



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

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RECOGNIZING EARLY SIGNS OF GUM DISEASE AT SHRI NARAYAN BABA CHARITABLE TRUST

Date: 06th February 2025

Venue: SHRI NARAYAN BABA CHARITABLE TRUST

Faculty: Dr. Swati Singh

NSS Staff Incharge : Dr. Aishwarya Patil

**Organizing Agency: Department of Public Health Dentistry, MGMDCH, NSS
unit of MGMDCH.**

Number of Students attended: 2

Gum disease, or periodontal disease, is one of the most common yet overlooked oral health issues. It often starts with mild symptoms such as bleeding gums, bad breath, and slight gum discomfort, which many people ignore. However, if left untreated, it can progress into severe conditions like periodontitis, leading to gum recession, tooth mobility, and even tooth loss.

The lack of awareness about gum disease and its early warning signs contributes significantly to its prevalence. Many individuals seek dental treatment only when symptoms become severe, leading to more complex and costly interventions. Recognizing the importance of early detection and prevention, a dental camp was organized at Shri Narayan Baba Charitable Trust (SNBCT) on 06/02/2025 to educate the public about the early signs of gum disease. MGM Dental college constantly takes efforts of extending oral health care of community the oral care initiative was also extended to patients at SNBCT camp with the intention of creating awareness about recognizing early signs of gum disease. By promoting these techniques, it helps to improve oral health of Individuals at SNBCT centre

Aim and Objective:

- To educate the public about the early signs of gum disease and promote preventive oral care practices to reduce the incidence of periodontal diseases.
- To inform patients about the initial symptoms of gum disease, such as bleeding gums, bad breath, and gum swelling.
- To explain the causes and risk factors, including poor oral hygiene, smoking, and systemic conditions like diabetes.
- To demonstrate proper brushing, flossing, and other preventive oral hygiene practices.
- To provide free dental check-ups and identify early-stage gum disease in patients.
- To offer treatment for patients requiring dental care, including scaling and basic periodontal therapy.
- To encourage regular dental visits for early detection and management of gum problems.

Method:

Type 3 Examination was conducted using mouth mirror and straight probe. The camp was conducted in a structured manner to ensure efficient patient care and effective dissemination of information:

- Patient Registration: Patients were registered at the camp site, and basic information was collected.
- Oral Health Education: A brief session was conducted, explaining the early symptoms of gum disease progression, and prevention.
- Demonstration of Oral Hygiene Practices: Proper brushing techniques, flossing methods, and the use of mouthwash were demonstrated.
- Clinical Examination: Patients underwent oral check-ups to assess their gum health.
- Diagnosis and Consultation: Based on clinical findings, patients were advised on their oral health status.
- Treatment Procedures: Patients requiring immediate care were provided treatment such as professional scaling and oral hygiene instructions.
- Patient Guidance: Those needing further treatment were advised to visit the dental clinic for follow-up care.

Observations:

The dental camp at Shri Narayan Baba Charitable Trust (SNBCT) on 06/02/2025 witnessed an encouraging turnout, with a total of 90 patients receiving dental care. Out of these, 65 patients underwent OPD consultations, and 25 patients received treatments for various gum-related conditions.

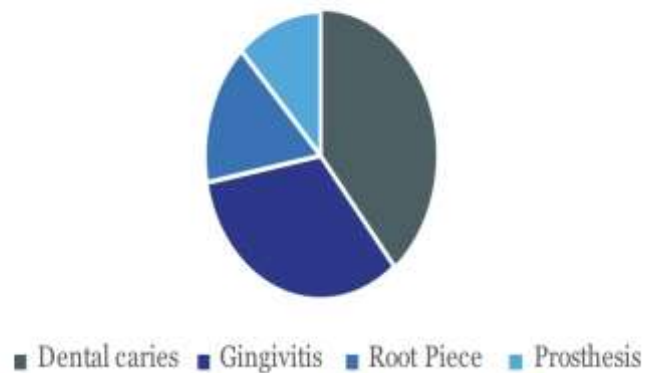
The key findings observed during the camp were as follows:

1. Early Signs of Gum Disease Were Common:
2. Poor Oral Hygiene Practices

Oral Health Status :

Condition	Number of patients
Dental caries	30
Gingivitis	20
Root piece	10
Prosthesis	5

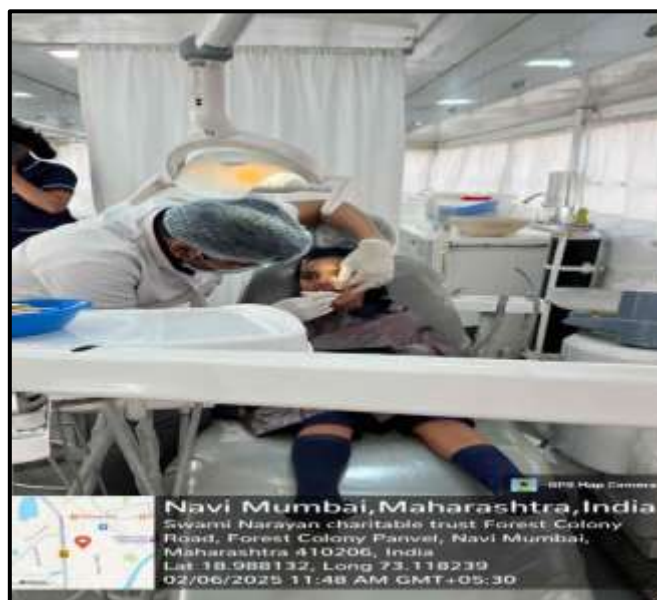
ORAL HEALTH STATUS



Interpretation and Conclusion:

- The dental camp at Shri Narayan Baba Charitable Trust (SNBCT) successfully fulfilled its objective of spreading awareness about gum disease and its early warning signs. By educating patients, diagnosing cases at an early stage, and providing immediate treatment where necessary, the camp made a positive impact on the participants' oral health.
- Moving forward, organizing similar awareness programs in different communities can help in early detection and prevention of gum diseases, ultimately reducing the need for advanced dental treatments. Continued efforts in oral health education, preventive care,

and routine dental check-ups will contribute to better gum health in the community.



List of Attendees

Name of Staff	
1.	Dr. Swati Singh
2.	Dr. Aishwarya Patil
Name of Interns	
2.	Mihit Kankariya
3.	Bharti Jat