



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE
& HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



**AWARENESS ABOUT NUTRITION AND ORAL HEALTH FOR DEVOTEES OF SAI BABA
TEMPLE, PANVEL**

Date: 7th September 2023

Venue: Sai Baba Temple, Panvel

Faculty: Dr. Kashmira Kadam, Dr. Neeraj Kolge

Organizing Agency: Department of Public Health Dentistry, NSS Unit, MGMDCH & Shri Bhagwati Sai Sansthan, Panvel

Number of Students Attended: 5

To maintain optimal health proper nourishment in the form of proteins, carbohydrates, vitamins & minerals is required. There are numerous elements that play a crucial role in the complicated relationships between dietary practices, oral health issues, nutritional status, and general health by affecting tissue structural and functional integrity, lowering resistance to microbial biofilm, and delaying tissue healing, a diet lacking in nutrients can accelerate progression of disease in one's oral cavity. Poor dental health can influence eating habits and change dietary preferences, which can have a severe impact on the overall health. Improving one's health and quality of life requires identifying and treating issues with oral hygiene and nutrition. MGM Dental College & Hospital takes conscious efforts in educating and promoting good oral health care among the community members. This was extended to the devotees at SBSS, Panvel with the aim to create awareness about nutrition and oral health and provide basic dental care to them in Mobile Dental Van.

Aim and objective:

1. To assess the oral health status of the devotees of Sai Baba temple.
2. To create awareness about nutrition and oral health
3. To provide basic dental care for their existing dental problems in Mobile Dental Van.

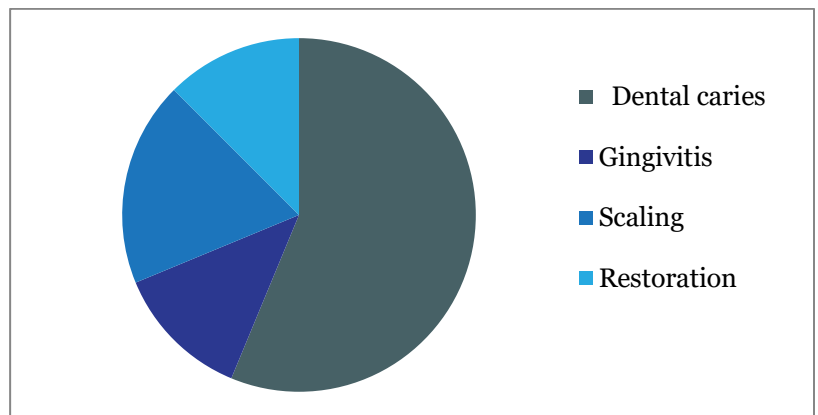
Method:

The devotees were assessed using a mouth mirror and probe on the dental chair using Mobile Dental Van. The oral health statuses of the devotees were evaluated and they were explained about the nature of their oral health problems& awareness about nutrition and oral health. Various preventive and corrective measures to be undertaken were explained to the patients. The devotees who consented for treatment were provided with basic dental care in the Mobile Dental Van for their existing dental problems. Devotees having extensive dental problems were referred to MGM Dental College & Hospital for further treatment.

Observations: A total of 16 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	9	56
Gingivitis	2	12
Scaling	3	19
Restoration	2	13

**Interpretation and conclusion:**

Dental caries and gingivitis were most prevalent in the evaluated group. This was followed by periodontitis. Preventive and corrective measures were undertaken to prevent further deterioration of oral health.

Treatment: As a part of preventive treatment measures, oral prophylaxis and restoration was provided to the patients at SBSS, Panvel.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

LIST OF ATTENDEES

Sr. No	Name of faculty
1	Dr. Kashmira Kadam
2	Dr. Neeraj Kolge
	Name of Interns& Students
3	Vishvajit Patil
4	Siddhi Patil
5	Vaishanavi Rane
6	Sahil Koparkar
7	Shantanu Kurle
8	Nafees Anwar
9	Karishma Bhanushali