



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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AWARENESS ABOUT MAINTAINING GOOD ORAL HYGIENE AT APMOSYS, MAHAPE.

Date: 5th October 2024

Venue: Apmosys, Mahape.

Faculty: Dr. Vaibhav Thakkar

Organizing Agency: Department Of Public Health Dentistry, MGMDCH, NSS unit of MGMDCH.

Number of Students attended: 04

Oral hygiene is the process of cleaning the hard and soft tissue of the oral cavity (teeth, gums, and tongue), fixed and removable prosthodontic restorations, and dental appliances. Irregular or poor oral hygiene results in an increased number and variety of bacteria in plaque. Dental plaque plays a significant role in the development of the two most common oral diseases, dental caries and periodontal disease. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to Apmosys, Mahape with the intention of creating awareness about maintaining proper oral hygiene and its advances along with providing oral health care to the patients.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of maintaining a good oral hygiene.
3. To assess the gingival health of the individuals visiting the camp for check-up.

Method:

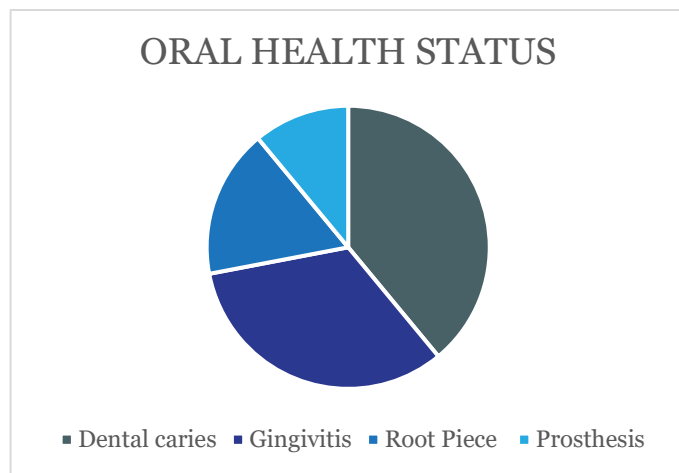
Students were explained about the importance of maintaining good oral hygiene. Tooth brushing is one of the effective tools in removal of dental plaque, numerous factors like frequency of brushing, technique, type of tooth brush, selection of dentifrices all are very important in this regard. All this was explained using pictorial banner during the program.

A type III examination was carried out with the use of Mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how to maintain good oral hygiene to lead a healthy lifestyle.

Observations: A total of 61 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

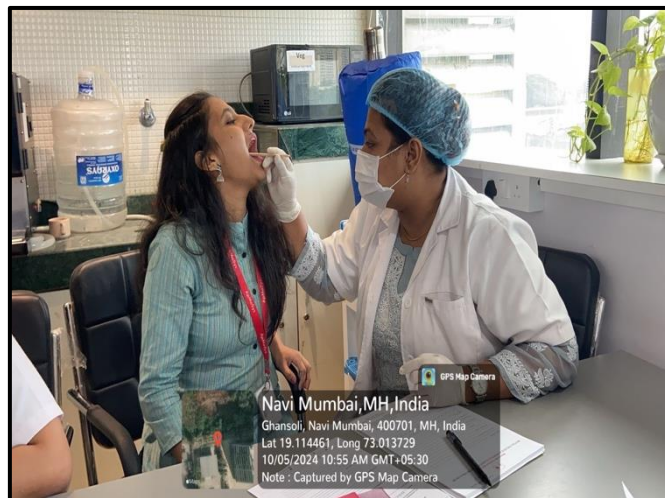
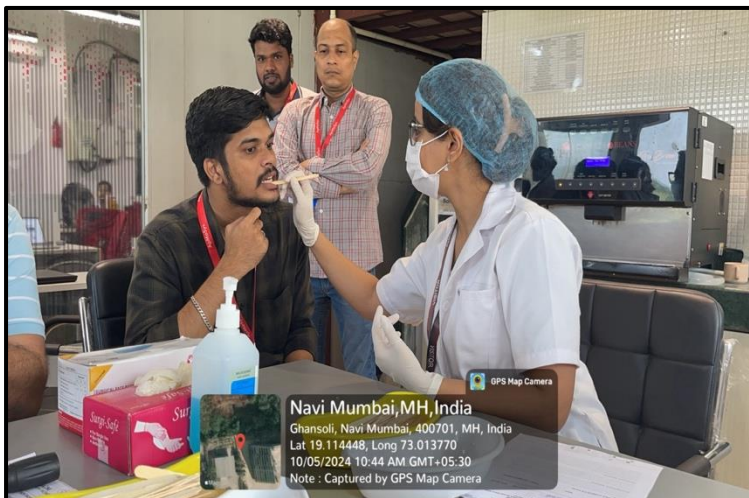
Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	28	45
Gingivitis	42	68
Root piece	18	29
Prosthesis	11	18



Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper diet and nutrition and also the facilities available the PHC.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.
3. The various etiology of gingival swelling was explained to the patient and they were encouraged to report to a dentist in case of any oral disease.



DENTAL SCREENING AND TREATMENT DONE BY THE TEAM MEMBERS

List of Attendees

Name of Staff	
1.	Dr. Vaibhav Thakkar
Name of Interns& Students	
2.	Eram Chaudhary
3.	Janhavi Khandare
4.	Nisha Lanjekar
5.	Mrunal Narayane
6.	Siddhi Kotkar
7.	Krutika Rangnekar