



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



RECOGNIZING EARLY SIGNS OF GUM DISEASE AT ANC CAMP, MGM MEDICAL COLLEGE & HOSPITAL

Date: 29th November 2024

Venue: ANC camp, MGM Medical College & Hospital

Faculty: Dr. Mausami Malgaonkar

Organizing Agency: Department Of Public Health Dentistry, MGMDCH

Number of Students attended:4

Gum disease, also known as periodontal disease, can be prevented and treated if caught early. Here are some common early signs of gum disease: Bleeding gums, swollen gums, bad breath, sensitivity, loosening of teeth, tartar buildup (calculus), food lodgment, severe pain, change in bite, etc. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to patients at ANC CAMP, MGM Medical College & Hospital with the intention of creating awareness about signs of gum disease.

Aim and objective:

1. To assess the oral health status of patients and to provide necessary Dental treatment.
2. To educate them and create awareness about the signs of gum disease.
3. Effect of regular check-up on overall health of the individuals.
4. To help them understand why it is necessary to maintain good oral hygiene.

Method:

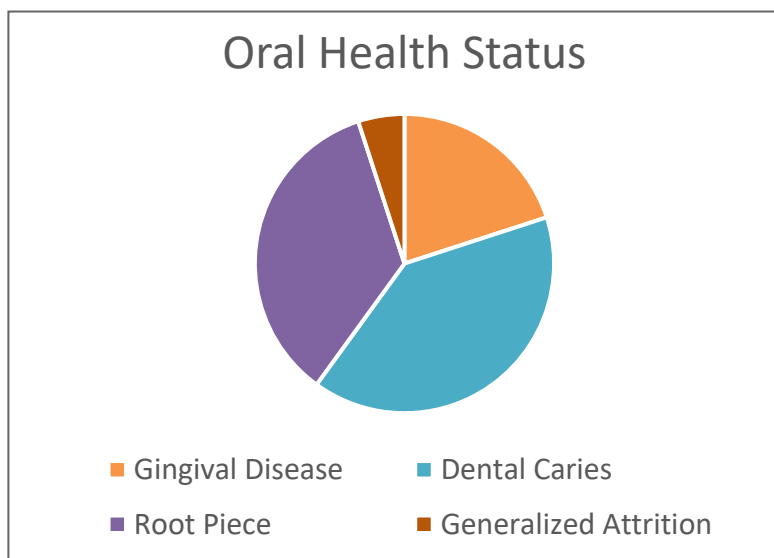
Gum disease, also known as periodontal disease, can be prevented and treated if caught early. Here are some common early signs of gum disease: Bleeding gums, swollen gums, bad breath, sensitivity, loosening of teeth, tartar buildup (calculus), food lodgement, severe pain, change in bite, etc . A type III examination was carried

out using tongue depressor under sunlight. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and how nutrition can effect the dental health of a patient and the fetus. Patient were also referred to MGM Dental College & Hospital for the necessary treatment with the permission of their Gynecologist.

Observations: A total of 40 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral health status:

Condition	No. of individuals	Percentage %
Dental caries	8	20
Gingivitis	16	40
Root piece	14	35
Prosthesis	2	5



Interpretation and conclusion:

1. Dental caries and gingivitis are the most common problem among the patients which can be reduced by utilizing proper diet and nutrition. A regular dental check-up can lead to decrease in the number of decayed teeth.
2. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients. Majority of the oral diseases are due to lack of proper health education of the patient and insufficient dietary intake.
3. Patient were explained about all the dental emergencies and which all emergencies needs to be treated first and how to manage the same.

4. Patients were also explained about the changes in ones body and oral cavity during pregnancy and how it is normal and should get the treatment done for the same.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Name of Staff	
1.	Dr. Mausami Malgaonkar
2.	Dr. Neeraj Kolge
Name of Interns& Students	
3.	Hitarth Jadhav
4.	Mahesh Survase
5.	Khan Faizan Ahmed Mohd Aslam
6.	Khot Sarveksha Ramesh