



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



ORAL HEALTH EDUCATION FOR SCHOOL TEACHERS AND COACHES **AT NEW ENGLISH SCHOOL , KAMOTHE**

Date : 16/12/2024

Venue : NEW ENGLISH SCHOOL KAMOTHE

Faculty : Dr Mousami Malgaonkar , Dr Pankaj Londhe

Organizing committee: PHD DEPT. MGMDCH

Number of Interns : 2

Importance of Oral Health Education

1. Prevention of Dental Problems : Oral health education helps prevent dental caries, gum disease, and other oral health issues.
2. Promoting Good Oral Hygiene : Educating individuals on proper brushing, flossing, and rinsing techniques.
3. Importance of Regular Dental Check-Ups : Encouraging regular dental visits for early detection and treatment of oral health issues.

MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at NEW ENGLISH SCHOOL KAMOTHE with the intention of creating awareness and providing oral health care to the patients.

Aim and objective:

To assess the oral health status of patients and to provide necessary Dental treatment.

To educate them and create awareness about oral health.

1. Diet and Nutrition : Educating individuals on the importance of a balanced diet, limiting sugary and acidic foods/drinks.
2. Oral Hygiene Techniques : Teaching proper brushing, flossing, and rinsing techniques.
3. Tobacco and Substance Abuse Prevention : Educating individuals on the risks of tobacco and substance abuse on oral health.

4. Oral Health and Systemic Health : Explaining the link between oral health and overall health, including conditions like diabetes and heart disease.

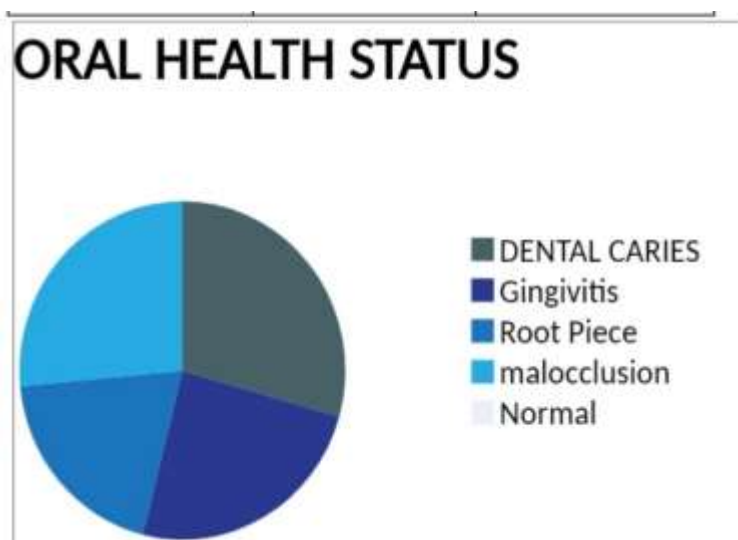
Method: All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Educating individuals on good oral hygiene practices and the importance of regular dental check-ups, we can promote good oral health and prevent various dental problems.

Observations: A total of 497 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe

Oral health status:

Condition	No. Of individual	Percentage%
Dental caries	149	30%
Gingivitis	124	25%
Root piece	94	19%
Malocclusion	130	26%



Interpretation and conclusion:

Dental caries is the most common problem among the patients followed by malocclusion . Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. There is need for oral health education among the students . So that there is reduction among the dental problems.



List of Attendees

Sr. No	List of Participants
Name of faculty	
1.	Dr. Mausami Malgaonkar
2.	Dr. Pankaj Londhe
Name of Interns	
3.	Mahesh Survase
4.	Rutuja Salvi