



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



AWARENESS ABOUT TOBACCO & ITS ILL EFFECT AT RAMABAI CENTRE BELAPUR

Date: 28/10/24

Venue: Ramabai Centre, Belapur

Faculty: Dr.Kashmira kadam, Dr. Prachiti Terani

Organizing Agency: Department of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH, MGM CBD Belapur centre

Number of Students attended:2

It is important to raise awareness about tobacco because it can reduce tobacco use by motivating people to quit smoking & discourage non-smokers from starting, it can improve health by making people understand health risks of tobacco, such as lung cancer COPD. It helps educate policy makers & other stakeholders on solutions to the global tobacco epidemic. MGM Dental College constantly takes efforts for raising awareness about the ill-effects of tobacco to the community. The initiative was also extended to patients at Ramabai Belapur with the intention of creating awareness about the ill-effects of tobacco.

Aim and objective:

- 1.To assess the oral health status of patient's smoking tobacco and to provide necessary treatment.
- 2.To educate them and create awareness about ill-effects of tobacco on oral health.

Method:

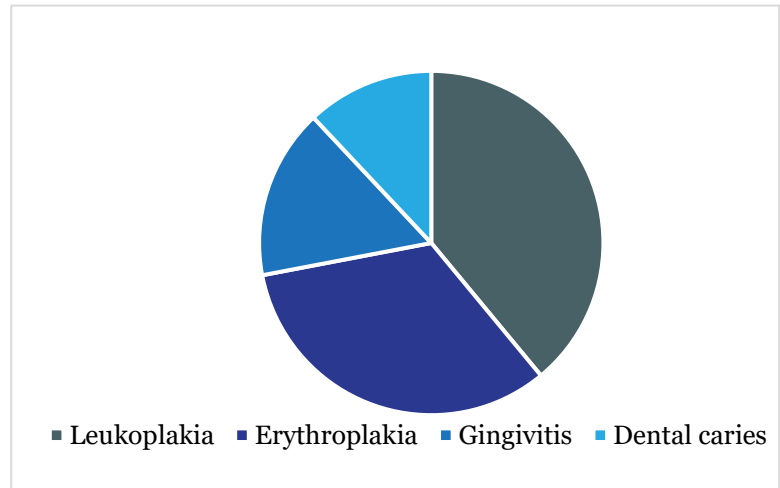
A routine dental check-up helps with the prevention of a range of oral health concerns, including all the tobacco-induced problems such as periodontal disease, teeth decay, teeth stains, tobacco-induced pre-cancerous lesions. Regular dental checkups act as a vital line of defense against such issues by identifying and addressing problems in their early stages.

A type III examination was carried out with the use of mouth mirror and probe in day light. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and explained the need to stop the habit of tobacco use.

Observations: A total of 25 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Leukoplakia	10	39
Erythroplakia	8	33
Gingivitis	4	16
Dental caries	3	12



Interpretation and conclusion:

1. Leukoplakia and erythroplakia are the most common problem among the patients which can be reduced by avoiding tobacco products and also the facilities available at PHC. A regular dental check-up can lead to decrease in the number of decayed teeth.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Name of Staff	
1.	Dr. Kashmira kadam
2.	Dr. Prachiti Terani
Name of Interns& Students	
3.	Nidhi Gujar
4.	Muskan Dhanse
5.	Shruti Saji
6.	Fatima Nigar