



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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IMPORTANCE OF PERIODONTAL CARE & MAINTAINING GOOD ORAL HYGIENE AT WAVANJE CAMP

Date: 12th November 2024

Venue: Wavanje Village

Faculty: Dr. Swati Singh, Dr. Neeraj Kolge

Organizing Agency: Department Of Public Health Dentistry, MGMDCH, NSS Unit of MGMDCH

Number of Students attended: 5

Periodontal Health is very important aspect of maintaining good oral health. Brushing, using proper brushing technique, flossing, using mouthwash, massaging gums should be done regularly to maintain a good oral hygiene and periodontal health. Good oral health involves a daily routine of brushing, flossing, and visiting the dentist, along with a healthy diet and avoiding smoking. Brushing twice daily with fluoride toothpaste and flossing once a day removes plaque and prevents tooth decay and gum disease. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at Wavanje Village with the intention of creating awareness about the importance of maintaining good periodontal health and oral hygiene.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about importance of maintaining good periodontal health and oral hygiene.

Method:

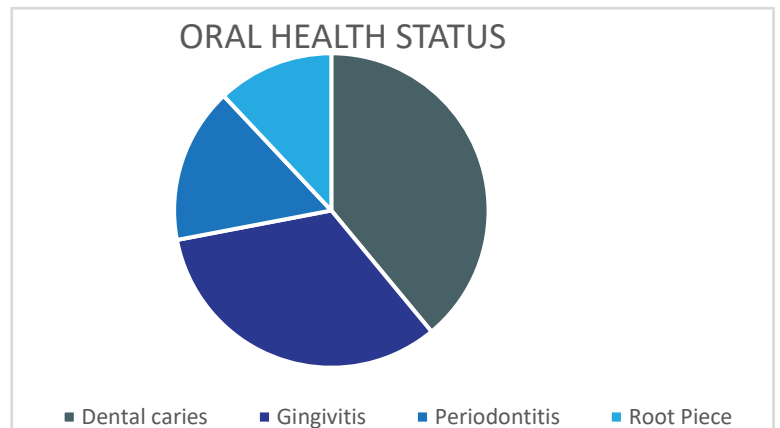
Chewing Tobacco and not maintaining periodontal health can potentially lead to oral conditions like gingivitis, periodontitis and in severe cases it can lead to oral cancers. A type IV examination was carried out with the use of tongue depressor in day light. All the patients were assessed for oral health status and were explained the need

to get the problems corrected. The patients were made aware of the existing dental problems and how maintaining good oral health can affect overall systemic health of patient.

Observations: A total of 347 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	128	39
Gingivitis	114	33
Periodontitis	59	16
Root Piece	46	12



Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by using proper brushing technique, flossing, mouthwashes and also the facilities available the PHC.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.
3. All medical emergencies were informed to the patient and necessary steps to control the dental emergencies were explained.



INVESTIGATION DONE BY THE DENTAL TEAM



DENTAL TEAM AT THE CAMP SITE

List of Attendees

Name of Staff	
1.	Dr. Swati Singh
2.	Dr. Neeraj Kolge
Name of Interns & Students	
3.	Rucha Sabde
4.	Ipshita Singh
5.	Sanika Gore
6.	Maitri Dhanani
7.	Suyash Adakane