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Mahatma Gandhi Mission's Dental College and Hospital
KAMOTHE, NAVI MUMBAI.

अपनी खबर

WORLD HEALTH DAY

World Health Day, celebrated on April 7th, highlights global health awareness and marks the founding of the World Health Organization (WHO). Each year focuses on a specific health theme, encouraging worldwide action to improve public health. It serves as a reminder of our shared responsibility to promote healthier lives for all.

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Dean's Desk

Today, we join the global community in reflecting on the importance of health and well-being for every individual, regardless of their geography, background, or economic status. World Health Day is not only a celebration of the founding of the World Health Organization, but also a powerful reminder of our collective responsibility to ensure that health is recognized as a fundamental human right.

As students of the health sciences, you are preparing to enter a noble profession that demands dedication, compassion, and integrity. The challenges we face today—ranging from pandemics and climate change to inequalities in healthcare access—call for professionals who are not only skilled but also socially conscious and ethically grounded.

Let this day inspire you to look beyond textbooks and examinations. Think about the communities you will serve, the lives you will touch, and the systems you can help transform. You are the future of healthcare, and with that comes the power to advocate for change, promote health equity, and contribute to a more just and healthier world.

I encourage each of you to take part in World Health Day activities, raise awareness, and reflect on the kind of health professional you aspire to be.

Together, let us uphold the values of empathy, service, and excellence in all that we do.



**DR. SRIVALLI NATARAJAN,
DEAN MGMDCH,
HOD- DEPARTMENT OF ORAL AND
MAXILLOFACIAL SURGERY**

Subeditor's say:

World Health Day, celebrated every year on April 7th, marks the founding of the World Health Organization (WHO) in 1948. It serves as an important platform to raise awareness about global health issues and mobilize action toward better health outcomes for all. Each year, the WHO selects a theme that reflects a priority area of public health concern, encouraging individuals, communities, and governments to engage in meaningful dialogue and reform.

As a professor in the health sciences, I see this day as an essential opportunity for both reflection and inspiration. It reminds us that health is not just about the absence of disease, but a state of complete physical, mental, and social well-being. In our rapidly changing world—facing challenges such as pandemics, environmental threats, and inequality—collaborative, interdisciplinary efforts are needed more than ever.

For students and future professionals, World Health Day is a call to embrace your roles as advocates for equity, sustainability, and compassion in healthcare. Whether through research, clinical care, or community outreach, your contribution matters.

Let us use this day not only to celebrate progress but to renew our commitment to building a healthier, more just world for all.



DR. SARIKA SHETTY
PROFESSOR, DEPARTMENT OF
PERIODONTICS

Faculty's say:

Today, we come together to observe World Health Day, a global event celebrated every year on April 7th to raise awareness about important health issues and promote healthier living worldwide. This day also marks the anniversary of the founding of the World Health Organization (WHO) in 1948.

Each year, World Health Day highlights a specific health theme to focus international attention and action. Whether it's mental health, universal health coverage, or climate change, the goal remains the same: to encourage individuals, communities, and governments to work together toward better health for everyone.

As your professor, I want to remind you that health is more than the absence of illness—it is a state of complete physical, mental, and social well-being. You, as future healthcare professionals, have a crucial role to play in ensuring that everyone, regardless of background or circumstance, has access to quality care.

Let this day be a source of inspiration. Think about how your knowledge, compassion, and future actions can make a real difference. Whether in the classroom, clinics, or the wider community, your contributions can help shape a healthier and more equitable world.



**DR. JAYEETA VERMA,
DEPARTMENT OF CONSERVATIVE
DENTISTRY AND ENDODONTICS**

Fixed Dental Prosthesis – Add-on Course



An Add-on course on “Fixed Dental Prosthesis – Tooth Preparation, Final Impression, and Provisionalisation” was conducted for II Year BDS students by Dr. Ragini Sanaye, Dr. Kashmira Pawar, Dr. Pooja Kakade, Dr. Khizer Syed. The course commenced with a lecture by Dr. Kashmira Pawar that provided a brief introduction to Fixed Dental Prosthesis, focusing on the procedures of tooth preparation and final impression techniques. The lecture was aimed towards familiarising students with the theoretical aspects and clinical relevance of the procedures. This was followed by a live demonstration of tooth preparation on a typhodont in the Pre-clinical Prosthodontics Laboratory. Faculty members showcased the step-by-step protocol for achieving proper tooth reduction and margin design. constructive feedback based on their performance.



The interactive and hands-on session concluded with a feedback discussion and a brief Q&A, allowing students to clarify doubts and reflect on their learning. Overall, the session proved to be an enriching learning experience, enhancing both the theoretical understanding and practical skills of the students in Fixed Prosthodontics.



International Dance Day Workshop



For all the dance enthusiasts (and non-enthusiasts), in case you missed it —

An exciting workshop was organized on the occasion of International Dance Day by the dance club 'Nritya' (Dr. Jayeeta Verma and Dr. Tanvi Satpute) for the students and staff of MGMDCH. The workshop was held for 2 days at the department of Orthodontics .

A total of 27 staff members actively participated in the event, while an impressive turnout of 40 students joined in on the second day. The genre for the workshop was Bollywood, and the vibe was just right — with everyone dressed in kurtis and formal shirts, the energy and aesthetics felt picture-perfect.

The choreography was done by Dr. Jayeeta Verma and an Intern Ms. Priyanshi on 'Aaja Nachle' i.e. in-house, which made it more exciting!

As Ms. Priyanshi shared, "All the staff members who joined had a great time. They felt relaxed, free from their professional stress — it was fun and nostalgic, taking them back to their own college days. Overall, it was so worth being part of the workshop."

On the second day, the students' session was led by intern Sejal Mane, assisted by intern Moreshwar Bonge. Cherry on the top , refreshments were served on both days — a delicious mango tart paired with refreshing lemonade.

Amidst busy schedules and demanding routines, the dance workshop served as a beautiful reminder — that sometimes, all we need is a little music, a few moves, and a lot of joy to reconnect with ourselves and each other.



Good Clinical Practice session on 'Do's & Don'ts in Medical Emergency in Dental Practice'



A lecture on “Do’s & Don’ts in Medical Emergency in Dental Practice” was conducted by a renowned Anesthetist, Dr. Pradnya Sawant on 29th march 2025. She enlightened our audience with the various essential emergency must-have drugs in a dental set-up and more importantly, its application. The program was organised by Department of Pedodontics & Preventive Dentistry



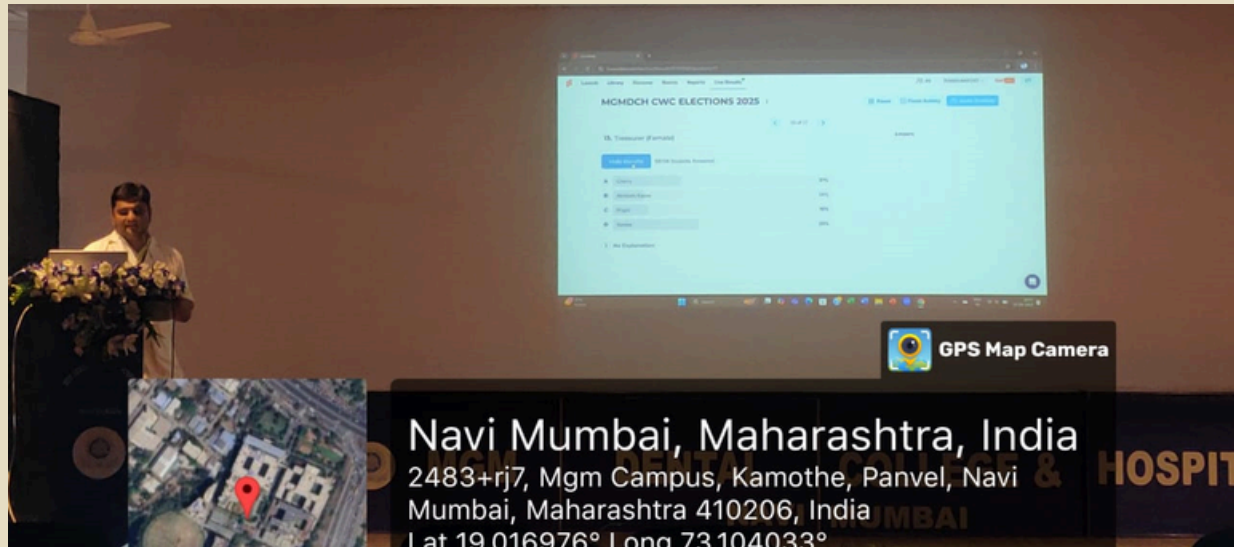
Dr. B. R. Ambedkar day Celebration



The NSS unit of MGMDCH, organised a debate competition on account of 134th birth anniversary of Dr. B.R .Ambedkar on 17th April,2025. The topic of the debate was "The Relevance of Dr. B.R. Ambedkar's Ideologies in Contemporary India". The program commenced with a brief tribute to Dr. Ambedkar, highlighting his contributions as the architect of the Indian Constitution, a social reformer, and a champion of equality and justice. The session started by lighting the lamp by our guests and with heartfelt reverence, we placed flowers and garlands on Dr.B R Ambedkar's photo as a tribute to his memory and to honour his immense contribution to our society. Participants passionately argued both in favor of and against the topic, showcasing deep research, analytical thinking, and a firm grasp of Ambedkar's philosophies. The debate shed light on issues such as caste-based discrimination, reservation policies, economic empowerment, and constitutional rights. Many speakers emphasized how Ambedkar's vision of social justice and equality continues to resonate today. The event concluded with a vote of thanks by Dr.Pankaj Londhe. The event was a great success and appreciated by all



Elections for College Working Committee (CWC)



The College Working Committee (CWC - 2025) elections were conducted successfully on 15th April 2025 at the Dr. APJ Abdul Kalam Auditorium, MGMDCH. The elections were held among the internship batch of 2025, with 66 nominees contesting for 33 available posts. The voting process was conducted online through Socrative.com, ensuring a smooth and transparent procedure. All eligible students actively participated in the election, showcasing commendable enthusiasm and engagement. The event was meticulously organized by Dr. Vaibhav Thakkar, Dr. Bharat Gupta, and Dr. Sarika Shetty, who oversaw all aspects of the election process from nomination to the announcement of results. The election results were declared on the same day, immediately after the voting process concluded. Following the announcement, the new CWC Committee members were elected. This successful event reflects the democratic spirit and the organizational efficiency of the institution and its students.



Krutyātra

Krutyātra comprised of two events , INVESTITURE CEREMONY & a SESSION by MAAsterG .

Investiture ceremony



Official investiture Ceremony of college working committee & MUHS students' council was a great success which happened to be on 25th of April .

The event aimed to inspire leadership and instill responsibility and celebrate the appointment of student representatives . The programme commenced with a soulful Ganesh Vandana invoking Divine blessings of the journey ahead. MGMDCH dean DR. SRIVALLI NATARAJAN addressed the gathering with encouraging words, highlighting the importance of leadership and accountability in student roles which was further proceeded by honouring the badges of honour to the CWC committee heads as well as to the MUHS student council members by Dean Ma'am, along with HODs and faculty members. The ceremony concluded with a strong sense of purpose and commitment among the student leaders marking the beginning of a new chapter of responsibilities



Krutyātra

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Session by MAsterG



The second day featured an engaging master G session. The session was attended by internship and final year students along with student council members.

The speakers of the session were –

- 1) Murari Singh, a singer and a YouTuber
- 2) Vedantika Puri, celebrity life coach
- 3) Renuka Bhaskar, educational consultant, and
- 4) Deepa Nair, educator

The talk, titled, “next level you”, focus on developing leadership qualities and embracing responsibility for personal and professional growth. The session concluded with a vote of thanks and felicitation of the speakers by Dr Vaibhav Thakkar and Priyanka Ma’am (counsellor at MGMTDCH), leaving the audience, inspired and motivated .



Happiness Session by MAASterG

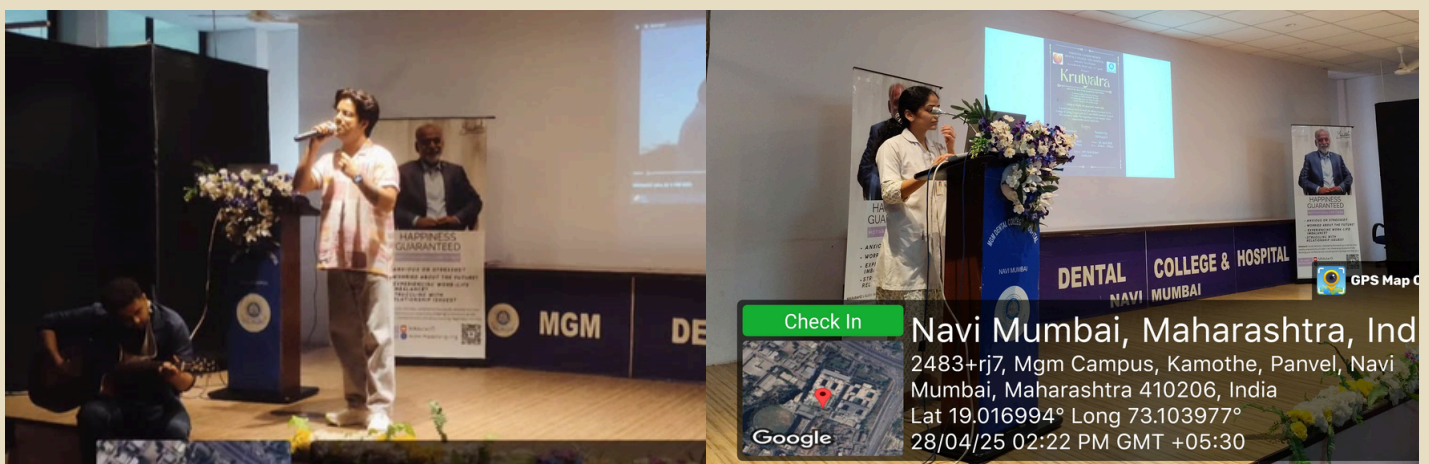


Happiness session by MAASterG brings positivity to campus on 19th April as a part of our ongoing efforts to support faculty and students' well-being, MGMDCH recently hosted an inspiring happiness session in collaboration with MAASterG. The session focused on nurturing, mental and emotional health through mindfulness guided meditation and meaningful discussions. The session saw enthusiastic participation from both students and staff, creating warm reflective atmosphere on campus. It served as a gentle reminder of the importance of taking a pause ,staying in the present and choosing happiness.

- TOPICS** - 1) "Power to Empower" for Teaching staff
2) "Invisible to Visible" for 1st and 2nd BDS students
3) " Work Life Balance" for Non teaching staff .

- SPEAKERS** - 1) Nikita Sariaya (consultant at Infosys)
2) Gurashish Singh (singer/ YouTuber)
3) Vedantika Puri (celebrity life coach)
4) Mrs Deepa Nair (Educator)

- 5) Renuka Bhaskar (Administration head at school
6) Saurabh Shinde (Financial analyst at bank for America)
7) Ms. Hema Mandavia (Former finance analyst with a leading MNC in UAE)
8) Siddharth Salathia (Singer / YouTuber)



Faculty Development Program



E-Content development teaching in Digital Age

Duration: 4 Days (30 Hours)

Mode: Offline

Organized by: IQAC with HSET and Medialab

Facilitator: Dr. Avinash Narayankar

Number of Participants: 20 Faculty Members



Objective of the FDP:

The primary objective of this FDP was to equip college and university teaching staff with modern skills in e-content development. Participants learned to plan, design, record, and edit engaging educational content using a range of tools and techniques including Microsoft PowerPoint, Canva, Audacity, and AI-based platforms.

Program Overview:

- Module 1: Foundations of E-Learning & Content Creation
- Module 2: Designing Presentations using Microsoft PowerPoint & Canva
- Module 3: Video Recording Techniques for Educators
- Module 4: Video Editing & AI Integration
- Module 5: Enhancing Audio & Voiceovers
- Module 6: Final Project Submission & Feedback

Key Outcomes:

Participants created two high-quality e-learning videos as final projects. They gained hands-on experience in instructional design, video editing, and AI voiceover tools. Certificates were awarded upon successful completion.

Conclusion:

The FDP successfully achieved its goals, enhancing the digital teaching capabilities of all 20 participants. The hands-on format and structured modules ensured active participation and skill acquisition aligned with current educational technology trends.

ACTREC Posting

ACTREC, TATA Memorial Centre: cancer treatment Centre in Kharghar

Feedback from interns

"Today we were posted in the dental OPD and later in the head & neck surgical department, various cases were reported like carcinoma of tongue, hypopharynx, Nasopharynx and maxillary antrum, also, there were multiple patients showing complications of radiation therapy like radiation caries, xerostomia, dysphagia mucositis, trismus. Dental care and oral hygiene are crucial before during and after radiation therapy to minimise these side-effects."



"We observed post operative patients being consulted about speech and swallow therapy along with patients who have underwent chemotherapy and radiation experiencing common complaints of oral mucositis, dry mouth, changing taste, leading to discomfort and pain.

We were also posted in head & neck surgical department where cancer of tongue, cheek and floor of mouth were reported. The junior resident presented with treatment options, such as surgical resection, which mostly included marginal mandibulectomy, and segmental mandibulectomy. Neck section was also planned if there was a lymph node involvement and radiotherapy was also advised post operatively. Chemotherapy was also planned in resectable cases and used as adjuvant therapy. Reconstructive plans were also discussed using labs, titanium plates and bone grafts. Follow up and rehabilitation in recurrent cases and dental rehabilitation using implant and prosthesis followed with speech and swallowing therapy were advised to the patient. Summing up, the experience was very insightful, and we are very grateful that we got the opportunity to visit the direct facility"



Library Hour Session: Awareness Session on BMJ Case

Title: Awareness Session on BMJ Case Reports for Faculty & PG's Students

Date : 29th April 2025 11:30 am to 12:30 a.m

Speaker : Mr. Anand R

Manger- Institutional Business South India, West India & Sri Lanka, British Medical Journals



• Goal

To aware the faculty and PG student about process of publishing in BMJ Case Reports

• Description :

The Central Library of MGM Dental College & Hospital, Kamothe, Navi Mumbai conduct the awareness session on BMJ Case Reports for Faculty & PG's Students. The session had help faculty and PG student to acquire the knowledge about the process of publishing in BMJ case Reports.



Awards and Achievements



Dr. Vineet Vaman Kini , The Head of Department of Periodontics , earned a certificate of Associate fellowship at World Clinical Laser Institute (WCLI) in New Delhi.

Awards and Achievements



Ms. Sejal Mane (Intern) received 3rd prize at Spandan organised by MUHS at MIT, Latur.



Ms. Siddhi Solanki (II BDS) won 1st prize in mixed doubles at HBTMC college and cooper hospital ADVAIYA'25 event



Ms. Siddhi Solanki (II BDS) won 2nd prize in women's singles at HBTMC college and cooper hospital ADVAIYA'25 event

Quotes of the Month

“Health is a human right, not a privilege to be purchased.”

– Shirley Chisholm

“It is health that is real wealth and not pieces of gold and silver.”

– Mahatma Gandhi

“The greatest wealth is health.”

– Virgil

“Universal health coverage is a political choice.

Let’s make it happen

– Dr. Tedros Adhanom Ghebreyesus