



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



IMPORTANCE OF REGULAR DENTAL CHECK-UPS AT WAVANJE PHC

Date: 18 sep 2024

Venue: Wavanje PHC

Faculty: Dr.Vaibhav Thakkar

Organizing Agency: Department Of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH

Number of Students attended:2

Preventive dental treatment at Primary Health Center (PHC) Wavanje by MGM Dental College, Kamothe, aims to address oral health at the community level through early intervention and education. This initiative focuses on reducing the prevalence of dental diseases by promoting oral hygiene practices, providing preventive treatments, and raising awareness about the importance of regular dental care. Under the guidance of experienced professionals and students, PHC Wavanje becomes a platform for delivering accessible, high-quality dental care to the

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of regular dental check-ups.
3. Effect of regular check-up on overall health of the individuals.

Method:

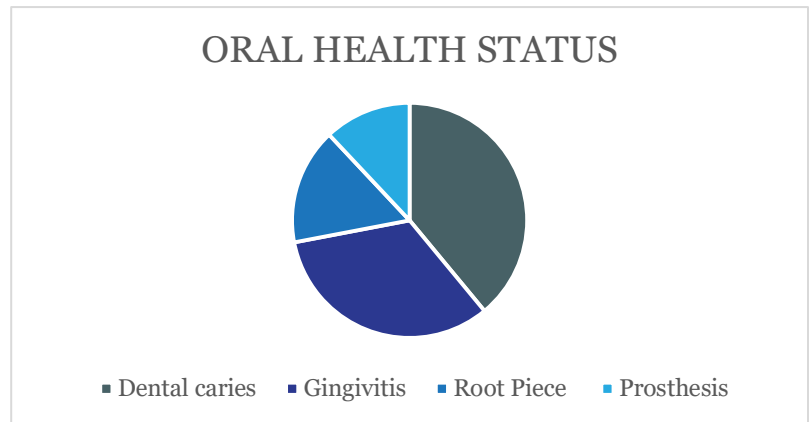
A routine dental check-up helps with the prevention of a range of oral health concerns, including but not limited to periodontal disease, teeth decay, and teeth stains. Regular dental checkups act as a vital line of defense against such issues. By identifying and addressing problems in their early stages, dentists can intervene before they transform into painful toothache or discomfort. All this was explained using pictorial banner during the program.

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how nutrition can affect the dental health of a patient.

Observations: A total of 17 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	7	39
Gingivitis	5	39
Root piece	3	19
Prosthesis	2	3



Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper diet and nutrition and also the facilities available at the PHC. A regular dental check-up can lead to decrease in the number of decayed teeth.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Name of Staff	
1.	Dr. Vaibhav Thakkar
Name of Interns& Students	
2.	Apurva kini
3.	Lucky Mahure