



SEPTEMBER 2025 | Issue No. 49

Mahatma Gandhi Mission's Dental College and Hospital
KAMOTHE, NAVI MUMBAI.

अपनी खबर

TEACHERS' DAY!

This month, we celebrate the mentors who shape our journeys with patience, wisdom, and purpose. Teachers are not just conveyors of knowledge — they are the sculptors of character, the steady hands that guide us through challenges, and the gentle voices that inspire us to rise above our doubts. Commemorating the spirit of Teacher's Day, we honour every professor who turns lessons into life values and every clinic session into a step toward excellence. Their influence extends beyond textbooks and techniques — it lives on in every smile we restore and every life we touch.

Here's to the teachers who ignite minds, guide hearts, and continue to light our paths long after the lecture ends.

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Dean's desk : Teacher's Day

Dear Readers,

It gives me immense joy to pen this message for this special edition of our college newsletter, dedicated to the theme "Teacher's Day"

Teacher's Day is not merely a celebration of a profession, it is a tribute to a timeless relationship, a sacred bond between the giver of knowledge and the seeker of wisdom. A true teacher's role extends far beyond academics. They ignite curiosity, nurture discipline, and sow the seeds of compassion and purpose. Their influence endures long after students leave the classroom, reflected in their choices, ethics, and service to society.

In dentistry, where learning is both scientific and artistic, the teacher's role acquires even greater significance. They shape not just competent clinicians but empathetic healers, professionals who understand that every patient is a life entrusted to their care. Each demonstration, clinical guidance, and constructive criticism becomes a lesson that stays with students for a lifetime.

As educators, our goal is not just to create graduates but lifelong learners, individuals who will carry forward the flame of integrity, skill, and service. I take this opportunity to express my heartfelt appreciation to all our faculty members for their dedication, and to our students for the respect and enthusiasm they bring to this noble pursuit of learning.

Let this edition serve as a reminder that while books may teach us what to do, teachers teach us why we do it, and that makes all the difference.



DR. SRIVALLI NATARAJAN,
DEAN MGMDCH,
HOD- DEPARTMENT OF ORAL AND
MAXILLOFACIAL SURGERY



Subeditor's say : Teacher's Day

Dear Readers,

As we dedicate this month's theme to honouring teachers, I find myself reflecting on the countless moments that define our profession, the sparkle of understanding in a student's eyes, the steady growth in their skill, and the shared joy of watching them evolve into confident professionals.

Teaching, especially in a field as intricate as dentistry, goes far beyond lectures and clinical demonstrations. It is about patience, to correct gently yet persistently; empathy, to understand each student's struggle; and inspiration, to help them discover their own potential. Every batch of students brings with it new challenges, but also new energy, new curiosity, and a renewed sense of purpose for us as teachers.

In many ways, our students become our teachers too, reminding us to stay humble, adaptable, and ever-learning. The classroom is not a one-way street; it is a shared journey where knowledge is exchanged and respect is earned, not demanded.

On this Teacher's Day month, I extend heartfelt gratitude to my colleagues and students alike. To my fellow teachers, may we continue to find joy in shaping lives. To my students, may you carry forward not just knowledge, but the values that make it meaningful.



DR. SARIKA SHETTY, PROFESSOR,
DEPARTMENT OF PERIODONTICS



Faculty's say : Teacher's Day

Dear Readers,

Teacher's Day evokes memories and emotions that words can barely contain. Behind every confident clinician and every successful student lies a teacher who once believed in them, often before they believed in themselves.

Being a teacher in dentistry is a privilege. It means guiding a student's hand through the precision of a procedure, watching their hesitation turn into confidence, and seeing their curiosity evolve into competence. But beyond the clinical training and academic rigour, the greatest joy of teaching lies in witnessing transformation, not just of skill, but of spirit. There are days when teaching feels demanding, but every moment of perseverance is rewarded when a student excels, when they thank you for your guidance, seek your advice, or simply smile with newfound assurance. These are the moments that make the journey worthwhile. This Teacher's Day, I celebrate not just educators, but every learner who inspires us to be better each day. Because in truth, we teach a little, but we learn much more — about patience, empathy, and the joy of helping another soul grow.



DR. PANKAJ LONDHE, LECTURER,
DEPARTMENT OF PERIODONTICS



TEACHER's DAY Celebration



The College Working Committee (CWC) of MGM Dental College & Hospital (MGMDCH) organized a heartfelt Teachers' Day celebration at the Dr. A.P.J. Abdul Kalam Auditorium.

The program commenced with a tribute to **Dr. Sarvepalli Radhakrishnan**, followed by speeches and cultural performances by students expressing their gratitude and appreciation for the faculty. The event was marked by moments of joy and togetherness as teachers actively participated in fun games and impromptu dance performances, creating a lively and engaging atmosphere.

Dean, Dr. Srivalli Natarajan addressed the gathering, commending the faculty for their commitment, mentorship, and contribution to the institution's academic excellence.



Felicitation of Summer Internship Program



MGMDCH successfully concluded its **Student Internship Program (SIP)** with a grand felicitation ceremony for six high-achieving interns from **Vidyalankar Institute of Technology (VIT)**, whose innovative project demonstrated a powerful application of technology in dentistry.

The honored students Computer Engineering departments were recognized for developing an "AI-Powered Mobile Diagnostics and Oral Health Monitoring App." This cutting-edge tool uses Artificial Intelligence and image processing to enable preliminary assessment and triage for common dental issues.

A total of 40 faculty members and 100 students participated.

The project's significance lies in its ability to bring professional-level screening to remote areas via smartphone, bridging a critical gap in healthcare access. It also provides dentists with a streamlined digital platform for patient monitoring and adherence tracking.

They were praised for embodying VIT's commitment to interdisciplinary innovation and applying technical skills to create a socially relevant solution. The successful showcase of their application in dentistry highlights the practical, real-world impact of the SIP program.



MAAsterG Happiness Program

MGM Dental College and Hospital has organised “The Happiness Sessions” in association with MAAsterG’s Team.

The Happiness Program by MAAsterG is a thoughtful mental wellness initiative designed to nurture emotional resilience, promote inner peace, and support overall well-being, especially among youth and teaching faculty. It addresses the unique challenges we all face, and encourages a mindset rooted in positivity, clarity, and connection.

The sessions were divided into 3 modules where the focus of the first module was on power of faculty to empower students by ways to connect with them and finding balance in chaos. The second and the third modules focused on nurturing mental and emotional health through mindfulness guided meditation, practicing resilience, coping with failure, protection against projections and healthy work life balance. The sessions saw enthusiastic participation from both students and staff creating warm, reflective atmosphere. It served as a gentle reminder of the importance of taking a pause, staying present and choosing happiness in day-to-day life.

Eminent Speakers:

1. Gurashish Singh – Singer/YouTuber
2. Vedantika Puri – Celebrity Life Coach
3. Mrs. Deepa Nair – Educator
4. Renuka Bhaskar – Educational Consultant
5. Saurabh Shinde – Financial Analyst at Bank of America



MAAsterG Happiness course

Counselling committee with NSS unit of MGM Dental College & Hospital had organised a happiness course for the I/ II/III & IV year UG BDS students. It was held at Dr.A.P.J. Abdul Kalam auditorium on 3rd,4th and 23rd,24th September from 9:30AM to 1:30PM and aimed at helping individuals face life's challenges and inspiring a positive transformation towards a self-discovery and inner peace. Major emphasis was made on exploring inner balance and awareness. Further we were made to vision, think beyond the seen, to realise there is a higher reality. We were asked to ponder upon how to self-regulate, how to consciously correct our karma, it's consequences.

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Mobile De-addiction Awareness Program

MGM Dental College & Hospital, Navi Mumbai, organized a Mobile De-Addiction Awareness Session along with the formal launch of the EKAM Committee at Dr. APJ Abdul Kalam Auditorium, MGMDCH.

The program commenced with a welcome note, followed by an insightful lecture delivered by **Dr. Khushboo Taori Modi**. She addressed the increasing concern of mobile overuse among students and professionals, elaborating on its physical, psychological, and social consequences. Practical strategies to reduce screen dependency and encourage mindful digital habits were also discussed.

Following the awareness session, the EKAM Committee was introduced. This initiative provides a structured platform for students and interns to volunteer with various NGOs across Navi Mumbai, thereby instilling values of social responsibility, empathy, and community service in addition to their professional training.

The event concluded with an interactive discussion, in which students actively engaged with the speaker. The session was well-received and proved to be both informative and inspiring, sensitizing students towards balanced mobile usage while motivating them to contribute positively to society through EKAM.



Basic Research Methodology program

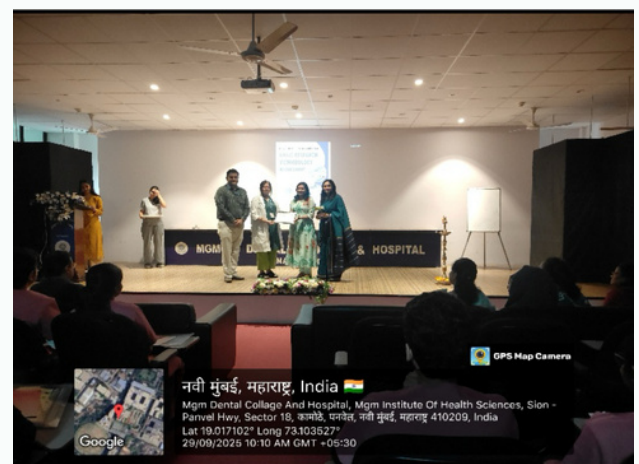
A MUHS, University Research Department (URD) approved Basic Workshop in Research Methodology and Biostatistics was conducted by Team made from the pool of MUHS approved speakers at MGM Dental College and Hospital, Navi Mumbai.

The workshop was carried out as per the guidelines laid down by MUHS, URD. The following are the details of workshop:

1) **No of Participants:** 27

2) **Speakers:** Dr. Vaibhav Thakkar, Dr. Romi Jain, Dr. Nikhil Bhanushali, Dr. Vineet Vinay, Dr. Vasumathi Sriganesh, Dr. Swati Singh, Dr. Varsha Sharma, Dr. Vaibhav Kumar, Dr. Sneha Bhosale

All participants attended the workshop and participated in the group tasks and various exercises. The interaction was done with all the participants during each session by the speakers.

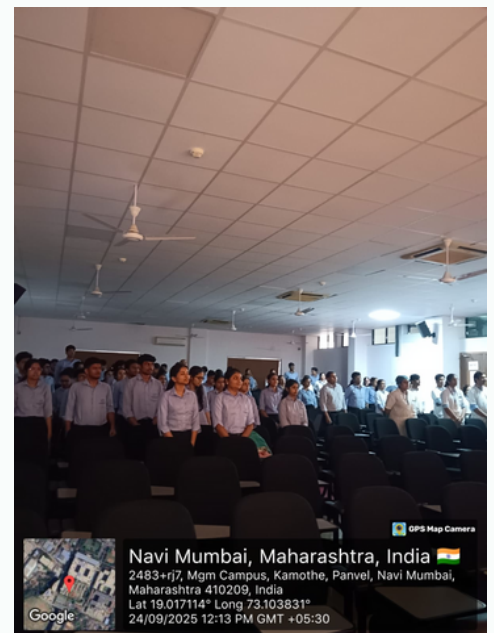


NSS Foundation Day

The NSS Unit of Mahatma Gandhi Mission's Dental College and Hospital celebrated NSS Foundation Day on 24th September 2025 with great enthusiasm and patriotic spirit. The day marked the commemoration of the establishment of the National Service Scheme, which aims to develop a sense of social responsibility, discipline, and community service among students.

A pledge ceremony was conducted by where all NSS volunteers reaffirmed their commitment to serve the nation selflessly and work towards community development. The event also included an interactive session emphasizing the role of youth in social change and environmental conservation.

The celebration concluded with a vote of thanks, appreciating the efforts of all volunteers and faculty members who contributed to the successful organization of the event. The day served as a reminder of the values of selfless service and unity that NSS stands for.



Food -Planet- Health Awareness Session

The NSS Unit of Mahatma Gandhi Mission's Dental College and Hospital, Kamothe, participated in an online Food-Planet-Health Awareness Session organized by Vegan Outreach in collaboration with the Ministry of Youth Affairs & Sports .

The session aimed to create awareness among students about the interconnection between food choices, environmental sustainability, and human health. **Ms. Sarani Bhattacharyya**, Outreach Coordinator from **Vegan Outreach**, conducted the session and highlighted how adopting a plant-based diet can contribute to better health outcomes, animal welfare, and a greener planet.

The webinar included a 45-minute presentation followed by a 15-minute interactive Q&A session, where students actively participated and shared their thoughts. The session was informative and inspired students to adopt more sustainable and compassionate lifestyle choices.

All participants and organizers received certificates of participation from Vegan Outreach.

The NSS Unit expressed gratitude to Vegan Outreach and the Ministry of Youth Affairs & Sports for providing this valuable learning opportunity.



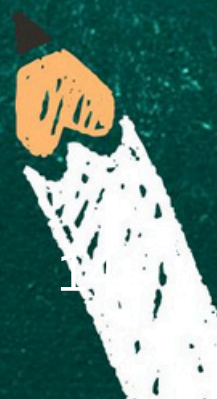
Extension Activities

sr. No.	Date	Camp Site	No. Of Beneficiaries
1	01/09/2025	Shree Ballaleshwar Temple Centre , Pali	46
2	01/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	4
3	03/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	11
4	04/09/2025	Shri Narayan Baba Charitable Trust, Panvel	23
5	07/09/2025	Shree Ballaleshwar Temple Centre , Pali	13
6	08/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	9
7	08/09/2025	MES School Kalamboli	282
8	09/09/2025	MES School Kalamboli	414
9	10/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	21
10	12/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	16
11	15/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	12



Extension Activities

sr. No.	Date	Camp Site	No. Of Beneficiaries
12	16/09/2025	Royal International School Dombivali	656
13	17/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	22
14	17/09/2025	Royal International School Dombivali	577
15	17/09/2025	UPHC D.B. Patil School Panvel	114
16	18/09/2025	Shri Narayan Baba Charitable Trust, Panvel	20
17	18/09/2025	Royal International School Dombivali	862
18	18/09/2025	UPHC 8 Kalamboli Gaon	57
19	19/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	29
20	19/09/2025	UPHC 2- Koliwada	44
21	20/09/2025	UPHC Kamothe	52
22	20/09/2025	Takka Slum colony	40



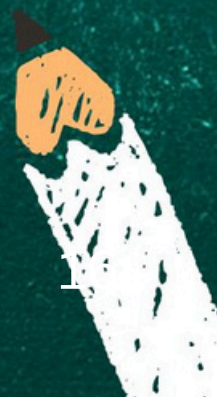
Extension Activities

sr. No.	Date	Camp Site	No. Of Beneficiaries
23	20/09/2025	Nere PHC	53
24	22/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	05
25	22/09/2025	UPHC 9 - New Panvel	34
26	22/09/2025	NMMC Belapur Camp	63
27	23/09/2025	Royal International School Dombivali	670
28	23/09/2025	UPHC 9- Palekhurd	13
29	23/09/2025	Girija Old Age Home	16
30	24/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	13
31	24/09/2025	UPHC 10- Rohinjan	32
32	25/09/2025	Royal International School Dombivali	169
33	25/09/2025	UPHC 7- Kalundre	35



Extension Activities

sr. No.	Date	Camp Site	No. Of Beneficiaries
34	26/09/2025	ANC Camp MGM Medical College & Hospital , Kamothe	24
35	26/09/2025	UPHC 13- Roadpali	14
36	26/09/2025	Pali PHC	42
37	27/09/2025	Wavanje PHC	40
38	28/09/2025	Ajivali PHC	45
39	28/09/2025	Ghansoli	24
40	28/09/2025	Shree Ballaleshwar Temple Centre , Pali	12
41	29/09/2025	UPHC 14-Sector 22 Kamothe	24
42	30/09/2025	UPHC 4 Kalamboli	08
		Total	4672



Awards & Achievements



Dr. Pratima Hebbalkar, a fellow from the department of periodontics secured the third prize in poster competition at the 31st ISOI national conference, Mumbai 2025.



Quotes of the Month

"A good teacher is like a candle—it consumes itself to light the way for others."

— Mustafa Kemal Atatürk

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge."

— Albert Einstein

"Those who educate children well are more to be honored than those who produce them; for these only gave them life, those the art of living well."

— Aristotle

