



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A⁺⁺" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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IMPORTANCE OF MEDICAL HEALTH WITH RESPECT TO ORAL HEALTH

Date: 23rd October 2024

Venue: Wavanje PHC

Faculty: Dr. Swati Singh, Dr. Pankaj Londhe

Organizing Agency: Department of Public Health Dentistry of MGMDCH, NSS unit of MGMDCH

Number of Students attended: 2

Oral health is integral to general health and supports individual in participating in society and achieving their potentials. Medical conditions like diabetes, hypertension, cardio-vascular diseases have a higher incidence of dental caries, periodontal disease and other oral health problems. MGM Dental College constantly takes efforts to explain the importance of medical health with respect to oral health. Such an initiative was taken at Wavanje PHC with intention of creating awareness about oral health.

Aim and objective:

1. To assess the oral health status of patients and provide them necessary dental treatments.
2. To educate them that poor oral health is significantly associated with major chronic diseases.
3. To raise awareness about importance of medical health with respect to oral health.

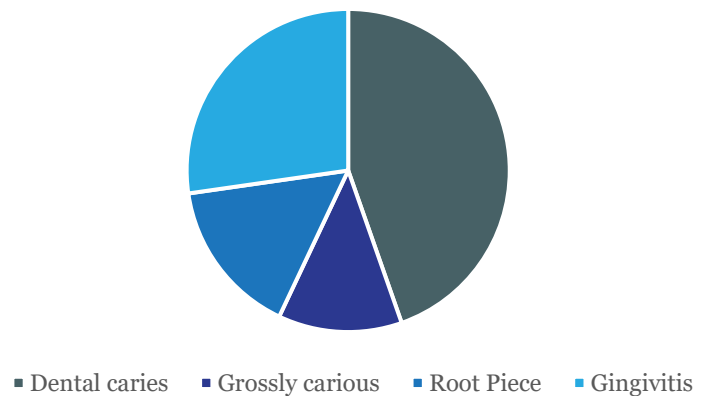
Method:

A routine dental checkup plays a significant role in maintaining good oral health. By conducting regular dental check up potential problems can be detected and treated at an early stage and this will play a crucial role in improving our oral health. A type III examination was carried out with the use of mouth mirrors and probes in day light. All the patients were assessed for oral health status and medical health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained. Tooth brushing technique was explained. Mouth Scaling, fluoride applications and restorations were done. Every patient was informed how medical health shows impacts on oral health.

Observations: A total of 21 patients were examined for various dental problems. Scaling and restorations were performed on 8 patients. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

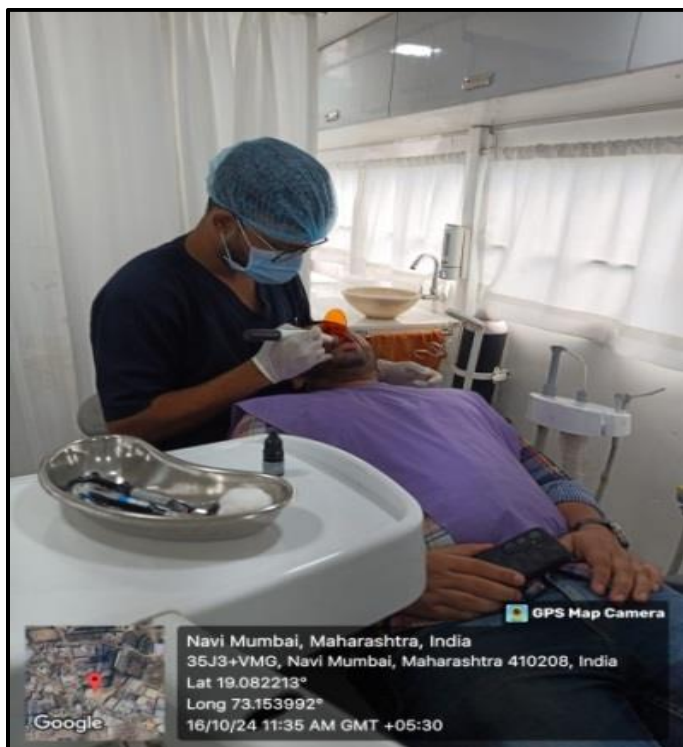
Condition	No. of individuals	Percentage %
Gingivitis	7	33%
Dental Caries	5	54%
Grossly Carious	5	15%
Root piece	4	19%

ORAL HEALTH STATUS



Interpretation and conclusion:

1. Dental caries are most common oral health problem followed by gingivitis. Providing regular dental checkups can significantly decrease these oral health issues.
2. People were made aware about ill effects of eating junk foods on oral health as well as on overall health.
3. Patients were informed to maintain balanced diet and appropriate oral hygiene practices.



Investigation being done by the Team members



Camp at Public health center wavanje

List of Attendees

Sr. No	List of Participants
	Name of faculty
1.	Dr. Swati Singh
2.	Dr. Pankaj Londhe
	Name of Interns
3	Shraddha Bansode
4	Sanskaar Shankhala