



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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ORAL HEALTH EDUCATION AWARENESS CAMP ABOUT IMPORTANCE OF VITAMINS AND MINERALS AT WAVANGE VILLAGE SCHOOL

Date: 5th Aug 2024 **Venue:** Wavanje Village School

Faculty: Dr .Swati Singh , Dr. Neeraj Kolge

Organizing Agency: PHD Dept MGMDCH; NSS Unit, MGMDCH

Number of Students attended:3

Vitamins and minerals play a crucial role in our oral health .Consuming a balanced diet rich in calcium ,Vit D,Vit C ,phosphorus ,Vit A,potassium ,magnesium ,fluoride can help to prevent tooth decay and maintain healthy teeth gums.However it's essential to remember that good oral hygiene habits are also critical for maintaining optimal oral health .By incorporating these nutrients into your diet and practicing good oral hygiene ,you can ensure that your teeth stay healthy and strong for years to come .

MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at Wavanje Village School with the intention of creating awareness about the importance of Vitamins and Minerals and maintenance of good oral hygiene.

Patients were explained that dental vitamins and minerals are important for overall health of body .

Vitamins and minerals are essential nutrient that our body needs to maintain proper health of teeth and gums .

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of Vitamins and minerals maintenance of good oral hygiene.

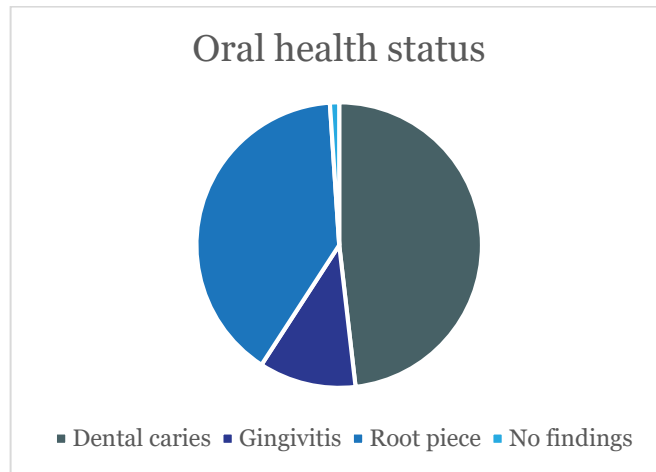
Method:

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations: A total of 53 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	40	92%
Gingivitis	10	21%
Root piece	03	76%



Interpretation and conclusion:

Dental caries is the most common problem among the patients.

Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of injuries are minor that is chipped teeth. Treatment depends on the type, location and severity of each injury.



TEAM MEMBERS WHO ATTENDED THE CAMP



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Name of Staff	
1.	Dr. Swati Singh
2.	Dr. Neeraj Kolge
Name of Interns	
3	Akanksha Gurav
4	Pranav Shimpi
5.	Bhavika Patil