

Mahatma Gandhi Mission's Dental College & Hospital



NAAC Grade A++



First Year BDS Orientation Program

उच्च शिक्षा आरंभ



**NIRF 2022
Dental
35**



MGM DENTAL COLLEGE AND HOSPITAL

Date: 19th-25th October 2023

Venue: Dr. A.P.J. Abdul Kalam Auditorium

Introduction

MGMDCH and the college working committee welcomes all the young minds to the orientation programme. This auspicious day marks the start of the wonderful journey you are about to embark upon. The orientation program is being conducted for five days, which includes basic skills to professional qualities along with ethics which should be a part of the journey towards the degree. Resource persons from various Medical and Dental department are invited to proceed with skill and activity-based learning methods for the student's welfare. The program also includes a campus tour to the medical college and dental college and hospital to be aware of the facilities and importance of them. The sessions include interactive phases in between them to make the students lively and it will make sure they imbibe the concepts and morals with values.

PROGRAM SCHEDULE

DAY 1 - 19th October

TIME	TOPIC	SPEAKER
10:00 - 11:30 AM	Distribution of Aprons & Uniforms (First Floor)	
11:30 AM - 12:30 PM	Campus Tour (First Floor)	
12:30 - 12:45 PM	Kindly assemble in the auditorium by 12:45 pm for further program	
1:00 - 1:15 PM	Curbing the menace of Ragging in Dental Colleges	Dr. Arun Dodamani, Member, Dental Council of India
1:15 - 1:30 PM	Orientation to Anti-Ragging Committee	Dr. Anjali Nagrik
1:30 - 1:50 PM	Introduction to Parents - Teacher Association	Dr. Divya Naik
1:50 - 2:30 PM	Dean's Address	Dr. Srivalli Natarajan
2:30 - 2:45 PM	Introduction to All 1st Year Medical & Dental Subjects	All HODs of First Year Medical & Dental Subjects
2:45 - 3:15 PM	Introduction to the College Committee & Clubs	Dr. Jigna Pathak
3:15 - 3:25 PM	Introduction to Mentor - Mentee Program	Dr. Sarika Shetty
3:25 - 3:40 PM	Orientation to Hostel Rules & Regulations	Dr. Sarika Shetty
3:40 - 4:00 PM	Introduction to College Working Committee	CWC Members
4:00 - 4:20 PM	Cultural Event	CWC Members

PROGRAM SCHEDULE

DAY 2 - 20th October

TIME	TOPIC	SPEAKER
9:00 - 9:30 AM	Code Of Conduct	Dr. Rashmi Hosalkar
9:30 - 10:00 AM	Digital Literacy	Dr. Chinmay Rao
10:00 - 11:00 AM	Decoding BDS-The GenZ Way	Dr. Shaili Mehta
11:00 - 11:45 AM	Respect to Faculty and Behavior in Campus	Dr. Rita Khadkikar
12:00 - 1:00 PM	Research Ecosystem	Dr. Niharika Swain
1:00 - 1:30 PM	Lunch Break	
1:30 - 2:30 PM	Paths to Innovation and Entrepreneurship	Dr. Agraja Patil
2:30 - 3:30 PM	Nurturing Youth towards Holistic Development (Heartfulness Way)	Dr. Mansi Thakur

PROGRAM SCHEDULE

DAY 3 - 21st October

TIME	TOPIC	SPEAKER
9:00 - 10:00 AM	Importance of Yoga & Pranayam	Dr. Priyanka Tidke
10:00 - 11:00 AM	Significance of Clinical Dentistry	Dr. Pratiba B. Shastri
11:00 AM - 12:00 PM	Communication skills	Dr. Santosh Gawali
12:00 - 1:00 PM	Mental Health	Mrs. Priyanka Sharma
1:00 - 1:30 PM	Lunch Break	
1:30 - 3:30 PM	Aspire to Inspire with Inner Connect (Heartfulness Way)	Dr. Nalini Lal

PROGRAM SCHEDULE

DAY 4 - 23rd October

TIME	TOPIC	SPEAKER
9:00 - 9:30 AM	Orientation to Library	Mr. Rajnikant Nalavade
9:30 - 10:15 AM	Dental Photography	Dr. Pankaj Londhe
10:15 - 11:00 AM	Student Welfare Schemes	Dr. Kamlesh Dekate
11:00 AM - 1:00 PM	Art Therapy in Stress Management	Dr. Ankita Deshmukh
1:00 - 1:30 PM	Lunch Break	
1:30 - 2:30 PM	Mindfulness	Mrs. Priyanka Sharma
2:30 - 3:30 PM	Orientation to National Service Scheme (NSS) and Unnat Bharat Abhiyan	Dr. Vaibhav Thakkar

PROGRAM SCHEDULE

DAY 5 - 25th October

TIME	TOPIC	SPEAKER
9:00 - 10:00 AM	Ice-Breaking Activity (To know your Peers)	CWC Members
10:00 - 10:45 AM	ICMR STS Proposal Writing	Dr. Ipseeta Ray
11:00AM - 11:30 AM	Nutrition and Health	Dr. Priyanka Pareekh
11:30 AM - 12:30 PM	Orientation to Internal Complaint Committee	Dr. Sneha Navre
12:30 - 1:30 PM	Lunch Break	
1:30 - 3:30 PM	Presentation by Faculty Incharge of Various Clubs	Member secretaries of respective clubs