



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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AWARENESS ABOUT INTERDENTAL AIDS AT RESIDENT WELFARE ASSOCIATION SEC. 12 VASHI

Date: 6th October, 2024

Venue: Vashi sector 12

Faculty: Dr. Bharat Gupta, Dr. Neeraj kolge

Organizing Agency: Department of Public Health Dentistry of MGMDCH and NSS unit of MGMDCH

Number of Students attended: 4

Dental plaque is the main etiological factor in the causation Of periodontitis, it's mechanical control is the gold standard In it's prevention. Toothbrushing is the most common Mechanical plaque control method however, it is Insufficient in the interdental areas. It is also demonstrated That periodontitis is frequent and severe in the interproximal Areas. Therefore, interdental aids like interdental Toothbrushes, toothpicks and floss can be used. Dental floss is one of the most common interdental aids for Tight contacts, whereas interdental brushes are used for Wider interdental spaces. The disadvantage in the usage of Floss is that it isn't very effective in removing the plaque From the concave sides of the tooth. Flossing also requires Manual dexterity. They are available in two types, the Waxed and the unwaxed floss. Waxed floss has a coating Which enables it easier access to tight spaces and prevents Absorption of oral fluids. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at resident welfare association vashi, the intention of creating awareness about the importance of interdental aids.

Aim and objective:

1. To check the awareness of interdental aids
2. To estimate the percentage of patients who are aware of interdental aids and to spread awareness on interdental aids.

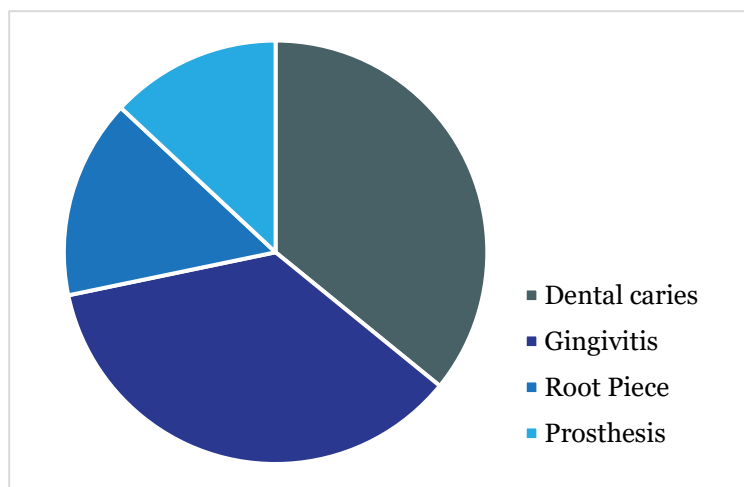
Method:

The usage of floss without any guidance can cause gingival ulcerations. Overly vigorous flossing May lead to irritation, ulceration or defects in the gingiva and overly vigorous tooth brushing may result in cervical Tooth abrasion, gingival recession and gingival irritation. A majority of the people believe that toothpicks are good for oral hygiene. However, toothpicks have the ability to Cause abscess of gingival tissues when not used with Precision. A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how nutrition can affect the dental health of a patient

Observations: Total no. Of 53patients were examined using tongue depressor for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

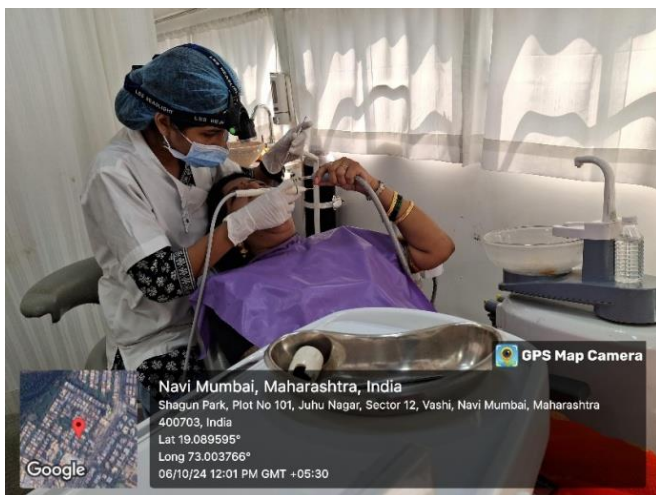
Oral health status

Condition	No. of individuals	Percentage %
Dental caries	18	33
Gingivitis	18	33
Root piece	7	14
Prosthesis	10	20



Interpretation & conclusion

1. Interdental brushes and floss Remove interdental plaque, clinicians should collaborate with patients to determine the best oral hygiene methods Given the patient's preference and skill level.



Treatment Done at Camp site



Team member at Camp site

List of Attendees

Name of Staff	
1.	Dr. Bharat Gupta
2.	Dr. Neeraj Kolge
Name of Interns	
3.	Mrunmai Patil
4.	Apurva Kini
5.	Lucky Mahure
6.	Mandar Bandgar
7.	Vibha Laddha
8.	Jignesh Jill