



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



IMPORTANCE OF REGULAR DENTAL CHECK-UPS AT SHREE SANATAN DHARAM VIDYALAYA AND JR. COLLEGE, CHEMBUR

Date: 12th October 2023

Venue: Shree Sanatan Dharam vidyalaya and jr. College, Chembur

Faculty: Dr.Kashmira Kadam, Dr. Neeraj Kolge

Organizing Agency: Department of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH

Number of Students attended: 8

The oral care initiative was also extended to students of Shree Sanatan Dharam Vidyalaya and jr. College, chembur with the intention of creating awareness about trauma causing dental injuries and providing oral health care to the patients. MGM Dental College constantly takes efforts of extending the oral health care to the community. Patients were explained that dental trauma are injuries to teeth, periodontium, and surrounding soft tissues. Traumatic dental injuries often occur as a result of an accident or sports injury.

Tips were given to prevent dental injuries that is to wear mouth guard while playing, wear special helmet, wear night guard etc.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of regular dental check-ups.
3. Effect of regular check-up on overall health of the individuals.

Method:

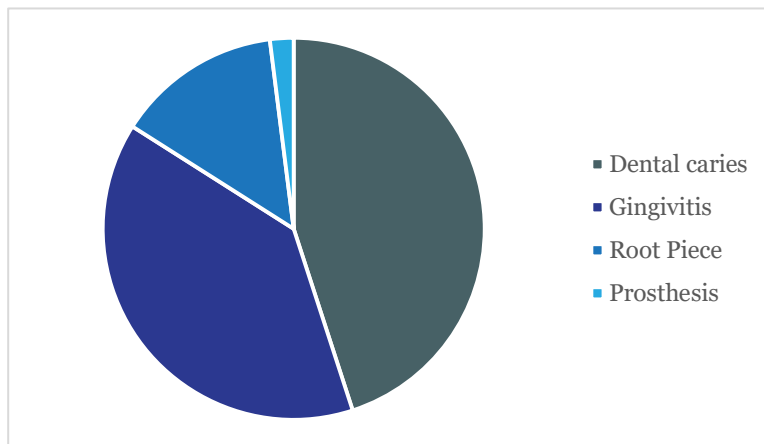
A routine dental check-up helps with the prevention of a range of oral health concerns, including but not limited to periodontal disease, teeth decay, and teeth stains. Regular dental checkups act as a vital line of defense against such issues. By identifying and addressing problems in their early stages, dentists can intervene before they transform into painful toothache or discomfort. All this was explained using pictorial banner during the program.

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how nutrition can affect the dental health of a patient.

Observations: A total of 915 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	412	45
Gingivitis	356	39
Root piece	131	14
Prosthesis	16	2

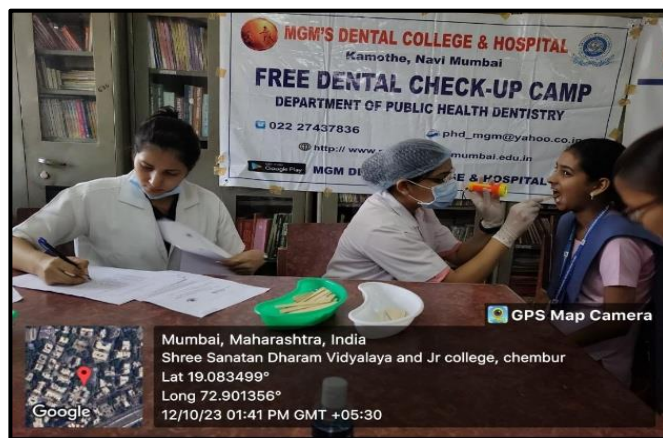


Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by proper care. A regular dental check-up can lead to decrease in the number of decayed teeth.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.



TEAM MEMBERS WHO ATTENDED THE CAMP



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Name of Staff	
1.	Dr. Kashmira
2.	Dr. Neeraj Kolge
Name of Interns& Students	
3.	Kshama Shetty
4.	Kriti Sherigar
5.	Rajina Shaikh
6.	Tejaswini Shinde
7.	Saloni Gohil
8.	Sakshi Khedekar
9.	Pankaj Shirsat
10.	Chinmay Rao