



## MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade  
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### **AWARENESS ABOUT HARMFUL EFFECT OF MISHRI AT RAMABAI CENTRE BELAPUR**

**Date:** 30/10/24

**Venue:** Ramabai Centre, Belapur

**Faculty:** Dr. Kashmira kadam, Dr. Prachiti Terani

**Organizing Agency:** Department of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH, MGM CBD Belapur entre

**Number of Students attended:**2

It is important to raise awareness about mishri because it can reduce misri use by motivating people to quit ,it can improve health by making people understand health risks of mishri,such as oral cancer. Mishri is smokeless type of tobacco which can cause oral cancer, staining of teeth. MGM Dental College constantly takes efforts for raising awareness about ill-effects of mishri to community.The initiative was also extended to patients at ramabai belapur with intention of creating awareness about the ill-effects of mishri.

#### **Aim and objective:**

- 1.To assess the oral health status of patient's chewing mishri and to provide necessary treatment.
- 2.To educate them and create awareness about ill-effects of mishri on oral health.

#### **Method:**

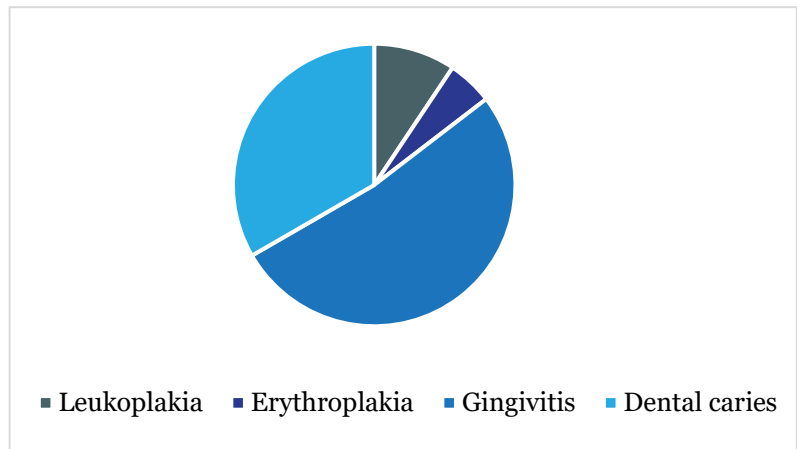
A routine dental check-up helps with the prevention of a range of oral health concerns, including all the mishri induced problems such as periodontal disease, teeth decay, teeth stains, tobacco induced pre-cancerous lesions. Regular dental checkups act as vital line of defense against such issues by identifying and addressing problems in their early stages.

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and explained the need to stop the habit of mishri use.

**Observations:** A total of 22 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

**Oral health status:**

| Condition     | No. of individuals | Percentage % |
|---------------|--------------------|--------------|
| Leukoplakia   | 2                  | 9%           |
| Erythroplakia | 1                  | 5%           |
| Gingivitis    | 11                 | 50%          |
| Dental caries | 7                  | 32%          |



**Interpretation and conclusion:**

1. Leukoplakia and erythroplakia are the most common problem among the patients which can be reduced by avoiding tobacco products and also the facilities available at PHC. A regular dental check-up can lead to decrease in the number of decayed teeth.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

## List of Attendees

| Name of Staff             |                     |
|---------------------------|---------------------|
| 1.                        | Dr. Kashmira kadam  |
| 2.                        | Dr. Prachiti Terani |
| Name of Interns& Students |                     |
| 3.                        | Nidhi Gujar         |
| 4.                        | Sanskaar Shankhala  |