



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

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DENTAL CARE TIPS FOR NEW MOTHERS AT ANC CAMP MGM MEDICAL COLLEGE AND HOSPITAL KAMOTHE

Date : 13/12/2024.

Venue : MGM MEDICAL HOSPITAL KAMOTHE

Faculty : Dr Mousami Malgaonkar, Dr Pankaj Londhe

No. of interns : 2

Organizing committee: Department Of Public Health Dentistry, MGMDCH , NSS Unit of MGMDCH

As a new mother, taking care of your oral health is crucial for their overall health and well-being, as well as for their baby's health. Giving them idea about taking precautions and care before birth and after birth of the child. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at MGM Medical Hospital with the intention of creating awareness about causes of tooth sensitivity.

Aims and objectives:

1. To guide the mothers about the care taken during pregnancy and after postpartum
2. To educate them about breastfeeding and oral health care of baby
3. Taking care about morning sickness and dental health of the child
4. Guide them about postpartum dental hygiene care

Method :

Guide the mother's about care

I. During Pregnancy and Postpartum

1. Schedule a dental checkup
2. Maintain good oral hygiene

II. Breastfeeding and Oral Health

1. Maintain good oral hygiene
2. Avoid sharing utensils or pacifiers
3. Clean your baby's mouth

III. Managing Morning Sickness and Dental Health

1. Rinse with water
2. Use a fluoride mouthwash
3. Avoid brushing immediately

IV. Postpartum Dental Care

1. Schedule a postpartum dental checkup
2. Maintain good oral hygiene
3. Consider a dental cleaning

V. Additional Tips

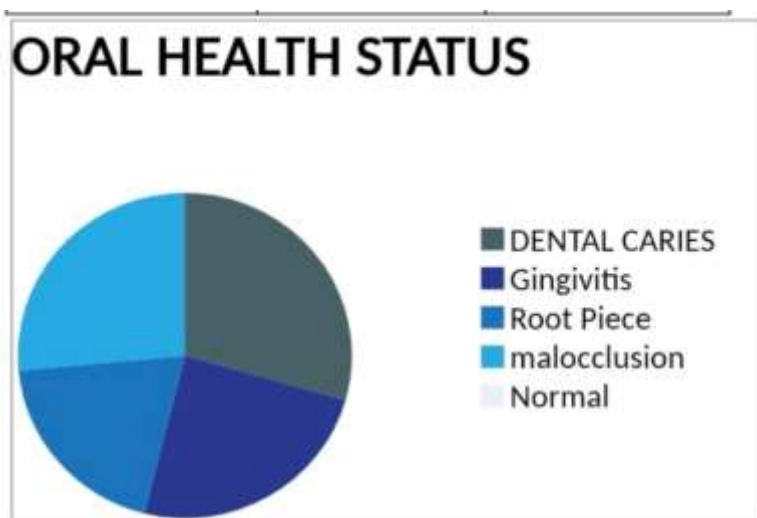
1. Eat a balanced diet
2. Avoid sugary snacks
3. Stay hydrated

Observations:

A total 26 mothers were examined for their dental problems and they were guided for dental treatment in mgm dental college kamothe.

Oral health status

Condition	No. Of individual	Percentage %
Dental caries	7	30%
Gingivitis	6	25%
Root piece	5	19%
Malocclusion	10	26%



Interpretation and conclusion:

Dental caries is the most common problem among the patients followed by malocclusion .Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.



List of Attendees

Sr. No	List of Participants
Name of faculty	
1.	Dr. Mausami Malgaonkar
2.	Dr. Pankaj Londhe
Name of Interns	
3.	Mahesh Survase
4.	Rutuja Salvi