



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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IMPORTANCE OF IMPARTING EARLY FLOSSING HABITS IN CHILDREN AT NEW ENGLISH SCHOOL, KAMOTHE

Date: 29th August 2024

Venue: New English School, Kamothe

Faculty: Dr. Rafeeq Nalband, Dr. Agraja Patil,

Organizing Agency: Department Of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH-Lion's club

Number of interns attended: 6

Oral hygiene is a crucial aspect of overall health and well-being that often goes underestimated. Neglecting oral health can lead to a range of dental problems and even impact your systemic health. Oral hygiene practices include daily routine such as brushing, flossing, and using mouthwash along with regular dental checkups and cleanings. Flossing plays a leading role in overall dental hygiene. Once a child has started using toothbrush it's time to introduce them to floss. MGM Dental College and Hospital in association with Lion's club organized a dental camp for students at New English School, Kamothe on 29th August 2024 to impart early flossing habits.

Aim and objective:

- To assess the oral health status of children. To educate and create awareness about flossing habits.
- To teach proper flossing technique.

Method:

Awareness regarding the importance of flossing.

Students were explained about the correct flossing technique. They were explained about the effects of plaque build-up. Students were given a demonstration using a model and floss.

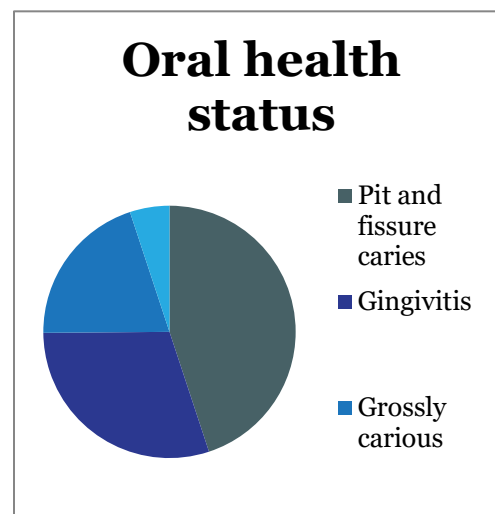
Improper flossing technique can potentially damage your teeth and gums. Hence proper flossing technique is important. Tools like water flosser and waxed floss, etc was introduced to the students.

After the awareness program, oral examination was conducted using ice-cream sticks for the children. All the students were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations:

- It was observed that the students has high risk of developing caries.
- A total of 414 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Condition	No. of individuals	Percentage %
Pit and fissure caries	186	45
Gingivitis	124	30
Grossly Carious	83	20
Root piece	21	5



Interpretation and conclusion:

- Dental caries is the most common problem among the children followed by gingivitis as it is neglected by parents.
- Oral health strategies and techniques should be implemented in order to reduce the further risk.



**INVESTIGATION BEING DONE BY THE TEAM
MEMBER**

List of Attendees

Name of Staff	
1.	Dr. Rafeeq Nalband
2.	Dr. Agraja Patil
Name of Interns & Students	
3.	Rajnandini SIngh
4	Umaina Khatib
5	Saaniya Mandlekar
6	Anushka Shetye
7	Chaitanya Verulkar
8	Shiven Daryanani