



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),

Kamothe, Navi Mumbai- 410209

E-Mail ID: mgmdch@mgmmumbai.ac.in



**ORAL HEALTH EDUCATION AWARENESS CAMP ON 'DENTAL FLOSSING' AT FATHER
AGNEL INSTITUTE OF TECHNOLOGY, VASHI, NAVI MUMBAI**

Date: 13th September 2023

Venue: Father Agnel institute of Technology, Vashi, Navi Mumbai

Faculty: Dr Vaibhav Thakkar Dr. Pankaj Londhe

Organizing Agency: Department of Public Health Dentistry & NSS Unit of MGMDCH

Number of Students attended: 07

While most people make a habit of brushing their teeth twice a day, flossing is a lot less common - despite your dentist recommending you floss at least once a day. The reason dentists everywhere are quick to advise patients to get flossing is that this quick and simple activity can provide a wide range of benefits to your oral health - including protecting your gums and teeth, avoiding cavities, and even reducing your risk of developing other health conditions. The MGM Dental College aims to provide best oral health care to the community. The oral care initiative was also extended to patients at Father Agnel Institute of Technology, Vashi Navi MUMBAI with the intention of creating awareness and providing oral health care to the patients.

Aim and objective:

1. To create awareness about the importance of Dental flossing and regular Oral prophylaxis.
2. To evaluate the oral health status

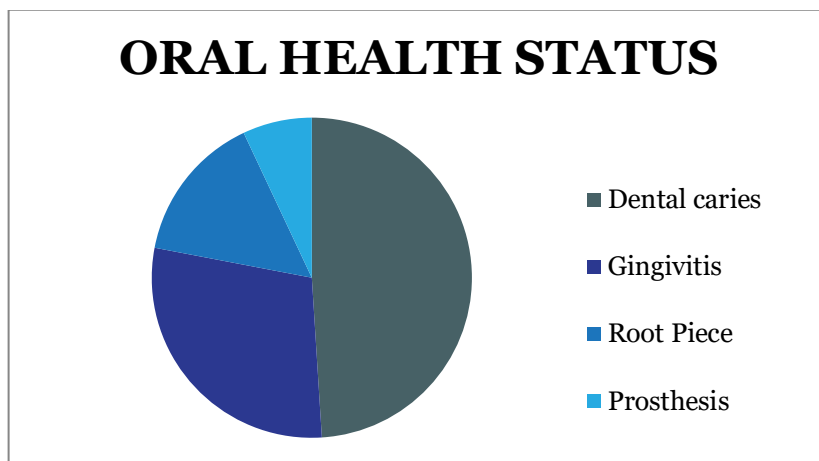
Method:

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained by showing the charts on proper dental brushing and flossing techniques

Observations: A total of 73 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	36	49
Gingivitis	21	29
Root piece	11	15
Prosthesis	5	7



Interpretation and conclusion:

Dental caries is the most common problem among the patients followed by gingivitis.

Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper diet and nutrition and also the facilities available the PHC.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.
3. All medical emergencies were informed to the patient and necessary steps to control the dental emergencies were explained.



INVESTIGATION BEING DONE BY THE TEAM MEMBERS

List of Attendees

Sr. No	List of Participants
Name of faculty	
1	Dr Vaibhav Thakkar
2	Dr Pankaj Londhe
Name of Interns & Students	
3	Deepak Pandey
4	Vishvajit Patil
5	Siddhi Patil
6	Ritika Kharat
7	Sheetal Kharat
8	Sutosh Desale
9	Kalyani Dhewale