



MAHATMA GANDHI MISSION DENTAL COLLEGE & HOSPITAL
Accredited by NAAC with "A++" Grade,
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in

Dr. Srivalli Natarajan
Dean.

Tel: 022- 27436604
022-27433185

No.MGM/DCH/742/2024

Date: 06/06/2024

Office Circular no. 58 /2024

The Yoga and Wellness Committee in coordination with Patanjali Yog Samiti, Panvel and Earth, Star Yoga centre is conducting a 7 days workshop on Yoga so requesting all the Students, Interns, Externs, Post Graduate students, Teaching, Non teaching and House-keeping staff to kindly attend the same. The details of the workshop are as below:

- Yoga Instructor: Mr. Subhash Karapu Sir and members from Patanjali Yog Samiti, Panvel
- Date: 18th June to 26th June 2024
- Time: 8.30 am – 10.00 am
- Venue: Auditorium, 4th floor/Yog Vatika
- Yoga Attire: T-shirt (white) and track pant
- Things to carry: Yoga mat or bed sheet and water bottle

Sr. No.	Date	Time	Batch
1.	18/06/2024	8.30 am – 10.00 am	3 rd BDS
2.	19/06/2024		4 th BDS
3.	20/06/2024		2 nd BDS
4.	21/06/2024		Teaching, Non teaching staff and PG's
5.	24/06/2024		Interns and Externs
6.	25/06/2024		1 st BDS
7.	26/06/2024		House-keeping staff

Copy to:

- All HOD's (Dental subjects)




Dean





MGM DENTAL COLLEGE AND HOSPITAL, NAVI MUMBAI.

ACCREDITED BY NAAC A ++ GRADE



Celebrates

INTERNATIONAL YOGA DAY

Organized by :- Yoga and wellness committee in coordination with earth star yoga centre & patanjali yog samiti .

7 DAYS WORKSHOP

18th JUNE to 26 th JUNE



Mr. SUBHASH KARAPU

Yoga Maestro & Holistic Wellness Expert

TIME :- 8.30 a.m to 10.00a.m

VENUE:- APJ ABDUL KALAM AUDITORIUM /YOG VATIKA



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



List of Participants

Sr.No	Names of the Participants
1.	CHAPHERKAR KHUSHI MANGESH
2.	CHHEDA TISHA MAYUR
3.	DHANANI MAITRI KAPIL
4.	DOSHI KRISHA PRAGNESH
5.	GAIKWAD MRUNMAI GIRISH
6.	GHAG ISHA PRASANNA
7.	GOGATE NACHIKET ASHISH
8.	GORDE THEA VIJAY
9.	GULABANI NIRMITA MAHESHKUMAR
10.	JADHAV AARTI RAJENDRA
11.	JADHAV HIMANSHU PRATAP
12.	JADHAV RAJLAXMI SACHIN
13.	JAIN AASHNA NILESH
14.	JAYAKAR GEETANJALI SUDHIR
15.	JUDIT THOMAS KOSHY
16.	JYOTHIKA R
17.	KADAM ADITI SANJEEV
18.	KAMBALE NEHA SHANTARAM
19.	KAMODKAR TANMAY ASHOK
20.	KATKAR GAURAV VIJAY
21.	KHADKIKAR GAURI SHIVKUMAR
22.	PARAB HARSHALI MANOHAR
23.	KUMARE DIKSHA HARIDAS
24.	KURIAKKOTTE MAANIKA MAHESH
25.	LADHANI DHURVI ASHISH
26.	LAKDAWALLA SARAH AMIR
27.	MALI WAL KHUSHI PANKAJ
28.	MALPANI ANJALI GOVIND
29.	MANE PRACHI DILIP
30.	MEDHA RAGHAVAN
31.	MORE SAKSHI AMIT
32.	MUSKAN AGARWAL
33.	NAGDEVE TANUSHREE ASHOK
34.	NANDA SAKSHI HEMRAJ

Sign:

35.	NIMJE RUCHIKA SOMESHWAR
36.	PALVE PRATIK RAJESH
37.	PATIL AVADHUT KRISHNAT
38.	PATIL DEVASHREE SACHIN
39.	PAWAR PRERANA SAHEBRAO
40.	PAWASKAR TANAYA JANARDAN
41.	PHULAMBRIKAR DESHNA NAGSEN
42.	PINGLE SHRUTI SANJAY
43.	PIYUSHA ANUP KRISHNAN
44.	PRASAD MAHIMA JEEWAN
45.	PRITAM VINAYAK THORAT
46.	PUNAMIYA JINAY KALPESH
47.	PURI SHRAVANI ANANT
48.	RAAED R HAWAI
49.	RANPISE RUTUJA SHAM
50.	RAWAL ANUSHKA AJAY
51.	SALVI KANISHKA SACHIN
52.	SANGEWAR VAIBHAVI VISHAL
53.	SANGLE VAIBHAV RAMAKANT
54.	SARA RAJESH PRADHAN
55.	SAYED MUSKAAN ASLAM
56.	SHAH SHRUTI RAJEEV
57.	SHARMA VANSHIKA VIRENDER
58.	SHRAVANI SANDEEP WABLE
59.	SHREYA NATH
60.	SIDDIQUI SHAHFEEN NADEEM AHMED
61.	SINGH TEJASVI VIJAYKUMAR
62.	SONI DRISHTI DHANESH
63.	SONI JAGRITI RISHABH
64.	SHRUSHTI DATTA KHETRE
65.	SURWASE BHAKTI SANJAY
66.	TORASKAR DURGESH MAHENDRA
67.	TUSHAR HIMMATRAO DHAIGUDE
68.	VAID RAZIYA JUZER
69.	VORA HIRAL BHAVIN
70.	WAGH SAPNA SHIVAJI
71.	WARGHAT VAIDEHI BALKRISHNA
72.	YERNE VAISHNAVI NITIN
73.	HRITIK JANKAR
74.	POOJA KEKAN
75.	AGRAWAL SAKSHI MAHESH
76.	AKSHATA CHABUKSWAR
77.	ALI AL AMEEN AHMED ALI
78.	BANG SHAILVI BENIGOPA

Sign:

79.	BHUCHHADA JASH DINESH
80.	BIRAJDAR PRUTHVIRAJ ASHOK
81.	BONGE MORESHWAR JOTIRAM
82.	BORE RHUTU RAJENDRA
83.	CHAVAN KASHISH SHRIPAT
84.	CHAVAN OMKAR SAHEBRAO
85.	CHAYAL PRACHI SATISH
86.	CHHAJWANI PRIYANSHI RAJKUMAR
87.	CHILUKA PREETI UMESH
88.	DESHMUKH JANHAVI GAJANANRAO
89.	DARAK GAURI GOVIND
90.	DESHPANDE VED KISHOR
91.	DISHA DILIPKUMAR SOMANI
92.	GAVALI MAITHILEE VIKAS
93.	GAYDHANKAR SIMRAN SUNIL
94.	GHUGE DNYANDA SHIVAJI
95.	GORHE ADITI ASHOK
96.	HATISKAR NIDHI RANJIT
97.	HOLE KHUSHI DEEPAK
98.	JAIN ANISH SHAILESH
99.	JAIN CHERRY KALPESH
100.	JAIN SAMIKSHA SATISH
101.	KADAM KANISHKA RAJENDRA
102.	KADAM SUKANYA SUNIL
103.	KAMBLE MAYURI MILIND
104.	KAPSE AKSHADA PRAMOD
105.	KHAN PARVAN TALAT ANWAR
106.	KHARAT RITIKA RAVI
107.	KHARAT SHEETAL CHANDRAKANT
108.	KHARAT SHWETA SANJAY
109.	KHARBE INASH RUBAID
110.	KOPARKAR SAHIL MANOJ
111.	KURLE SHANTANU SUHAS
112.	MALI PRATIKSHA NARAYAN
113.	MISHRA ADITI
114.	MOMIN AFREEN MANJURAHMAD
115.	NAIR SANDRA P V SURESHAN
116.	PALWE PRIYANSHU PRAMOD
117.	PAREKH SIDDHI BHAVESH
118.	PATIL JAYANI SUMIT
119.	PATNI DHAVAL LALJI
120.	PAWAR SNEHAL SUNIL
121.	POORNIMA KRISHNADAS
122.	PRANJAL KAMBLE

Sign:

123.	PRASAD
124.	RAHUL LAVATE
125.	RAUT SHIVANI PRAVIN
126.	RINAL SUNIL BAGDIYA
127.	ROSARIO MARY BURTON
128.	SALECHA PRACHI VINODKUMAR
129.	SANGHVI APEKSHA PARESH
130.	SATIKUNVAR ARYAN BHAVIN
131.	SATPUTE HARSHA NARENDRA
132.	SEJAL LAXMAN MANE
133.	SHAH SANIKA SANDEEP
134.	SHAIKH KHADIJA JAVED AHMAD
135.	SHAIKH MAHEEN AHMED MANSOOR AHMED
136.	SHETTY ISHIKA PRAKASH
137.	SHREYA KHUNTEGAVE
138.	SHRIVASTAVA MAHAK ANIL
139.	TEKALE RUTUJA RAMRAO
140.	TEMBHARE AKANKSHA YOGRAJ
141.	UDHAN MANSI KISHOR
142.	VYAVAHARE VIKRANT BHARAT
143.	YADAV DEV SURENDRA
144.	YADAV SADHANA RAMSEVAK
145.	ZAIDI MIZBA AZEEM
146.	AGRAWAL SURBHI SUNIL
147.	ANSARI RAYYAN AHMED ARIF
148.	ANURAG PATIL
149.	APURNA PAL
150.	AVINASH CHHATRIYA
151.	BHATIA KHUSHI PARMANAND
152.	BHARMAL FATEMA MUFADDAL
153.	BHARSAKALE KOMAL MAHESH
154.	BHIRUD SAKSHI KIRAN
155.	BIRAR ISHAN NARENDRA
156.	BORADE TANMAYEE MANISH
157.	CHATE SHITAL DIGAMBAR
158.	CHAVAN SHREYA SURESH
159.	CHOUHAN HEET HASMUKH
160.	DHOTRE MANSI RAJESH
161.	DINESH GUNJAL
162.	GALAPURE MANASI BHARAT
163.	GHOLAP AKSHAY DILIP
164.	INGLE NEHA ASHRUBA
165.	JAGTAP SHARDOOL SHEKHAR
166.	JAIN KAVITA PRAVIN

Sign:

167.	JAMSANDEKAR PRAJAKTA PRASAD
168.	JOSHI SNEHA MAKARAND
169.	KADAM ANUSHKA SACHCHIDANAND
170.	KALE SEJAL JANARDHAN
171.	KANKARIYA MIHIT AJAY
172.	KANUPRIYA ASHOK OJHA
173.	KAPOTE VEDANT RAJENDRA
174.	KESARWANI SONAL LALLU
175.	KHALGE GAJANAN SANDIPAN
176.	KUKADE KSHITIJ GOVINDRAO
177.	KUSHWAHA POOJA MOHANLAL
178.	LATKAR SAKSHI ATUL
179.	LOHAKPURE ABHISHEK MANOHAR
180.	MIRGH HARSHITA RAJESH
181.	NAIK RUHI SADIK
182.	NIDHI CHOUDHARI
183.	OBHAN VISHAL VIJAY
184.	OJHA SHIVANG RAJESH
185.	PANGARKAR VEDIKA SANJAYRAO
186.	PARGAONKAR PRUTHA KIRAN
187.	PATEL DHRISHI BECHRA
188.	PATIL SHRUTI PRADIP
189.	RANE TEJAL GIRISH
190.	SAWANT VALLABH GAJANAN
191.	SHAIKH RAJINA KADERALI
192.	SHAIKH SAMRA GUFRAN
193.	SHERIGAR KRITI KESHAV
194.	SHERKAR RUTUJA VASANT
195.	SHETTY KSHAMA BHASKAR
196.	SHINDE SRUSHTI RAJENDRA
197.	SHINDE TEJASWINI RAJESH
198.	SHREYA MITRA
199.	SINGH ANSHIKA SURENDRA
200.	SURVE KARISHMA DHANAJI
201.	SURYAWANSHI PRATIKSHA VIKAS
202.	VISHE GAURANG KRISHNA
203.	WEER NIKSHITA NILESH
204.	YETKAR MANSI MAHESH
205.	GADKAR ADITI SHRIRAM
206.	AARYA JATIN PALKAR
207.	ABDUL BASIT KHALIL KHAN
208.	ADISHREE PRAMOD PATIL
209.	AGRAWAL KHUSHI SANJAY
210.	AINAPURE HARSHALA NANASAHEB

Sign:

211.	ANSARI SIDRAH SOHEL
212.	ANSHU BHARDWAJ
213.	ATAR MUSKAN MANJUR
214.	BABARIYA KRISHA MAHESHKUMAR
215.	BALMIKI NOOPUR YOGESH
216.	BARASKAR AKANKSHA MAHESH
217.	BATHEJA SOURABH HARESH
218.	CHHEDA JAHNAVI MAYOOR
219.	CHIKHALE RASIKA POPAT
220.	DANI REYA KAILASH
221.	DESAI PRATIK DILIP
222.	DESHPANDE SHREYA SUNIL
223.	DESHPANDE VAIBHAVI YOGESH
224.	DHONDAGE AKANKSHA RAJKUMAR
225.	DIYA SOUMEN CHAKRAVARTY
226.	DURWAS ANANNYA PURUSHOTTAM
227.	GAIKWAD JAGRUTI ASHOK
228.	GAVIT TRUPTI ASHOK
229.	GITE NEHA GAJANAN
230.	GODBOLE ARUSHI
231.	GORE SANKET SATISH
232.	GUPTA SAKSHI MALCHAND
233.	GUPTA SNEHA RAJENDRA
234.	HAJERI ANVI GOPALSINGH
235.	JAIN KHUSHI ASHOK
236.	JAIN PRISHA MAHAVIR
237.	JAIN SANYA DEVENDRA
238.	JAWAL RENUKA ARUN
239.	JOSHI ATHARVA AVINASH
240.	KADIWAL ATHARV CHANDRASHEKHAR
241.	KAPPE RUTUJA PRAVIN
242.	KAPSE ADITYA SANJAY
243.	KATARIYA NAMRATA LATISH
244.	KATKAMWAR VARAD SURESH
245.	KHAN MOHD HUSSAIN IQBAL
246.	KHODADE SHRAWANI SUHAS
247.	KOKATE PRAJAKTA SANJAY
248.	KOLI DAMINI RAJU
249.	KONNUR APARNA RAHUL
250.	MAHAJAN MUGDHA RAJENDRA
251.	MAHIMI HAMZA SAQIB
252.	MAHTO KOMAL ANIL
253.	MAHURE ADITYA SANJAY
254.	MANKAR ASTHA PRASHANT

Sign:

255.	MAYEKAR ADITI AVINASH
256.	MISHRA DIPESH SURYAPRAKASH
257.	MOHAMMED KAIF ABDUL KADIR KURESHI
258.	MRUNAL GAWALE
259.	MUBASSHERA MOHAMMED SAJID
260.	MURARKA RIYA RAJESH
261.	NADAR JIVYAA SELVAKUMAR
262.	NANDINI BHANUDAS KHATAVKAR
263.	PARMAR DARSHI NILESH
264.	PARTH SATISH VICHARE
265.	PATANI VANSHI VIPUL
266.	PATEL RAJVI VIKESH
267.	PATIL AAKANSHA NILESH
268.	PATIL HARSHITA CHANDRAKANT
269.	PATIL KASHISH JITENDRA
270.	PATIL VAISHNAVI VINAYAK
271.	PILLAI NANDINI BALASUBRAMANYAN
272.	PRADNYA SANDEEP SALVE
273.	PREITY VAIKKUNTH PATIL
274.	PRITHVI SANJAY BOHRA
275.	PRIYANKA PADHY
276.	RASKAR BHAGYASHREE DADASAHEB
277.	ROHAN MANOJKUMAR CHAUDHARI
278.	SALUNKHE TANISHQ CHARUDATTA
279.	SANJEEVANI K PARMALE
280.	SAVARDEKAR DATTATRAY RAJU
281.	SHARMA KHUSHI SARIT
282.	SHREEPRASAD AVINASH MAHAJAN
283.	SHREYAS MANOJ MHATRE
284.	SINGH SHREEGEETA MUKESH
285.	SONONE ISHITA PRAMOD
286.	SPRUHA MANISH SURVE
287.	SUPE PRAJAL SANTOSH
288.	SURVE PRANAV SANJAY
289.	TALELE RUCHITA SUNIL
290.	TANISHA SATURDEKAR
291.	TANISHKA SANTOSH PATIL
292.	TATHED REETU RAJESH
293.	THAKUR SARVESH SUHAS
294.	THORAT SHRUTI AMOL
295.	VALECHA LAVISHA ANIL
296.	VALVI NEHA SANJAY
297.	VANNAM SHRAVANI LAXMAN
298.	VAZE AARYA SANJAY

Sign:

299.	VHAVAL ANUSHKA RAJESH
300.	VISPUTE SAEED PRAVIN
301.	ZANJAD JANHVI VIJAY
302.	PANDEY DEEPAK KUMAR PREM PRAKESH
303.	PANDITKAR VEDANTI VIVEK
304.	ADITYA MAHESH BHARATI
305.	AIBARA PORUS FARZAN
306.	ANANYA SUDESH KARNIK
307.	ARNAV DEVENDRA NETAM
308.	ASMI SACHIN MAHALE
309.	AUNDHOKAR SWAYAM VIKAS
310.	BAKSHI ASMA MOTASIM
311.	BASU ANAHITA SUDIP
312.	BHAGTANI ESHAAN ASHISH
313.	BHARNE APARNA ANAND
314.	BHAVSAR GAURI OM
315.	BHOYE AVINASH JAYRAM
316.	BORGAONKAR SHRAVAN SHRIKANT
317.	CHAVAN PREETI PRASHANT
318.	CHAVAN SHIVANI MAHADEO
319.	CHHATRYA KUNAL RAJESH
320.	CHITALIA BANSI AMIT
321.	DABHOLKAR RIYA RAKESH
322.	DESAI VEDA RITESH
323.	DESARDA VINIT SANJAY
324.	DOSHI PRIYANSHI HITESH
325.	DOSHI RIVA JIGAR
326.	FAIZAN KHALID THAKUR
327.	GADHIYA KEVAL PANKAJ
328.	GALA MAHER JATIN
329.	GARDI ANVAYI SUBHASH
330.	GAWIT ADITI DEORAM
331.	GEJAGE ADITYA DATTAPRASAD
332.	GHARGE PRASAD RAMCHANDRA
333.	GORE SANIKA RAJENDRA
334.	GULAVE RUGVEDA ARUN
335.	GUNJAL HARSHALI SANJAY
336.	GUPTA AMAN RAVI
337.	HIRUGADE TRUPTI BALASO
338.	IPSHITA SINGH
339.	JANGID SAKSHI RAJENDRA
340.	JILL JIGNESH VYAS
341.	KANCHWALA UMMEHANI HUSENI
342.	KHAN AREEBA AKRAM

Sign:

343.	KHAN FAIZAN AHMED MOHD ASLAM
344.	KHOT SARVEKSHA RAMESH
345.	KOKANE SANIKA ANSURAM
346.	KOLEY AHANA NETAI
347.	KOTKAR SIDDHI MANOJ
348.	KRUTIKA RANGNEKAR
349.	LADDHA VIBHA PRAVIN
350.	LALWANI ARIHANT PRAFUL
351.	MAHI VILAS SHINDE
352.	MALI KAUSTUBH KAILAS
353.	MANIYA KRISHA DEVDATT
354.	MARATHE NEHA NITIN
355.	MASKE PRATHAMA PRADNYANAND
356.	MATE SHREYA BABURAO
357.	MAURYA ASHWINKUMAR ARUNKUMAR
358.	MEHTA KRISHA CHAITANYA
359.	MORE SAMIKSHA SHASHIKANT
360.	NAGAWADE VAISHNAVI RAJENDRA
361.	NAHAR KRRISHA PRAKASH
362.	NAKKA TANVI SHRINIVAS
363.	NANDANA R NAMBIAR
364.	NEROORKAR RITUJA SACHEEN
365.	NIMBALKAR JAI UMESH
366.	OHAL SHRUTIKA DEVICHAND
367.	PATEL MOHAMMED SUHEB JALEEL
368.	PATIL MADHURA VIJAY
369.	PATIL SWAYAM PRASHANT
370.	PATIL VEDANT PRAMOD
371.	PRABHUDABHOLKAR SIAN SAMIR
372.	PRANALI RAJENDRA BAGAL
373.	PRIYAL RAMESHJI DEVARE
374.	RAJGURU JANHAVI ANAND
375.	RATHOD SUDHANSHU SUNIL
376.	RAUT SHRAVANI MANOJ
377.	RAVAL YASH VIJAY
378.	RUNWAL PRANIKSHA PRITAM
379.	SALOT KEVAL ASHISH
380.	SALUNKHE LAVANNYA SUNIL
381.	SANGLE ADITI SATISH
382.	SARDAR SARIVA GANESH
383.	SAVLA SAUMYA JEETENDRA
384.	SHAH DIVYA CHETAN
385.	SHAH SALONI CHANDRESH
386.	SHAIKH FATIMA BANO GULSHER

Sign:

387.	SHENVI TRISHA DINESH
388.	SHINDE JYOTIRADITYA BABASAHEB
389.	SHRUSHTI RAVATE
390.	SOHAM Y YOGA
391.	SOLANKI SIDDHI NARENDRA
392.	SOMAIYA HETHVI DHARMESH
393.	SONWANE SWATI RUPCHAND
394.	SURYAWANSHI UTKARSH DAYANAND
395.	TAMBOLI MAHEEN HAFIZ
396.	TAYADE SANKET KAILAS
397.	TAYSHETE JANHAVI MAHESH
398.	VAIBHAVI RAJIV RAJADHYAKSHA
399.	WAGHADE RITIK NARESH
400.	YADAV NETRA RAVIKIRAN
401.	YASH JAGTAP
402.	YASHASVI TUSHAR TALELE
403.	YASHWI KUMAR
404.	DR. PRIYANKA TIDKE
405.	DR. ROHIT GADDA
406.	DR. SRIVALLI NATRAJAN
407.	DR. USHA USNANI
408.	DR. RASHMI HOSALKAR
409.	DR. ANJALI
410.	DR. SHOUVIK MANDAL
411.	DR. JIMISH SHAH
412.	DR. JAYEETA VERMA
413.	DR. PADMAKAR
414.	DR. SAURABH WAGHCHAURE
415.	DR. VAIBHAV THAKKAR
416.	DR. DEVANSHI SHAH
417.	DR. RAGINI
418.	DR. PRACHITI TERNI
419.	DR. ANTARA GHOSH
420.	DR. SNEHA KADAM
421.	DR. DIVYA NAIK
422.	DR. SUMANTHINI V.
423.	DR. BHOOMI PARMAR
424.	DR. MUNITHA NAIK
425.	DR. ANURADDHA PATIL
426.	DR. JAYESH
427.	DR. SHRESTHA
428.	PRAVIN SHINDE
429.	ATISH WAGHMARE
430.	KALYANI TURE

Sign:

431.	ALICE V
432.	SUSAN S
433.	ANNAMA BINOY
434.	ANITA SAJAN
435.	LIBBY GEORGE
436.	SAI PADWAL
437.	BALIRAM DHURANDARE
438.	SWATI
439.	AVINASH KANSE
440.	MR. CHAMRANI
441.	SANKET THAKKUR
442.	NAVNATH MANE
443.	AJINKYA YADAV
444.	AJAY SURYAVANSHI
445.	MANDA BAYDEM
446.	MANISHA ULWEKAR
447.	BHAMA
448.	SARASWATI JADHAV
449.	SUNNY PAWAR
450.	CHHAYA SALVE
451.	BHARAT PAGARE
452.	RAM DHAMLE
453.	CHAVAN SHIVAJI
454.	CHOPADE GAURAV
455.	GANDHI SANSKRITI
456.	MUKHARJEE RIYA
457.	ADITYA DINESH
458.	DHORE PRATHAMESH
459.	CHARLOTTE RICHARD
460.	MORE SAYALI
461.	AMBAVAT NEHAL
462.	SHUBHAM PRAJAPATI
463.	SHUBHANGI HATNOLKAR
464.	NEELAM PATIL
465.	KAMINI JAGTAP
466.	DILIP
467.	SANGEETA LAUTEKAR
468.	ROSHAN
469.	HANUMAN
470.	YOGESH
471.	VISHAL NAIK
472.	NILIMA SALWIKAR
473.	TULE PRAGATI
474.	BARGHARE POOJA

Sign:

475.	LAMBATE VIKRANT
476.	GHAG MIHIR
477.	VARUN JAISWAL
478.	SHRUSHTI KHUBHAR
479.	MANSI BHANUSHALI
480.	MRUDULA KATARNI
481.	ANUPAMA WARRIER
482.	DALVI SHREYA
483.	RAJPAL NEELAM
484.	ASHTA HINDAVI
485.	MANGAONKAR MUGHDA
486.	SHOBHA PATIL
487.	SUSABAI HOLKAR
488.	KAILASH HINDE
489.	SANTOSH BHOPI
490.	SHASHIKANT SALVE
491.	PRAKASH DONGRE
492.	ANIL BHANDARI
493.	KANU NAIK
494.	PRAKASH
495.	LODHA MUDIT
496.	DEVANAND GADEKAR
497.	SHEIKH MAHEMUD
498.	PATIL AISHWARYA
499.	KARISHMA LODHIYA
500.	PRADNYA CHOIRE
501.	MIHIR GAGH
502.	ARFATH SHAIKH
503.	JAIN ANCHAL
504.	RITUJA CHAUDHARI
505.	DAKSHATA BENDE
506.	VARUN JAISWAL
507.	BHANUSHALI DHANPATI
508.	MUGHDA MANGAOKAR
509.	HINDAVE ASHTA
510.	AESHA KHAN
511.	SHRUTI MHATRE
512.	POONAM BORADE
513.	ROHIT MAGAR
514.	SANYUKTE INGLE

Sign:



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A⁺⁺" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



Title of Program – WORKSHOP ON YOGA

Number of participants – 514

Date- 18TH JUNE TO 26TH JUNE 2024

Report-

M.G.M Dental College and Hospital in coordination with Yoga & Wellness Committee had organized a Workshop on yoga from 18th June to 26th June 2024 at the Yog Vatika. Yoga instructors from Patanjali Yog Samiti Panvel and Mr. Subhash Karapu had conducted sessions on various yoga asanas and taken brief lectures on pranayam and meditation. The teaching faculty, Non-teaching faculty, post- graduate students, fellowship students, interns, Husekeeping staff and first to final year B.D.S Students attended the yoga session. All the participants were very enthusiastic. Dr. shrivalli natarajan Dean, M.G.M Dental College & Hospital felicitated the Mr. Subhash Karapu Sir and patanjali jog samiti instructors with the certificate and the token of appreciation.

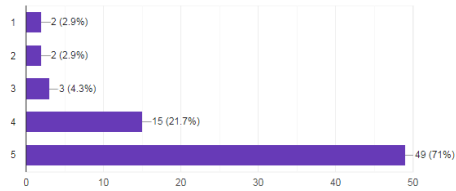
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Overall feedback

1. How would you rate the workshop on yoga on scale of 1 to 5

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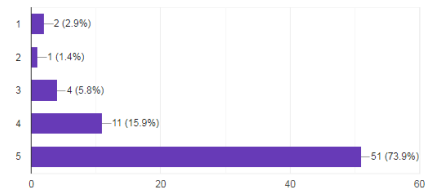
69 responses



2. How would you rate the yoga instructors on scale of 1 to 5

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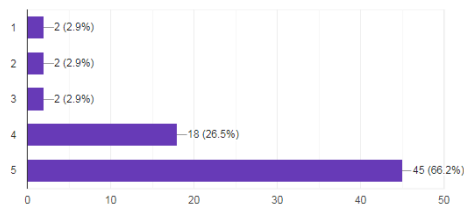
69 responses



3. How would you rate the contents of the workshop on scale of 1 to 5

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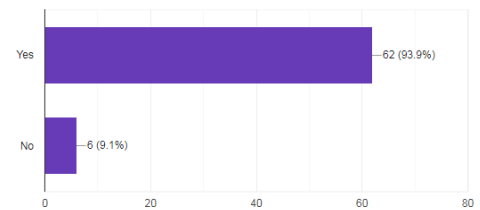
68 responses



4. Would you like to attend the similar workshops on yoga in the future

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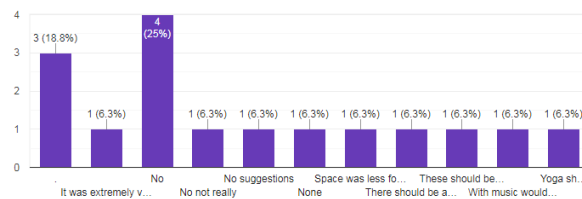
66 responses



5. Any suggestions

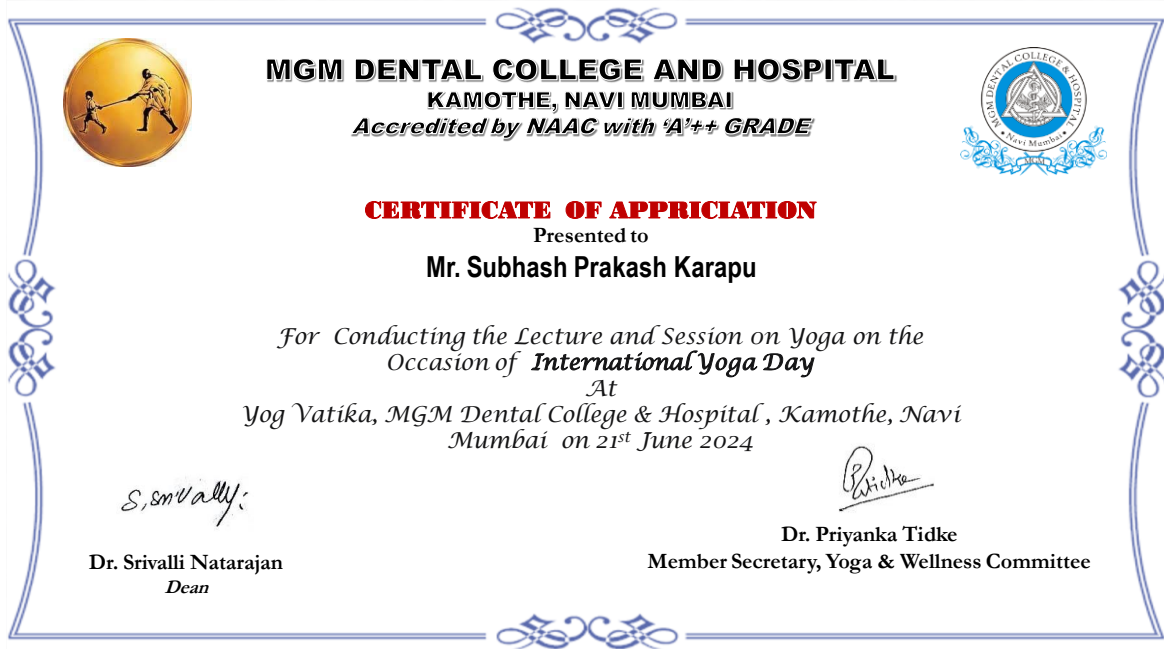
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16 responses

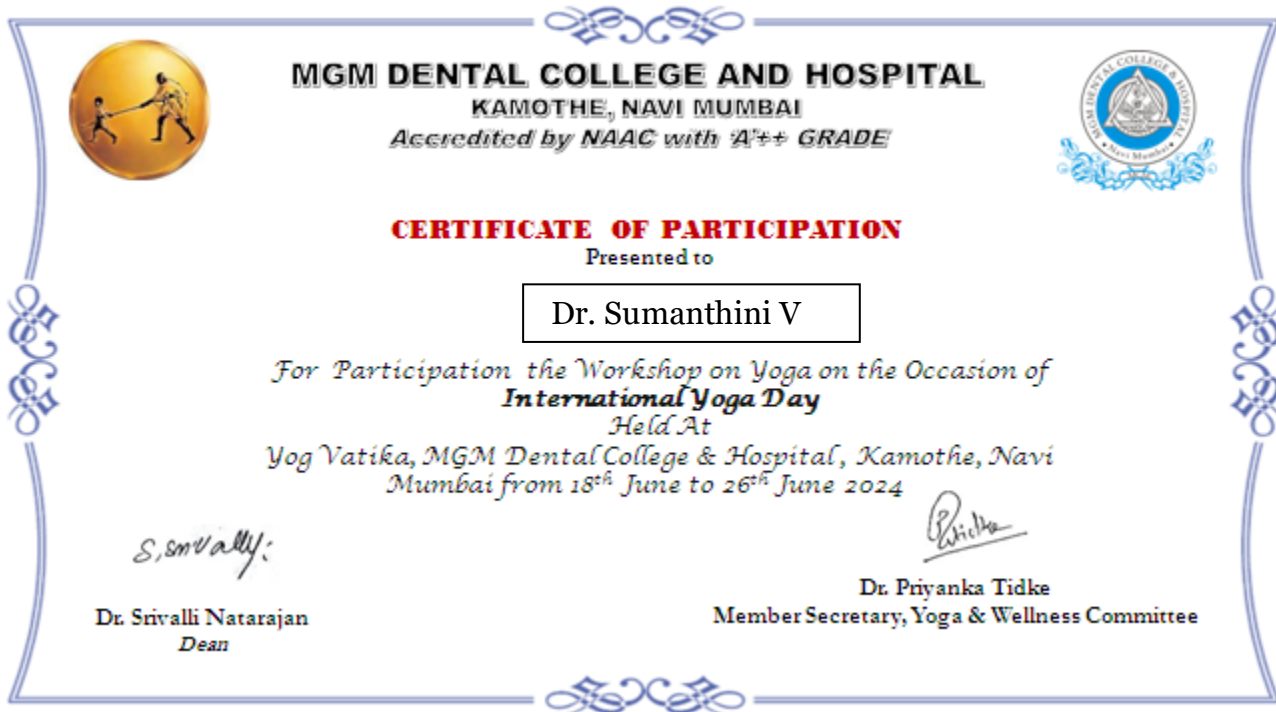


Sign:

Certificate of Appreciation



Certificate of Participation



Sign:

Geotagged Photos:



Sign: