



**MAHATMA GANDHI MISSION'S DENTAL COLLEGE &
HOSPITAL**

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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**AWARENESS OF BRUSHING METHODS AT SHREE CHATRAPATI SHIVAJI
VIDYALAYA, WAVANJE**

Date: 08/08/2024

Venue: SHREE CHATRAPATI SHIVAJI VIDYALAYA, WAVANJE

Faculty: Dr. Swati Singh, Dr. Prachiti Terni

Organizing Agency: PHD Dept, MGMDCH; NSS Unit; Indalgo Industries Ltd

Number of Students attended: 07

The efficacy of oral hygiene practices is contingent upon the employment of proper brushing techniques, underscoring the significance of awareness in this regard. MGM Dental College & Hospital conducts dental camp for educating and promoting good oral health care among students. This was extended to population of Shree Chatrapati Shivaji Vidyalaya, Wavanje with the aim to create awareness about importance of brushing.

Aim and objective:

1. To show the correct way to hold the brush and select appropriate brushing technique.
2. To demonstrate how to brush all surfaces of teeth.
3. To demonstrate gentle brushing for sensitive teeth and gums.
4. To demonstrate appropriate brushing technique for students of respective age groups.

Method:

The patients were assessed using a mouth mirror and probe on the dental chair. The oral health statuses of the patients were evaluated and they were explained about the importance of proper brushing technique. Their patients were demonstrated appropriate brushing technique. Correct brushing technique was demonstrated using model the steps are as follows:

- hold your tooth brush at 45 degree angle

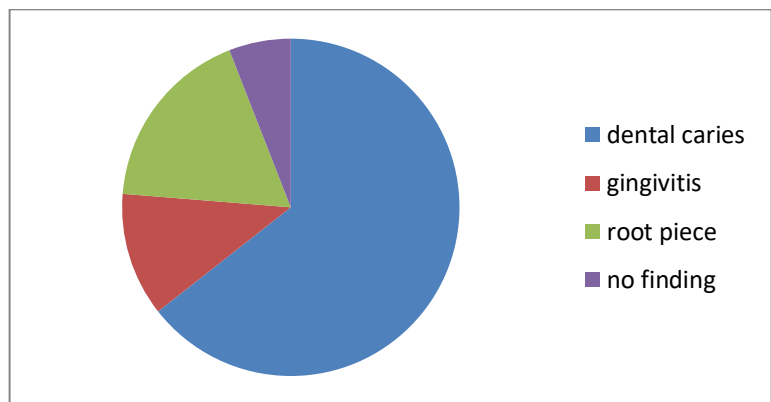
- move it gently up and down and in circular motion
- similarly brush inside lingual surfaces of every tooth.

Patients are advice to clean their tongue daily using tongue cleaner. Various preventive measures were carried out such as scaling and fluoride application, pit and fissure sealants application and diet counseling of the patients. Patients having extensive dental problems were referred to MGM Dental College & Hospital for further treatment.

Observations: A total of 843 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

□	No. of individuals	Percentage %
Dental caries	543	64.41
Gingivitis	100	11.86
Root piece	150	17.79
No finding	50	5.93



Interpretation and conclusion:

- Dental caries and root piece were most prevalent in the evaluated group. Preventive and corrective measures were undertaken to prevent further deterioration of oral health.
- Treatment: As a part of preventive treatment measures, Oral prophylaxis and restorations was provided to the patients at Shree Chatrapati Shivaji Vidyalaya, Wavanje.



Investigation and Treatment Being Done by the Team members



Team members at camp site

List of Attendees

Sr. No	Name of faculty
1	Dr. Swati Singh
2	Dr. Prachiti Terni
	Name of Interns
3	NidhiChaudhary
4	Prutha Pargaonkar
5	Vedika Pangarkar
6	Ishan Birar
7	Vallabh Sawant
8	Shruti Patil
9	Abhishek Lohakpure