



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



CORECT BRUSHING TECHNIQUE DEMOSTRATION AT MMRP KANYASHALA GHATKOPAR

Date: 25th September 2023

Venue: MMRP Kanyashala Ghatkopar

Faculty: Dr. Ankit Shah, Dr. Prachiti Terni

Organizing Agency: Department of Public Health Dentistry & NSS Unit, MGMDCH, Rotary club of Bombay Midcity

Number of Students Attended: 8

It is important to brush your teeth and flossing to prevent gum disease. Refusal to brush one's teeth for several days can lead to the onset of gum disease. Brushing ensures the removal of plaque, which is the primary cause for tooth decay and gum disease; it also arrests the build-up of any plaque formation. In order to maintain a good oral hygiene, proper brushing technique plays a very pivotal role. It is important to know the correct brushing technique according to the age. MGM Dental college and hospital organized a camp in order to create awareness about the proper brushing technique and thus improving the oral hygiene to the students of MMRP Kanyashala Ghatkopar.

Aim and objective:

1. To assess the oral hygiene of the students.
2. To educate them about the proper brushing technique according to their age.
3. To provide Basic dental treatment to the students.

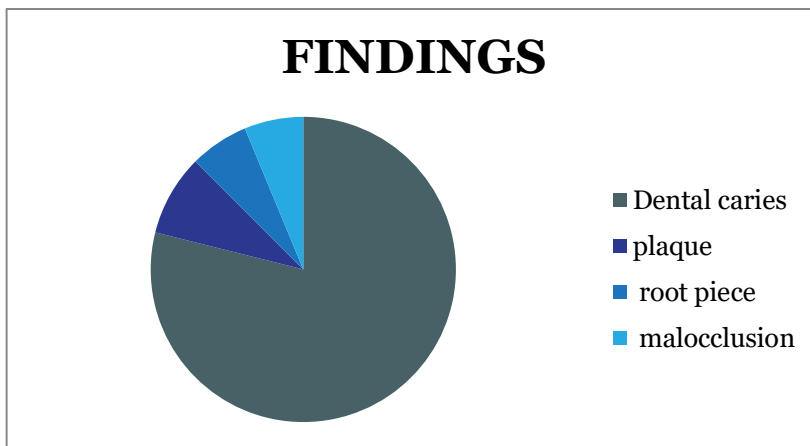
Method:

The people were assessed using a Tongue depressor in day light. The oral health status of the people were evaluated and explained about the nature of the oral problems. Various preventive and corrective measures to be undertaken were explained to the students. The students were shown the demonstration of the correct brushing technique on the models and were asked to follow the steps correctly and show it on the models once understood.

Observations: A total of 256 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

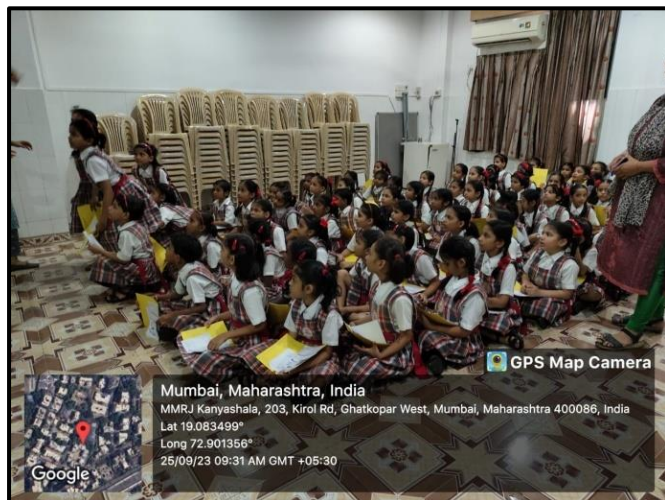
Condition	No. of individuals	Percentage %
Dental caries	202	79
Plaque / Calculus	22	9
Root piece	16	6
Malocclusion	16	6



Interpretation and conclusion:

Dental caries were most prevalent in the evaluated group. This was followed by calculus and plaque. Preventive and corrective measures were undertaken to prevent further deterioration of oral health.

1. Dental caries is the most common problem among the patients which can be reduced by utilizing the preventive treatment available. Fluoride application and pit and fissure can reduce the incidence of dental caries.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of injuries are minor that is chipped teeth. Treatment depends on the type, location and severity of each injury.



School Children at MMRP Kanyashala



Investigation being done by the team member

LIST OF ATTENDEES

Sr. No	Name of faculty
1	Dr. Ankit Shah
2	Dr. Prachiti Terni
	Name of Interns& Students
3	Kshama Shetty
4	Kriti Sherigar
5	Aqsa Javed
6	Rajina Shaikh
7	Shrutika Pandit
8	Shruti Tambe
9	Thea Gorde
10	Aditi Gosavi