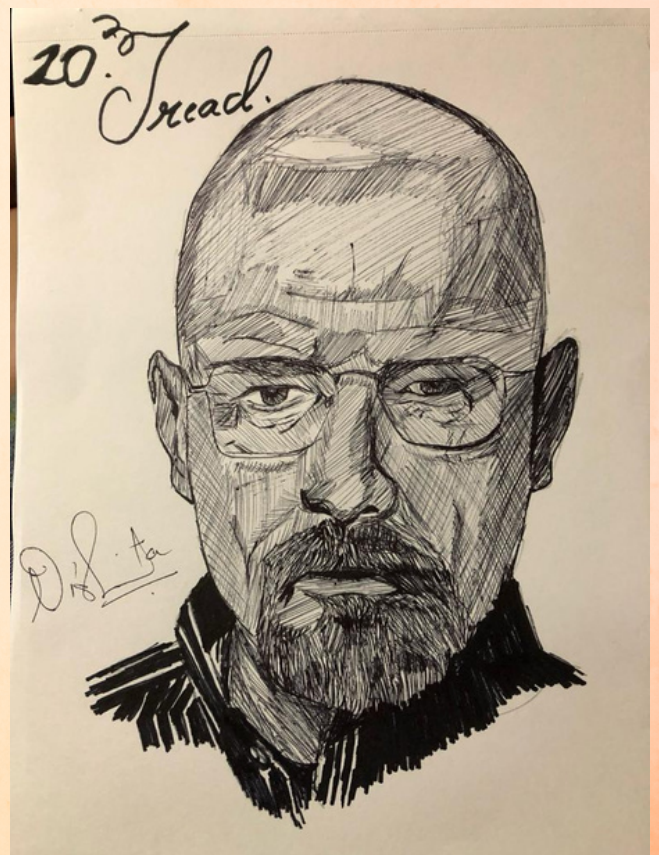
Maitreyee Bhosale(Intern)

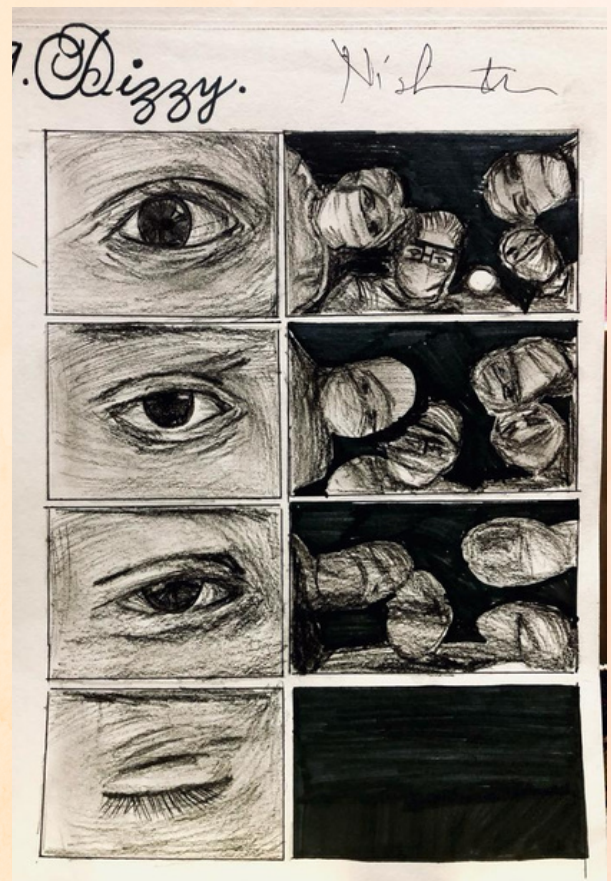


Anushka Rawal



Nishita Kadu (Intern)





Nishita kadu (Intern)

RANGOLI



Rangoli by -
Sanjana Mahajan
Ruchita Sukhadia
Ayesha Khan
Anushka Gaikwad



Dental Myths

Dental myths -

1. Myth Brushing harder means cleaner teeth.

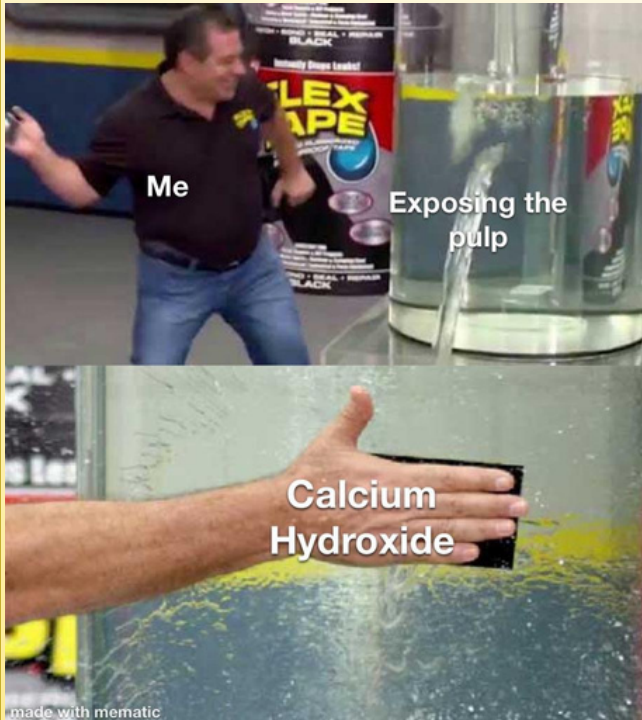
Usually, it's been heard by our elder ones teaching their children to brush their teeth harder so that all the germs can be removed efficiently from the mouth. But brushing hard never means cleaner teeth, rather Doctors suggest using soft bristle toothbrushes than harder ones because harder bristles can cause itching to the gums, rather brushing too hard can wear down the enamel and can cause bleeding of gums, so it's better to use soft brushes and avoid using pressure while brushing.

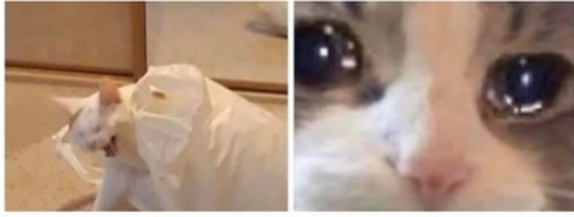
2. Myth - chewing a piece of gum is just as good as brushing your teeth. No doubt chewing gum helps to displace bacteria in the mouth but it is never as efficient as brushing teeth. sugar-free gum helps to increase saliva production, freshen your breath, and remove bacteria but it can not remove the sticky plaque that develops in your teeth, so, it's better to brush your teeth properly to maintain good oral health.

-Lavisha Valecha(First year)



DENTAL MEMES

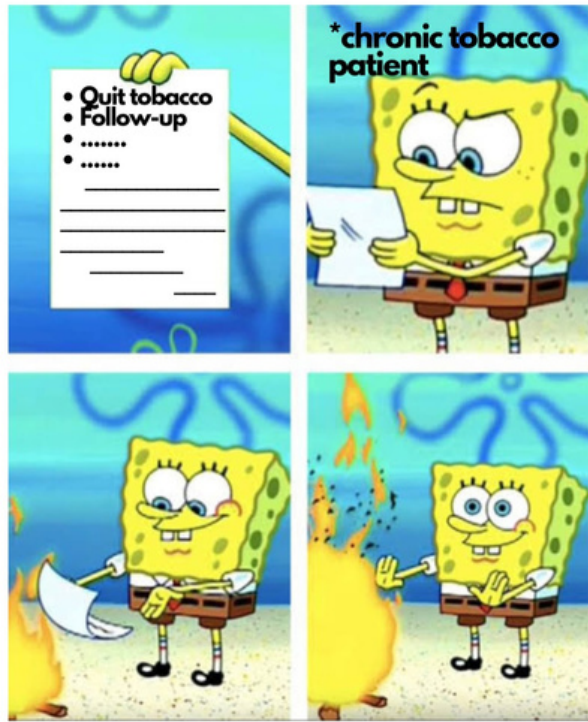




**Your tooth decay watching you
Buy another pack of cigarettes and getting high.
While your oral health is getting low.**

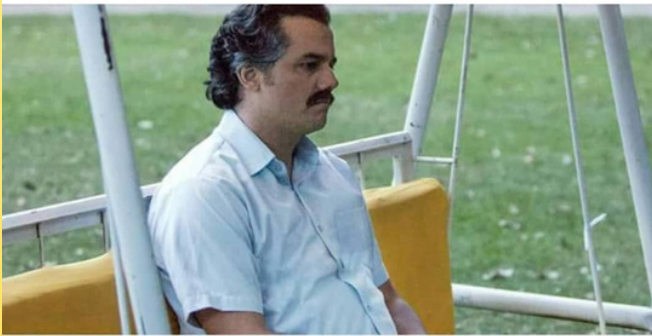


After TCC counseling :



**JASH BHUCHHADA
(3 BDS)**

**The bacteria in your mouth once you start
following proper oral hygiene practices**





WORD SEARCH



WORD SEARCH

U P E V E O L K H Y K S Y D L S F A X N O Z T E
 I J D G D O D V I T A M I N D Y L K U M H O V E
 V E S E R C C D Q J F U F C N R O M A C O O F H
 R P Q W W G E M G C S T X C F N V P S T W Z I I
 P M D J I H S I D I G N I H S U R B H E U J O Y
 S O M A F X Z L R T X K H I K J J P W N J G D O
 E U A D M B K K H K E S Y Y Q T A J U P M O I C
 C T M W C G X D S F U L R W A S J Y Y S L G M T
 A H U X H G G D N U Q B W L T M X K P M J U W O
 R G I P E X C U O P A E M E X V O K W I O F U O
 B U C J E B Q R C Z L L E V Z D F L P L O A Z T
 V A L S S O R E C B P D J F T H Y H A E H I Z H
 P R A E E X I N C I S O R S S J H M K R Q I M B
 K D C P L I O O G R T T N E N A M E L G S S A R
 C Z W D C S T Y U Y E N T T L K A E B M N S H U
 C B N W S N J I C X R G R E D B Q H U S W O A S
 B R F O D R Q L V Y B Q U N K Q I G K Z G L A H
 G N I S S O L F H A F X G F A Q S B G H V F Z S
 G B U V R P H T T R C S O W M U S L E N E L L I
 O U G C D E N T I S T Z Y H H B M J Z Y I A L Z
 J E S P M Z X G V C L D U Q Y C T E M P E T K K
 P K W Y G B C L V T T S O R O O T F V F G N Q R
 H Z H M Z Q G V N M Q F J Y S Y L T T P Z E C C
 A C Z M J P V V A C L H M R S O A Z N L H D C U

Find the following words in the puzzle:

root	plaque	toothpaste	gums	enamel
cavities	cheese	yogurt	milk	brushing
flossing	dental floss	toothbrush	molars	incisors
vitamin d	calcium	mouthguard	dentist	braces
smile				

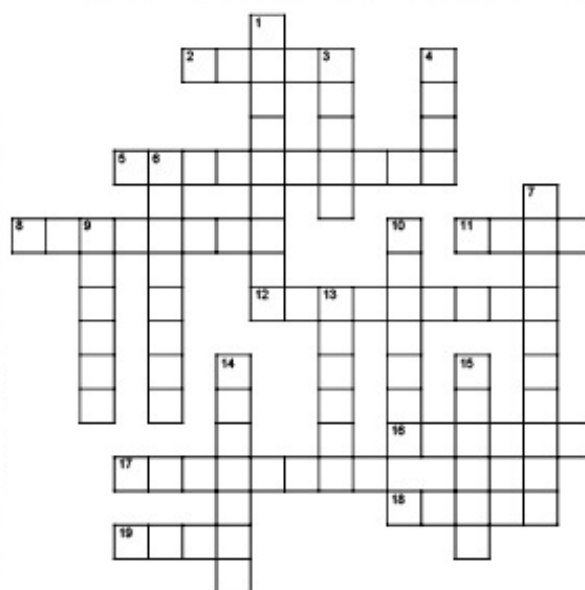
Crossword puzzles

Across

2. Thread to clean teeth.
5. She might leave you money for yourtooth.
8. Small organism that can rot your teeth.
11. Part of tooth embedded in your gums.
12. An expert in clean teeth.
16. Sticky coating on teeth where bacteria multiply.
17. False teeth.
18. Incisors, molars and bicuspid.
19. Tissue surrounding teeth.

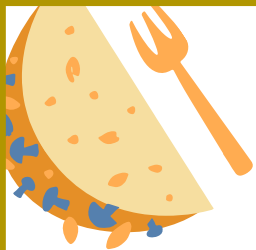
Down

1. What you might gargle with
3. Can give you cavities
4. picture taken during dental exam
6. What the dentist said
7. Tool for chewing your teeth
9. Decayed part of your tooth
10. Visit to the Dentist
13. Rinse your throat
14. Tooth Doctor
15. Teeth straightening wires



Word Bank

Bacteria	Mouth wash
braces	open wide
cavity	plaque
checkup	Root
Dentist	sugar
Dentures	teeth
Floss	Tooth fairy
gargle	Toothbrush
Gums	X-Ray
Hygienist	



FOOD CRAWL

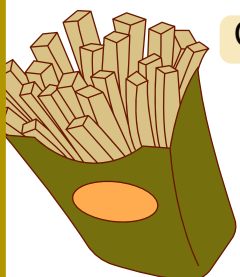


Poshan ke cheese peri peri fries And White sauce pasta



Central canteen ka onion uttapa

Collage ke bahar ka sandwich





MGM PHOTO VAULT



FIRST YEAR



SECOND YEAR



THIRD YEAR



Junior Intern



Interns



POST GRADUATE



Department of Oral Medicine and Radiology



Department of Paediatric Dentistry



Department of Oral Surgery



Department of Oral Pathology



Department of Conservative Dentistry and Endodontics



Department of Prosthodontics



Department of Public Health Dentistry



Department of Orthodontics



Department of Periodontics



Administrative Staff



Library Staff



House Keeping Staff



CWC Committee



Member Secretaries



Scientific Secretaries



NSS Heads



Cultural Heads



Literary Heads



Magazine Head



BLS Heads



Sports Heads



IQAC Head



Hospitality Heads



Pixel heads



Treasurers



Research Head



Music Head



Field Trip Head



Artivelle heads



Deco Heads



Intern Reps



PTA Head



Social Initiatives



Public Relation Heads



Management Heads

MGM DENTAL COLLEGE AND HOSPITAL

Navi Mumbai



DENTAL SATELLITE CENTRE

1. MGM HOSPITAL, KALAMBOLI
2. VASUDEV BALWANT PHADKE SMRUTI MANDIR SHIRDHONE
3. SEAL ASHRAM NERE
4. PRIMARY HEALTH CENTRE, AJIVALI
5. RURAL HOSPITAL KASHELE
6. MGM SCHOOL, NERUL
7. PRIMARY HEALTH CENTRE, NERE

MGM DEEMED UNIVERSITY OF HEALTH SCIENCES AND CONSTITUENT COLLEGES

MGM's College of Engineering & Technology
MGM's Institute of Management Studies & Research
MGM's Dental College & Hospital MGM's College of Physiotherapy
MGM's College of Media Science
MGMS Institute of Research
MGM's New Bombay Hospital, Vashi
MGM'S Hospital CBD
MGM's Hospital, Kamothe
MGM's Hospital, Kalamboli
MGM's Infotech & Research Centre
MGM's Pre-primary School (English & Marathi)
MGMS Junior College Science
MGM's Junior College of Vocational Courses
MGM's Florence Nightingale Inst. Of Nursing Education
MGM's College of Law

MGM's Institute of Indian & Foreign Languages & Comm.
MGM's College of Physiotherapy MGM's Hospital, Ajabnagar
MGMS Sangeet Academy, Mahagami
MGM's Institute of Naturopathy & Yoga
MGMS Institute of Vocational Courses
MGM's Horticulture
MGMS Health Care Management
MGM's Junior College of Education (Eng & Mar.)
MGMS Sanskar Vidyalaya (Pri. & Sec. Mar.)
MGM's Clover Dale School (Pri. & Sec. Mar)
MGMS First Steps School (Pre-primary Eng.)
MGM's Sanskar Vidyalaya (Pre-primary Mar)
MGM's School of Biomedical Sciences

AURANGABAD

MGM's Jawaharlal Nehru Engineering College MGM'S Institute of Management
MGM's Mother Teresa College of Nursing
MGM's Mother Teresa Institute of Nursing Education
MGM's College of Journalism & Media Science
MGM's Medical Centre & Research Institute MGMS College of Fine Arts
MGM's Dr. D.Y. Pathrikar College of Comp. Sc. & Tech
MGMS Hospital & Research Centre
MGM's College of Agricultural Biotechnology
MGM'S Dept. Of Biotechnology & Bioinformatics
MGM's Institute of Hotel Management & Catering Tech

NANDED

MGMS College of Engineering
MGM's College of Fine Arts
MGM's College of Computer Science
MGMS College of Journalism & Media Science
MGM's College of Astronomy & Space Tech,
MGMS College of Library & Information Science

PARBHANI

MGM's College of Computer Science

NOIDA

MGM's College of Engineering & Technology