



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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DO'S AND DON'TS IN ORAL HEALTH AT ST.MARY SCHOOL,VASHI.

DATE: 26/08/2024

VENUE: St.Mary School,Vashi.

FACULTY: Dr. Kashmira Kadam, Dr. Prachiti Terani

ORGANIZING AGENCY: Department of PHD, MGMDCH, NSS unit of MGMDCH

NUMBER OF ATTENDEES: 06

MGM Dental College frequently conducts oral health check-up and treatment camps to improve dental health within our community. An awareness campaign on oral health was organized at St. Mary School, Vashi, to educate students about the importance of maintaining good dental hygiene.

AIMS AND OBJECTIVES:

- 1.To assess the oral health condition of Students.
- 2.To acknowledge students about Do's and Don'ts in oral health.

METHODS:

Students were informed about the proper practices and avoidable mistakes in maintaining oral health. They were shown the correct Brushing technique through a model demonstration. The role of sugar in causing cavities and dental issues was also explained. Additionally, they were cautioned against harmful habits like nail biting, chewing on pencils, and using their teeth to open items. They were encouraged to adopt healthy eating habits to support their oral health.

The importance of not ignoring tooth pain or sensitivity was emphasized, and they were encouraged to schedule dental check-ups every six months.

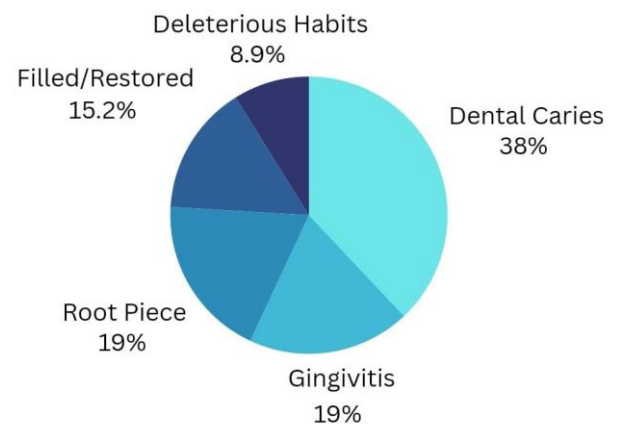
A type III examination was carried out with the use of tongue depressor in a day light. All the Students were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

OBSERVATIONS:

A total of 107 students were examined for various dental problems. The students when educated showed their negligence about oral health. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe. Most of the Students were detected with dental caries.

ORALHEALTHSTATUS:

CONDITION	NO.OF INDIVIDUALS	PERCENTAGE %
Dental caries	41	38
Gingivitis	20	19
Root piece	20	19
Filled/Restored	16	15.2
Deleterious habit	10	8.9



INTERPRETATION ANDCONCLUSION:

1. Dental caries is the most common problem among the Students followed by gingivitis.
2. Students were educated on the best practices for maintaining oral health and the common mistakes to avoid.



INVESTIGATION BEING DONE BY TEAM MEMBERS

LIST OF ATTENDEES

Sr.NO	List of participants
Name of Faculty	
1.	Dr.Kashmira Kadam
2.	Dr. Prachiti Terani
Name of Interns	
3.	Umaina Khatib
4.	Muskan Dhanse
5.	Saniya Mandlekar
6.	Rajnandini Singh
7.	Chaitanya Verulker
8.	Shiven Daryanani