



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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III. EFFECTS OF TOBACCO AT AMITY UNIVERSITY , PANVEL

Date: 30th November 2023

Venue: Amity University, Panvel Navi Mumbai

Faculty: Dr.Rafeeq Nalband, Dr. Neeraj Kolge

Organizing Agency: Department Of Public Health Dentistry, NSS Unit, MGMDCH & Blood Bank, MGM Medical College and hospital

Number of Students attended: 4

Cigarette smoking causes chronic diseases that appear at older ages, such as lung cancer, as well as adverse health effects that occur in the short run. The immediate and short-term adverse health effects of cigarette smoking are less likely to be directly fatal than the long-term health effects. Nevertheless, they are important public health indicators because they lead to suboptimal health status throughout the life course in smokers and because many of the short-term physiologic effects mechanistically contribute to the etiology of smoking-caused diseases that usually do not become clinically apparent until later adulthood. MGM Dental College consistently hosts oral health check-up and treatment camps aimed at improving dental wellness within our community. Recently, in collaboration with the Blood Bank of MGM Medical College and the Public Health Department of MGMDCH, we organized a dental care initiative specifically catering to the students of Amity University. This event provided essential oral health services to patients, furthering our commitment to promoting dental well-being.

Aim and objective:

1. To create awareness about ill effects of tobacco
2. To assess the oral health status of patients and to provide necessary Dental treatment.

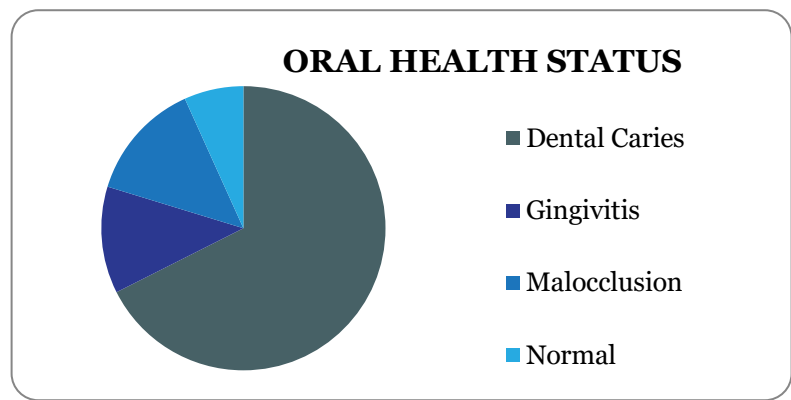
Method:

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained. Tooth Brushing technique was explained. Students were made aware about practicing oral hygiene aids.

Students were made aware about the ill effects of tobacco Smoking cigarettes can have many adverse effects on the body. It increases a person's risk of cancer, heart disease, stroke, vision problems, and gum disease.

Observations: A total of 74 patients were examined for various dental problems. Students were detected with dental caries, gingivitis, malocclusion and erupting 3rd molars.. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Condition	No. of individuals	Percentage %
Dental caries	50	65
Gingivitis	09	13
Malocclusion	10	16
No Findings	5	6

**Interpretation and conclusion:**

1. Students even after being aware about the harmful effects of tobacco were seen neglecting oral hygiene. Students must be made aware about the harmful effects of tobacco and its role in enhancing dental caries, heart and respiratory diseases and also effective oral hygiene methods were taught.
2. Dental caries is the most common problem among the patients followed by gingivitis.



Dental Team with Dean and officials of Amity University



Investigation Being Done by the Team Members

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr. Rafeeq Nalband
2	Dr. Neeraj Kolge
Name of Interns& Students	
3	Simran Doke
4	Aditi Gadkar
5	Mudit Lodha
6	Karishma Lodaya